



WEEKLY Update

August 20, 2021

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CMH Association and Member Activities

New! 17th Annual ‘Walk a Mile in My Shoes’ Rally



“The 17th Annual ‘Walk a Mile in My Shoes’ Rally will be held IN PERSON this year at the State Capitol on September 29, 2021. Each year, we draw more than 2,500 advocates from across Michigan to the Capitol Building to support public behavioral healthcare. This rally aims to highlight the need for increased funding for mental health services, raises awareness of behavioral health needs in health and policy discussions and works to banish behavioral health stigmas. There are more than 300,000 citizens in Michigan who seek behavioral health services. Join us on Wednesday, September 29 as we rally together on the Capitol Lawn for increased mental health funding and the need for behavioral health to be continually included in policy discussions.

The Walk A Mile packet can be [downloaded here](#).

New! Board of directors’ names new CEO to lead Michigan’s largest behavioral health organization

Below are excerpts from a recent announcement from the Detroit Wayne Integrated Health Network (DWIHN) regarding the DWIHN’s new CEO.

After a thorough search that yielded nearly 100 candidates, interviews with the top four candidates were conducted that included panelists from our provider network, advocacy groups, staff and persons served. It was the decision of the CEO Search Committee to present one final candidate as its recommendation for CEO/President. The DWIHN Board of Directors, in a unanimous decision, has named Eric Doeh as the organization’s new CEO/President. “We are very pleased with the choice of Mr. Doeh to continue leading DWIHN and we feel confident that he is the right person for the critical job of leading this organization and our mission to help our region’s most vulnerable citizens,” said Board Chairman, Chief William T. Riley III.

Congratulations to Eric and DWIHN.

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have

made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Arc Michigan seeking men to serve in interactive leadership series

The Arc Michigan is seeking applications from fathers and other male role models of children and youth with disabilities and/or special health care needs for the second cohort of an online, interactive leadership training series, funded via a grant from the Michigan Developmental Disabilities Council, and administered by the Arc Michigan, with the support of Michigan Family Voices.

All project activities will be held via Zoom, so internet access and a computer or other digital device are necessary. Participants will attend one 2-4 hour workshop **per month** and one 1-hour networking call **per month**, from October 2021 through September 2022. Upon completion of the training, participants will receive a \$450 stipend.

The flyer with more information and a link to the application, due October 1, 2021 is [available here](#).

New! McKinsey interview with Co-founder of One Mind

Below is an excerpt from a recent interview, by McKinsey, with the leader of One Mind, a well-regarded brain health research organization.

In this interview, Erica Coe and Kana Enomoto, coleaders of McKinsey's Center for Societal Benefit through Healthcare, lead a discussion with Garen Staglin, the chairman and cofounder of One Mind, a nonprofit whose mission is to accelerate brain health research and advocacy to enable all individuals with mental-health challenges to build healthy, productive lives.

The full interview can be [found here](#).

New! Brief on primary and pain care access to persons with chronic pain issued

A new brief, Improving Access to Primary and Pain Care for Patients Taking Opioids for Chronic Pain in Michigan, has been recently released by the University of Michigan (U-M) Institute for Healthcare Policy and Innovation. The brief summarizes key takeaways from a U-M research team's work in identifying barriers to primary and specialty pain care for patients taking opioids for chronic pain in Michigan and nationally.

The brief can be [found here](#).

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

New! No Budget Agreements Until After Labor Day

The Governor's office and legislative leaders are not on track to wrap up budget negotiations prior to Labor Day, according to multiple sources. The current plan is to work on finishing a FY 22 spending plan for the General Fund portion of the budget after Sept. 6, prior to the Oct. 1 start of the next fiscal year. Lawmakers have already broken their own state law requiring a budget for the coming fiscal year be presented to the Governor by July 1.

Since summer recess began, legislative leaders and the State Budget Office have not had any substantial sit-down negotiations. Lawmakers did pass a record-setting School Aid Budget before adjourning prior to July 4, however.

As of now, the Gov. Gretchen Whitmer administration is not treating the lack of budget progress as a red-alert emergency, as the Gov. Jennifer Granholm administration did 14 years ago. There is no rush to throw together contingency plans in case of a state government shutdown or anything of the sort at this point.

The good news continues to be higher-than-expected state revenue numbers due to higher-than-expected sales and income tax collections. A recent report from the House Fiscal Agency has General Fund revenue for July up \$139.7 million above May projections and \$1.2 billion for the year. School Aid Fund revenue is up \$57.6 million for July and \$413.6 million for the year.

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your

clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Registration Open for the 2021 Virtual DBT Summit

Registration is now open for the **2021 Virtual DBT Summit!** [Please see brochure on the event page HERE for all the details and registration link.](#)

Date: Wednesday, September 1, 2021

Times: 8:30am-4:00pm EST

Location: Virtual

CEs: up to a possible 4 social work CEs and/or related MCBAP contact hours

- *Can't make it to the full conference? No problem! We have reduced the rate for virtual to accommodate your busy schedule. If you attend a session at the live scheduled time and participate fully, (according to the guidelines listed in the brochure) you will receive credit for each session you attend.*
- *Registrants will have access to all recorded sessions on the conference platform after the event so no content is missed! (No CEs are given for watching recorded sessions)*

Registration Deadline: Attendee registration closes on August 25, 2021 at 5:00pm EST

Contact Bethany Berry at bberry@cmham.org with questions.

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

[CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!](#)

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally



“Remembering the Journey”

When: September 11, 2021

Where: Belle Isle, Detroit

Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: https://www.youtube.com/channel/UCK5zxNfbrl_PEuXLN_jcAOg/featured?app=desktop

Website: <https://www.michigancelebraterecovery.com/>

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#)) (17 spots left)
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm– 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings

presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021
Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

Registration Open: 28th Virtual Annual Recipient Rights Conference

Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco
September 13 & 14, 2021
9:00am - 12:00pm both days
Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75

Main Conference
September 21 – 24, 2021 ~ Education each morning
Featuring 2 general sessions and 18 workshops!
Main Conference 9/21/21 - 9/24/21.....\$150

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who



serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

[Draft agenda can be found here.](#)

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where:

Park Place Hotel-Traverse City
300 East State Street
Traverse City, MI 49684

HOTEL RESERVATIONS

Park Place Hotel
231.946.5000
Block Code: Michigan Center for Rural Health or MIRH

[Register here.](#)

New! Grand Challenges in Social Work announces series on racism, homelessness, and social isolation

As Weekly Update readers may remember, one of the CMHA staff member is also a member of the Leadership Board of the Grand Challenges in Social Work, the nation's social work-centered public policy initiative. Through this partnership, CMHA is able to keep the Weekly Update readers informed of the educational offerings of the Grand Challenge. Upcoming Grand Challenges are described below as well as the links to past sessions.

Intersections: Eliminate Racism, End Homelessness & Eradicate Social Isolation

Tuesday, September 14, 2021
12pm Central Time
via Zoom

In the fourth session of this series on eliminating racism, panelists will examine the intersections between racism and the Grand Challenges to End Homelessness and Eradicate Social Isolation, as well as interventions to address them.

[Register for this session here.](#)

If you missed the previous webinars in the series, click below to access the recordings.

Part 1: Grand Challenge to Eliminate Racism [available here.](#)

Part 2: Eliminate Racism, Promote Smart Decarceration, and and Achieving Equal Opportunity [available here.](#)

Part 3: Eliminate Racism, Build Financial Capability and Assets for All, Reduce Extreme Economic Inequality [available here.](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

2022 Proposed Physician Fee Schedule

The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions. The Upper Midwest Telehealth Resource Center (UMTRC) recently held office hours to review the 2022 PFS, [click here](#) to review the slides, which give context and resources to help understand these updates.

The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on topics such as audio-only, policies that have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

Medicaid Bulletin MSA 21-24

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC [can be found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources webpage](#). This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

SAMHSA: Advancing Comprehensive School Mental Health Systems

Informed by experts in the school health field, this guidance document assists communities in developing high-quality, comprehensive school mental health systems to support students.

The core features are a strong foundation of district and school professionals, including administrators, educators, and specialized instructional support personnel (e.g., school psychologists, counselors, nurses) and partnerships with students, families, and community health partners.

These resources can be [found here](#).

SAMHSA training and technical assistance related to COVID-19 recovery and resilience

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic.

These resources can be [found here](#).

News from Our Preferred Corporate Partners

New! Relias: Introduction to trauma-informed care



Over 90% of people receiving behavioral healthcare have a history of trauma. In this course, you will learn about the various types of trauma, the long-lasting consequences of trauma, and what it means to provide care through a trauma-informed lens.

Through interactive practice scenarios and detailed examples, you will learn the scope of your role and responsibilities when you are serving individuals with histories of trauma. You will examine best practices to implement, as well as how to avoid harmful ones that can further perpetuate the suffering and silence of trauma. As you complete this course, you will gain a deeper understanding of how your personal history can impact your work with trauma survivors. Importantly, you will learn what it means to provide trauma-informed care, and why this approach is a multi-faceted one that you should consider for the individuals you serve.

This training is designed for behavioral healthcare professionals who interact with individuals in a variety of behavioral healthcare settings, including those with basic to intermediate levels of experience with trauma.

The preview is [found here](#).

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one

traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
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