



Update

August 13, 2021

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CMH Association and Member Activities

Seeking Nominations: Nick Filonow Award of Excellence for 2021



The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by **CLICKING HERE**.

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the CMHA website. Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Video recording available from recent MDHHS webinar: COVID 19 emergency response

The recording from the latest MDHHS Updates on AFCs and HFAs COVID-19 Emergency Response, held on August 11, 2021, is available here. Access Passcode: Am.N1dVV

New! Webinar: Investing in Mental Health to Support Our Workforce

The Alliance for Health Policy is offering on August 19 a webinar entitled Investing in Mental Health to Support Our Workforce. The briefing will "examine the burgeoning mental health crisis, partially exacerbated by the COVID-19 pandemic, and will explore policy options to support increased mental health wellness at work and at home. Panelists will outline recent statistics related to mental health and the role of employers in supporting mental health and wellness, define current policy and private-sector options for support, and offer insights into how the nation's mental health impacts our economic performance."

Registration and additional information are available here.



New! Black DSPs Matter Part Three: Practical Applications



August 19, 2021 2:00pm - 3:30pm ET

After exploring the history and understanding of systemic racism in Part One of the Black DSPs Matter Series and reflecting on the implications of the workforce in Part Two, the next webinar will focus on practical application.

Through a multimedia approach, the Black DSPs Matter: Part Three webinar invites participants to: Revisit shared understanding of key terms and concepts related to the topic of racism.

This interactive webinar intends to facilitate a pathway to new knowledge related to the perceptions and lived experiences of individuals who identify as being part of a marginalized group.

Register here.

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, CLICK HERE!

Senate Integration Proposal Introduced

On Thursday, July 15, 2021, Senator Shirkey introduced his 2-bill integration package. Senate Bills 597, sponsored by Sen. Shirkey amends the social welfare act and Senate Bill 598, sponsored by Sen. Bizon amends the mental health code. The bills were sent to the Senate Government Operations Committee. Below is a list of the committee members with email addresses:

Senate Government Operations Committee

• (Chair) Mike Shirkey – <u>senmshirkey@senate.michigan.gov</u>



- (Vice Chair) Dan Lauwers sendlauwers@senate.michigan.gov
- Aric Nesbitt senanesbitt@senate.michigan.gov
- (Minority Vice Chair) Jim Ananich senjananich@senate.michigan.gov
- Stephanie Chang <u>senschang@senate.michigan.gov</u>

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) <u>introduced</u> the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our <u>CCBHC Success Center</u> can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

<u>Urge your legislators to support this important legislation.</u>

Key resources:

- National Council public statement
- Senator Stabenow and Senator Blunt joint press release



- National Council 2021 CCBHC Impact Report
- National Council's CCBHC Success Center

Education Opportunities

New! Registration Open for the 2021 Virtual DBT Summit

Registration is now open for the **2021 Virtual DBT Summit**! <u>Please see brochure on the event page HERE for all the details and registration link.</u>

<u>Date</u>: Wednesday, September 1, 2021

Times: 8:30am-4:00pm EST

Location: Virtual

CEs: up to a possible 4 social work CEs and/or related MCBAP contact hours

- Can't make it to the full conference? No problem! We have reduced the rate for virtual to accommodate your busy schedule. If you attend a session at the live scheduled time and participate fully, (according to the guidelines listed in the brochure) you will receive credit for each session you attend.
- Registrants will have access to all recorded sessions on the conference platform after the event so no content is missed! (No CEs are given for watching recorded sessions)

Registration Deadline: Attendee registration closes on August 25, 2021 at 5:00pm EST

Contact Bethany Berry at bberry@cmham.org with questions.

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge Conference Date: September 13-16, 2021

Conference Location: Virtual

CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally





"Remembering the Journey"

When: September 11, 2021 Where: Belle Isle, Detroit Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: Michigan Celebrate Recovery Walk & Rally

Instagram: omicelebraterecovery

Twitter: <a>@micelerecovery

YouTube: https://www.youtube.com/channel/UCK5zxNfbrl_PEuXLN_jcAOg/featured?app=desktop

Website: https://www.michigancelebraterecovery.com/

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

September 9th, 2021 (Register Here)

• October 12th, 2021 (Register Here)

• November 9th, 2021 (Register Here)

• January 18th, 2022 (Register Here)

• February 15th, 2022 (Register Here)

March 15th, 2022 (Register Here)

• April 13th, 2022 (Register Here)

April 19th, 2022 (Register Here)

Agenda:

Log into Zoom: 9:45am

Education: 10:00am – 12:30pm Lunch Break: 12:30pm – 1:00pm Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.



Dates:

• October 19th, 2021 (Register Here)

November 12th, 2021 (Register Here)

- January 25th, 2022 (Register Here)
- March 24th, 2022 (Register Here)
- April 27th, 2022 (Register Here)

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021 Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

Click Here to Register

Click Here to See the Agenda

Agenda:

Log into Zoom: 12:45 pm

Education: 1:00pm - 3:00pm

Registration Open: 28th Virtual Annual Recipient Rights Conference

Pre-Conference: "Deceptive Analysis" with presenter: Lena Sisco

September 13 & 14, 2021 9:00am - 12:00pm both days

Pre-Conference ONLY 9/13/21 & 9/14/21.......\$75

Main Conference September 21 – 24, 2021 ~ Education each morning Featuring 2 general sessions and 18 workshops! Main Conference 9/21/21 - 9/24/21.......\$150

CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are <u>intended for persons who</u> <u>serve adults only</u> through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.



By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

*Note: Due to the limited number of spots in these trainings, each organization is limited to a <u>maximum</u> of 6 registrants.

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm \$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm **\$30 Registration fee** includes electronic training materials and CEs

New! Grand Challenges in Social Work announces webinar series: Universal Basic Income and Child Allowances

One of the Grand Challenges for Social Work (a CMHA staff member is on the Leadership Board of the Grand Challenge) is to reduce extreme economic inequality.

As part of the work related to this challenge, the Grand Challenge has recently announced an upcoming webinar, "Income Support: How can Basic Income and Child Allowances reduce extreme economic inequality?"



This webinar will take place on:

August 24, 2021 1:00 – 2:15 pm

This webinar is designed to explore the nature of Basic Income policies, including such related policies as Child Allowances. Mental health workers and leaders need to know about, understand, and consider their support for new policies and approaches that will address economic inequality and the consequent ills of material hardship; food, housing, and income insecurity; and racial and gender income and wealth gaps. The pandemic has made even more glaringly visible the nature of economic inequality in the United States, the intersection with race and gender, and the ramifications for health, education, and access to work. Basic Income and Child Allowances are related approaches designed to address both economic inequality and the insecurities and dangers it brings.

CE hours will be offered. Please follow the registration link for more information

Register here.



New! Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to



collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

Draft agenda can be found here.

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where:

Park Place Hotel-Traverse City 300 East State Street Traverse City, MI 49684

HOTEL RESERVATIONS Park Place Hotel 231.946.5000

Block Code: Michigan Center for Rural Health or MIRH

Register here.

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the <u>Telehealth Resource Center</u> to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

New! 2022 Proposed Physician Fee Schedule

The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions. The Upper Midwest Telehealth Resource Center (UMTRC) recently held office hours to review the 2022 PFS, click here to review the slides, which give context and resources to help understand these updates.

The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on such as audio-only, policies that



have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Please stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register here.
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register here.
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities.
 Friday, October 1: 2:00-3:30pm (EST); Register here.
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register <u>here</u>.

Medicaid Bulletin MSA 21-24

The purpose of this <u>bulletin</u> is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Greatly Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be found here.

The Great Lakes MHTTC products and educational offerings can be found at its <u>Products and Resources</u> <u>webpage</u>. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

New! SAMHSA: Advancing Comprehensive School Mental Health Systems



Informed by experts in the school health field, this guidance document assists communities in developing high-quality, comprehensive school mental health systems to support students.

The core features are a strong foundation of district and school professionals, including administrators, educators, and specialized instructional support personnel (e.g., school psychologists, counselors, nurses) and partnerships with students, families, and community health partners.

These resources can be found here.

New! SAMHSA training and technical assistance related to COVID-19 recovery and resilience

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic.

These resources can be found here.

News from Our Preferred Corporate Partners

New! Relias: Diversity, Equity, and Inclusion: Healthcare's Social Dilemma

To truly impact diversity, equity and inclusion (DEI) efforts in a meaningful and lasting way, executive leaders must fully commit and set the tone for the rest of their organization to follow. How can you prioritize DEI efforts?

Relias' new white paper, <u>Diversity</u>, <u>Equity and Inclusion</u>: <u>Healthcare's Social Dilemma</u>, outlines strategies and key factors you should consider as you bolster DEI efforts at your organization. In the white paper, you'll learn:

Six factors to consider as you approach DEI efforts. Example training topics on DEI.

15 quick ways to foster DEI in your organization.

Get this white paper here.

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.



Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter here. To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451



Secretary: Cathy Kellerman; <u>balcat19@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231) 392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org
Bethany Berry, Training and Meeting Planner, (517) 237-3149; bberry@cmham.org
Alexandra Risher, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Robert Sheehan, Chief Executive Officer, (517) 237-3152; msholtz@cmham.org
Amy Stagg, Behavioral Telehealth Resource Center Coordinator, (517) 324-7310; astagg@cmham.org
Christina Ward, Director of Education & Training, (517) 237-3153; award@cmham.org
Anne Wilson, Training and Meeting Planner, (517) 237-3153; award@cmham.org
Anne Wilson, Training and Meeting Planner, (517) 237-3153; award@cmham.org

