



Update

April 30, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.**

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CMH Association and Member Activities

New! CMHA in Gongwer article: Staff shortages, client crises made covid hard on mental health services



Below are excerpts from a recent Gongwer article on the key issues facing Michigan's mental health system. Gongwer is one of Michigan's core Capitol news sources.

The darkest days of the coronavirus pandemic tested Michigan's mental health care system's strength and resiliency, faced with crippling challenges but also opportunities to grow.

Several providers in interviews with Gongwer News Service said they are becoming concerned about pandemic-driven negative trends in suicidal ideation – especially among youth, teens and young adults – and the care of adults with disabilities.

For some, the circumstances were easier than others. While there have been success stories as providers received the chance to take their services into the virtual realm, others have struggled mightily with staff shortages and funding for necessary support for a strong mental health safety net.

The full article can be found here.

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the CMHA website. Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Michigan's Stay Well initiative announces direct support professional trainings

Tuesday, May 11, 1:00 – 2:00 p.m. – "Addressing Burnout" - specifically for direct care supervisory staff.

As the pandemic wears on, burnout among direct care workers is on the rise. If you're a clinician, case management staffer or supervisor trying to manage your own pandemic-related stress while also supporting your team, consider registering for a free, one-hour webinar on addressing burnout. To learn more and to register click link provided below: https://zoom.us/webinar/register/WN_yafPlaKNT10vg7AL3C3tZA

Thursday, May 13, 2:00 – 3:00 p.m. – "Uplifting Our Direct Care Workers" - for hands-on direct care staff.

Direct care workers have carried a heavy psychological burden throughout the COVID-19 pandemic, risking their own health as they care for others. Many are suffering from emotional



distress because of this burden. A free, one-hour webinar may help those providing hands-on care to manage their feelings and regain hope. To register click link provided below: https://zoom.us/webinar/register/WN EEN6bLw-TOKgrFJfC9XXZw

The presenter for both webinars is Erin Wallace, CDP, Senior Outreach Specialist for the Stay Well program. Erin has spent much of her 20-year health care career providing education and support for direct care staff.

New! Video recording available from April 28 MDHHS webinar: Important Updates on AFCs and HFAs COVID-19 Emergency Response

MDHHS has recently released the recording from the April14 presentation, by MDHHS, around the Important Updates on AFCs and HFAs COVID-19 Emergency Response. That video can be <u>found here</u>. It can be accessed using code: **95g*7q0K**

New! MDHHS announces launch of pilot MiCAL crisis helpline in Oakland County and Upper Peninsula, services to be expanded statewide in coming months

Below are excerpts from a recent press release related to Michigan's MiCAL roll out.

The Michigan Department of Health and Human Services (MDHHS) released announced the launch of the Michigan Crisis and Access Line (MiCAL), with the rollout beginning in Oakland County and the Upper Peninsula.

Michiganders in Oakland County and the Upper Peninsula will be able to call, text or chat with MiCAL for free behavioral health crisis triage, support, resource information and referral to local services 24 hours a day, 7 days a week. MiCAL can be reached via phone or text at 844-44-MICAL (844-446-4225). Chat is accessed through Michigan.gov/MiCAL.

Additionally, MDHHS is integrating the Michigan Warmline into MiCAL, available for all Michiganders across the entire state. The Michigan Warmline provides individuals with emotional support from a certified peer support specialist or peer recovery coach from 10 a.m. to 2 a.m., 7 days a week. The Michigan Warmline can be reached at 888-PEER-753 (888-733-7753).

MiCAL highlights:

- Operated by Common Ground, with over 50 years of crisis services experience.
- Available to all Michiganders with mental health and substance use disorder needs regardless of severity of need, insurance status or ability to pay.
- Integrated with CMHSP crisis services including afterhours crisis line coverage, care coordination protocols and the activation/dispatch of in-person crisis services.
- MiCAL is available for persons in need, a concerned family member or friend or a helping professional.
- More information about MiCAL, including plans for future rollouts to more parts of the state, is available at Michigan.gov/MiCAL.



New! MDHHS awards grant to develop and implement statewide system of behavioral health mediation services

Below are excerpts from a recent press release related to the launch of Michigan's mental health mediation system.

The Michigan Department of Health and Human Services (MDHHS) has awarded Oakland Mediation Center a grant to develop and implement a statewide system of local mediation services to resolve disputes related to behavioral health services provided by Community Mental Health Services Programs (CMHSP) and their contract providers.

The use of mediation as a first step in the dispute resolution process fosters better treatment relationships and provides for a timelier agreement on what supports and services will be provided by the responsible mental health agency.

The project funded by this grant is expected to be fully implemented by September 2021.

The full press release can be found here.

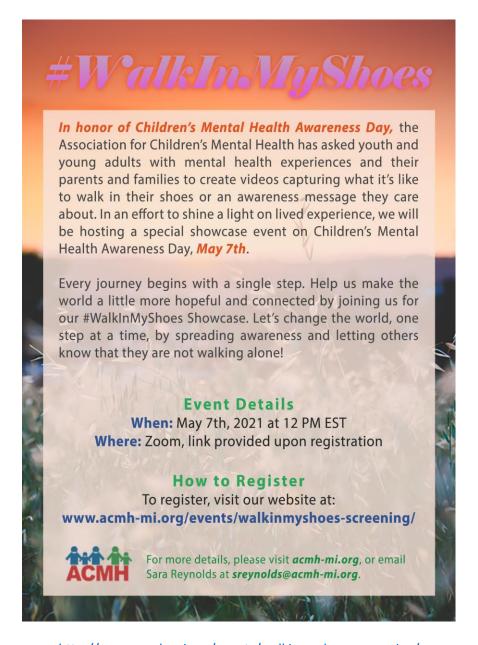
New! MDHHS names Demetrius Starling to head Children's Services Agency that oversees child welfare system

Demetrius Starling, who has more than 20 years of experience protecting children and assisting their families, has been named the new executive director of the Children's Services Agency, Michigan Department of Health and Human Services (MDHHS) Director Elizabeth Hertel announced today.

Beginning May 2, Starling will lead the agency that oversees the state's child welfare system, including Children's Protective Services, the foster care system that serves approximately 11,500 children, adoption services and juvenile justice programs.

The full press release around Ms. Starling's appointment can be found here.





http://www.acmh-mi.org/events/walkinmyshoes-screening/

New! CHCS: Using population identification strategies to tailor care for individuals with complex needs

The Center for Health Care Strategies (CHCS) has recently announced a webinar on population health for persons with complex needs:

Date and Time: Monday, May 17, 12:30-2 pm ET



Traditional approaches to identifying adults with complex health and social needs for care management programs rely on cost, utilization, or clinical patient attributes. However, individuals with complex needs are not homogenous — within this broad category patient needs vary widely, thus a single programmatic approach will likely not benefit everyone. Using data-driven methods to identify unique population subsets can help health care organizations better tailor care interventions to meet a diverse array of patient needs.

This webinar, coordinated by the Better Care Playbook and made possible through the Seven Foundation Collaborative, will feature promising strategies from health systems and payers — including Kaiser Permanente, New York City Health + Hospitals, and CareOregon — for effectively identifying people with complex health and social needs to inform tailored health care interventions for targeted subpopulations. Provider organizations, health systems, health plans, researchers, and other interested stakeholders are invited to join this 90-minute event.

Register for this event here.

State Legislative Update

New! View April's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our April Briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the Senate integration proposal – "Gearing Towards Integration".

To view the latest video, CLICK HERE!

New! House and Senate Putting Together Federal COVID Spending Plans

This week, the Michigan House and Senate Appropriations Committees considered a handful of COVID-19 supplemental appropriations for the Fiscal year 2020-21. These bills aim to spend a large sum of the federal funds allocated through the Coronavirus Response and Relief Supplemental Appropriations (CRRSAA) passed in December, the more recently-passed American Rescue Plan Act (ARPA), as well as the state's General Fund. All of the House and Senate supplementals and their summaries can be found here.

In the House Appropriations Committee, House Bills 4419, 4420 and 4421 (School Aid) were all passed out of committee. In total, the Health and Human Services portion is approximately \$1.7 billion. The following are some items to note:



House Bill 4419

- \$34.8 million for SUD block grant
- \$2.9 million in fed funding for crisis intervention and other recovery support services for children and adults with serious mental illness and SUD.
- \$32 million for mental health block grant
- Section 351 boilerplate. Requires DHHS to prioritize federal SUD and mental health grants to appropriately support crisis services, including CSUs, mobile crisis services and the Michigan Crisis and Access Line (MCAL).

House Bill 4420

- House Bill 4420 includes a net \$0 reappropriations in order to correct the fund sourcing referenced in boilerplate for Recovery High School grants and Recovery Community Organization grants.
- \$6.6 Million for Certified Community Behavioral Health Clinics Demonstration Program assumes the demonstration would begin July 1, 2021.
- Mental Health Facilities Includes <u>\$205.0 million</u> of federal Coronavirus State Fiscal Recovery Funds to:
 - Create a competitive grant program to increase the number of long-term pediatric psychiatric
 - o inpatient hospitals or centers (\$100.0 million).
 - Plan and construct a new Hawthorn Center for children and adolescents (\$85.0 million).
 - Create a competitive grant program for infrastructure investments to improve behavioral health care provided through emergency departments (\$15.0 million).
 - Support 12 new psychiatric beds through McLaren Northern Michigan (\$3.0 million).
 - Support behavioral health pilot program through McLaren Greater Lansing (\$2.0 million).
- Sec. 401. Recovery High Schools (\$600,000)
- Sec. 402. Recovery Community Organizations (\$600k)
- Sec. 452. Community Health Campuses Pilot Project. Requires appropriation to be awarded for a
 pilot project that develops an integrated wellness facility that includes mental, physical, and
 behavioral health components; requires pilot to serve underserved areas where one-stop
 wellness is deficient or absent; requires facility to include indoor aquatics, gymnasium, and
 workout facilities and the workout facilities must provide no or low-cost access to individuals
 earning 200% of the federal poverty level.

In the Senate Appropriations Committee, Senate Bills 36 and 216 (School Aid) were unanimously passed out of committee with substitutes. In total, the Health and Human Services portion equals approximately \$1.17 billion in federal funding and \$35.21 million in GF/GP for a total of \$1.22 billion in supplemental appropriations. Items to note in these supplementals include:



- \$347.3 million in Federal COVID epidemiology and laboratory capacity grant with \$20.0 million be allocated to public and nonpublic K-12 schools and intermediate school districts for COVID-19 testing and an additional \$20.0 million be allocated to the Department of Corrections for COVID-19 testing
- \$1.25 million for Certified community behavioral health clinics (6 FTEs)
- \$34.8 million for the substance use disorder block grant
- \$31.9 million for the mental health block grant
- \$36.4 million for the federal State opioid response grant
- \$726.3 million for food assistance programs

Both the Senate and House supplementals add language that limits the State Administrative Board's authority to transfer funding for state boards, commissions, and departments. Ultimately, this bill would limit Governor Gretchen Whitmer from using the Administrative Board to make transfers within agencies that increase or decrease an appropriation by more than 3%, or \$125,000, or \$200,000 in the aggregate.

Federal Update

Congress Passed 2021 COVID Relief Legislation

Congress just passed the <u>American Rescue Plan Act of 2021</u>, a \$1.9 trillion COVID-19 relief bill aimed at boosting the availability of vaccinations, providing funding for small businesses and schools and giving relief to families through new stimulus checks, extended unemployment benefits and an expanded child tax credit, among other provisions.

The legislation, which President Biden will sign this week, also includes billions in new relief to address rising demand for mental health and addiction services, workforce shortages and pandemic-related layoffs and furloughs.

In other words, we heard you loud and clear that more relief was needed. And we made sure Congress heard you, too.

Here are some highlights from this historic legislation:

- Substance Abuse and Mental Health Services Administration (SAMHSA) Block Grants: Provides \$3 billion for the Substance Abuse Prevention and Treatment block grant and the Community Mental Health Services block grant (\$1.5 billion each).
- Certified Community Behavioral Health Clinics (CCBHCs): Provides \$420 million to SAMHSA to fund CCBHC Expansion Grants.
- **Provider Relief Funds**: \$8.5 billion in new money to the Provider Relief Fund for providers in rural areas and those serving rural communities.



 Other Mental Health/Substance Use Disorder Funding: Provides more than \$450 million in additional funding for SAMHSA and Health Resources and Services Administration (HRSA) programming including funding for mental health and addiction services, workforce education and training, suicide prevention and public education campaigns.

Education Opportunities

Call for Presentations: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021



CMHA Virtual Annual Summer Conference
"Be the Change...Shaping our Future Together"

June 14 - 17, 2021

Virtual Education Daily from 9:00am – 12:30pm EST

Deadline for Call for Presentations is Monday, May 3, 2021

2 WAYS TO SUBMIT YOUR PRESENTATION:

1) Download the traditional Word document, complete and email.

CLICK HERE FOR PRESENTATION SUBMISSION FORM

2) Submit electronically via Survey Monkey:

CLICK HERE TO SUBMIT ELECTRONICALLY VIA SURVEY MONKEY

Watch <u>www.cmham.org</u> for more details!

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve <u>adults only</u> through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers,



support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Be sure to check out the newly updated M.I. for Leadership & Organizations training lead by Randall Estes!

Motivational Interviewing for Leadership and Organizations is designed for individuals and groups interested in implementing, teaching, training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to practice and teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition), Marshall and Nielsen (2020) Motivational Interviewing for Leaders in the Helping Profession" and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

See below for dates and link to the event page where you can view the brochure.

<u>Dates</u>	Training	Registration Link
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. for Supervisors	CLICK HERE

Times:

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees:

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are <u>intended for persons who</u> <u>serve adults only</u> through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.



By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

*Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.

<u>Integrated Dual Disorder Treatment 101</u>

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated and team-based services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Integrated Dual Disorder Treatment (IDDT) was designed following systematic study of high intensity COD treatment needs and alterations of the Assertive Community Treatment (ACT) model. Within this training attendees will understand the components of IDDT, including fidelity and outcome measurement. Specific attention will be paid to the development of stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders using the IDDT model.

<u>Date</u>: July 15, 2021 | <u>CLICK HERE to Register</u>

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm \$30 Registration fee includes electronic training materials and CEs

<u>Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment</u>

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of cooccurring mental health or pain disorders.

Dates: August 11, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm <u>\$30</u> Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery



Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

<u>Dates</u>: May 5, 2021 | <u>CLICK HERE to register</u>

August 24, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm \$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

<u>Dates</u>: May 11, 2021 | <u>CLICK HERE to register</u> August 31, 2021 | <u>CLICK HERE to register</u>

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm <u>\$30</u> Registration fee includes electronic training materials and CEs

Practicing Effective Management Virtual Training



TBD Solutions is hosting its next Practicing Effective Management Training online on May 13, 14, 20, and 21. This virtual training provides practical guidance for enhancing relationships and improving results through structured supervision, effective feedback, delegation, interviewing, time management, and employee development. This dynamic, interactive training is relevant for all levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate.

To register please visit: https://www.eventbrite.com/e/practicing-effective-management-tickets-140075773409



For questions or additional information, contact Molly at MollyR@TBDSolutions.com

Arc Michigan Disability Policy Webinar Series



The Arc Michigan is excited to announce

"June 2021 Disability Policy Webinar Series"

Registration now open!!

Click here to register https://attendee.gotowebinar.com/register/3396825039610487053

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the webpage, to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

New! Webinar: How to Leverage Telehealth Strategies for Substance Use Brief Intervention

May 11, 2021 from 3-4pm ET. This webinar is supported by the CoE for Integrated Health Solutions funded through a grant award from SAMHSA. Click here for webinar description and registration link.

New! Telehealth & Medicaid: A Policy Webinar Series featuring Medicaid experts

This free four-part webinar series was developed by the Center for Connected Health Policy in response to an ever-changing and complex landscape for telehealth policy in Medicaid. Please <u>click here</u> for each webinar description and the registration links.

Distance Learning & Telemedicine Opportunity Announcement

<u>Distance Learning & Telemedicine Opportunity Announcement</u> (FOA) closes on June 4, 2021. For full information, see the <u>Program Fact Sheet</u>.

For questions contact a <u>General Field Representative</u> that serves your area or call (202)720-0800 or email <u>dltinfo@usda.gov</u>.



FCC Announces Application Filing Window for Round Two of COVID-19 Telehealth Program

On April 15, 2021, the FCC <u>announced</u> that on Thursday, April 29, 2021 at 12:00 PM ET it will begin accepting applications for the second round of its COVID-19 Telehealth Program. The filing window closes on Thursday, May 6, 2021 at 12:00 PM ET.

Under this application processing round, the FCC will distribute nearly \$250 million to eligible health care providers to provide telehealth and connected care services to patients in response to the COVID-19 pandemic. Health care providers wishing to apply under round two of the Program should complete and submit an application on the FCC's Program Webpage. To ensure timely submission, interested providers should carefully review the FCC's Application Process Guidance, which is attached as Appendix C to the FCC's March 30, 2021 Report and Order on Reconsideration. Specific questions about the application process can be submitted to Round2TelehealthApplicationSupport@usac.org.

Education & Training Resources from Great Lakes MHTTC



CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Greatly Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be <u>found here.</u>

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its <u>Products and Resources</u> webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners



Abilita: You WILL Profit from a Technology Audit

There isn't any doubt that 2020 will be deemed "the year of the pandemic". It doesn't matter what line of business you are engaged in, or what your position in the organization is (was), your technology and telecom picture has changed. And, it may never be quite the same again.

Organizations' technology teams have been overwhelmed with the urgency of the crisis and have had to deploy new collaboration and connectivity solutions without a lot of thought for the long term. 2021 will be the year of preparing for the new reality in telecom and technology which may include:

- more Work From Home challenges
- more video, less telephony
- more flexibility in services and connectivity

Let's call 2021 the "Year of the Technology Audit". Look at where you were, where you are, and where and how to move ahead.

For some ideas on how to do this and what you might want to consider, <u>read this article titled "2021 - The Year of the Audit</u>. To get started now, contact us for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:



President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat19@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231) 392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org

Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org

Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org

Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org

Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org

Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org

Bethany Rademacher, Training and Meeting Planner, (517) 237-3149; brademacher@cmham.org

Alexandra Risher, Training and Meeting Planner, (517) 237-3150; arisher@cmham.org

Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org

Robert Sheehan, CEO, (517) 237-3142 rsheehan@cmham.org

Madi Sholtz, Training and Meeting Planner, (517) 237-3152; msholtz@cmham.org

Amy Stagg, Behavioral Telehealth Coordinator, (517) 324-7310; astagg@cmham.org

Christina Ward, Director of Education & Training, (517) 237-3153; awilson@cmham.org

Anne Wilson, Training and Meeting Planner, (517) 237-3153; awilson@cmham.org

