

# VIRTUAL LEARNING COLLABORATIVE

*Improve Your Telehealth  
Provider Skills*

## CMHA Resource Center

The BTRC works to address the ongoing needs for education, technical assistance and telehealth best practices for Mental Health Practitioners. The Resource Center conducted a [statewide telehealth survey](#) of providers which identified education and training topics to improve behavioral telehealth delivery. These trainings are offered at no-charge and supported by the Great Lakes ATTC.

## REGISTER NOW!

[Effective Group Counseling](#)  
[\(3-Part Series: Click Here\)](#)

[Zoom, Zoom!](#)  
[\(Click Here\)](#)

## BUILD YOUR SKILLS

### 01 Effective Virtual Group Counseling

This **3-part** interactive series will provide an overview of how to build engagement, cohesion, use music and other activities, increase attendance and manage conflict in virtual groups.

*Dates: Tuesdays - September 27, October 11 & 25, 10am-1pm (EST)*

### 02 Zoom, Zoom - Helping Virtual Sessions Take Off

This session will focus on the pragmatic issues of virtual care delivery and offer practical suggestions about what helps and what interferes with client engagement, how to prevent problems and how to manage challenges as they arise. The instructors will use a dynamic blend of didactic, discussion and activities to explore these issues.

*Date: Thursday - September 8, 2-3:30pm (EST)*

# VIRTUAL LEARNING COLLABORATIVE: FULL SESSION DESCRIPTIONS

## Effective Group Counseling

The COVID-19 pandemic required behavioral health providers to make the transition from face-to-face to virtual treatment services almost overnight. This rapid shift in treatment delivery left little time to develop strategies for effective patient engagement in virtual platforms. In this interactive series, presenters Mark Sanders and Bob Carty will provide an overview of how to shift to virtual platforms, along with successful strategies to build cohesion, use music and other activities, increase attendance, and manage conflict in virtual groups. Participation is limited, register now to confirm your attendance!

### Learning Objectives:

- Build group cohesion virtually.
- Use activities to energize virtual groups.
- Increase group attendance virtually.

### Presenters:

- Mark Sanders, LCSW, CADC
- Bob Carty, LCSW, CADC, CCJP

**Dates:** Tuesdays, September 27, October 11 & 25, 10am - 1pm (EST)

**Registration Link:** <https://attcnetwork.org/centers/great-lakes-attc/event/effective-virtual-group-counseling>

## Zoom, Zoom - Helping Your Virtual Sessions Take Off

The COVID-19 pandemic has caused a seismic shift in how practitioners provide services. With the sudden shift to virtual services, practitioners have been required to learning new ways of doing their essential work, but with little guidance about how to make those sessions work. This session will focus on the pragmatic questions of how to do these services with practical suggestions about what helps and what interferes with client engagement, how to prevent problems, and how to manage it when challenges arise. Because learning is at its best when the learner is highly engaged, the instructors will use a dynamic blend of didactic, discussion and activities to explore these issues.

### Learning Objectives:

At the conclusion of the session, participants will:

- Articulate three steps done before the session to enhance the likelihood of success;
- Describe three methods to enhance participant engagement;
- Identify three important equipment considerations for virtual sessions; and
- Delineate two approaches for managing challenges in a virtual setting.

### Presenters:

- David B. Rosengren, Ph.D, President and CEO, Prevention Research Institute; MINT & IPPA Member
- Michelle Stephen Seigel, B.A., Director of Training and Support, Prevention Research Institute; MINT

**Date:** Thursday, September 8, 2:00 - 3:30pm (EST)

**Registration Link:** <https://attcnetwork.org/centers/great-lakes-attc/event/zoom-zoom-helping-your-virtual-sessions-take-closed-event>