



WEEKLY Update

May 7, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! MOKA receives full CARF accreditation

MOKA is excited to announce they have received their 10th consecutive three-year accreditation from



CARF International for our Residential, Community Supports, Supported Employment, and Autism ABA programs. Over the course of the three-day accreditation survey, interviews were conducted with various key stakeholders and surveyors had the chance to virtually visit many of MOKA's programs. To view the full press release regarding this announcement [click here](#).

New! Genesee Health Systems thanks the voters of Genesee County for approving Community Mental Health millage

Below are excerpts from a letter by Dan Russell, the CEO of the Genesee Health System, issued the following statement following the successful passage of the Community Mental Health Millage on Tuesday, May 4, 2021:

On behalf of my colleagues and our Board of Directors of Genesee Health System, we would like to thank the voters of Genesee County for their support in passing the Community Mental Health Millage today. The passage of the millage today will go a long way towards working with law enforcement and providing training for dealing with residents who are suffering from mental health challenges, establishing a Crisis Center for those who need mental health services which will be open to all residents of the county, working with our school districts to assist K-12 students who are suffering, and providing services and treatment to prevent further suicides by our residents.

The Community Mental Health millage was approved by voters by 23,636 (54.79%) to 19,507 (45.21%) on May 4th. Overall, 43,458 ballots were cast either in person or with absentee ballots. There are 343,074 registered voters in Genesee County.

Genesee County is now the sixth county in the State of Michigan to provide millage support for mental health services. The other five counties include Ingham, Eaton, Jackson, Hillsdale and Washtenaw.

New! CMHA and Direct Care Worker Wage Coalition Urges Full State Funding of Essential Care for Vulnerable Families

Below are excerpts from a recently issued letter of the Direct Care Worker Wage Coalition, of which CMHA is a member, urging the permanence of the policy increased wages to Michigan's direct care worker/direct support professional workforce.

After an important amendment to fully fund Michigan's Direct Care workforce wage increase was struck down in the state's House Appropriations Committee this morning, advocates and families are again calling for a permanent fix to support caregivers over the long term. Please see the attached coalition press release, which Stephanie put together quickly in response to the fact that the House appropriations committee voted down this morning a proposed amendment that Rep. Felicia Brabec had offered which would fully fund the DCW wage increase.

The full letter can be [found here](#).

New! 12th Annual Anti-Stigma Event Day!

Wednesday, July 28, 2021

Virtual Training - 9:00am to 4:00pm

Come and learn what other CMHSPS are doing and share your own ideas. There is no fee for registration. *Online registration is required for attendance.* This year we will have a full roster of speakers and presenters.

[CLICK HERE TO REGISTER FOR ANTI-STIGMA EVENT DAY](#)

Do you have anti-stigma initiatives at your CMHSP?

Please contact Colleen Jasper jasperc@michigan.gov or call 517-373-1255 to present your anti-stigma program. Or just come, and we will have time for CMHSPs initiative updates that very day.

The Michigan Department of Health and Human Services, through the Community Mental Health Association of Michigan, has provided funding for this initiative via Michigan's Federal Mental Health Block Grant.

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Medicaid rate update for fee-for-service pediatric psychiatric services

MDHHS recently issued a policy notice, MSA 21-15, on a Medicaid rate update for fee-for-service pediatric psychiatric services. Below are excerpts from that notice.

This bulletin is issued in response to the Michigan Department of Health and Human Services (MDHHS) Fiscal Year (FY) 2021 budget appropriations of Public Act 166 of 2020. From state-appropriated funds, Section 1790 of the Act directs MDHHS to increase Medicaid practitioner reimbursement rates for pediatric psychiatric services paid through Medicaid Fee-for-Service and through the Medicaid Health Plans for beneficiaries under the age of 21 years.

The policy bulletin can be [found here](#).

New! MDRC launches assistive technology effort

Michigan Disability Rights Coalition has fully launched our device demonstration program. Funded by the federal AT Act, this program allows for demonstration of AT (assistive technology) for anyone in Michigan with a disability including older adults with disabilities. For anything you want to do, there's a device that can help and we are here to connect to information on what is available.

Assistive Technology (AT) is any tool, software, or app that helps people with disabilities, including older adults, do what they want to do. Such as: creating art, living in your own home, cooking and more!

Interested in learning about AT that may be helpful to you?

1. Contact MATP or use the link below to request an AT demo! Our services are free—we are a federally funded program.
2. Schedule a demonstration with a member of our team.
3. Devices will be dropped off right to your door for you to try.
4. Join us over a phone or video call to learn more about the devices.

Contact MATP! Phone: 1-800-578-0280, Michigan Relay: 711

Email: AT@MyMDRC.org

Request an AT demonstration by going to: www.MyMDRC.org

MATP is a part of Michigan Disability Rights Coalition (MDRC).

New! HHS Updates Buprenorphine Guidelines



On Tuesday, the Department of Health and Human Services (HHS) Secretary Xavier Becerra [released](#) new buprenorphine practice guidelines, allowing for eligible prescribers to treat up to 30 patients with buprenorphine. [Practice Guidelines for the Administration of Buprenorphine for Treating Opioid Use Disorder](#) identifies the process for expanding access to this needed medication and removing barriers in an effort to decrease overdose deaths.

New! Opinion Today: Teens are hurting, and it's not just lockdown

Below are excerpts from a recent New York Times editorial on the impact of the COVID pandemic on adolescents.

Even before the pandemic, American teenagers were struggling with mental health. But things have gotten worse over the past year: 46 percent of parents say their teenagers' mental health has declined during the pandemic. And the proportion of 12-to-17-year-olds visiting emergency rooms for mental health reasons rose 31 percent for most of 2020 compared to 2019.

It would be easy to assume that the social isolation of lockdown is the main driver of teenagers' increased distress. But according to an essay today by Emily Esfahani Smith, psychologists who

study adolescent mental health say that one of the biggest threats to teenagers' well-being is the pressure to succeed at school. And this pressure has increased over the past year.

The full opinion piece can be [found here](#).

New! Michigan loses longtime children, youth and family advocate – Betty Tableman

Below are excerpts from the recent announcement of the death of Betty Tableman, a longtime leader, thinker, and colleague in Michigan's children's mental health movement. Many of us and those whom we served have benefitted greatly from Betty's leadership and advocacy.

Betty M. Tableman died peacefully in hospice in Lansing on April 28, 2021. Born June 12, 1922, she grew up in Brooklyn, New York. She was a proud graduate of Vassar College, Class of '43, and the University of Michigan, M.A. Public Administration.

Betty moved to Lansing in 1952 and worked for the State of Michigan for many years, retiring in 1998 as the Director of Prevention Services in the Department of Mental Health. She helped develop innovative programs to serve infants, toddlers, and their families, including the nationally-recognized "Michigan Model" which established a training program for community-based mental health systems.

After retirement, she continued her work in infant mental health at Michigan State University's Institute for Children and Family and the Michigan Association of Infant Mental Health (MAIMH). She wrote and edited many publications about delivering services to vulnerable children and their families. For her advocacy and development of innovative programs, she received many awards. She was inducted into the Michigan Women's Hall of Fame in 2009.

A memorial service will take place on Saturday, July 24, 2021, at 11:00 a.m. at the Estes-Leadley Greater Lansing Chapel. There is more information about Betty's remarkable life at EstesLeadley.com.

State Legislative Update

View April's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our April Briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the Senate integration proposal – "Gearing Towards Integration".

To view the latest video, [CLICK HERE!](#)

New! House and Senate Continue Budget Process

This week, the Michigan State Senate and House of Representatives Appropriations Committees reported out the Fiscal Year 2021-22 budget bills, including the Health and Human Services budget recommendations. You can find all of the necessary documents [here](#).

In the House, House Bill 4399 (Health and Human Services FY 21-22 Budget) was reported out of the full appropriations subcommittee with an amended H-2 substitute. This passed along party lines with a vote of 17-12. Of the thirteen amendments introduced in committee, only the four Republican-introduced amendments passed while all Democrat-introduced amendments failed along party lines. This amended version of the bill continues to allocate funds on a quarterly basis where feasible.

The Senate also reported out their version of the Health and Human Services FY 21-22 Budget. Senate Bill 79 was reported with an amended S-1 substitute along party lines with a vote of 12-6. Out of the twenty-four amendments introduced, with twenty-two of them being Democrat-introduced amendments, three were adopted (two Republican and one Democrat-introduced).

Both chambers are expected to act on the budgets next week where lengthy debate is expected.

New! DHHS EMERGENCY ORDER SIGNED

Under the new order, masks are generally not required outdoors unless a gathering has 100 or more people. In addition, anyone who is fully vaccinated and not experiencing symptoms is not required to wear a mask at residential gatherings, including indoor functions. New [guidance](#) for organized sports no longer requires routine **COVID-19** testing for fully vaccinated participants if they are asymptomatic. Masks continue to be required for contact sports but are no longer required outdoors during active practice and competition for non-contact sports. Other updates to the **DHHS Emergency Order on Gatherings and Masks** apply to outdoor entertainment and recreational facilities and sports stadiums and arenas. Changes to this group of facilities include:

- **Large outdoor events, including festivals, fairs, and golf tournaments** will be able to exceed the current 1,000-person limit so long as they create and post a safety plan consistent with the **DHHS Large Outdoor Event Guidance**, and no more than 20 persons per 1,000 square feet are gathered in any space available to patrons.
- **Outdoor stadiums and arenas:**
 - Stadiums complying with enhanced protocols will continue to be allowed to operate at 20 percent of their fixed seating capacity.
 - For stadiums or arenas with a fixed seating capacity of 5,000 or greater without enhanced protocols 1,000 patrons may be gathered (previously 750).
 - For stadiums or arenas with a fixed seating capacity of 10,000 or greater without enhanced protocols 1,500 patrons may be gathered.

- **Residential outdoor gatherings** are allowed up to 50 people. Or, where density does not exceed 20 persons per 1,000 square feet of usable outdoor space, up to 300 people may be gathered.

This **DHHS Emergency Order** goes into effect Thursday May 6, and remains in effect until May 31. To view the **DHHS Emergency Order**, please click [here](#). To view an infographic that highlights the new **DHHS Emergency Order**, please click [here](#). To view an infographic from **DHHS** outlining mask use outdoors, please click [here](#). To view a press release from **DHHS**, please click [here](#).

Federal Update

Congress Passed 2021 COVID Relief Legislation

Congress just passed the [American Rescue Plan Act of 2021](#), a \$1.9 trillion COVID-19 relief bill aimed at boosting the availability of vaccinations, providing funding for small businesses and schools and giving relief to families through new stimulus checks, extended unemployment benefits and an expanded child tax credit, among other provisions.

The legislation, which President Biden will sign this week, also includes billions in new relief to address rising demand for mental health and addiction services, workforce shortages and pandemic-related layoffs and furloughs.

In other words, we heard you loud and clear that more relief was needed. And we made sure Congress heard you, too.

Here are some highlights from this historic legislation:

- **Substance Abuse and Mental Health Services Administration (SAMHSA) Block Grants:** Provides \$3 billion for the Substance Abuse Prevention and Treatment block grant and the Community Mental Health Services block grant (\$1.5 billion each).
- **Certified Community Behavioral Health Clinics (CCBHCs):** Provides \$420 million to SAMHSA to fund CCBHC Expansion Grants.
- **Provider Relief Funds:** \$8.5 billion in new money to the Provider Relief Fund for providers in rural areas and those serving rural communities.
- **Other Mental Health/Substance Use Disorder Funding:** Provides more than \$450 million in additional funding for SAMHSA and Health Resources and Services Administration (HRSA) programming including funding for mental health and addiction services, workforce education and training, suicide prevention and public education campaigns.

Education Opportunities

Call for Presentations: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021



CMHA Virtual Annual Summer Conference
"Be the Change...Shaping our Future Together"
June 14 - 17, 2021
Virtual Education Daily from 9:00am – 12:30pm EST

Deadline for Call for Presentations is Monday, May 3, 2021

2 WAYS TO SUBMIT YOUR PRESENTATION:

1) Download the traditional Word document, complete and email.

[CLICK HERE FOR PRESENTATION SUBMISSION FORM](#)

2) Submit electronically via Survey Monkey:

[CLICK HERE TO SUBMIT ELECTRONICALLY VIA SURVEY MONKEY](#)

Watch www.cmham.org for more details!

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI

and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession" and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. for Supervisors	CLICK HERE

Times:

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees:

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Integrated Dual Disorder Treatment 101

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this, most service systems were organized to treat individuals with a single disorder, excluding those with

co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated and team-based services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Integrated Dual Disorder Treatment (IDDT) was designed following systematic study of high intensity COD treatment needs and alterations of the Assertive Community Treatment (ACT) model. Within this training attendees will understand the components of IDDT, including fidelity and outcome measurement. Specific attention will be paid to the development of stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders using the IDDT model.

Date: July 15, 2021 | [CLICK HERE to Register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

Date: August 11, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

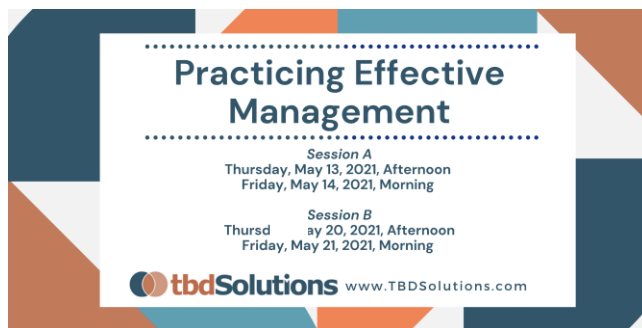
Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Practicing Effective Management Virtual Training



TBD Solutions is hosting its next Practicing Effective Management Training online on May 13, 14, 20, and 21. This virtual training provides practical guidance for enhancing relationships and improving results through structured supervision, effective feedback, delegation, interviewing, time management, and employee development. This dynamic, interactive training is relevant for all levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate.

To register please visit: <https://www.eventbrite.com/e/practicing-effective-management-tickets-140075773409>

For questions or additional information, contact Molly at MollyR@TBDSolutions.com

New! AAoM announces Watch Me Grow training program

Autism Alliance of Michigan is excited to introduce our new **FREE virtual Watch Me Grow Training Program** this upcoming spring and summer. Please see our program flyer attached and website for training dates and registration: <https://autismallianceofmichigan.org/watch-me-grow/>

This training will educate parents, caregivers and community service providers on how to identify and navigate developmental delays of young children from birth to five years of life. As well as, how to have those crucial conversations with parents and families once delays are observed. The training objectives include:

- Understanding and identifying developmental milestones
- Identifying red flags in development
- Using developmental assessments/trackers
- Identifying steps to be taken if delays and concerns are identified

In addition to the AAOm training schedule, AAOm can offer an individualized/personalized training session to your organization, please reach out to AAOm for next steps. Please feel free to share this information with any interested colleagues or parent networks as well.

Training Dates:

Wednesday, May 12th | 9:00AM-12:00PM

[Register Here](#)

Thursday, May 20th | 11:00AM-2:00PM

[Register Here](#)

Wednesday, May 26th | 6:00PM-9:00PM

[Register Here](#)

Saturday, June 5th | 9:00AM-12:00PM

[Register Here](#)

Tuesday, June 8th | 12:00PM-3:00PM

[Register Here](#)

Monday, June 14th | 9:00AM-12:00PM

[Register Here](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

Webinar: How to Leverage Telehealth Strategies for Substance Use Brief Intervention

May 11, 2021 from 3-4pm ET. This webinar is supported by the CoE for Integrated Health Solutions funded through a grant award from SAMHSA. Click [here](#) for webinar description and registration link.

Telehealth & Medicaid: A Policy Webinar Series featuring Medicaid experts

This free four-part webinar series was developed by the Center for Connected Health Policy in response to an ever-changing and complex landscape for telehealth policy in Medicaid. Please [click here](#) for each webinar description and the registration links.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of

Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners



Abilita: You WILL Profit from a Technology Audit

There isn't any doubt that 2020 will be deemed "the year of the pandemic". It doesn't matter what line of business you are engaged in, or what your position in the organization is (was), your technology and telecom picture has changed. And, it may never be quite the same again.

Organizations' technology teams have been overwhelmed with the urgency of the crisis and have had to deploy new collaboration and connectivity solutions without a lot of thought for the long term. 2021 will be the year of preparing for the new reality in telecom and technology which may include:

- more Work From Home challenges
- more video, less telephony
- more flexibility in services and connectivity

Let's call 2021 the "**Year of the Technology Audit**". Look at where you were, where you are, and where and how to move ahead.

For some ideas on how to do this and what you might want to consider, [read this article titled "2021 - The Year of the Audit"](#). To get started now, contact us for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

New! Relias: We would appreciate your input to help shape the future of staff development and training in organizations like yours!

We are currently inviting healthcare and public safety professionals to take an online survey about organizational staff training.

To show our appreciation, participants can be entered to win one of six Amazon.com gift cards worth \$150 each. If you qualify and complete the survey, you can enter the gift card drawing.

The survey is strictly for market research purposes and will take you about 15 minutes to complete. Your personal information will not be shared with anyone. Surveys in previous years have led to reports highlighting trends and pain points in the industry, and you can receive this year's results if you like.

To take the survey and share your insights, [please click here and follow the instructions.](#)

Make your voice heard!

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

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