



WEEKLY Update

June 18, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! Op-ed by CMHA allies supports funding of crisis response systems and law enforcement partnerships

CMHA and a number of allies have been working to obtain state funding in support of the crisis response systems (mobile crisis teams and other response systems) as part of the comprehensive crisis response system that MDHHS and the public mental health system is developing. Recently, two of the allies in this effort, NASW-Michigan and Americans for Prosperity, co-authored a guest editorial supporting this effort and the value of crisis response systems. That editorial can be found at: <https://bit.ly/3gJmjHB>

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

12th Annual Anti-Stigma Event Day!

Wednesday, July 28, 2021

Virtual Training - 9:00am to 4:00pm

Come and learn what other CMHSPS are doing and share your own ideas. There is no fee for registration. *Online registration is required for attendance.* This year we will have a full roster of speakers and presenters.

[CLICK HERE TO REGISTER FOR ANTI-STIGMA EVENT DAY](#)

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Direct Support Professionals – some of those essential workers recognized by Governor’s proclamation

Recently, Governor Gretchen Whitmer issued a proclamation marking June 17 as Essential Worker Appreciation Day.

“I am thankful for all of our essential workers for bravely stepping up throughout the pandemic to keep Michiganders safe and our economy running,” said Gov. Whitmer. “From staffing our hospitals to keeping our grocery store shelves stocked, essential workers selflessly served during the COVID-19 pandemic to protect the well-being of their fellow Michiganders. We all owe them a debt of gratitude.”

The proclamation can be found at: <https://bit.ly/3gLM8Xp>

New! Governor announces: COVID order expires on June 22 removing most social distancing restrictions

On June 17, Governor Gretchen Whitmer announced that the epidemic order, enforced by the Michigan Department of Health and Human Services (MDHHS), that limits the size of gatherings and imposes mask requirements on unvaccinated individuals will end on Tuesday, June 22 – nine days earlier than the July 1 sunset date. Once the order is lifted, restaurants and bars will be able to operate at full capacity, along with other indoor venues like gyms, museums and libraries that have been under capacity restrictions. Masks will no longer be required for unvaccinated individuals in indoor settings. The order lifted by this announcement can be found at: <https://bit.ly/2SbLNFq>

MDHHS is also lifting current restrictions on entry into congregate care and juvenile justice facilities, as well as mandatory testing requirements for juvenile justice facility staff and MDHHS Hospitals and Centers Staff. The order that is lifted by the announcement can be found at:

<https://bit.ly/3gKDGaV>

Some aspects of orders will remain in effect to protect vulnerable populations in certain settings including long-term care, corrections, and agriculture.

As of Tuesday, June 15, 60.6 percent of Michigan residents 16 or older have received the first dose of vaccine. In a press release making this announcement, Governor Whitmer stated: “Today is a day that we have all been looking forward to, as we can safely get back to normal day-to-day activities and put this pandemic behind us.”

New! NACo provides ready resource related to federal American Rescue Plan dollars

The National Association of Counties (NACo) – a partner of CMHA and its members through CMHA’s collective membership in the National Association of County Behavioral Health and Developmental Disability Directors – recently developed a reader friendly summary of the funding available to many community sectors through the federal American Rescue Plan (ARP) Act. Of special interest to CMHA members is the section labeled “Health” which contains subsections on a range of topics impacting CMHA members. The NACo resource can be found here: <https://bit.ly/3vKbr1S>

New! Over one-third of Americans live in areas lacking mental health professionals

The Census Bureau reported that 30% of American adults had symptoms consistent with an anxiety or depression diagnosis as of May 24. While the pandemic has exacerbated underlying mental health issues for many Americans, barriers to receiving mental health care have existed for years. A central issue is the lack of mental health care professionals. The report, compiled by USAFACTS can be found here: <https://bit.ly/3xwlKYp>

New! Health Affairs blog: recent federal legislation can dramatically improve substance use prevention

Below are excerpts from a recent Health Affairs blog on federal funding for substance use disorder prevention work.

The recent and ongoing opioid crisis has prompted a surge in much-needed legislative attention and action to bolster our nation’s response to addiction. Congress passed the Comprehensive Addiction Recovery Act (found at: <https://bit.ly/3daHRMz>) in 2016 and the SUPPORT for Patients and Communities Act (found at: <https://bit.ly/3vEviiS>) in 2018 to address opioid misuse, addiction, and overdose deaths through a variety of initiatives in prevention, treatment, harm reduction, and recovery support. The federal government has also provided billions of dollars directly to states through the Substance Abuse and Mental Health Services Administration’s State Opioid Response grant program. More recently, amid considerable increases in substance use during the COVID-19 pandemic, funding to address opioid and other substance use and addiction was included in several COVID-19-relief packages.

New! Lessenberry Link: Should Michigan Privatize Health Care?

Below are excerpts from a recent post by journalist Jack Lessenberry on the latest round of legislative attempts to privatize Michigan’s public mental health system.

For year, private health insurance companies have been pressing state officials to hand Michigan's \$3 billion a year mental health system to them.

Now, it looks like they just might get their wish — and those who are most concerned with the plight of the mentally ill are deeply worried. Michigan Senate Majority Leader Mike Shirkey, a Republican from Jackson County, has been talking about a proposal that would privatize mental health care in the state.

"This is a plan to transfer \$3 billion annually from the public system to insurance companies that are designed to provide profit, not care," he (Tom Watkins, former CEO of Detroit-Wayne Integrated Network) said. "Public systems get maligned, and they do have inefficiencies, but they provide much more accountability."

He is far from alone. Other health care advocates were also upset. Kevin Fischer, executive director of the Michigan chapter of the National Alliance on Mental Illness, or NAMI, told reporters it was nothing more than a "money grab by the (private) health plans."

The full article can be found at: <https://bit.ly/2SDuWf0>

State Legislative Update

View May's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our May Briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the FY22 budget process, highlighting action in both the House and Senate.

To view the latest video, [CLICK HERE!](#)

New! Budget Extension Bill Moves To House

A bill that could ultimately extend the legislative deadline on when the Fiscal Year (FY) 2022 budget must be presented to the Governor passed the Senate unanimously this week, although it's still unclear if it will be needed.

One version of SB 537 changed the deadline to present a budget to the Governor to Sept. 1, but the version the Senate passed kept the deadline at July 1. The initial version postponed a July 1 deadline until 2022. The initial July 1 deadline was supposed to take effect 2020, but due to COVID-19 it was kicked back to 2021.

All sides are still hoping to come to an agreement on the FY '22 budget before July 1, but the days on the calendar are running out. The Senate was only tentatively scheduled to meet next week. As of now, they're not scheduled to come back until Wednesday. They are not scheduled to be in session the week of June 28, but the House is.

Federal Update

New! Key Legislation Introduced to Expand CCBHC Program

This week, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)

- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

New! VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Training – New Dates

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- August 19th, 2021
- October 12th, 2021
- November 9th, 2021
- January 18th, 2022
- February 15th, 2022
- March 15th, 2022
- April 13th, 2022
- April 19th, 2022

Agenda:

Log into Zoom: 9:45am
 Education: 10:00am – 12:30pm
 Lunch Break: 12:30pm – 1:00pm
 Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

Training details and registration information coming soon.

New! VIRTUAL Pain Management and Mindfulness Training – New Dates

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021
- November 12th, 2021
- January 25th, 2022
- March 24th, 2022
- April 27th, 2022

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Training details and registration information coming soon.

New! Virtual Self-Determination Conference

Mark your calendars for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021
Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration will be required. Conference registration information coming soon!

New! Save the Date: CMHA Annual Fall Conference (in person)

We're looking forward to our first in-person conference! Mark the dates on your calendar!

October 25 & 26, 2021
Grand Traverse Resort
Traverse City, Michigan

Hotel and conference registration currently not available.

New! Family PsychoEducation Basic Facilitator Training

The Family PsychoEducation Basic Facilitator Training will be held virtually over a 4-session period July 29, 30 and August 5 & 6. Training will be offered in a morning and afternoon cohort. This 4-session training will present information distilled from best-practice structures historically defined as "active ingredients" of therapeutic change imbedded in the 3 traditional elements of Family Psychoeducation; Joining, the Educational Workshop and Multi-Family Groups for facilitators. Instruction will begin with an examination of the theoretical and empirical foundations as leading to the development of Family

Psychoeducation. More specifically, FPE Model structures will be presented with differential emphasis on FPE's effect in working with adults and their natural supports with and without a co-occurring disorder. Population-specific content for adults will include information on schizophrenia and bipolar disorder. Who Should Attend: Social Workers and Clinical Workers who work with adults with schizophrenia or bipolar on a regular basis in a program that accepts Medicaid funding, and who intend to implement FPE group at their agency. This training is appropriate for social work practice levels of beginning and intermediate. For an application, please email awilson@cmham.org

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession" and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
<u>July 26-27, 2021</u>	<u>M.I. Basic</u>	<u>CLICK HERE</u>
<u>July 29-30, 2021</u>	<u>M.I. Advanced</u>	<u>CLICK HERE</u>
<u>Aug. 2-3, 2021</u>	<u>M.I. for Leadership & Organizations</u>	<u>CLICK HERE</u>
<u>Aug. 5, 2021</u>	<u>M.I. for Supervisors</u>	<u>CLICK HERE</u>

Times: Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees: \$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

Date: August 11, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer

superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

46th Annual National Association for Rural Mental Health Conference

Emerging from COVID-19: Lessons and Future Directions for Rural Mental Health



As we begin to emerge from the COVID-19 pandemic, NARMH looks forward to engaging the rural mental health community in its 2021 conference: Emerging from COVID-19: Lessons Learned and Future Directions for Rural Mental Health. We are pleased to announce that the conference will be held in a virtual format, and that we have organized a participant-friendly schedule that includes sessions running over a four-week period. This year's conference registration fee will include a one-year individual level membership for new and returning individual level members – a terrific deal for individuals and organizations interested in rural mental health!

Online sessions will be held on October 6, 13, 20 and 27, 2021

- From 1:00 to 4:00 pm EST

- From 12:00 to 3:00 pm CST
- From 11:00 am to 2:00 pm MST
- From 10:00 am to 1:00 pm PST
- From 9:00 am to 12:00 AKST

Keep checking back for details! <https://www.narmh.org/index.php/conferences/>

Managing Mental Health Crisis - Dynamics of Addiction: Substance Use Disorder

Live Virtual Classroom

June 23rd, 2021

10:00 a.m. – 12:00 p.m.

Virtual Session Overview: This two-hour covers the basics of Substance Use Disorder (SUD) and provides participants with knowledge, skills and strategies to manage SUD related situations as an emergency responder. The content presented in this course is a culmination of information from a partnership of mental health and law enforcement professionals. Development and funding for this course is courtesy of The Michigan Department of Health and Human Services.

Class Registration Cost: FREE (Registration for this participant course is covered by funds made available by the Michigan Department of Health & Human Services.) Seats are limited to 48 participants.

Deadline for Registration is June 22nd, 2021.

Registration: <https://attendee.gototraining.com/r/4878798490117263617>

Training ID: 758-390-300

For additional information please contact J. Eric Waddell at jericwaddell@thecardinalgroup2.com

Classroom WISE: Coming this JUNE!!!

A FREE mental health literacy course, video and resource library, and website designed for teachers and school staff. Check out more information and a sneak peek by [clicking here](#).

Recorded Parent Webinars

[Parenting Tips for ADHD: How to Unleash Your Child's Superpowers](#)

[More than Sad: Suicide Prevention for Parents](#)

Recorded Learning Series

Staying Connected with Students and Youth During COVID-19:

[Part 1: Why Social Connection is Important for Mental Health](#)

[Part 2: Maintaining Meaningful Teacher-Student Connections in the time of COVID-19](#)

[Part 3: Tips for Keeping the "Social" in Social Emotional Learning](#)

[Part 4: Cultivating Belonging in the Era of COVID-19](#)

The Impact of Mental Health on Students & Youth:

[Part 1: Assessing Mental Health in Young People](#)

[Part 2: Virtual Signs of Serious Mental Health Problems](#)

[Part 3: Youth, Social Distancing, and Anxiety in the time of COVID-19](#)

[Part 4: How to have Meaningful Conversations with Youth about Mental Health](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

New! Medicare and Telehealth: Coverage and Use During the COVID-19 Pandemic and Options for the Future

A Kaiser Family Foundation [brief](#) presents an analysis of Medicare beneficiaries' utilization of telehealth using CMS survey data from 2020. Many Medicare beneficiaries had little experience with telehealth prior to the pandemic. These findings suggest that while expanded policies appear to increase access to services via telehealth, more work will need to be done to further education around telehealth and ensure its availability to all communities.

Additional findings include:

- Over 1 in 4 (27% or 15 million) of Medicare beneficiaries had a telehealth visit between the summer and fall of 2020
- The majority of Medicare beneficiaries (56%) used telephone only; video was 28%; both video and telephone was 16%
- The share of Medicare beneficiaries who had a telehealth visit using telephone only was higher among:
 - Those age 75 and older (65%)
 - Hispanic beneficiaries (61%)
 - Those living in rural areas (65%)
 - Those enrolled in both Medicare and Medicaid (67%)

State Telehealth Laws and Reimbursement Policies Report, Spring 2021

The Center for Connected Health Policy (CCHP) has released its Spring [report](#). This report has transitioned to online format. Use the [Policy Finder](#) to track up to date information on each state that is easy to navigate and understand or read the [Executive Summary](#) for an overview of the Center's findings. CCHP has also created a policy [infographic](#) which is a 2-page overview of the policy trends.

Upper Midwest Telehealth Resource Center (UMTRC) Podcast

UMTRC [Episode 13](#) discusses legislative changes that have happened in Illinois and Michigan in the past year dealing with telehealth. Deena Dodd, Director of Government Relations and Business Development for the Indiana Rural Health Assn will give a deep dive on introduced legislation. This podcast is focused on Illinois and Michigan legislation, Michigan specific information starts at 7:00 min. into the podcast.

American Psychiatric Assn (APA) National Public Opinion Survey on Telehealth

The APA completed a national public opinion [poll](#) finding that the expansion of telehealth is welcomed by most Americans. A large portion of the population have used telehealth services; more than half say they would use telehealth for mental health services; and more than 30% say they prefer telehealth. To review the full APA 2021 Public Opinion Poll: Access to Care, [click here](#).

Emergency Broadband Benefit

The [Emergency Broadband Benefit](#) (EBB): Helping Households Connect During the Pandemic, is an [FCC program](#) to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms. The EBB will provide a monthly discount towards broadband service and a one-time discount to purchase a laptop, desktop computer or tablet. Please share this information with your community served.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#)



webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

Abilita: Old phone systems being phased out

Are you aware:

- old phone lines connecting legacy systems, fax machines, elevators, fire/security alarms are going away?
- carriers may be gouging you for continuing to use the older technology such as PRI?
- how this will impact your business?

If you don't know already, your plain old telephone service (POTS), copper lines and PRI circuits that plug into your phone system, facsimile machines, elevator lines, fire alarms and security systems are in the process of being phased out.

Instead of cutting services off immediately, your telephone provider may be substantially increasing their monthly rates, surcharges and other fees until you transition to other forms of technology.

This means your telephone invoices may continue to rise, in some cases from a few hundred dollars up to several thousand dollars.

We can help you tackle this: we will first assess the risks and timeline. Then we will identify possible alternative solutions that are more cost effective and provide additional technology benefits.

As the sun sets on this older technology, contact your Abilita Advisor, Dan Aylward daylward@abilita.com (517.853.8130) to get started with a zero-risk review of your services to help you avoid costly surprises.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org
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