



WEEKLY Update



July 2, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! CMHA employee receives national certification

Congratulations to Anne Wilson, Training & Meeting Planner for Community Mental Health Association of Michigan for passing her exam to obtain SGMP's Certified Government Meeting Professional designation. The Certified Government Meeting Professional designation is designed for planners whose work is governed by the rules and regulations of the federal government. Individuals who have earned their CGMP have obtained the highest designation available that is specifically for government meeting professionals. Anne has been with CMHA for 7 years and is a vital part of our CMHA education team. Congratulations Anne!

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Video recording available from recent MDHHS webinar: COVID 19 emergency response

The latest MDHHS Updates on AFCs and HFAs COVID-19 Emergency Response, held June 30, 2021, can be [found here](#). Access Passcode: a46M%pEz

New! Free childcare for parents and caregivers receiving vaccinations

Some of the nation's largest childcare providers are offering free childcare to all parents and caregivers getting a COVID-19 vaccination or recovering from a vaccination until Monday, July 4.

Employees or their clients can sign up at www.Vaccines.gov, text 438829 or call 1-800-232-0233. Vaccines are free and available to everyone, regardless of immigration or insurance status. Included below are links for a printable English and Spanish version of this information in a flyer format.

[English](#) [Spanish](#)

New! Bridge magazine publishes series on children's mental health issues

A recent series of articles, published by Bridge magazine ([Day 1 story](#), [Day 2 story](#), and [Day 3 story](#)), written by Robin Erb and several of her colleagues is a very well done piece of journalism and describes with clarity and truth, the advancements needed in Michigan's, and the nation's mental health system. As she has in the past, Robin interviewed CMHA staff and other CMHA members and allies – all knowledgeable and trusted sources - as she and her team wrote this article.

New! 2021 TYSP-Mi3 ED Network Request for Applications

Transforming Youth Suicide Prevention in Michigan-3 (TYSP-Mi3) is a statewide program funded by SAMHSA that is designed to benefit all youth and young adults ages 10-24 in Michigan via strategic outreach to youth-serving professionals as well as support for local community-based prevention. One goal of the TYSP Program is to build a network of emergency departments (EDs) across Michigan that consider suicide prevention a core priority and consequently implement evidence-based assessment, intervention, continuity of care, and follow-up strategies for youth at risk for suicide and their families. Over the next 3 years, we will enroll several additional general medical emergency departments, creating a "community of practice" working to improve the quality of care provided to youth and families seeking emergency care for suicide risk in Michigan.

[Click here for a Request for Applications](#) to join the Youth Suicide Prevention Emergency Department Network. The University of Michigan's Psychiatric Emergency Services (PES) along with members of UM's Youth Depression and Suicide Prevention Research Team will serve as a Technical Assistance (TA)

Center to support the dissemination of evidence-based suicide risk assessment, brief intervention, and continuity of care strategies to other EDs.

Applications are due August 31, 2021 and can be submitted via email to Tayla Smith, MPH at TaylaSmi@med.umich.edu. Please contact Cynthia Ewell Foster, Ph.D. at cjfooster@umich.edu if you have any questions about this application.

New! U.S. Surgeon General to Discuss Our Nation's Wellbeing

What is the current state of mental health and substance use treatment in America? What does the future hold for our field? Find out during "Our Nation's Wellbeing: Where Do We Go from Here?" a new installment in National Council for Mental Wellbeing's "Wellbeing Wednesdays" virtual learning series featuring Vice Admiral Vivek H. Murthy, MD, MBA, the 21st U.S. Surgeon General; Chuck Ingoglia, president and CEO of the National Council; and Laurie Santos, PhD, a renowned cognitive scientist, professor of psychology at Yale University and host of "The Happiness Lab" podcast. [Join this discussion](#) on Wednesday, July 14, from 2-3 p.m. ET!



New! Minority Mental Health Awareness Month



A recently announced set of resources available through the National Council for Mental Wellbeing (formerly the National Council on Behavioral Health), Addressing Health Equity and Racial Justice, can be [found here](#).

New! CMS releases the Medicaid and CHIP Managed Care Monitoring and Oversight Tools Center Informational Bulletin

Recently, the Centers for Medicare & Medicaid Services (CMS) released a Center Informational Bulletin (CIB) to introduce a series of tools and toolkits for states and CMS to utilize in improving the monitoring and oversight of managed care in Medicaid and the Children's Health Insurance Program (CHIP) which will help increase beneficiaries' access to care.

This CIB also provides guidance setting the content and format of the Annual Managed Care Program Report required by CMS regulations at 42 CFR § 438.66(e)(1). The annual report is part of CMS' overall strategy to improve access to care by supporting Federal and state monitoring of access for Medicaid beneficiaries within a managed care delivery system. Finally, the CIB introduces additional resources and technical assistance toolkits that states can use to improve compliance with managed care standards and requirements.

This bulletin can be [found here](#).

New! CMS publishes 2021-2022 Medicaid Managed Care Rate Development Guide

Today, the Centers for Medicare & Medicaid Services (CMS) released the 2021-2022 Medicaid Managed Care Rate Development Guide for use by states in setting their capitation rates for contract rating periods between July 1, 2021 and June 30, 2022 for managed care programs subject to the actuarial soundness requirements.

This guide includes information that states must include in their rate certifications to ensure that CMS can determine compliance with the applicable provisions in federal regulation and statute. This managed care rate development guide can be [found here](#).

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

New! Legislature Only Passes School Aid Budget Before Leaving Town

In action being praised by legislators, school advocates and the administration, the legislature passed a FY22 School Aid Budget with broad bi-partisan support. House Bill 4411 reflects historic investment in students and schools, with the budget appropriating more than \$17 billion. The school aid fund was buoyed by unprecedented federal dollars and a state school aid surplus. The House and Senate however, did not pass a General Omnibus Budget for all other state departments prior to adjourning until mid-July, leaving a summer of budget negotiations ahead.

In addition to the School Aid Budget, multiple other spending bills saw legislative action late this week, but were not sent to the Governor. House Bill 4410 and Senate Bill 27 both received substitutes to make them similar supplemental funding bills. In the S-1 version of House Bill 4410, the bill was completely rewritten to reflect a FY21 supplemental appropriation bill, while also including local revenue sharing money for FY 2021-2022. Before the Senate change, House Bill 4410 was the General Omnibus Budget. Senate Bill 27 was discharged from the House Appropriations Committee and amended to provide supplemental funding. Both bills, outside of the revenue sharing in House Bill 4410, would provide a total of \$385.2 million in funding, with \$17.2 million from the General Fund and the rest being federal

COVID-19 relief funding. Neither bill was sent to the Governor and is anticipated to be part of further budget negotiations.

The other supplemental funding bill that received changes this week was Senate Bill 28. Senate Bill 28 would provide financial assistance to facilities that experience a systemic deficit because of the fee schedule in the auto no-fault law which takes effect, July 1. The Senate adopted an S-1 substitute for Senate Bill 28 that increased the dollar amount in the Post-Acute Injury Provider Relief Fund from \$10 million to \$25 million. Additionally, the Post-Acute Injury Provider Relief Fund would be managed by the Department of Treasury. Senate Bill 28 passed the Senate 33-0 and the House 79-30. The bill is expected to be signed by the Governor.

The House and Senate adjourned yesterday and will remain in-district until the House returns to Lansing on July 14 and the Senate on July 15.

New! Governor Announces Launch of “Mi Shot To Win Sweepstakes”

This week, Governor Whitmer announced the creation of the “MI Shot to Win Sweepstakes”, a lottery-style raffle that gives vaccinated Michiganders a chance to win \$5 million in cash and a combined total of nearly \$500,000 in college scholarships. Powered by Meijer and in partnership with the Michigan Association of United Ways and the State of Michigan, residents age 18 and older who have received one dose of vaccine are eligible to register for the cash giveaways. Other business and philanthropic partners supporting the campaign include, but are not limited to, Business Leaders for Michigan, the Protect Michigan Commission, and the Michigan Association of State Universities.

In addition to the \$5 million in cash giveaway, Michiganders between the ages of 12-17 will have an opportunity to win one of nine scholarship drawings if their parents enter on their behalf. Each scholarship drawing prize consists of a four-year Michigan Education Trust (MET) charitable tuition contract (valued at \$55,000) that may be used to pay for tuition and mandatory fees at a college or university in accordance with MET terms and conditions.

Poking fun of the state’s rivalry with Ohio, while also crediting that state’s first-in-the-nation lottery style launch of their “Vax-a-Million” campaign, Governor Whitmer stated, “If there’s one thing every Michigander can agree on, it’s that whatever Ohio can do, Michigan can do it better and bigger. This sweepstakes gives every Michigander who’s been vaccinated a shot to win cash or college scholarships. It’s also a great way to encourage more Michiganders to get the safe and effective vaccine so you can protect yourself, your family, and help get life back to normal. If we all roll up our sleeves and do our part, we can all win big. Let’s get to work!”

The sweepstakes begins today and ends August 3. Eligibility criteria for each of the drawings can be found at: www.MIShotToWin.com.

Federal Update

Key Legislation Introduced to Expand CCBHC Program

This week, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Training – New Dates

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021
- October 12th, 2021
- November 9th, 2021
- January 18th, 2022
- February 15th, 2022
- March 15th, 2022
- April 13th, 2022
- April 19th, 2022

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm – 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

Training details and registration information coming soon.

VIRTUAL Pain Management and Mindfulness Training – New Dates

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021
- November 12th, 2021
- January 25th, 2022
- March 24th, 2022

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

- April 27th, 2022

Training Fees: \$53 CMHA Members \$61 Non-Members

Training details and registration information coming soon.

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021
Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

New! Call for Presentations: CMHA Annual Fall Conference (in person)

We are excited to announce that our Annual Fall Conference will be IN-PERSON (with a virtual component as well). We invite you to share your expertise, research or showcase a successful program with over 800 attendees during our Annual Fall Conference! The CMHA Annual Fall Conference will be held on:

October 25 & 26, 2021
Grand Traverse Resort
Traverse City, Michigan

Presentation Submission Form: [CLICK HERE TO SUBMIT YOUR INFORMATION ELECTRONICALLY](#)

Submit your workshop proposals by **Friday, July 30, 2021.**

Note: Hotel reservation and conference registration are not available at this time.

Family PsychoEducation Basic Facilitator Training

The Family PsychoEducation Basic Facilitator Training will be held virtually over a 4-session period July 29, 30 and August 5 & 6. Training will be offered in a morning and afternoon cohort. This 4-session training will present information distilled from best-practice structures historically defined as “active ingredients” of therapeutic change imbedded in the 3 traditional elements of Family Psychoeducation; Joining, the Educational Workshop and Multi-Family Groups for facilitators. Instruction will begin with an examination of the theoretical and empirical foundations as leading to the development of Family Psychoeducation. More specifically, FPE Model structures will be presented with differential emphasis on FPE’s effect in working with adults and their natural supports with and without a co-occurring disorder. Population-specific content for adults will include information on schizophrenia and bipolar

disorder. Who Should Attend: Social Workers and Clinical Workers who work with adults with schizophrenia or bipolar on a regular basis in a program that accepts Medicaid funding, and who intend to implement FPE group at their agency. This training is appropriate for social work practice levels of beginning and intermediate. For an application, please email awilson@cmham.org

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), “Motivational Interviewing, Helping People Change” (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession” and Rosengren, D. (2018) “Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition.”

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. for Supervisors	CLICK HERE

Times: Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees: \$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

Date: August 11, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual

practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Crisis intervention team for youth (CIT-Y) virtual train-the-trainer announced

CIT-Y is a law enforcement-based, crisis-response and diversion strategy in which specially-trained law enforcement officers respond to calls involving adolescents experiencing behavioral health crises. The National Center for Youth Opportunity and Justice (NCYOJ) is offering a virtual train-the-trainer course on CIT-Y, running from August 30t through October 22, 2021. Information on the virtual course and registration for the course can be found here: <https://bit.ly/3gV1PwK>

New! Lansing BLOCK HIV/HCV Meeting – DATE CHANGE

Brining local communities together to eliminate coinfection through knowledge and partnerships. This community-based initiative will build connections across local and regional care networks to optimize the identification and treatment of patients with hepatitis C virus (HCV), specifically, in the context of human immunodeficiency virus (HIV)/HCV coinfection.

*At this time, they will not be holding a virtual version but will be taking social distancing and covid precautions. Space is limited for this **free** conference.*

When: Monday, September 27, 2021

Time: 8:00 am – 4:00 pm

Where: Radisson Hotel Lansing at the Capital
111 North Grand Ave,
Lansing, MI 48933

Register: <https://www.exchangecme.com/blocklansing>

Education: Earn 6.5 CME/CE Credits

For more information [click here for flyer](#) or by visiting blockhivhcv.com

New! National Dialogues on Behavioral Health – Virtual Conference 2021: Behavioral health in the 21st century: fast forward after the pandemic

The National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD), the Western Interstate Commission for Higher Education (WICHE) Behavioral Health Program, and the National Association of State Mental Health Program Directors (NASMHPD) announced the 62ND National Dialogues on Behavioral Health: Behavioral health in the 21st century: fast forward after the pandemic.



Once again, the National Dialogues on Behavioral Health conference that is usually convened in New Orleans is going to be a virtual conference. The focus is on the design of the future behavioral health system for specific populations based on our current knowledge base and the lessons learned during the covid pandemic. Topics include: models and programs for persons with serious mental illness, persons with substance use disorders, children and adolescents, and persons who experience system disparities; new models of crisis services; emergent models of physical/behavioral health integration such as CCBHCs and FQHCs; and challenges faced by behavioral health leadership and advocates.

One session each Thursday September 30 – November 4, 2021 Time: 2:00 pm to 4:30 pm ET; Conference rate: only \$100.00 for all six sessions or only \$25.00 for each individual session; For more information and to register for the conference, [go here](#).

New! 2021 Suicide Prevention Summit

Hosted by Mental Health Academy in partnership with the American Counseling Association (ACA) and American Association of Suicidology (AAS). Join the world's largest online suicide prevention conference for mental health professionals.

It's entirely free.

- Join over 40,000 mental health professionals
- Learn best practices in suicide prevention
- Connect with leading mental health experts
- Attend sessions in real-time and/or on-demand

Learn more and [register here](#).

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

Medicare and Telehealth: Coverage and Use During the COVID-19 Pandemic and Options for the Future

A Kaiser Family Foundation [brief](#) presents an analysis of Medicare beneficiaries' utilization of telehealth using CMS survey data from 2020. Many Medicare beneficiaries had little experience with telehealth prior to the pandemic. These findings suggest that while expanded policies appear to increase access to services via telehealth, more work will need to be done to further education around telehealth and ensure its availability to all communities.

Additional findings include:

- Over 1 in 4 (27% or 15 million) of Medicare beneficiaries had a telehealth visit between the summer and fall of 2020
- The majority of Medicare beneficiaries (56%) used telephone only; video was 28%; both video and telephone was 16%
- The share of Medicare beneficiaries who had a telehealth visit using telephone only was higher among:
 - o Those age 75 and older (65%)
 - o Hispanic beneficiaries (61%)
 - o Those living in rural areas (65%)
 - o Those enrolled in both Medicare and Medicaid (67%)

State Telehealth Laws and Reimbursement Policies Report, Spring 2021

The Center for Connected Health Policy (CCHP) has released its Spring [report](#). This report has transitioned to online format. Use the [Policy Finder](#) to track up to date information on each state that is easy to navigate and understand or read the [Executive Summary](#) for an overview of the Center's findings. CCHP has also created a policy [infographic](#) which is a 2-page overview of the policy trends.

American Psychiatric Assn (APA) National Public Opinion Survey on Telehealth

The APA completed a national public opinion [poll](#) finding that the expansion of telehealth is welcomed by most Americans. A large portion of the population have used telehealth services; more than half say they would use telehealth for mental health services; and more than 30% say they prefer telehealth. To review the full APA 2021 Public Opinion Poll: Access to Care, [click here](#).

Emergency Broadband Benefit

The [Emergency Broadband Benefit](#) (EBB): Helping Households Connect During the Pandemic, is an [FCC](#)

[program](#) to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms. The EBB will provide a monthly discount towards broadband service and a one-time discount to purchase a laptop, desktop computer or tablet. Please share this information with your community served.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

New! Relias: Lifelong Learning to Improve Care Outcomes

Continuing education is one of the key drivers of improved care delivery and outcomes. It helps clinicians meet license and certification requirements and provides them with opportunities for professional growth. With Relias, healthcare organizations can provide CE and CME at zero cost to clinicians across all specialties—a valuable benefit to attract talent in a landscape of high turnover.

Why do behavioral health organizations choose Relias as their continuing education partner?



- The Relias Platform gives your team access to an expansive library of digital content, including over 5,000+ courses and 100+ libraries, that meets the regulatory needs of 135+ accrediting bodies.
- Our courses leverage adult learning best practice principles and tools that help staff build knowledge and retain skills.
- Our courses are created in-house and informed by an interdisciplinary team of clinicians, national industry leaders, and instructional design experts.

Want to learn more about the Relias Platform and our behavioral health content? Schedule a meeting with our team to get a personalized tour and hear about discounted solutions specific for National Council for Mental Wellbeing members. [Schedule your meeting with Relias here.](#)

New! Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

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Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
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