



WEEKLY Update

August 06, 2021

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CMH Association and Member Activities

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! SAMHSA distributes \$13.3 million for services to treat and strengthen families affected by substance use

Below are excerpts from a recent announcement, by SAMHSA, of two grant programs aimed at supporting the families of persons with substance use disorders.

Aiming to strengthen American families affected by addiction, today the Substance Abuse and Mental Health Services Administration (SAMHSA) is issuing a total of \$13.3 million in first-year funding between two grant programs that support direct treatment services for people with substance use disorders and wraparound supports for their loved ones.

The full announcement can be [found here](#).

New! 'This is a place people can call home.' Gov. Whitmer visits Andy's Place apartments in Jackson

Low are excerpts from a recent press story highlighting the work of a rehabilitation housing program in Jackson County.

Gov. Gretchen Whitmer called Andy's Place apartments is a "phenomenal opportunity" for people who have been through the Michigan drug court system, Gov. Gretchen Whitmer said Wednesday.

Whitmer visited the long-term substance abuse treatment and rehabilitation community in Jackson on July 28, to speak about her plans for \$100 million for projects for affordable housing that are to be funded through federal COVID-19 relief funds.

The full story can be [found here](#).

New! Direct Support Professional Week virtual event announced



From September 12th – 15th, NADSP and the Research and Training Center on Community Living from the Institute on Community Integration at the University of Minnesota, will be hosting our second virtual event '[From Promise to Progress](#).' It coincides with National Direct Support Professional (DSP) Recognition Week, which takes

place from September 12th – 18th. Similar to the 2020 event, it is completely free to attendees and we encourage everyone to participate.

The theme 'From Promise To Progress' builds off of the 2020 theme

[Register here](#).

New! Roadmap to the Ideal Crisis System seminar announced

Recent statistics have shown suicide rates increasing and drug overdose deaths reaching all-time highs. Together, these crises have overtaken traffic accidents as the leading causes of death among young Americans ages 25-44. Join the American Association of Suicidology (AAS) and the National Council on Thursday, August 26 from 2-3pm ET to learn how we can prevent more deaths and facilitate better crisis outcomes by reimagining the structure of our crisis response systems.

[Register here](#).

New! Health Equity And Value-Based Payment Systems: Moving Beyond Social Risk Adjustment

Below are excerpts from a recent Health Affairs blog post on the use of value-based payments to address health equity.

Recent Health Affairs articles and blog posts have advocated for social risk adjustment in value-based payment (VBP) systems. This has been an area of significant analysis and deliberation within the Office of the Assistant Secretary for Planning and Evaluation (ASPE) at the Department of Health and Human Services. It was also the subject of two Reports to Congress by our team required by the Improving Medicare Post-Acute Care Transformation (IMPACT) Act of 2014, the first in December 2016 and the second in March 2020.

In those reports, we did not recommend wide-scale social risk adjustment in Medicare's VBP programs. We contend that a debate over social risk adjustment in isolation is too narrow a lens for considering the systematic problem of lower-quality care and poor outcomes for vulnerable patients; we believe that it would be more fruitful to take a broader approach toward improving health equity. In this post, we describe some of the thinking and data analysis in our reports, then suggest a broader agenda for tackling policy challenges related to social risk and health equity, through our health-related programs as well as through a variety of social service programs.

The full blog can be [found here](#).

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

Senate Integration Proposal Introduced

On Thursday, July 15, 2021, Senator Shirkey introduced his 2-bill integration package. Senate Bills 597, sponsored by Sen. Shirkey amends the social welfare act and Senate Bill 598, sponsored by Sen. Bizon

amends the mental health code. The bills were sent to the Senate Government Operations Committee. Below is a list of the committee members with email addresses:

Senate Government Operations Committee

- (Chair) Mike Shirkey – senmshirkey@senate.michigan.gov
- (Vice Chair) Dan Lauwers – sendlauwers@senate.michigan.gov
- Aric Nesbitt – senanesbitt@senate.michigan.gov
- (Minority Vice Chair) Jim Ananich – senjananich@senate.michigan.gov
- Stephanie Chang – senschang@senate.michigan.gov

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

[CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!](#)

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally



“Remembering the Journey”

When: September 11, 2021

Where: Belle Isle, Detroit

Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: <https://tinyurl.com/mirecovery>

Website: <https://www.michigancelebraterecovery.com/>

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#))
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm – 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021

Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

Registration Open: 28th Virtual Annual Recipient Rights Conference

Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco
September 13 & 14, 2021
9:00am - 12:00pm both days
Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75

Main Conference
September 21 – 24, 2021 ~ Education each morning
Featuring 2 general sessions and 18 workshops!
Main Conference 9/21/21 - 9/24/21.....\$150

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Grand Challenges in Social Work announces webinar series: Eliminate Racism



Grand Challenges
for Social Work

A CMHA staff member is on the Leadership Board of the Grand Challenges for Social Work – a cutting edge research and policy-based initiative aimed at addressing some of the most pressing issues facing the United States and the world.

The Grand Challenges recently distributed the recording for part 2 of the Eliminate Racism series recording on Promote Smart Decarceration and Achieve Equal Opportunity and Justice.

You can view the previous webinars here.

Part 3 will take place on August 10 – [register now!](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

New! The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on such as audio-only, policies that have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Please stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

New! Upper Midwest Telehealth Resource Center (UMTRC) Office Hours, August 10 from 1-1:30pm (EST)

Join Director Becky Sanders to learn more about the CMS 2022 Proposed Physician Fee schedule and its possible implications for your program's Medicare beneficiaries and your providers. Register [here](#).

NACHC Survey on Audio-Only Telehealth & Health Centers

The National Association of Community Health Centers (NACHC) recently released a [report](#) on their survey of CHCs to assess their telehealth experiences over the course of the public health emergency and determine what the effects would be upon termination of temporary policies, and how that would impact their providers and patients.

The value and necessity of audio-only was stressed throughout the survey. Benefits of audio-only telehealth included:

- Reduced no-show rates
- Improved patient/provider relationships
- Better coordination of care amongst providers and families
- Improved chronic care management

The report concludes that without continued telehealth coverage for CHCs, all of the stated benefits will disappear, create a barrier to the provision of quality health care, and negate the ability for health centers to bring equity and access to underserved communities that would otherwise likely go without needed services. The authors urge the federal government to act and preserve access to care via telehealth in health centers across the country.

2022 Proposed Physician Fee Schedule

On July 13, 2021, the Center for Medicare and Medicaid Services (CMS) released their proposed CY 2022

Physician Fee Schedule (PFS). The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions.

Mental Health & Audio-Only: One of the most significant proposals involve the provision of mental health services via telehealth and utilization of audio-only to deliver those services. Based on data from COVID-19 and other factors, CMS is proposing to allow the use of audio-only to provide mental health services in the Medicare program if:

It is for an established patient;

The originating site is the patient's home;

The provider has the technical capability to use live video but,

The patient cannot or does not want to use live video and

There must be an in-person visit within six months of the telehealth service.

For an in-depth look at the CY2022 PFS, download the Center for Connected Health Policy (CCHP) [fact sheet](#) or [video](#) from CCHP Executive Director, Mei Kwong.

Insights on utilization of behavioral health services in the context of COVID-19; McKinsey & Company

[Infographic](#) created from analyzed data sample from 115,000 providers who delivered Behavioral Healthcare to over 20+ million Americans in 2019, 2020 and 2021. This report shows trends in behavioral health claims, including telehealth and includes information on the disproportionate impact on racial and ethnic minorities and identifies barriers that limit access to telehealth.

Medicaid Bulletin MSA 21-24 discusses Asynchronous Telemedicine Services, and is issued on July 2, 2021

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

Relias: Essentials to Help You Become Trauma-Informed

Becoming and maintaining a trauma-informed organization is possible, even as COVID-19 continues to impact your staff and clients. However, it isn't a one-time implementation or the responsibility of a committee. It requires full support from your leadership, board of directors, and employees. It also requires ongoing communication and training.

Relias offers training to help everyone at your organization not only understand trauma-informed care but practice it as well. Our behavioral health training library covers topics like:

- Introduction to trauma-informed care
- Compassion fatigue
- Trauma-informed supervision
- Employee wellness

To learn how Relias can help your organization implement trauma-informed care, including training courses available in our behavioral health library, [contact Relias today](#). Register for this offering [here](#).

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company

- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
 First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
 Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
 Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
 Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
 Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
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