



WEEKLY Update

September 17, 2021

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CMH Association and Member Activities

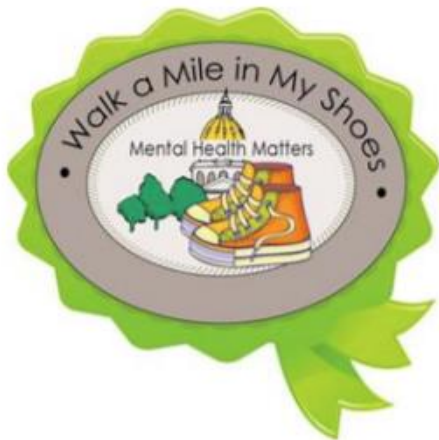
New! Saginaw CMH announces educational resource: Civil Admission and Discharge Procedures for Adults with Mental Illness, A Community Approach in Saginaw, Michigan

The Saginaw County Community Mental Health Authority has created a new video production with an accompanying slide deck, for the training of involved professionals in the Civil Admission and Discharge Procedures in Chapter 4 of the Michigan Mental Health Code for adults with mental illness. The one-hour video provides training content on legal procedures and their execution in Saginaw County under the jurisdiction of the Saginaw County Probate Court.

The purpose for the video production and the accompanying slide deck, is to provide a single comprehensive training resource for local partner agencies directly involved in these procedures.

There are unique aspects as to how these procedures are performed in Saginaw County as described by the professionals in the video, but largely the processes as prescribed in Chapter 4 of the Michigan Mental Health Code are the same across the State of Michigan. The Saginaw County Community Mental Health Authority has therefore posted the video and accompanying slide deck containing the requisite court forms which guide and inform the proceedings, to their website for use by other jurisdictions in Michigan at no cost. This resource is [available here](#).

17th Annual ‘Walk a Mile in My Shoes’ Rally



“The 17th Annual ‘Walk a Mile in My Shoes’ Rally will be held IN PERSON this year at the State Capitol on September 29, 2021. Each year, we draw more than 2,500 advocates from across Michigan to the Capitol Building to support public behavioral healthcare. This rally aims to highlight the need for increased funding for mental health services, raises awareness of behavioral health needs in health and policy discussions and works to banish behavioral health stigmas. There are more than 300,000 citizens in Michigan who seek behavioral health services. Join us on Wednesday, September 29 as we rally together on the Capitol Lawn for increased mental health funding and the need for behavioral health to be continually included in policy discussions.

The Walk A Mile packet can be [downloaded here](#).

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Recording of most recent MDHHS updates on AFCs and HFAs COVID-19 emergency response available

Below is the link to the video recording of the most recent MDHHS “Topic: Important Updates on AFCs and HFAs COVID-19 Emergency Response”

Date: Sep 8, 2021 01:53 PM Eastern Time (US and Canada)

[Meeting Recording](#)

Access Passcode: fs+n5\$=&

New! Michigan DD Council announces call for competitive proposals

The Developmental Disabilities Council is seeking competitive proposals for three programs aimed at improving the lives of people with developmental disabilities. The RFPs are open to private non-profit organizations, institutions of higher education, and governmental agencies. To find out more details and apply, visit the DD Suite website at www.ddsuite.org.

The Family Empowerment Initiative will educate parents and family members of children aged 0 to 12 by establishing partnerships with local and statewide organizations that support families of children with disabilities. The Council expects to award up to \$150,000 to one applicant over two years.

A pre-application conference will be held September 22, 2021, at 1:00pm on Zoom. You can connect to the meeting using the information below.

<https://bit.ly/3zf7eEY>

Meeting ID: 867 5880 0943

Passcode: 938098

Developing Leaders for Life will establish a leadership development and training programs as well as technical assistance infrastructure to connect disability leaders to opportunities to advance their leadership. The Council expects to award up to \$1,125,000 to one applicant over five years.

A pre-application conference will be held September 22, 2021, at 2:00pm on Zoom. You can connect to the meeting using the information below.

<https://bit.ly/3klXioM>

Meeting ID: 859 6539 2581

Passcode: 216329

Strengthening Communities of Color Through Leadership will establish a leadership initiative that centers the experience, culture, and issues of people of color with developmental disabilities and family members to engage and lead the public discussion of principles and policies that affect their lives and role in the community. The Council expects to award up to \$1,250,000 to one applicant over five years.

A pre-application conference will be held September 22, 2021, at 3:00pm on Zoom. You can connect to the meeting using the information below.

<https://bit.ly/3CqrTrQ>

Meeting ID: 832 4922 7413

Passcode: 181089

Only one application per RFP will be accepted from each applicant. Applications, any related materials, and attachments must be submitted electronically using the DD Suite website by 11:59pm on October 18, 2021. To apply, visit the DD Suite website at www.ddsuite.org.

Any questions about the RFP or for technical assistance with the DD Suite website, please contact Tedra Jackson at 517-284-7294 or jacksont7@michigan.gov. Questions about the RFP must be received, in writing, by Friday, October 1, 2021. The MDDC will compile all relevant questions and answers and post these, as well as any other clarifications or revisions, to the initial RFP by Monday, October 4, 2021, on the [MDDC website](#).

New! Notice of funding opportunity for new public health Americorps program

Recently the notice of the funding opportunity for new Public Health AmeriCorps program was issued by the federal government. This notice can be [found here](#). Excerpts from the recent press release are provided below.

Public Health AmeriCorps is open to applicants from Indian tribes, institutions of higher education, local governments, nonprofit organizations, and states and US territories. AmeriCorps expects to fund 3-year grants to:

- Help meet public health needs of local communities by providing needed capacity and support in state and local public health settings and advancing more equitable health outcomes for communities who are currently or historically underserved.
- Provide pathways to good quality public health-related careers by providing exposure through onsite experience, training, and more, with a focus on recruiting AmeriCorps members who reflect the communities in which they will serve.

Apply: If you are interested in applying for Public Health AmeriCorps, please contact Christine Mulvin, one of the Portfolio Managers here in the Midwest, at cmulvin@cns.gov. We will be sure to connect you with informational sessions.

New! CHCS brief: Incorporating Racial Equity into Trauma-Informed Care

The Center for Health Care Strategies (CHCS) has recently published a brief that outlines six considerations for health systems and provider practices looking to integrate a focus on racial equity to enhance trauma-informed care approaches and promote racial justice. It draws from the experiences of two federally qualified health centers — the Stephen and Sandra Sheller 11th Street Family Health Services in Philadelphia and Bread for the City in Washington, D.C. — that are participating in the Center for Health Care Strategies’ Advancing Integrated Models initiative, made possible through support from the Robert Wood Johnson Foundation.

The brief can be [found here](#).

State Legislative Update

View August’s Legislative Video on CMHA’s Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our August briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the FY22 budget, and the Senate and House behavioral health redesign proposals.

To view the latest video, [CLICK HERE!](#)

New! Senate Committee Holds Hearing on Proposal to Integrate Physical, Behavioral Health

Members of the Senate Government Operations Committee Track heard divided testimony on a pair of bills that would integrate physical and behavioral health services, something supporters said was long overdue and opponents contend would raise costs.

Senate Majority Leader Mike Shirkey (R-Clarklake), speaking about SB 597 Track and SB 598 Track, said everyone in the state should have access to quality mental health services, which he said are out of reach for many in the state and must change.

"For decades our system has failed patients, their families, doctors and taxpayers," Mr. Shirkey said. "This is not an indictment of those passionate legions of people who are ... working in this community. This is an indictment of the system as it has evolved."

Mr. Shirkey said those in most need of services must wade through a disjointed system that lacks coordination and accountability. He said his hope is legislative discussions on the two bills would lead to a collaborative process to make significant improvements.

Under SB 597, the state would contract for the provision of a comprehensive Medicaid health care benefit package, including the full integration of physical and behavioral health services.

The bills would create a process for a phased integration through three steps. This would be done to prevent interruption of care for patients and providers.

In the bills are requirements for the state to have strict measurement standards ensuring performance targets are met before reaching each of three stages of integration. Statistically significant improvements in service delivery, health outcomes and access would be required for movement to each new stage.

Phases would also be determined by population. The bill language outlines a phased transition and enrollment of all eligible Medicaid beneficiaries from a specialty prepaid health plan into a specialty integrated plan.

For phase one, all eligible Medicaid beneficiaries with a serious mental illness or serious emotional disturbance, as well as all eligible Medicaid beneficiaries who are children in foster care, would need to be enrolled in a specialty integrated plan.

Phase two would be enacted 24 months after successful transition and enrollment of those individuals within phase one, also mandating Medicaid beneficiaries with a substance use disorder to be enrolled in a specialty integrated plan.

For phase three, this would begin 24 months after phase two while mandating all eligible Medicaid beneficiaries with a developmental disability to be enrolled in a specialty integrated plan.

Under SB 598, a behavioral health ombudsman position would be created. That individual would set up procedures for receiving and processing complaints, conducting investigations, holding informal hearings and reporting the findings or recommendations that come from the investigations.

Jim Haveman, a former director of the Department of Mental Health and later Department of Community Health, said he believed the bills would be a good start in improving services in the state as well as access.

"If you want different results than what you're getting, you have to try different approaches," Mr. Haveman said.

He said decades ago mental health was not included with physical health as it was not considered as a chronic illness or brain disease.

Alan Bolter, associate director of the Community Mental Health Association of Michigan, said the organization had several objections to the bills, the first being cost.

"Our fear (is) that this proposal will dramatically increase costs to the state and to the taxpayers, without an improvement in services or quality, and ultimately will lead to an overall reduction in services," Mr. Bolter said.

He also said that under the proposal, instead of one managed care entity in a region of the state, there could be several, driving up costs.

Mr. Bolter added that the solution should be to address concerns from the ground up, not from the administrative level trickling downward.

"One of our principal points of opposition to this package would be that this will eliminate the public governance, public oversight and public accountability that currently exists within our current system," Mr. Bolter said.

While the bills would require Medicaid health plans to contract with the state to manage the population, he said it would be dramatically different than having local accountability and oversight.

"It essentially ... makes them just another provider," Mr. Bolter said.

He used the example of a local sheriff calling a local CMH to address someone who has been brought in. Under the bills, he said the CMH would be one of multiple providers, potentially putting law enforcement in the position of having to ask someone in a mental health crisis for their insurance information for the provision of services.

A mother, Laura Marshall, spoke about her 13-year-old son who deals with multiple disorders including attention deficit hyperactivity disorder (ADHD), oppositional defiant disorder and pediatric bipolar disorder.

Ms. Marshall proceeded to outline how difficult it has been for years to deal with her son's violent outbursts and numerous attempts to obtain various services, in many cases with mixed results, at best.

"Raising a child with severe challenges is beyond difficult in itself," Ms. Marshall said in favor of the bills. "Having little help, ineffective services and learning to navigate systems adds exponentially to the burden. It is defeating. You are in a place to help us, so please help us."

New! Budget Deal Has Been Reached

Whitmer administration and GOP leaders have announced a deal on the state government portion of the Fiscal Year (FY) 2022 budget today, including the sticky controversy over higher education funding. No details were announced. Instead, the battle plan appears to push a single omnibus spending bill through a House-Senate conference committee as soon as Tuesday and, hopefully, jam it through by Wednesday morning at the latest. Later Tuesday isn't off the table, either.

From here out, lots of logistics are involved. Bills need to be drafted and double-checked. Budget analyses need to be completed on more than a dozen individual budgets. Lawmakers on both sides of the aisle have an interest in wrapping up the budget so everyone can make at least the back half of the Detroit Regional Chamber of Commerce policy conference on Mackinac Island.

Jamming the budget through in this fashion, prior to the Oct. 1 start of FY 2022, however, will mark a third straight year in which a complete, negotiated final budget isn't moving through conference committee department by department, limiting public view at the final document.

In all likelihood the transparency on all of the budget details will be harder for the public to flush out until well after the single budget bill is on its way to Whitmer's desk.

In a joint announcement from the House and Senate appropriations chairs and Whitmer's budget director, David Massaron, the principals said the Legislature will move forward with an omnibus budget covering the funding for all state departments and agencies for the next fiscal year. The press release said the budget process is expected to proceed with conference committees and a floor vote in the upcoming week. No further details on the budget itself were divulged in the press release.

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

CMHA Hybrid Annual Fall Conference – October 25 & 26, 2021



The CMHA Annual Fall Conference, “Together we Thrive,” will be held both in-person and virtual (hybrid) on October 25 & 26, 2021 at the Grand Traverse Resort in Traverse City, Michigan.

What is a Hybrid Conference?

The CMHA Annual Fall Conference going hybrid means attendees will have the option to attend the conference fully in-person or only view certain sessions virtually.

In-person Conference Information:

The in-person portion of the conference will take place at the Grand Traverse Resort in Traverse City, Michigan.

CMHA will NOT require masks or proof of vaccine for conference attendees unless guidelines have changed by the time of the conference. We will be following all current guidelines from MDHHS, CDC and Safe Meetings in Michigan. We are closely monitoring the COVID-19 situation and will

continue to update our conference status as mandated by local, state, and federal government agencies.

In-person Full Conference Member Early bird Registration Fee: \$420/person

Virtual Conference Information & Fees:

If you chose to attend virtually, the conference will consist of a reduced number of sessions for virtual attendees (at a greatly reduced registration fee). The virtual conference will be live-stream all 4 keynote addresses and 8 workshops specifically selected by CMHA for the virtual participant. Continuing education will be available for virtual sessions you fully participate in during the designated live times.

Virtual Conference Member Early Bird Registration Fee: \$210/person

Hotel and Conference registration information coming soon!

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm– 1:00pm

- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

[Draft agenda can be found here.](#)

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where: Park Place Hotel-Traverse City
300 East State Street, Traverse City, MI 49684

HOTEL RESERVATIONS

Park Place Hotel
231.946.5000
Block Code: Michigan Center for Rural Health or MIRH

[Register here.](#)

2021 Crisis Residential Conference



Crisis Residential Conference

Louisville, Kentucky
October 12 - 14

The 2021 Crisis Residential Conference takes place October 12-14 in Louisville, KY, at the historic Galt House Hotel. This conference brings together thought leaders and passionate advocates of residential alternatives to psychiatric hospitalization.

The conference begins with a Welcome Reception the evening of October 12th followed by two full days of sessions. CRA has curated a stellar lineup of speakers and presenters who will cover topics such as return on investment in crisis services, advances in peer respite and peer-delivered services, mobile crisis response approaches, and the intersection of spirituality & mental health crisis.

To assure the safety of all our attendees, masks are required in designated conference spaces.

To learn more about the conference, visit tinyurl.com/crisiscon21

Michigan's 1st Social Emotional Learning Conference: Building Bridges-Breaking Silos

When: Wednesday, October 27 (9:00 a.m.—4:15 p.m.) and Thursday, October 28 (9:00 a.m.-Noon), 2021

Where: Kellogg Hotel and Conference Center on the campus of Michigan State University (MSU) in East Lansing, Michigan, with a virtual option.

NOTE: The conference will proceed in person, unless otherwise determined based on health and safety protocols instituted by MSU. If MSU modifies its regulations, the Featured Speakers and Research Reports will be offered virtually.

The other events planned for the conference will be postponed.

What: The conference will bring educators and stakeholders together to build connections around social emotional learning and elevate the promise-practice-purpose around social emotional learning. For more information [click here](#).

[Register here.](#)

New! BHDDA and The Arc Michigan PCP Webinar Series: What is an AAoM Navigator and how can they help me?

The Behavioral Health and Developmental Disability Administration (BHDDA) within MDHHS and the Arc Michigan invite you to a virtual seminar: What is an AAoM Navigator and how can they help me?

September 21, 2021

3:00 PM – 4:00 PM Eastern Time (US and Canada)

The Autism Alliance of Michigan (AAoM) is a non-profit organization that provides information, training, and resources at no cost to individuals affected by autism spectrum disorder across the state of Michigan. At the heart of AAoM is their MiNavigator program, consisting of a team of generalists and specialists in the field of autism, who answer calls and inquiries around autism related services. AAoM Navigators provide individualized consultations and support to best help guide individuals, families and professionals to whatever they are seeking.

Join us for our webinar to learn more information about AAoM's MiNavigator Program and how their team can best assist you! This training is applicable to individuals, families, and professionals.

[Register here](#) in advance for this webinar. After registering, you will receive a confirmation email containing information about joining the webinar.

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center webpage](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@cmham.org.

Telehealth Experience and Resource Needs Survey

CMHA wants to learn about client telehealth experiences. This information will help us provide the best support possible to local community mental health centers. An email has been sent to the CEOs of CMHs, PIHPs and Provider Alliance members asking for their help to **distribute this electronic survey**. [Click here to view a flyer](#) that can be distributed to clients and describes how to complete the survey electronically. This project is part of the Telehealth Resource Center and is supported by a grant from the Michigan Health Endowment Fund. The **Provider/Supervisor Telehealth survey is complete**, [click here](#) to view the report.

New! Telehealth and Clinical Trials: Improving Diversity in Clinical Trials and Data Collection

The pandemic has magnified disparities within the healthcare system, including those related to clinical trial processes. The increased use of telehealth to improve access to care may have the ability to

decrease disparities in clinical trial research. A recently introduced bill in Congress ([H.R.5030Diverse Trials Act](#)) seeks to address this very issue. This bill would include a recommendation to: [“Include how to appropriately use digital health, such as telemedicine, to support clinical trials.”](#)

Center for Connected Health Policy Trend Maps

The CCHP has updated its Policy Trend [maps](#), which provide a snapshot of key telehealth reimbursement policies. These policies can also be compared by [state](#).

The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Register now for the Fall Medicaid webinar series. Webinar topics, dates and registration links are noted below.

- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

\$500 Million in Emergency Rural Health Care Grants Available

The United States Department of Agriculture (USDA) is offering \$500 million in grants to help rural health care facilities and communities expand access to vaccines, **telehealth**, and various health care services. There are two types of grants available: [Recovery Grants](#) and [Impact Grants](#). Use these links to learn more.

Education & Training Resources from Great Lakes MHTTC

CMHA's partnership with SAMHSA funded Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of

evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC [can be found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources webpage](#). This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

SAMHSA: Advancing Comprehensive School Mental Health Systems

As children go back to school, SAMHSA is also elevating mental health resources for supporting students and staffs, created by SAMHSA's grantees through its Mental Health Technology Transfer Centers, that address mental health and resiliency in school settings:

The [Back to School After COVID-19: Supporting Student and Staff Mental Health Toolkit \(PDF | 4 MB\)](#) helps guide conversations to include a trauma-informed, equitable, and compassionate lens to providing mental health supports to every member of the school community.

[Behavioral Health Impacts During & After COVID-19: What to Expect and Ways to Prepare for the Return to In-Person Learning \(PDF | 4 MB\)](#) presents information on the impact of COVID-19, what to expect as students return to school, and ways to prepare at the staff, building, and district levels.

[Strengthening School Communities for a Safe, Supportive Return: Part 2](#) covers strategies and best practices for school systems to promote student and staff resilience, wellbeing, and success, following COVID-related school closures. It also promotes cross-state networking and shared learning about best practices, successes, and challenges during learning modality transitions.

View more [back-to-school resources](#).

SAMHSA training and technical assistance related to COVID-19 recovery and resilience

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic. These resources can be [found here](#).

News from Our Preferred Corporate Partners

New! Relias: Understanding and Addressing Racial Trauma in Behavioral Health

Behavioral health professionals are trained to provide competent, effective, compassionate services. However, most have not been adequately educated on the impacts of racial discrimination, systemic oppression, and historical trauma, nor their profound implications for clinical practice.

Our course, [Understanding and Addressing Racial Trauma in Behavioral Health](#), moves beyond the discussion of diversity and cultural competence by exploring current research and best practices for identifying implicit bias, understanding cultural contexts, and effectively addressing racial trauma with clients.

Watch a preview of the course to see the training in action here: <https://bit.ly/2XosbA3>

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

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