



WEEKLY Update

July 23, 2021

TABLE OF Contents

CMH Association and Member Activities	3
<i>New! Shiawassee Health and Wellness receives CARF accreditation</i>	<i>3</i>
<i>New! 9 new Michigan CCBHC expansion sites named</i>	<i>3</i>
<i>New! OCHN celebrates Minority Mental Health Awareness Month with powerful video</i>	<i>3</i>
<i>New! CMHA distributing social media messages highlighting successes of public system</i>	<i>4</i>
<i>CMHA issues one-pager "Within Our Reach: Concrete approaches to building a world class public mental health system in Michigan"</i>	<i>4</i>
<i>Seeking Nominations: Nick Filonow Award of Excellence for 2021</i>	<i>5</i>
<i>Traveling Art Show</i>	<i>5</i>
State & National Developments and Resources.....	5
<i>New! CMS announces opioid recover funding opportunity</i>	<i>5</i>
<i>New! MDHHS and Vital Strategies recognizes International Overdose Awareness Day and National Recovery Month.....</i>	<i>6</i>
<i>New! Persons with autism, deaf, and hard of hearing in Michigan offered designation.....</i>	<i>6</i>
<i>New! New poll: minority mental health worsened during the COVID-19 pandemic.....</i>	<i>7</i>
<i>New! Grand Challenges in Social Work announces webinar series: Eliminate Racism</i>	<i>7</i>
<i>New! Gap between death rates in rural and urban areas tripled during past two decades.....</i>	<i>7</i>
State Legislative Update	8
<i>View June's Legislative Video on CMHA's Website.....</i>	<i>8</i>
<i>New! Senate Integration Proposal Introduced</i>	<i>8</i>

Federal Update.....	8
<i>Key Legislation Introduced to Expand CCBHC Program.....</i>	<i>9</i>
Education Opportunities.....	9
<i>Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference</i>	<i>9</i>
<i>VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!.....</i>	<i>10</i>
<i>VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!.....</i>	<i>10</i>
<i>Virtual Self-Determination Conference – Registration Open</i>	<i>11</i>
<i>Call for Presentations: CMHA Annual Fall Conference (in person)</i>	<i>11</i>
<i>New! 12th Annual Anti-Stigma Event Day – July 28th</i>	<i>11</i>
<i>Virtual Motivational Interviewing College Trainings – Registration Open.....</i>	<i>12</i>
<i>Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open</i>	<i>13</i>
<i>Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment</i>	<i>13</i>
<i>Recovery-Based Co-Occurring Treatment Planning and Delivery.....</i>	<i>13</i>
<i>Stage Matched Treatment for Co-Occurring Needs</i>	<i>14</i>
<i>Self-Advocates of Michigan presents Community Conversation</i>	<i>14</i>
Behavioral Telehealth Resource Center.....	15
<i>Telehealth Resource Center</i>	<i>15</i>
<i>New! 2022 Proposed Physician Fee Schedule</i>	<i>15</i>
<i>Federal Legislation: to amend title XVIII of the Social Security Act to extend telehealth flexibilities under the Medicare program, and for other purposes.....</i>	<i>15</i>
<i>Insights on utilization of behavioral health services in the context of COVID-19; McKinsey & Company</i>	<i>15</i>
<i>Medicaid Bulletin MSA 21-24 discusses Asynchronous Telemedicine Services, and is issued on July 2, 2021.....</i>	<i>16</i>
Education & Training Resources from Great Lakes MHTTC	16
<i>CMHA’s partnership with SAMHSA funded Great Lakes MHTTC.....</i>	<i>16</i>
News from Our Preferred Corporate Partners	16
<i>Relias: The Importance of Trauma-Informed Care</i>	<i>16</i>
<i>Abilita: Top Ten Times for a Communications Review.....</i>	<i>17</i>
<i>myStrength: new digital behavioral health resources empower consumers to move beyond trauma..</i>	<i>17</i>
CMH Association’s Officers & Staff Contact Info	18
<i>CMHA Officers Contact Information:</i>	<i>18</i>

CMH Association and Member Activities

New! Shiawassee Health and Wellness receives CARF accreditation

Below are excerpts from the letter announcing the receipt, by Shiawassee Health and Wellness, of the full three-year accreditation from CARF.

It is my pleasure to inform you that Shiawassee Health and Wellness has been issued (a Three-Year) CARF accreditation based on its recent survey. This achievement is an indication of your organization's dedication and commitment to improving the quality of the lives of the persons served. Services, personnel, and documentation clearly indicate an established pattern of conformance to standards.

The accreditation report is intended to support a continuation of the quality improvement of your organization's program(s)/service(s). It contains comments on your organization's strengths as well as any consultation and recommendations.

Your organization should take pride in achieving this high level of accreditation.

Congratulations to Shiawassee Health and Wellness.

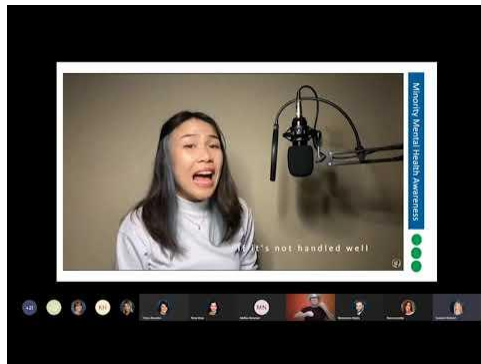
New! 9 new Michigan CCBHC expansion sites named

This week, the federal Substance Abuse and Mental Health Services Administration named nine new Certified Community Behavioral Health Clinics (CCBHC) in Michigan, bringing the number of CCBHC sites in Michigan to 33 – more than any other state in the country. Congratulations to these new CCBHC sites:

- Alternative Community Living, Inc., DBA Hope Network New Passages (Pontiac)
- Community Mental Health of Ottawa County's (Holland)
- The Elmhurst Home, Inc. (Detroit)
- Allegan County Community Mental Health Services (Allegan)
- Detroit Rescue Mission Ministries (Detroit)
- Branch County Community Mental Health Authority (Coldwater)
- Community Care Services (Lincoln Park)
- Barry County Community Mental Health Authority (Hastings)
- Berrien Mental Health Authority (Benton Harbor)

New! OCHN celebrates Minority Mental Health Awareness Month with powerful video

Oakland Community Health Network (OCHN) recently developed a video to celebrate National Minority Mental Health Awareness Month. That video is highlighted below.



[MMHAM 7 13 21](#)

Minority Mental Health Awareness Month in July strives to bring awareness about the unique struggles that underrepresented groups face regarding mental health.

<https://youtu.be/yCFCbrHof7g>

New! CMHA distributing social media messages highlighting successes of public system

We have made the graphic edit below. Would you like us to begin scheduling these social media posts now? Let us know what timing is most effective for your efforts.

Here are the final graphics:

Strengths graphics: <https://www.dropbox.com/sh/t47xtf2cfvu9lq8/AADF3yZdB9--hLxNGOJyyOyZa?dl=0>

HH/OHH graphics:

https://www.dropbox.com/sh/8wwbqoc6id1y6h5/AADnifGX0E9zzg2DH7S_Cb9ga?dl=0

CCBHC graphics: <https://www.dropbox.com/sh/6bbi5lr9zcijp3o/AAAWwdDnQyenQz-LFwjHWNtqa?dl=0>

Here is the final social media copy with the suggested images:

<https://www.dropbox.com/s/dp5fcaau2916i25/CMHA%20Copy.docx?dl=0>

CMHA issues one-pager “Within Our Reach: Concrete approaches to building a world class public mental health system in Michigan”

As you may remember, the advocacy work of CMHA is founded on a number of principles. One of those principles is to pursue, simultaneously, and offense-oriented strategy (proposing innovative changes that build on the proven strengths of our system) and defensive strategies (that work to thwart threats to our system and those whom we serve).

As part of the offense-oriented component, CMHA has developed a one-pager, “Within Our Reach: Concrete approaches to building a world class public mental health system in Michigan”, that outlines 13 concrete approaches to advancing the system to address 5 areas in which advancement is needed. This infographic and its contents – based on the system advancing proposals of CMHA, its members, and allies - will be used as part of a media and legislative campaign that recommends that legislators and policy makers pursue these real and tangible approaches to advancing Michigan’s public mental health system that build upon the system’s proven performance and strengths – in areas recognized by the public and behavioral healthcare experts – rather than pursuing efforts that work to redesign or dismantle the public system. This one-pager can be [found here](#).

Weekly Update readers should feel free to use this infographic in your community relations and education work with your local stakeholders, in advocacy work, and in your media relations.

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! CMS announces opioid recover funding opportunity

Recently, the Center for Medicare & Medicaid Services (CMS) released a Notice of Funding Opportunity (NOFO) to solicit applications for the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment (SUPPORT) for Patients and Communities Act post-planning period, demonstration project. Open to only the 15 states receiving planning grants, this 36-month demonstration project seeks to increase the treatment capacity of providers, participating in the state's Medicaid program, to provide substance use disorder (SUD) treatment and recovery services. Additionally, CMS released a technical supplement that provides detailed information regarding how the agency will implement the SUPPORT Act payment provision for the states that are selected for the demonstration.

Learn more about the NOFO here: <https://www.medicaid.gov/medicaid/benefits/downloads/sud-nofo-07092021.pdf>

Learn more about the Technical Supplement here:
<https://www.medicaid.gov/medicaid/benefits/downloads/nofo-tech-supp.pdf>

New! MDHHS and Vital Strategies recognizes International Overdose Awareness Day and National Recovery Month

On August 31, International Overdose Awareness Day and National Recovery Month in September, the Michigan Department of Health and Human Services and Vital Strategies (Bloomberg sponsored initiative) partnering with community-based organizations to launch two events aimed at broadening awareness of the drug overdose crisis in Michigan. Vital Strategies will be funding both of these events.

1. *Collective Healing through Art: 2021 Overdose Awareness Day Exhibit* in partnership with Downriver Council for the Arts and Vital Strategies
 - Up to 30 artists impacted by the drug overdose crisis will be commissioned \$500 for the exhibition of existing work and/or \$1,500 for creation of new work for a juried art exhibition on August 31, 2021
 - Exhibition will run online and in-person from Aug. 31- Sept. 18
 - Applications are due July 27 via this link: <https://overdoseawarenessexhibit.artcall.org>
2. National Recovery Month murals in partnership with Vital Strategies and City Walls Detroit
 - MDHHS, Vital Strategies, and City Walls Detroit are partnering to commission muralists or collaborative teams that have experience the impact of the drug overdose crisis to create three murals symbolizing hope, healing, perseverance, and resiliency of people impacted by substance use
 - We've partnered with three community-based recovery-oriented host organizations for the public wall spaces
 - Budget ranges from \$10,500-\$29,250 depending on the mural size
 - Applications are due by August 14, 2021, more information can be found at this link: [Call to Artist | City of Detroit \(detroitmi.gov\)](#)

New! Persons with autism, deaf, and hard of hearing in Michigan offered designation

Michigan residents with conditions that could impede communication with law enforcement such as deafness or autism can now apply to have a designation associated with their information that comes up on officers' computer system during traffic stops.

Secretary of State Jocelyn Benson promoted the so-called communication impediment designation that took effect this month during a news conference Monday in Mason. She also discussed measures to allow residents more access to appointments at branch offices that should reduce backlogs by Labor Day.

The designation wouldn't appear on identification cards or documents, but it would appear on the Law Enforcement Information Network used by police to create safe and productive interactions. Benson attributed the change largely to the efforts of community advocate Xavier DeGroat, whose own experience with police at a traffic stop spurred him to create better interactions between people with autism like himself and law enforcement.

<https://apnews.com/article/health-michigan-6360b1cf85975dcae8aba889d06a0a4e#:~:text=Jocelyn%20Benson-,Autistic%2C%20hearing%20impaired%20in%20Michigan%20offered%20designation,-By%20ANNA%20LIZ>

New! New poll: minority mental health worsened during the COVID-19 pandemic

Nearly half of all Black, Hispanic, Asian, Native American and LGBTQ+ individuals say they have personally experienced increased mental health challenges over the past 12 months, but few received treatment, according to a [new poll by the National Council](#). The poll, conducted by Morning Consult and released yesterday by the National Council to raise awareness about Minority Mental Health Awareness Month, underscores the toll the COVID-19 pandemic has taken on minority and LGBTQ+ individuals and the urgent need to improve health equity among minorities through [Certified Community Behavioral Health Clinics \(CCBHCs\)](#) and other programs that dramatically boost access in underserved communities. [Learn more about our findings](#)

New! Grand Challenges in Social Work announces webinar series: Eliminate Racism



A CMHA staff member is on the Leadership Board of the Grand Challenges for Social Work – a cutting edge research and policy-based initiative aimed at addressing some of the most pressing issues facing the United States and the world.

The Grand Challenges recently distributed the recording for part 2 of the Eliminate Racism series recording on Promote Smart Decarceration and Achieve Equal Opportunity and Justice.

You can view the previous webinars here.

Part 3 will take place on August 10 – [register now!](#)

New! Gap between death rates in rural and urban areas tripled during past two decades

Discrepancy driven primarily by an increase in death rates in middle-aged white people. Death rates among Black people remained highest overall, however, gap with those of white people halved.

Death rates from chronic conditions like lung disease and cardiovascular disease and so-called "diseases of despair" such as opioid overdoses are known to be higher in rural areas than in large cities, with differing economic, social and political circumstances influencing people's access to care. To examine disparities in mortality rates for all causes of death, researchers from [Brigham and Women's](#)

[Hospital](#) used a Centers for Disease Control and Prevention (CDC) database to analyze all deaths occurring in the U.S. between 1999 and 2019. They found that age-adjusted mortality rates (AAMRs) declined in both rural and urban populations, but that the gap between the death rates dramatically widened as white individuals aged 25 to 64 in rural areas faced increasing AAMRs. The research findings are published in [JAMA](#).

https://www.eurekalert.org/pub_releases/2021-06/bawh-gbd060721.php

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

New! Senate Integration Proposal Introduced

On Thursday, July 15, 2021, Senator Shirkey introduced his 2-bill integration package. Senate Bills 597, sponsored by Sen. Shirkey amends the social welfare act and Senate Bill 598, sponsored by Sen. Bizon amends the mental health code. The bills were sent to the Senate Government Operations Committee. Below is a list of the committee members with email addresses:

Senate Government Operations Committee

- (Chair) Mike Shirkey – senmshirkey@senate.michigan.gov
- (Vice Chair) Dan Lauwers – sendlauwers@senate.michigan.gov
- Aric Nesbitt – senanesbitt@senate.michigan.gov
- (Minority Vice Chair) Jim Ananich – senjananich@senate.michigan.gov
- Stephanie Chang – senschang@senate.michigan.gov

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#))
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm – 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021

Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

Call for Presentations: CMHA Annual Fall Conference (in person)

We are excited to announce that our Annual Fall Conference will be IN-PERSON (with a virtual component as well). We invite you to share your expertise, research or showcase a successful program with over 800 attendees during our Annual Fall Conference! The CMHA Annual Fall Conference will be held on:

October 25 & 26, 2021

Grand Traverse Resort

Traverse City, Michigan

Presentation Submission Form: [CLICK HERE TO SUBMIT YOUR INFORMATION ELECTRONICALLY](#)

Submit your workshop proposals by **Friday, July 30, 2021**.

Note: Hotel reservation and conference registration are not available at this time.

New! 12th Annual Anti-Stigma Event Day – July 28th

Registration will remain open through Monday, July 26 at 5pm for the Anti-Stigma Day to be held on Wednesday, July 28 from 9am-4pm. We will have sign language interpreters at this virtual event.

9:00am - 9:30am	Opening: Colleen A. Jasper, Michigan Department Health and Human Services: "Stigma as Resistance to Diversity, Inclusion and Equity"
9:30am - 9:45am	Noelle Kellogg, Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) Update
9:45am - 10:30am	Ronnie Tyson, Odyssey Village, "Integrated Care: Career Development, Scope of Practice, and Stigma"
10:30am - 11:15am	Marsha "Shay" Pounds, Recovery Institute of Southwest Michigan, "PoWer Group"
11:15am - 12:00pm	Michelle Bidigare, Director of My Place Center, Oak Park, "Teachable Moments at Work: How To Advocate for a Stigma-Free Workplace"
12:00pm – 12:45pm	Lunch on Your Own
12:45pm -1:30pm	Brian Wellwood, Director of JIMHO, "Stand Up, We Can Do This!"

1:30pm - 2:15pm Christy Buck, West Michigan Assoc. of Mental Health, “Be Nice: An Action Plan to Change, Improve and Save Lives”
 2:15pm - 3:15pm Stephen Kuhlman, Detroit Wayne Integrated Health Network, “The DWIHN Ambassador Message: Rejecting Stigma, Staying Positive, and Passing It On”
 3:15pm - 4:00pm Anti-Stigma Bingo, conducted by JIMHO Staff and then Closing Comments

Click here to register for Anti-Stigma:

<https://cmham.ungerboeck.com/prod/emc00/register.aspx?OrgCode=10&EvtID=5831&AppCode=REG&CC=121011350750>

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), “Motivational Interviewing, Helping People Change” (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession” and Rosengren, D. (2018) “Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition.”

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
July 26-27, 2021	M.I. Basic	SOLD OUT
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE

Times: Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees: \$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

Date: August 11, 2021 | **SOLD OUT** [CLICK HERE for more information](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Self-Advocates of Michigan presents Community Conversation

Please join us July 23, 2021 from 1-3 pm for a Community Conversation Sponsored by the Self-Advocates of Michigan. The conversation will feature Dr. Joneigh Khaldun, Chief Medical Executive, Chief Deputy for Health for a COVID Discussion followed by Erin Wallace, CDP of Bright Leaf Consulting for a discussion on Coping with COVID: Mental health resources during the COVID-19 Pandemic.

Please register for the webinar at <https://www.surveymonkey.com/r/GK9MZDG>. We will be using auto-captioning. If you need additional accommodations, please contact Advisor to the Self-Advocates, Renee Hall @ hallr24@michigan.gov.

Accommodations requested after July 9th cannot be guaranteed to be filled. Session link will be distributed via email in advance of the session.

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

New! 2022 Proposed Physician Fee Schedule

On July 13, 2021, the Center for Medicare and Medicaid Services (CMS) released their proposed CY 2022 Physician Fee Schedule (PFS). The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The [CY 2022 proposed PFS](#) is one step towards addressing those questions.

Mental Health & Audio-Only: One of the most significant proposals involve the provision of mental health services via telehealth and utilization of audio-only to deliver those services. Based on data from COVID-19 and other factors, CMS is proposing to allow the use of audio-only to provide mental health services in the Medicare program if:

It is for an established patient;

The originating site is the patient's home;

The provider has the technical capability to use live video but,

The patient cannot or does not want to use live video and

There must be an in-person visit within six months of the telehealth service.

For an in-depth look at the CY2022 PFS, download the Center for Connected Health Policy (CCHP) [fact sheet](#) or [video](#) from CCHP Executive Director, Mei Kwong.

Federal Legislation: to amend title XVIII of the Social Security Act to extend telehealth flexibilities under the Medicare program, and for other purposes

[HR 4040](#) (*Rep. Dingell D-MI*) - Text has not yet been published but the description indicates the bill will amend title XVIII of the Social Security Act to extend telehealth flexibilities under the Medicare program. (**Status:** 6/23/21 – Introduced)

Insights on utilization of behavioral health services in the context of COVID-19; McKinsey & Company

[Infographic](#) created from analyzed data sample from 115,000 providers who delivered Behavioral Healthcare to over 20+ million Americans in 2019, 2020 and 2021. This report shows trends in behavioral health claims, including telehealth and includes information on the disproportionate impact on racial and ethnic minorities and identifies barriers that limit access to telehealth.

Medicaid Bulletin MSA 21-24 discusses Asynchronous Telemedicine Services, and is issued on July 2, 2021

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

Relias: The Importance of Trauma-Informed Care

Create Safe and Nurturing Environments

Integrating trauma-informed care is a journey, not a destination. It involves understanding the people you serve, how staff are affected by their work, and how to create safe and nurturing environments that



allow you to provide care in a trauma-informed way. Leveraging this framework is more important now than ever before as we continue to navigate the effects of COVID-19.

Hear the experts at the National Council for Mental Wellbeing (formerly National Council for Behavioral Health) discuss the value of trauma-informed care and the impact it has on clinical outcomes and staff engagement.

[WATCH THE VIDEO](#)

Looking for solutions to support a [trauma-informed approach](#) to care? Relias offers a breadth of tools to help you implement TIC for the long term. [Request a demo to learn more.](#)

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

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Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
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