



# WEEKLY Update

September 3, 2021

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## CMH Association and Member Activities

### 17th Annual ‘Walk a Mile in My Shoes’ Rally





“The 17th Annual ‘Walk a Mile in My Shoes’ Rally will be held IN PERSON this year at the State Capitol on September 29, 2021. Each year, we draw more than 2,500 advocates from across Michigan to the Capitol Building to support public behavioral healthcare. This rally aims to highlight the need for increased funding for mental health services, raises awareness of behavioral health needs in health and policy discussions and works to banish behavioral health stigmas. There are more than 300,000 citizens in Michigan who seek behavioral health services. Join us on Wednesday, September 29 as we rally together on the Capitol Lawn for increased mental health funding and the need for behavioral health to be continually included in policy discussions.

The Walk A Mile packet can be [downloaded here](#).

### **Seeking Nominations: Nick Filonow Award of Excellence for 2021**

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

**DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM.** All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

### **Traveling Art Show**

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at [mfrancis@cmham.org](mailto:mfrancis@cmham.org). Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at [mfrancis@cmham.org](mailto:mfrancis@cmham.org).



# State & National Developments and Resources

## **New!** Michigan CCBHC Medicaid bulletin issued

Below are excerpts from a recently released bulletin, by the Medical Services Administration of the Michigan Department of Health and Human Services regarding the state's Certified Community Behavioral Health Clinics (CCBHC) demonstration project.

### CCBHC General Information

A. Overview: The CMS CCBHC Demonstration requires states and their certified CCBHC sites to provide a robust set of coordinated, integrated, and comprehensive services to all persons with any mental illness or substance use disorder (SUD) diagnosis. Moreover, the demonstration requires and emphasizes 24/7/365 crisis response services (e.g., mobile crisis services). Other critical elements include, but are not limited to, strong accountability in terms of financial and quality metric reporting; formal coordination with primary and other care settings to provide intensive care management and transitions; linkage to social services, criminal justice/law enforcement, and educational systems; and an emphasis on providing services to veterans and active-duty service members. To account for these requirements, the state must create a prospective payment system (PPS) reimbursement structure that finances CCBHC services at an enhanced payment rate to properly cover costs and offer greater financial predictability and viability. The PPS is integral to sustaining expanded services, investments in the technological and social determinants of care, and serving all eligible Michigan residents regardless of insurance or ability to pay. MSA 21-34 Page 2 of 13

B. Purpose: The purpose of this policy is to define the operational requirements needed to implement the CCBHC Demonstration.

C. CCBHC Demonstration Handbook: MDHHS created a companion operational protocol to this policy for Prepaid Inpatient Health Plans (PIHPs) and CCBHCs called the CCBHC Demonstration Handbook. The CCBHC Demonstration Handbook provides further detail and guidance to execute the provisions of this policy. Collectively, this policy and the CCBHC Demonstration Handbook comprise MDHHS' requirements of the PIHPs and CCBHCs regarding the clinical, financial, and operational facets of the CCBHC Demonstration. The CCBHC Demonstration Handbook can be accessed on the MDHHS CCBHC website.

The full bulletin can be [found here](#).

## **New!** Pew Charitable Trusts: States Have Money to Spend on Mental Health, but It May Not Last

Below are excerpts from a recent article published the Pew Charitable Trusts on the sustainability of mental health services funded with short-term relief dollars.

But there's a catch. After the relief funds run out—the money must be spent by the end of 2026—state leaders will have to find other ways to fund any programs, services or staffing increases they spend federal dollars on now.

State leaders need to make sure they don't start a successful new program only to get rid of it five years later, said Dr. Brian Hepburn, executive director of the National Association of State Mental Health Program Directors, an Alexandria, Virginia-based membership organization.

"If it's just a blip—if this is just a one-time only, and we're only seeing an improvement over the next couple of years, that's not very helpful," Hepburn said.

The full article can be [found here](#).

## State Legislative Update

### **View August's Legislative Video on CMHA's Website**

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our August briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the FY22 budget, and the Senate and House behavioral health redesign proposals.

To view the latest video, [CLICK HERE!](#)

### **New! Senate Appropriators See Budget Being Completed In Timely Fashion**

Senate appropriators are confident a budget can be ironed out between the Legislature and administration and be signed before the budget deadline at the end of the month, with some federal pandemic relief dollars likely to be included in at least one supplemental appropriations package before the end of the year.

Sen. Jim Stamas (R-Midland), chair of the Senate Appropriations Committee Track, said Tuesday that budget talks continue to progress. Mr. Stamas said appropriations subcommittee chairs are expected to have their reports completed this week. Appropriations leaders will then review them with Budget Director Dave Massaron next week and begin to hash out differences.

This progress comes on the heels of an agreement on budget targets reached late last month between appropriators and the Whitmer administration

"I'm very upbeat on where we're at," Mr. Stamas said, adding he was confident the budget could be finished and delivered to the governor on time. The senator said he believes a clearer picture of the differences between the Legislature and administration will emerge next week.

Lawmakers passed a record K-12 budget in late June before leaving for their traditional summer recess.

## Federal Update

### Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

#### If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

## Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

## Education Opportunities

**Registration Closes on Monday, September 6 for the 22nd SUD.COD Virtual Conference!**

### 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

*Health Equity: Transforming to Meet the Challenge*

**Conference Date:** September 13-16, 2021

**Conference Location:** Virtual

[CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!](#)

Questions? Contact Alexandra Risher at [arisher@cmham.org](mailto:arisher@cmham.org).

### Save the Date! Michigan Celebrate Recovery Walk & Rally



### *“Remembering the Journey”*

**When:** September 11, 2021

**Where:** Belle Isle, Detroit

**Time:** 10:30am Registration

FREE, family fun, food, games, music & more

**Follow Michigan Celebrate Recovery on social media:**

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: <https://www.youtube.com/channel/UCK5zxNfbrlPEuXLNjcAOg/featured?app=desktop>

Website: <https://www.michigancelebraterecovery.com/>

**VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!**



Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

**Dates:**

- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

**Agenda:**

Log into Zoom: 9:45am  
Education: 10:00am – 12:30pm  
Lunch Break: 12:30pm– 1:00pm  
Education: 1:00pm – 4:30pm

**Training Fees:** \$130 CMHA Members \$153 Non-Members

**VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

**Agenda:**

Log into Zoom: 12:45 pm  
Education: 1:00pm – 3:00pm

**Training Fees:** \$53 CMHA Members \$61 Non-Members

**Registration Open: 28<sup>th</sup> Virtual Annual Recipient Rights Conference**

Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco  
September 13 & 14, 2021  
9:00am - 12:00pm both days  
Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75  
Registration Deadline: September 8, 2021

**Main Conference**

September 21 – 24, 2021 ~ Education each morning  
Featuring 2 general sessions and 18 workshops!



Main Conference 9/21/21 - 9/24/21.....\$150  
Registration Deadline: September 15, 2021

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

## Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

***\*Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

## Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

[Draft agenda can be found here.](#)

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where:

Park Place Hotel-Traverse City  
300 East State Street, Traverse City, MI 49684

### HOTEL RESERVATIONS

Park Place Hotel  
231.946.5000  
Block Code: Michigan Center for Rural Health or MIRH

[Register here.](#)

**Grand Challenges in Social Work announces series on racism, homelessness, and social isolation**

As Weekly Update readers may remember, one of the CMHA staff member is also a member of the Leadership Board of the Grand Challenges in Social Work, the nation's social work-centered public policy initiative. Through this partnership, CMHA is able to keep the Weekly Update readers informed of the educational offerings of the Grand Challenge. Upcoming Grand Challenges are described below as well as the links to past sessions.

### **Intersections: Eliminate Racism, End Homelessness & Eradicate Social Isolation**

Tuesday, September 14, 2021

12pm Central Time

via Zoom

In the fourth session of this series on eliminating racism, panelists will examine the intersections between racism and the Grand Challenges to End Homelessness and Eradicate Social Isolation, as well as interventions to address them.

[Register for this session here.](#)

If you missed the previous webinars in the series, click below to access the recordings.

**Part 1:** Grand Challenge to Eliminate Racism [available here.](#)

**Part 2:** Eliminate Racism, Promote Smart Decarceration, and and Achieving Equal Opportunity [available here.](#)

**Part 3:** Eliminate Racism, Build Financial Capability and Assets for All, Reduce Extreme Economic Inequality [available here.](#)

### **2021 Crisis Residential Conference**



**Crisis Residential  
Conference**  
Louisville, Kentucky  
October 12 - 14

The 2021 Crisis Residential Conference takes place October 12-14 in Louisville, KY, at the historic Galt House Hotel. This conference brings together thought leaders and passionate advocates of residential alternatives to psychiatric hospitalization.

The conference begins with a Welcome Reception the evening of October 12<sup>th</sup> followed by two full days of sessions. CRA has curated a stellar lineup of speakers and presenters who will cover topics such as return on investment in crisis services, advances in peer respite and peer-delivered services, mobile crisis response approaches, and the intersection of spirituality & mental health crisis.

To assure the safety of all our attendees, masks are required in designated conference spaces.

To learn more about the conference, visit [tinyurl.com/crisiscon21](https://tinyurl.com/crisiscon21)

## Michigan's 1<sup>st</sup> Social Emotional Learning Conference: Building Bridges-Breaking Silos

*When:* Wednesday, October 27 (9:00 a.m.—4:15 p.m.) and Thursday, October 28 (9:00 a.m.-Noon), 2021

*Where:* Kellogg Hotel and Conference Center on the campus of Michigan State University (MSU) in East Lansing, Michigan, with a virtual option.

*NOTE:* The conference will proceed in person, unless otherwise determined based on health and safety protocols instituted by MSU. If MSU modifies its regulations, the Featured Speakers and Research Reports will be offered virtually.

The other events planned for the conference will be postponed.

*What:* The conference will bring educators and stakeholders together to build connections around social emotional learning and elevate the promise-practice-purpose around social emotional learning. For more information [click here](#).

[Register here](#).

# Behavioral Telehealth Resource Center

## Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at [astagg@chmam.org](mailto:astagg@chmam.org).

## **New!** Center for Connected Health Policy Trend Maps

The CCHP has updated its Policy Trend [maps](#), which provide a snapshot of key telehealth reimbursement policies. These policies can also be compared by [state](#).

## Provider/Supervisor Telehealth Survey Report

CMHA and Public Sector Consultants administered a 16-question online survey of behavioral telehealth service providers and clinical supervisors. There were 846 completed survey responses. The [summary report](#) highlights key findings and summarizes the results.



## \$500 Million in Emergency Rural Health Care Grants Available

The United States Department of Agriculture (USDA) is offering \$500 million in grants to help rural health care facilities and communities expand access to vaccines, **telehealth**, and various health care services. There are two types of grants available: [Recovery Grants](#) and [Impact Grants](#). Use these links to learn more.

## The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on topics such as audio-only, policies that have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

## Education & Training Resources from Great Lakes MHTTC

### CMHA's partnership with SAMHSA funded Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC [can be found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources webpage](#). This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

## **New! Supporting the Mental Health of Students with Intellectual and Developmental Disabilities**

Part 1 of this series will define intellectual and developmental disabilities (IDDs) and describe signs of mental health challenges in students with IDDs.

Part 1

Wednesday, September 8, 2021

12:00 - 1:30pm EST

[Register here.](#)

Part 2 of this series will provide an overview of evidence-based approaches and practices that can be used within schools to support the mental health of students with intellectual and developmental disabilities (IDDs). It will also describe challenges and solutions when implementing these practices in schools.

Part 2

Wednesday, September 15, 2021

12:00 - 1:30pm EST

[Register here.](#)

## **SAMHSA: Advancing Comprehensive School Mental Health Systems**

As children go back to school, SAMHSA is also elevating mental health resources for supporting students and staffs, created by SAMHSA's grantees through its Mental Health Technology Transfer Centers, that address mental health and resiliency in school settings:

The [Back to School After COVID-19: Supporting Student and Staff Mental Health Toolkit \(PDF | 4 MB\)](#) helps guide conversations to include a trauma-informed, equitable, and compassionate lens to providing mental health supports to every member of the school community.

[Behavioral Health Impacts During & After COVID-19: What to Expect and Ways to Prepare for the Return to In-Person Learning \(PDF | 4 MB\)](#) presents information on the impact of COVID-19, what to expect as students return to school, and ways to prepare at the staff, building, and district levels.

[Strengthening School Communities for a Safe, Supportive Return: Part 2](#) covers strategies and best practices for school systems to promote student and staff resilience, wellbeing, and success, following COVID-related school closures. It also promotes cross-state networking and shared learning about best practices, successes, and challenges during learning modality transitions.

View more [back-to-school resources.](#)

## **SAMHSA training and technical assistance related to COVID-19 recovery and resilience**

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic. These resources can be [found here](#).

## News from Our Preferred Corporate Partners

### **Relias: Introduction to trauma-informed care**

Over 90% of people receiving behavioral healthcare have a history of trauma. In this course, you will learn about the various types of trauma, the long-lasting consequences of trauma, and what it means to provide care through a trauma-informed lens.

Through interactive practice scenarios and detailed examples, you will learn the scope of your role and responsibilities when you are serving individuals with histories of trauma. You will examine best practices to implement, as well as how to avoid harmful ones that can further perpetuate the suffering and silence of trauma. As you complete this course, you will gain a deeper understanding of how your personal history can impact your work with trauma survivors. Importantly, you will learn what it means to provide trauma-informed care, and why this approach is a multi-faceted one that you should consider for the individuals you serve.

This training is designed for behavioral healthcare professionals who interact with individuals in a variety of behavioral healthcare settings, including those with basic to intermediate levels of experience with trauma.

The preview is [found here](#).

### **Abilita: Top Ten Times for a Communications Review**

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology



- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at [daylward@abilita.com](mailto:daylward@abilita.com) for a zero-risk review of your technology systems and services.

### **myStrength: new digital behavioral health resources empower consumers to move beyond trauma**

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## **CMH Association's Officers & Staff Contact Info**

### **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
 First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
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 Secretary: Cathy Kellerman; [balcat19@live.com](mailto:balcat19@live.com); (231) 924-3972  
 Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231) 392-6670  
 Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### **CMHA Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

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