



Update

June 25, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.**

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CMH Association and Member Activities

New! DSP coalition applauds Congresswoman Dingell's proposal on DSP compensation

Below is a press release recently issued by the direct support professionals coalition, of which CMHA is a member, in support of a proposal by Michigan Congresswoman Debbie Dingell aimed at strengthening the compensation provided to direct support professionals.

U.S. Rep. Debbie Dingell (D-Dearborn) today introduced legislation to increase funding for the expansion of Medicaid home and community-based services and ensure adequate pay for Direct Care Workers

A coalition of Michigan organizations that work to support better compensation for Direct Care Workers today issued a statement in support of the federal solution. "We are incredibly pleased to see this type of strategy is now on the table at the federal level," said Robert Stein, general counsel for the Michigan Assisted Living Association. "In today's labor market, it's been more challenging than ever to find Direct Care Workers and keep them on the job—particularly when many fast-food and retail establishments pay much better. We continue to support the work of Michigan leaders as they work to make our state's temporary wage increases permanent, and hope that some combination of state and federal legislative action can begin to make a difference for our state's most vulnerable families."

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by <u>CLICKING HERE</u>.



12th Annual Anti-Stigma Event Day!

Wednesday, July 28, 2021

Virtual Training - 9:00am to 4:00pm

Come and learn what other CMHSPS are doing and share your own ideas. There is no fee for registration. *Online registration is required for attendance*. This year we will have a full roster of speakers and presenters.

CLICK HERE TO REGISTER FOR ANTI-STIGMA EVENT DAY

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the CMHA website. Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Opportunity for Direct Support Professionals to participate in MDHHS focus groups to provide guidance on methods to increase COVID vaccination rate among DSPs

CMHA, in partnership with the Bureau of Health & Wellness, within the MDHHS Public Health Administration, is asking for your help in recruiting Direct Support Professionals (DSP) to be part of focus groups designed to provide MDHHS with guidance on how to increase the COVID vaccination rate among DSPs. Below is the MDHHS request.

MDHHS last survey indicated direct care staff have a vaccination rate of approximately 45%. We are aiming to increase the rate of vaccination among DSP employees by 45% (90%). As you are aware, DSP and long term care (LTC) facilities were most hard hit during the pandemic. MDHHS Media Contractor (Brogan & Partner) has subcontracted with a company that specializing in focus groups. We are asking for your organization to help recruit members for the focus group. We are on a strict time line and hope to have the focus groups completed by the last week of June. The results of the focus group will help inform our approach to increase the vaccination rate among Direct Care staff. Below are the parameters for focus group recruitment. We have also attached the recruitment Flyer.

Below are the parameters for recruitment. Let me know if you have questions. 16 to 20 participants (two focus groups)



DSP workers/care givers who are hesitant, i.e., not yet vaccinated but persuadable A variety of races including several participants from different communities of color. A variety of ages, especially within the age range of 18 to 35.

Individuals that are interested in participating in the focus group can send an email to the mailbox listed on the flyer.

Typically the focus groups are held virtually after hours but let us know if there is better timing for participation that will aid with recruitment.

Participants will receive \$75 for participating in the group.

Contact Darice Darling <u>DarlingD1@michigan.gov</u>, Director of MDHHS Communications, if you questions regarding these focus groups.

New! MDHHS and state legislators announce bills to combat opioid crisis

Below are excerpts from a recent news story on legislative efforts to address Michigan's opioid crisis.

A day after celebrating the end of state COVID restrictions, state administration officials were talking about a different epidemic -- opioid-induced overdoses.

The Michigan Department of Health and Human Services (DHHS) hosted a press conference today with Chief Medical Executive Dr. Joneigh KHALDUN and Lt. Gov. Garlin GILCHRIST II to tout a bipartisan bill package designed to tackle one of the state's major health priorities before COVID-19 broke out. Khaldun did mention the COVID-19 pandemic as an exacerbating factor on the opioid overdose issue. Preliminary data for January to June 2020 show 1,340 overdose deaths, which is up from 1,155 in those same months in 2019, an increase of 16%, according to the DHHS.

Similarly, opioid-related overdose deaths increased from 874 in the first half of 2019 to 1,045 in the same period in 2020, an increase of 20%.

Lawmakers mentioned as part of the virtual press event today included Sens. Curt VANDERWALL (R-Ludington) and Winnie BRINKS (D-Grand Rapids) as well as Reps. Mary WHITEFORD (R-Casco Twp.) and Angela WITWER (D-Delta Twp.). According to the DHHS press release, the bills will expand availability of treatment for opioid use disorder in emergency departments and access to naloxone -- which is the life-saving drug that can reverse overdoses -- to community-based organizations.

In other news, the DHHS today launched an interactive data dashboard to highlight current trends in drug overdoses among Michigan residents, and to monitor the use of overdose prevention and substance use disorder treatment services. The new dashboard provides the most current data available on fatal and nonfatal overdoses in Michigan through a variety of data visualizations, including graphs, charts and maps. That dashboard can be found at: https://bit.ly/3jcS6DD

New! Self-Advocates of Michigan community conversation: coping with COVID



Below is a recent invitation from the Self-Advocates for Michigan on their community conversation on Coping with COVID: Mental health resources during the COVID-19 Pandemic.

Please join us July 23, 2021 for a Community Conversation Sponsored by the Self- Advocates of Michigan, The conversation will feature Dr. Joneigh Khaldun, Chief Medical Executive, Chief Deputy for Health for a COVID Discussion followed by Erin Wallace, CDP of Bright Leaf Consulting for a discussion on Coping with COVID: Mental health resources during the COVID-19 Pandemic.

Please register for the webinar at https://www.surveymonkey.com/r/GK9MZDG. We will be using auto-captioning. If you need additional accommodations, please contact Advisor to the Self-Advocates, Renee Hall @ hallr24@michigan.gov. Session link will be distributed via email in advance of the session.

State Legislative Update

New! View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, CLICK HERE!

New! House Passes FY22 Budget

Late Thursday evening, the Michigan House of Representatives approved a Fiscal Year (FY) 2021-2022 budget, sending it over to the Senate for further action. The budget was not negotiated with the Michigan Senate but rather was the product of an initial agreement reached with the Executive branch to move a budget proposal forward in the process, ahead of the July 1 statutory deadline.

Further negotiations are expected with the Senate, House, and Executive branch in the coming week, although it remains questionable that a comprehensive budget deal will be reached by the deadline. The Senate is in recess until Wednesday, June 30.

House Bill (HB) 4410, which passed by a vote of 104 to 4, provides \$48 billion (Gross) for state agency operations for Fiscal Year (FY) 2021-2022. Included in HB 4410 is \$31 billion for the Michigan Department of Health and Human Services — an amount higher than originally proposed by the House and closer to the Governor's Executive budget recommendation and the Senate's budget recommendation. HB 4410 also includes a \$270 million supplemental appropriation purposing federal stimulus funding for the current FY 2020-2021.



Specific items of interest:

- Direct Care worker wage increase House includes \$2/hour.
- CCBHC Implementation funding House includes \$26.5 million gross.
- Local match draw down House does NOT include \$10.2 million.
- KB vs Lyon House does NOT include any funding.
- Specialty Medicaid managed care health plan for foster children House does NOT include any funding.
- FY21 Supplemental House includes \$450,000 for CCBHC for staffing costs for a Behavioral Health Policy and Operations office to oversee the Certified Community Behavioral Health Clinics Demonstration program.

Link to documents:

https://www.legislature.mi.gov/documents/2021-2022/billanalysis/House/pdf/2021-HLA-4410-D3437AB0.pdf

https://www.legislature.mi.gov/documents/2021-2022/billengrossed/House/pdf/2021-HEBH-4410.pdf

HB 4411, which passed by a vote of 105 to 3, provides \$16.7 billion (Gross) in School Aid Fund appropriations for local school districts, public school academies, and intermediate school districts – a significant increase over current year spending. Negotiations around funding for higher education and community colleges are expected to continue as neither budget area was included in the measures approved this evening.

The House also passed <u>House Bill 4421 (S-1)</u>, which provides supplemental appropriations for the current fiscal year, purposing over \$4 billion in federal stimulus funding support for K-12 schools.

Separately, by a vote of 95 to 13, the House passed <u>Senate Bill 28 (H-1)</u>, which creates a \$10 million GF/GP Post-Acute Auto Injury Provider Relief Fund – a response to concerns around the looming July 1 implementation of the auto no-fault reform provider fee schedule. The bill heads to the Senate for further consideration.

The House is adjourned until Tuesday, June 29 at 1:30 p.m.

Federal Update

Key Legislation Introduced to Expand CCBHC Program



This week, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) introduced the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our CCBHC Success Center can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

<u>Urge your legislators to support this important legislation</u>.

Key resources:

- National Council public statement
- Senator Stabenow and Senator Blunt joint press release
- National Council 2021 CCBHC Impact Report
- National Council's CCBHC Success Center

Education Opportunities

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge



Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Training – New Dates

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- August 19th, 2021
- October 12th, 2021
- November 9th, 2021
- January 18th, 2022
- February 15th, 2022
- March 15th, 2022
- April 13th, 2022
- April 19th, 2022

Agenda:

Log into Zoom: 9:45am

Education: 10:00am - 12:30pm Lunch Break: 12:30pm - 1:00pm Education: 1:00pm - 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

Training details and registration information coming soon.

VIRTUAL Pain Management and Mindfulness Training – New Dates

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021
- November 12th, 2021
- January 25th, 2022
- March 24th, 2022
- April 27th, 2022

Agenda:

Log into Zoom: 12:45 pm Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members



Training details and registration information coming soon.

Virtual Self-Determination Conference

Mark your calendars for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021 Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration will be required. Conference registration information coming soon!

Save the Date: CMHA Annual Fall Conference (in person)

We're looking forward to our first in-person conference! Mark the dates on your calendar!

October 25 & 26, 2021 Grand Traverse Resort Traverse City, Michigan

Hotel and conference registration currently not available.

Family PsychoEducation Basic Facilitator Training

The Family PsychoEducation Basic Facilitator Training will be held virtually over a 4-session period July 29, 30 and August 5 & 6. Training will be offered in a morning and afternoon cohort. This 4-session training will present information distilled from best-practice structures historically defined as "active ingredients" of therapeutic change imbedded in the 3 traditional elements of Family Psychoeducation; Joining, the Educational Workshop and Multi-Family Groups for facilitators. Instruction will begin with an examination of the theoretical and empirical foundations as leading to the development of Family Psychoeducation. More specifically, FPE Model structures will be presented with differential emphasis on FPE's effect in working with adults and their natural supports with and without a co-occurring disorder. Population-specific content for adults will include information on schizophrenia and bipolar disorder. Who Should Attend: Social Workers and Clinical Workers who work with adults with schizophrenia or bipolar on a regular basis in a program that accepts Medicaid funding, and who intend to implement FPE group at their agency. This training is appropriate for social work practice levels of beginning and intermediate. For an application, please email awilson@cmham.org

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of



Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession" and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

See below for dates and link to the event page where you can view the brochure.

| <u>Dates</u> | <u>Training</u> | Registration Link |
|------------------|-------------------------------------|-------------------|
| July 26-27, 2021 | M.I. Basic | CLICK HERE |
| July 29-30, 2021 | M.I. Advanced | CLICK HERE |
| Aug. 2-3, 2021 | M.I. for Leadership & Organizations | CLICK HERE |
| Aug. 5, 2021 | M.I. for Supervisors | CLICK HERE |

<u>Times</u>: Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

<u>Training Fees</u>: \$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are <u>intended for persons who serve adults only</u> through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.



By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

*Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of cooccurring mental health or pain disorders.

Date: August 11, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm \$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

<u>Date</u>: August 24, 2021 | <u>CLICK HERE to register</u>

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm <u>\$30</u> Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting



problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm \$30 Registration fee includes electronic training materials and CEs

New! Crisis intervention team for youth (CIT-Y) virtual train-the-trainer announced

CIT-Y is a law enforcement-based, crisis-response and diversion strategy in which specially-trained law enforcement officers respond to calls involving adolescents experiencing behavioral health crises. The National Center for Youth Opportunity and Justice (NCYOJ) is offering a virtual train-the-trainer course on CIT-Y, running from August 30t through October 22, 2021. Information on the virtual course and registration for the course can be found here: https://bit.ly/3gV1PwK

New! SAMHSA offers Early Diversion Virtual Learning Community: Supporting Safety through 911 and Crisis Call Line Integration

July 22, 2021, 2:00-3:00 p.m. ET; discussion group 3:00-4:00 p.m. ET

While the majority of communities have a crisis call line, calls for mental health assistance are most often made to 911 call centers, resulting in an over-reliance on law enforcement to respond first. Various strategies have emerged to integrate 911 call centers with crisis lines and to engage crisis care resources as a first resort. In addition, the National Suicide Hot Line Designation Act (2020) established a three-digit phone number (988), directing callers to trained mental health counselors, to address calls regarding suicide and crisis. This law requires all phone providers to implement the 988 call service by July 2022. The earlier that conversations take place between existing 911 call centers and crisis service providers, the more smoothly the transition and coordination of response will be. Presenters will discuss current integration strategies as well as the implications for the implementation of 988 nationwide. This webinar will offer live captioning and American Sign Language interpreting for participants.

Objectives: After attending this webinar, participants will be able to:

- Identify strategies to integrate 911 call centers with crisis lines.
- Explain key provisions of the National Suicide Hot Line Designation Act (2020).
- Describe the implications of implementing the 988 call service.

Register for Webinar and Discussion Group Now

Behavioral Telehealth Resource Center



Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the webpage, to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

Medicare and Telehealth: Coverage and Use During the COVID-19 Pandemic and Options for the Future

A Kaiser Family Foundation <u>brief</u> presents an analysis of Medicare beneficiaries' utilization of telehealth using CMS survey data from 2020. Many Medicare beneficiaries had little experience with telehealth prior to the pandemic. These findings suggest that while expanded policies appear to increase access to services via telehealth, more work will need to be done to further education around telehealth and ensure its availability to all communities.

Additional findings include:

- Over 1 in 4 (27% or 15 million) of Medicare beneficiaries had a telehealth visit between the summer and fall of 2020
- The majority of Medicare beneficiaries (56%) used telephone only; video was 28%; both video and telephone was 16%
- The share of Medicare beneficiaries who had a telehealth visit using telephone only was higher among:
 - o Those age 75 and older (65%)
 - o Hispanic beneficiaries (61%)
 - o Those living in rural areas (65%)
 - o Those enrolled in both Medicare and Medicaid (67%)

State Telehealth Laws and Reimbursement Policies Report, Spring 2021

The Center for Connected Health Policy (CCHP) has released its Spring <u>report</u>. This report has transitioned to online format. Use the <u>Policy Finder</u> to track up to date information on each state that is easy to navigate and understand or read the <u>Executive Summary</u> for an overview of the Center's findings. CCHP has also created a policy <u>infographic</u> which is a 2-page overview of the policy trends.

American Psychiatric Assn (APA) National Public Opinion Survey on Telehealth

The APA completed a national public opinion <u>poll</u> finding that the expansion of telehealth is welcomed by most Americans. A large portion of the population have used telehealth services; more than half say they would use telehealth for mental health services; and more than 30% say they prefer telehealth. To review the full APA 2021 Public Opinion Poll: Access to Care, <u>click here</u>.

Emergency Broadband Benefit

The Emergency Broadband Benefit (EBB): Helping Households Connect During the Pandemic, is an FCC



<u>program</u> to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms. The EBB will provide a monthly discount towards broadband service and a one-time discount to purchase a laptop, desktop computer or tablet. Please share this information with your community served.

Education & Training Resources from Great Lakes MHTTC



CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Greatly Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be found here.

The Great Lakes MHTTC products and educational offerings can be found at its <u>Products and Resources</u> webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

New! Relias: working together to ensure success in well-being

Relias is proud to be a National Council for Mental Wellbeing Platinum Partner, working together to ensure the success of behavioral health, substance-use, and healthcare organizations through online education and training.

Throughout our partnership, we've collaborated on initiatives that shed light on Certified Community Behavioral Health Clinics (CCBHCs) and the importance of training when navigating the model of delivery. As advocacy for the expansion of CCBHCs continues, Relias is ready to help future and current



CCBHCs improve their service delivery through improved staff competency and education. Below is a sample of our CCBHC resources:

Webinar: CCBHC Certification Criteria: Hiring, Training, and Reporting

Crosswalk: <u>Sample Training Plan for CCBHCs</u> Infographic: <u>Helping CCBHCs Train Their Staff</u>

Learn more about how we work with CCBHC organizations and browse our dedicated <u>CCBHC topic page</u> here.

Abilita: Old phone systems being phased out

Are you aware:

- old phone lines connecting legacy systems, fax machines, elevators, fire/security alarms are going away?
- carriers may be gouging you for continuing to use the older technology such as PRI?
- how this will impact your business?

If you don't know already, your plain old telephone service (POTS), copper lines and PRI circuits that plug into your phone system, facsimile machines, elevator lines, fire alarms and security systems are in the process of being phased out.

Instead of cutting services off immediately, your telephone provider may be substantially increasing their monthly rates, surcharges and other fees until you transition to other forms of technology.

This means your telephone invoices may continue to rise, in some cases from a few hundred dollars up to several thousand dollars.

We can help you tackle this: we will first assess the risks and timeline. Then we will identify possible alternative solutions that are more cost effective and provide additional technology benefits.

As the sun sets on this older technology, contact your Abilita Advisor, Dan Aylward daylward@abilita.com (517.853.8130) to get started with a zero-risk review of your services to help you avoid costly surprises.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.



CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat19@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231) 392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org
Bethany Rademacher, Training and Meeting Planner, (517) 237-3149; brademacher@cmham.org
Alexandra Risher, Training and Meeting Planner, (517) 237-3150; arisher@cmham.org
Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Robert Sheehan, CEO, (517) 237-3142 rsheehan@cmham.org
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; msholtz@cmham.org
Amy Stagg, Behavioral Telehealth Coordinator, (517) 237-3153; astagg@cmham.org
Christina Ward, Director of Education & Training, (517) 237-3153; award@cmham.org
Anne Wilson, Training and Meeting Planner, (517) 237-3153; awilson@cmham.org

