



# WEEKLY Update

July 16, 2021

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## CMH Association and Member Activities

**New!** New Michigan CCBHC expansion sites named



This week, the federal Substance Abuse and Mental Health Services Administration named three new Certified Community Behavioral Health Clinics (CCBHC) in Michigan, bringing the number of CCBHC sites in Michigan to 27 – more than any other state in the country. Congratulations to these three new CCBHC sites:

- Alternative Community Living, Inc., DBA Hope Network New Passages
- Community Mental Health of Ottawa County's
- Allegan County Community Mental Health Services
- The Elmhurst Home, Inc.

### **CMHA issues one-pager “Within Our Reach: Concrete approaches to building a world class public mental health system in Michigan”**

As you may remember, the advocacy work of CMHA is founded on a number of principles. One of those principles is to pursue, simultaneously, and offense-oriented strategy (proposing innovative changes that build on the proven strengths of our system) and defensive strategies (that work to thwart threats to our system and those whom we serve).

As part of the offense-oriented component, CMHA has developed a one-pager, “Within Our Reach: Concrete approaches to building a world class public mental health system in Michigan”, that outlines 13 concrete approaches to advancing the system to address 5 areas in which advancement is needed. This infographic and its contents – based on the system advancing proposals of CMHA, its members, and allies - will be used as part of a media and legislative campaign that recommends that legislators and policy makers pursue these real and tangible approaches to advancing Michigan’s public mental health system that build upon the system’s proven performance and strengths – in areas recognized by the public and behavioral healthcare experts – rather than pursuing efforts that work to redesign or dismantle the public system. This one-pager can be [found here](#).

Weekly Update readers should feel free to use this infographic in your community relations and education work with your local stakeholders, in advocacy work, and in your media relations.

### **Seeking Nominations: Nick Filonow Award of Excellence for 2021**

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

**DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM.** All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

## Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at [mfrancis@cmham.org](mailto:mfrancis@cmham.org). Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at [mfrancis@cmham.org](mailto:mfrancis@cmham.org).

# State & National Developments and Resources

## State Legislative Update

### View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

### Legislature Only Passes School Aid Budget Before Leaving Town

In action being praised by legislators, school advocates and the administration, the legislature passed a FY22 School Aid Budget with broad bi-partisan support. House Bill 4411 reflects historic investment in students and schools, with the budget appropriating more than \$17 billion. The school aid fund was buoyed by unprecedented federal dollars and a state school aid surplus. The House and Senate however, did not pass a General Omnibus Budget for all other state departments prior to adjourning until mid-July, leaving a summer of budget negotiations ahead.

In addition to the School Aid Budget, multiple other spending bills saw legislative action late this week, but were not sent to the Governor. House Bill 4410 and Senate Bill 27 both received substitutes to make them similar supplemental funding bills. In the S-1 version of House Bill 4410, the bill was completely rewritten to reflect a FY21 supplemental appropriation bill, while also including local revenue sharing money for FY 2021-2022. Before the Senate change, House Bill 4410 was the General Omnibus Budget. Senate Bill 27 was discharged from the House Appropriations Committee and amended to provide

supplemental funding. Both bills, outside of the revenue sharing in House Bill 4410, would provide a total of \$385.2 million in funding, with \$17.2 million from the General Fund and the rest being federal COVID-19 relief funding. Neither bill was sent to the Governor and is anticipated to be part of further budget negotiations.

The other supplemental funding bill that received changes this week was Senate Bill 28. Senate Bill 28 would provide financial assistance to facilities that experience a systemic deficit because of the fee schedule in the auto no-fault law which takes effect, July 1. The Senate adopted an S-1 substitute for Senate Bill 28 that increased the dollar amount in the Post-Acute Injury Provider Relief Fund from \$10 million to \$25 million. Additionally, the Post-Acute Injury Provider Relief Fund would be managed by the Department of Treasury. Senate Bill 28 passed the Senate 33-0 and the House 79-30. The bill is expected to be signed by the Governor.

The House and Senate adjourned yesterday and will remain in-district until the House returns to Lansing on July 14 and the Senate on July 15.

### **Governor Announces Launch of “MI Shot To Win Sweepstakes”**

This week, Governor Whitmer announced the creation of the “MI Shot to Win Sweepstakes”, a lottery-style raffle that gives vaccinated Michiganders a chance to win \$5 million in cash and a combined total of nearly \$500,000 in college scholarships. Powered by Meijer and in partnership with the Michigan Association of United Ways and the State of Michigan, residents age 18 and older who have received one dose of vaccine are eligible to register for the cash giveaways. Other business and philanthropic partners supporting the campaign include, but are not limited to, Business Leaders for Michigan, the Protect Michigan Commission, and the Michigan Association of State Universities.

In addition to the \$5 million in cash giveaway, Michiganders between the ages of 12-17 will have an opportunity to win one of nine scholarship drawings if their parents enter on their behalf. Each scholarship drawing prize consists of a four-year Michigan Education Trust (MET) charitable tuition contract (valued at \$55,000) that may be used to pay for tuition and mandatory fees at a college or university in accordance with MET terms and conditions.

Poking fun of the state’s rivalry with Ohio, while also crediting that state’s first-in-the-nation lottery style launch of their “Vax-a-Million” campaign, Governor Whitmer stated, “If there’s one thing every Michigander can agree on, it’s that whatever Ohio can do, Michigan can do it better and bigger. This sweepstakes gives every Michigander who’s been vaccinated a shot to win cash or college scholarships. It’s also a great way to encourage more Michiganders to get the safe and effective vaccine so you can protect yourself, your family, and help get life back to normal. If we all roll up our sleeves and do our part, we can all win big. Let’s get to work!”

The sweepstakes begins today and ends August 3. Eligibility criteria for each of the drawings can be found at: [www.MIShotToWin.com](http://www.MIShotToWin.com).

## **Federal Update**

## Key Legislation Introduced to Expand CCBHC Program

This week, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

### If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

### Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

## Education Opportunities

**Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference**

## 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

*Health Equity: Transforming to Meet the Challenge*

**Conference Date:** September 13-16, 2021

**Conference Location:** Virtual

Questions? Contact Alexandra Risher at [arisher@cmham.org](mailto:arisher@cmham.org).

### **New! VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!**

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

#### **Dates:**

- September 9th, 2021 ([Register Here](#))
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

#### **Agenda:**

Log into Zoom: 9:45am  
Education: 10:00am – 12:30pm  
Lunch Break: 12:30pm – 1:00pm  
Education: 1:00pm – 4:30pm

**Training Fees:** \$130 CMHA Members \$153 Non-Members

### **New! VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

#### **Dates:**

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

#### **Agenda:**

Log into Zoom: 12:45 pm  
Education: 1:00pm – 3:00pm

**Training Fees:** \$53 CMHA Members \$61 Non-Members

## Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

**August 25 & 26, 2021**  
**Education Daily from 9:00am – 12:30pm**

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

## Call for Presentations: CMHA Annual Fall Conference (in person)

We are excited to announce that our Annual Fall Conference will be IN-PERSON (with a virtual component as well). We invite you to share your expertise, research or showcase a successful program with over 800 attendees during our Annual Fall Conference! The CMHA Annual Fall Conference will be held on:

**October 25 & 26, 2021**  
**Grand Traverse Resort**  
**Traverse City, Michigan**

Presentation Submission Form: [CLICK HERE TO SUBMIT YOUR INFORMATION ELECTRONICALLY](#)

Submit your workshop proposals by **Friday, July 30, 2021**.

*Note: Hotel reservation and conference registration are not available at this time.*

## Family PsychoEducation Basic Facilitator Training

The Family PsychoEducation Basic Facilitator Training will be held virtually over a 4-session period July 29, 30 and August 5 & 6. Training will be offered in a morning and afternoon cohort. This 4-session training will present information distilled from best-practice structures historically defined as “active ingredients” of therapeutic change imbedded in the 3 traditional elements of Family Psychoeducation; Joining, the Educational Workshop and Multi-Family Groups for facilitators. Instruction will begin with an examination of the theoretical and empirical foundations as leading to the development of Family Psychoeducation. More specifically, FPE Model structures will be presented with differential emphasis on FPE’s effect in working with adults and their natural supports with and without a co-occurring disorder. Population-specific content for adults will include information on schizophrenia and bipolar disorder. Who Should Attend: Social Workers and Clinical Workers who work with adults with schizophrenia or bipolar on a regular basis in a program that accepts Medicaid funding, and who intend to implement FPE group at their agency. This training is appropriate for social work practice levels of beginning and intermediate. For an application, please email [awilson@cmham.org](mailto:awilson@cmham.org)



## Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

**[Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!](#)**

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession" and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
<u>July 26-27, 2021</u>	<u>M.I. Basic</u>	<u><a href="#">CLICK HERE</a></u>
<u>July 29-30, 2021</u>	<u>M.I. Advanced</u>	<u><a href="#">CLICK HERE</a></u>
<u>Aug. 2-3, 2021</u>	<u>M.I. for Leadership &amp; Organizations</u>	<u><a href="#">CLICK HERE</a></u>
<u>Aug. 5, 2021</u>	<u>M.I. for Supervisors</u>	<u><a href="#">CLICK HERE</a></u>

**Times:** Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

**Training Fees:** \$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

**Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open**

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

***\*Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

### **Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment**

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

**Date:** August 11, 2021 | [CLICK HERE to register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CEs

### **Recovery-Based Co-Occurring Treatment Planning and Delivery**

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

**Date:** August 24, 2021 | [CLICK HERE to register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CEs

### Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

**Date:** August 31, 2021 | [CLICK HERE to register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CEs

### New! Self-Advocates of Michigan presents Community Conversation

Please join us July 23, 2021 from 1-3 pm for a Community Conversation Sponsored by the Self-Advocates of Michigan. The conversation will feature Dr. Joneigh Khaldun, Chief Medical Executive, Chief Deputy for Health for a COVID Discussion followed by Erin Wallace, CDP of Bright Leaf Consulting for a discussion on Coping with COVID: Mental health resources during the COVID-19 Pandemic.

Please register for the webinar at <https://www.surveymonkey.com/r/GK9MZDG>. We will be using auto-captioning. If you need additional accommodations, please contact Advisor to the Self-Advocates, Renee Hall @ [hallr24@michigan.gov](mailto:hallr24@michigan.gov).

Accommodations requested after July 9th cannot be guaranteed to be filled. Session link will be distributed via email in advance of the session.

## Behavioral Telehealth Resource Center

### Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at [astagg@chmam.org](mailto:astagg@chmam.org).

## **New! Federal Legislation: to amend title XVIII of the Social Security Act to extend telehealth flexibilities under the Medicare program, and for other purposes**

[HR 4040](#) (*Rep. Dingell D-MI*) - Text has not yet been published but the description indicates the bill will amend title XVIII of the Social Security Act to extend telehealth flexibilities under the Medicare program. (**Status:** 6/23/21 – Introduced)

## **New! Broadband Funding Frameworks and Updates**

[Addressing Gaps in Broadband Infrastructure Availability and Service Adoption: A Cost Estimation & Prioritization Framework](#) is an analysis conducted by ACA Connects, an association representing small and rural broadband providers which projects that broadband funding levels should be higher than recent federal funding proposals offer. The report released last month suggests the need for \$106 - \$179 billion to future-proof networks and get higher broadband speeds to those that currently need them. Although President Biden's [initial proposal](#) put \$100 billion toward broadband, the [latest bipartisan agreement](#), or Bipartisan Infrastructure Framework, currently only designates \$65 billion to broadband. In addition, the White House recently released state fact sheets, to show the needs and impacts the framework proposes to provide. [Click here](#) to see Michigan's fact sheet.

## **Insights on utilization of behavioral health services in the context of COVID-19; McKinsey & Company**

[Infographic](#) created from analyzed data sample from 115,000 providers who delivered Behavioral Healthcare to over 20+ million Americans in 2019, 2020 and 2021. This report shows trends in behavioral health claims, including telehealth and includes information on the disproportionate impact on racial and ethnic minorities and identifies barriers that limit access to telehealth.

## **Medicaid Bulletin MSA 21-24 discusses Asynchronous Telemedicine Services, and is issued on July 2, 2021**

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

**Education & Training Resources from Great Lakes MHTTC**



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

## CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

## News from Our Preferred Corporate Partners

### Relias: The Importance of Trauma-Informed Care

Create Safe and Nurturing Environments

Integrating trauma-informed care is a journey, not a destination. It involves understanding the people you serve, how staff are affected by their work, and how to create safe and nurturing environments that allow you to provide care in a trauma-informed way. Leveraging this framework is more important now than ever before as we continue to navigate the effects of COVID-19.

Hear the experts at the National Council for Mental Wellbeing (formerly National Council for Behavioral Health) discuss the value of trauma-informed care and the impact it has on clinical outcomes and staff engagement.

[WATCH THE VIDEO](#)

Looking for solutions to support a [trauma-informed approach](#) to care? Relias offers a breadth of tools to help you implement TIC for the long term. [Request a demo to learn more](#).

### Abilita: Top Ten Times for a Communications Review



It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at [daylward@abilita.com](mailto:daylward@abilita.com) for a zero-risk review of your technology systems and services.

### **myStrength: new digital behavioral health resources empower consumers to move beyond trauma**

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## **CMH Association's Officers & Staff Contact Info**

### **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the

Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat19@live.com](mailto:balcat19@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231) 392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### **CMHA Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

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