



WEEKLY Update

May 28, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association New! and Member Activities

New! Livingston CMH guest editorial: Your mental health is important: Helping our children through COVID-19

Below are excerpts from a recent guest editorial by the Livingston CMH CEO on the impact of COVID-19 on children and families:

It has been no secret that the COVID-19 pandemic has had a tremendous impact on everyone's mental health. Our day to day experience of the world stopped abruptly as we knew it. The consequences of this pandemic are continuing to have a significant impact on everyone, but children and youth face unique challenges.

The full editorial can be [found here](#).

New! HealthWest develops video: voices of community partners

Below are excerpts from a recent announcement from HealthWest's CEO on a recently developed video featuring the views of HealthWest's community partners.

We decided to ask some community partners if they would take a few minutes to thank our staff. In 10 days we received enough videos to put together a 30 minute thank you which we shared yesterday. I'm very proud of this video and I can tell you it was really a shot in the arm for my staff. In addition to local providers/ community partners we also got responses from several elected officials including Senator Stabenow, Senator Peters, And Governor Whitmer. Clearly, I am proud of it so wanted to share. ... as I watched it again the theme of what a CCBHC is and the role of a CMH is really described.

The video can be [found here](#).

New! CMHA Associate Director cited as one of the best association lobbyists

Alan Bolter, CMHA's Associate Director and the lead for all of CMHA's government relations efforts, was featured in this year's MIRS survey of Michigan's most effective lobbyists. MIRS is one of the leading Michigan Capitol news services.

Below are excerpts from the summary of this year's MIRS survey. Note that Alan is in good company, with a very strong and effective group of association lobbyists. Congratulations, Alan.

Brian CALLEY, president of SBAM, Dan PAPINEAU and Jim HOLCOMB of the Michigan Chamber and Peter SPADAFORÉ of the Michigan Association of Superintendents & Administrators each received 3%

Receiving 2% of the vote were: **Alan BOLTER, Community Mental Health Association of Michigan**; Adam CARLSON and Chris MITCHELL of the Michigan Health & Hospital Association; Brad WARD, of the Michigan REALTORS; Dominick PALLONE, and Christine SHEARER, of the Michigan Association of Health Plans; Ed NOYOLA, County Road Association of Michigan; Justin WINSLOW and John MCNAMARA Michigan Restaurant and Lodging Association.

12th Annual Anti-Stigma Event Day!

Wednesday, July 28, 2021

Virtual Training - 9:00am to 4:00pm

Come and learn what other CMHSPS are doing and share your own ideas. There is no fee for registration. *Online registration is required for attendance.* This year we will have a full roster of speakers and presenters.

[CLICK HERE TO REGISTER FOR ANTI-STIGMA EVENT DAY](#)

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Michigan Psychiatric Care Improvement Project (MPCIP) May 2021 update

The Michigan Psychiatric Care Improvement Project (MPCIP), the MDHHS-led omnibus effort designed to continue the advances of Michigan's public mental health system across a wide range of settings and treatment modalities. The most recent report on the work of that project can be [found here](#).

New! Detroit News Editorial underscores issues with Senate “Gearing Toward Integration” proposal

Below are excerpts from a recent guest editorial, written by former Detroit Wayne Integrated Health Network (DWIHN)) that recently appeared in the Detroit News.

Once again there is a battle over care and service versus profits taking place in Lansing.

Michigan’s “health plans” — insurance companies — want to get their hands on more than \$3 billion of taxpayer money currently used to serve at least 300,000 people with serious mental illness, developmental disabilities, substance use disorders and children with emotional challenges in Michigan. They currently receive care under the public mental health system.

There ought to be great pause by the Michigan Legislature, the leadership of the Department of Health and Human Services and the governor about this money grab.

The full editorial can be [found here](#).

New! National Group seeking self-advocates and caregivers to guide development of guide for serving young adults with IDD

Below are excerpts from a recent request, by Got Transition and Family Voices, for self-advocates and caregivers to guide their development of a guide for serving young adults with intellectual and developmental disabilities.

Got Transition, in partnership with Family Voices, is putting together a tip sheet for primary care providers (PCPs) to use when caring for young adults with intellectual and developmental disabilities and their caregivers during pandemic and emergency situations. We would like your guidance around what you think would be helpful information for primary care providers to be aware of and offer to better support young adults and their caregivers.

We are looking for self-advocates (18 - 35) and/or their caregivers to participate in a 45 to 60 minute interview. In appreciation of your time and expertise, we will be offering \$100 total per interview. Information used from the interviews will not include your name or identifying information.

If you are interested in participating, please complete following intake form, <https://www.surveymonkey.com/r/QW97GS9> by **6/4/21** and we will be in contact with you for next steps. If you have any questions, please contact Allysa Ware, anware@familyvoices.org

New! Michigan DD Council seeking comments on 5-year state plan

The Michigan Developmental Disabilities Council (MDDC) has drafted its 2022-2026 Five-Year State Plan. Goals and objectives are identified to improve the availability and quality of services and supports, to assure equal rights and opportunities, and to further community integration and inclusion for

individuals with developmental disabilities and their families. The State Plan provides the basic framework for how Council funds will be used and what activities the Council will be involved in.

To access the plan for review go [click here](#).

To provide feedback or comments on the plan [click here](#).

We will be accepting comments online until Saturday, July 10 at 12:00pm.

As an accommodation, arrangements can be made for you to view a hard copy of the plan in-person in the DD Council office by appointment only. In-person appointments must be completed by Friday, June 25, 2021. If you would like schedule an appointment please contact: Tedra Jackson at jacksont7@michigan.gov.

New! Video recording available from May 26 MDHHS webinar: Important Updates on AFCs and HFAs COVID-19 Emergency Response

MDHHS has recently released the recording from the May 12 presentation, by MDHHS, around the Important Updates on AFCs and HFAs COVID-19 Emergency Response. That video can be [found here](#).

Access Passcode: 2pvT8&%c

New! Kennedy Forum calls for expansion of effort to strengthen health care workforce

The Kennedy Forum – the nation’s leader in advocating for health insurance parity (in which mental healthcare would be covered, by health insurance, in the same way that physical healthcare is covered) – is advocating for an expansion in the call by the Congressional Mental Health Caucus and allies for a strengthening of the nation’s public health workforce.

[Congresswoman Napolitano and 18 other members wrote](#) to Secretary Becerra urging HHS to ensure that MH/SUD is integrated into the \$7.6 billion to expand the public health workforce. As the saying could easily be tweaked: "There's no public health without mental health."

The Kennedy Forum is welcoming those who would support this effort and recently tweeted about this letter. The tweet can be [found here](#).

New! Health Affairs blog post: policies to improve implementation and sustainability of behavioral health integration

Below are excerpts from a recent blog post from Health Affairs on steps that can be taken to foster the sustainability of behavioral healthcare integration in primary care settings.

Despite the potential of BHI to improve outcomes, its implementation has faced significant operational and financial impediments. In this blog post, we describe these barriers and propose a number of potential policy solutions that may address these challenges.

The full blog can be [found here](#).

New! No vacancy: How a shortage of mental health beds keeps kids trapped inside ERs

Below are excerpts from recent story on the lack of access for children and adolescents to inpatient psychiatric care across the country. The conditions and dynamics described in this article mirror those in Michigan.

What's known as emergency room boarding has been up between 200% and 400% in Massachusetts throughout the pandemic. The Baker administration says the rate of increase has varied each month since June, but each month the numbers are significantly higher compared to the same month of the prior year.

"We've been doing this a long time, and this is really unlike anything we've ever seen before," says Lisa Lambert, executive director of the Parent/Professional Advocacy League. "And it doesn't show any signs of abating."

The full article can be [found here](#).

State Legislative Update

View May's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our May Briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the FY22 budget process, highlighting action in both the House and Senate.

To view the latest video, [CLICK HERE!](#)

Behavioral Health Package Introduced In The House

A group of bipartisan lawmakers in the House introduced legislation to change the state's behavioral health system by replacing the state's 10 Prepaid Inpatient Health Plans (PIHPs) with a single administrative services organization.

House Bills 4925, 4926, 4927, 4928 and 4929 were referred to the House Health Policy Committee earlier this week. This bill package would replace the state's 10 public PIHPs with a single public or nonprofit administrative services organization and empower the Department of Health and Human Services (DHHS) to develop, implement and oversee the core functions of the system. According to Representative Mary Whiteford (R-Casco Township), these bills will eliminate the managed care administrative structure and boost accountability by adding public oversight.

Representative Whiteford did not state a timeline for when the bills will be taken up in the House Health Policy Committee.

New! Governor Whitmer and GOP Legislative Leaders Reach Agreement on Pandemic Orders and Budget

On Thursday, May 20, it was announced that Governor Gretchen Whitmer and Republican leaders in the Michigan State House and Senate had reached an agreement that would allow legislative leaders to have input on any future pandemic orders, and in return, legislative leadership will allow the administration to join the conversations around the state budget process, which will also include the allocation of federal funds.

Lansing insiders hope the agreement, which comes after more than a year of tension and divisive rhetoric, will spur leaders to craft a final budget agreement for FY 22, and an agreement on supplemental spending for the current fiscal year in a timely, bi-partisan fashion.

Federal Update

Excellence in Recovery Housing Act Introduced

Last month, Representatives Trone (D-MD), Chu (D-CA), Levin (D-CA) and McKinley (R-WV) introduced the Excellence in Recovery Housing Act (H.R. 2376), which aims to help states improve and expand access to recovery housing. Recovery housing refers to safe, healthy, alcohol and drug-free living environments that support individuals in recovery from addiction. The bill would create a set of guidelines and a grant program for states to implement those best practices.

Peer Support Legislation Reintroduced

Last month, Representatives Chu (D-CA) and Smith (R-NE) reintroduced the [Promoting Effective and Empowering Recovery Services \(PEERS\) in Medicare Act of 2021](#) (H.R. 2767). This legislation would expand access to mental health care by clarifying that peer support specialist services can be reimbursed through Medicare. The legislation was first introduced last Congress.

Education Opportunities

Registration Ends 6/9/21: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021



CMHA Virtual Annual Summer Conference
"Be the Change...Shaping our Future Together"

June 14 - 17, 2021
Virtual Education Daily from 9:00am – 12:30pm EST

[CLICK HERE TO REGISTER!](#)

Conference Registration Deadline:
5:00pm on Wednesday, June 9, 2021.

Live Conference Rates:

Member: \$210 per attendee
Non-Member: \$252 per attendee

Recording Only (No CEs) Conference Fees: Recording Only—No Continuing Education Credits: For those who do NOT need CEs, take advantage of the significantly reduced fee. The recordings will be available AFTER the conference and you will have 60 days to view the recordings. You can view as many sessions as you like.

Member: \$50 per attendee
Non-Member: \$70 per attendee

Sponsorship Opportunities for CMHA VIRTUAL Annual Summer Conference

The Community Mental Health Association of Michigan is pleased to announce **sponsorship opportunities** for the 2021 Annual Summer conference taking place each morning June 14-17, 2021. As a conference sponsor, you will gain visibility throughout the day to promote your company's brand, products, and services directly to the 500 CMHA conference attendees. The virtual platform has a dedicated Sponsors Hall, which will allow participants to enter and view sponsor's logos with a direct link to their website. Only a limited number of each sponsorship opportunities are available. For more information email Monique Francis at mfrancis@cmham.org.

DEADLINE: Wednesday, June 2, 2021

Conference Attendance is NOT included. You must register separately to attend the conference.

[CLICK HERE TO SIGN UP FOR CONFERENCE SPONSORSHIP!](#)

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference
Health Equity: Transforming to Meet the Challenge



Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), “Motivational Interviewing, Helping People Change” (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession” and Rosengren, D. (2018) “Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition.”

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. for Supervisors	CLICK HERE

Times: Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees: \$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Integrated Dual Disorder Treatment 101

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated and team-based services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Integrated Dual Disorder Treatment (IDDT) was designed following systematic study of high intensity COD treatment needs and alterations of the Assertive Community Treatment (ACT) model. Within this training attendees will understand the components of IDDT, including fidelity and outcome measurement. Specific attention will be paid to the development of stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders using the IDDT model.

Date: July 15, 2021 | [CLICK HERE to Register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now

the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

Date: August 11, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Diversion Council announces next in Interdisciplinary Partnership Series

The MDHHS Mental Health Diversion Council, in partnership with MCOLES, MSA, CMHA, MACP and PAAM, is proud to announce the 2nd webinar in our Interdisciplinary Partnership Series on:

Tuesday, June 1st, 2021 - 10:00 am to 12:00 pm

Moderated by Chief Robert Stevenson (MACP), panelists from Calhoun, Muskegon and Washtenaw will discuss strategies that they have implemented to improve partnership and collaboration between first responders and mental health professionals.

Register now by [clicking here](#).

Additional training opportunities can be found here: [Managing Mental Health Crisis](#).

Classroom WISE: Coming this JUNE!!!

A FREE mental health literacy course, video and resource library, and website designed for teachers and school staff. Check out more information and a sneak peek by [clicking here](#).

Recorded Parent Webinars

[Parenting Tips for ADHD: How to Unleash Your Child's Superpowers](#)
[More than Sad: Suicide Prevention for Parents](#)

Recorded Learning Series

Staying Connected with Students and Youth During COVID-19:

[Part 1: Why Social Connection is Important for Mental Health](#)
[Part 2: Maintaining Meaningful Teacher-Student Connections in the time of COVID-19](#)
[Part 3: Tips for Keeping the "Social" in Social Emotional Learning](#)
[Part 4: Cultivating Belonging in the Era of COVID-19](#)

The Impact of Mental Health on Students & Youth:

[Part 1: Assessing Mental Health in Young People](#)
[Part 2: Virtual Signs of Serious Mental Health Problems](#)
[Part 3: Youth, Social Distancing, and Anxiety in the time of COVID-19](#)
[Part 4: How to have Meaningful Conversations with Youth about Mental Health](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

New! CONNECT for Health Act

The Creating Opportunities Now for Necessary and Effective Care Technologies (CONNECT) for Health

Act of 2021 was recently introduced by Senator Brian Schatz (D-HI). The CONNECT Act was drafted to take into consideration some of the temporary telehealth policy changes installed in response to COVID-19 and some of the issues that have arisen in the past year. For more information, take a look at the Center for Connected Health Policy (CCHP) [CONNECT Act fact sheet](#) or read the bill's [summary](#).

New! Medicaid Medical Directors Network Report

Have you reviewed the Medicaid Medical Directors Network: [Perspectives on Telehealth Modernization?](#) This report is informed by an environmental scan (see Appendix on P10) and discussions facilitated by the Medicaid Medical Directors Network. The report dives into three topic areas: Equity, Quality and Payment.

New! Emergency Broadband Benefit

The [Emergency Broadband Benefit](#) (EBB): Helping Households Connect During the Pandemic, is an [FCC program](#) to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms. The EBB will provide a monthly discount towards broadband service and a one-time discount to purchase a laptop, desktop computer or tablet. Please share this information with your community served.

Monthly Telehealth Regional Tracker

Check out FAIR Health's Monthly Telehealth Regional [Monthly Telehealth Regional Tracker](#) and [Midwest infographic](#). This tool shows that in the Midwest, the volume of claims fell ~15% from January to February 2021. Another change noted was the disappearance of COVID-19 from the top five telehealth diagnoses. Mental health conditions continued to be the number one telehealth diagnosis nationally and in every region. Within that category, there was one change of note in February 2021: Post-traumatic stress disorder, previously absent from the list of top five mental health diagnoses nationally and in every region, became the fifth most common mental health diagnosis in the Midwest, displacing bipolar disorder.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

May is Mental Health Awareness Month

This year, we continue to see the impact of COVID-19 on mental health and well-being. The *Kaiser Family Foundation* reports that during the pandemic, 4 in 10 adults report increased anxiety and depression. [Rates of anxiety, depression, and thoughts of suicide have also increased significantly among young people.](#)

As SAMHSA reports in the brief, [Double Jeopardy Double Jeopardy: COVID-19 and Behavioral Health Disparities for Black and Latino Communities in the U.S.](#), communities of color are also experiencing higher rates of anxiety or depressive disorders, compounded by limited access to culturally appropriate services.

The Great Lakes ATTC, MHTTC, and PTTC offer a variety of trainings this month to support your vital work with vulnerable populations in the COVID-19 environment. Please scroll down to our events calendars. We hope you will join us for upcoming trainings.

News from Our Preferred Corporate Partners

New! Abilita: Old phone systems being phased out

Are you aware:

- old phone lines connecting legacy systems, fax machines, elevators, fire/security alarms are going away?
- carriers may be gouging you for continuing to use the older technology such as PRI?
- how this will impact your business?

If you don't know already, your plain old telephone service (POTS), copper lines and PRI circuits that plug into your phone system, facsimile machines, elevator lines, fire alarms and security systems are in the process of being phased out.

Instead of cutting services off immediately, your telephone provider may be substantially increasing their monthly rates, surcharges and other fees until you transition to other forms of technology.

This means your telephone invoices may continue to rise, in some cases from a few hundred dollars up to several thousand dollars.

We can help you tackle this: we will first assess the risks and timeline. Then we will identify possible alternative solutions that are more cost effective and provide additional technology benefits.

As the sun sets on this older technology, contact your Abilita Advisor, Dan Aylward daylward@abilita.com (517.853.8130) to get started with a zero-risk review of your services to help you avoid costly surprises.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org
Bethany Rademacher, Training and Meeting Planner, (517) 237-3149; brademacher@cmham.org
Alexandra Risher, Training and Meeting Planner, (517) 237-3150; arisher@cmham.org
Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Robert Sheehan, CEO, (517) 237-3142 rsheehan@cmham.org
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; msholtz@cmham.org
Amy Stagg, Behavioral Telehealth Coordinator, (517) 324-7310; astagg@cmham.org
Christina Ward, Director of Education & Training, (517) 237-3143; cward@cmham.org
Anne Wilson, Training and Meeting Planner, (517) 237-3153; awilson@cmham.org