



WEEKLY Update

April 16, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! CARE of Southeastern Michigan announces Rally 4 Recovery

**RALLY 4
RECOVERY**  **CARE**
SOUTHEASTERN MICHIGAN

Register or sign up to volunteer today!

4.24.2021



11 AM - 2 PM
\$25 per team

Grand Prize Raffle: \$1,000

Rally 4 Recovery is a new, family-friendly adventure throughout Macomb County! Registration is now open!

CARE's Rally 4 Recovery is a family-friendly road rally that takes you around Macomb County with opportunities to win prizes by solving clues and riddles - all while practicing social distancing.

All proceeds from Rally 4 Recovery will support CARE programs that impact the lives of 40,000 individuals each year. Our programs include substance use education, prevention, and recovery. Rally 4 Recovery

lets the community and those who are struggling with substance use know we are here to help. When our community thrives, we all thrive.

Registration is \$25 per team. The event will take place rain or shine.

Please note, each registered team will earn a raffle ticket at each completed stop.

Raffle Prizes & Rally Rules

The Grand Prize Raffle is \$1,000. A full list of raffle prizes can be found at www.careofsem.com.

For the complete Rules of the Rally: [Click Here](#)

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! MDHHS Stay Well offers free webinar for Direct Support Professionals/Direct Care Workers

A promotional graphic for a free webinar. The background is bright yellow. At the top, the words "FREE WEBINAR" are written in large, colorful, outlined letters. Below this, the text "Uplifting our Direct Care Workers" is written in black, followed by the date and time "April 20, 3:30 - 4:30 p.m". A central image shows a woman in a white lab coat and face mask hugging an elderly woman in a wheelchair who is also wearing a face mask. A yellow button with a white border contains the text "CLICK HERE TO REGISTER". In the bottom left corner, the "STAY WELL" logo is displayed with the URL "Michigan.gov/StayWell" below it.

**FREE
WEBINAR**

**Uplifting our
Direct Care Workers**

April 20, 3:30 - 4:30 p.m

**CLICK HERE TO
REGISTER**

STAY WELL
Michigan.gov/StayWell

New! Picture of Michigan and national direct support professional workforce during COVID19

The Institute on Community Integration (MN-UCEDD) has released its 6 month follow-up survey report on the [Direct Care Workforce during COVID-19](#). Michigan had more than 200 respondents, so ICI has created a [Michigan "state profile"](#). It is great to have this state level data and could be helpful to discussions with legislators.

New! Recording of recent webinar on the intersection of law enforcement and mental health

In light of the high profile debate around the connection or lack of connection between law enforcement and mental health (including substance use disorder and intellectual/developmental disabilities), the CMHA staff, who are funded by MHTT dollars, partnered with state-level law

enforcement organizations in the development and signing of a joint statement, underscoring the importance of local partnerships between law enforcement and mental health organizations.

As part of this effort, CMHA, in partnership with the Governor's Diversion Council, the Michigan Department of Health and Human Services, and the Cardinal Group are sponsoring a series of webinars highlighting the work of behavioral health and justice partnerships in communities across Michigan and the country and the work of the Center for Behavioral Health and Justice at Wayne State University,

Those webinars are being planned to run monthly, with the first webinar taking place in March 2021. As the content and dates of the subsequent webinars are determined, they will be announced.

The recording of the first webinar, featuring innovative partnerships between local law enforcement organizations and the local public mental health center [can be found here](#)

New! Video recording available from April 14 MDHHS webinar: Important Updates on AFCs and HFAs COVID-19 Emergency Response

MDHHS has recently released the recording from the April 14 presentation, by MDHHS, around the Important Updates on AFCs and HFAs COVID-19 Emergency Response. That video can be [found here](#). It can be accessed with the access code: 7by97q*5

Michigan announces 988 listening sessions

The Michigan Department of Health and Human Services is planning for the implementation of 988, a new, national, three-digit number for mental health crisis and suicide response. The 988 crisis line is set to launch in July 2022. To support implementation, the State of Michigan has established a 988 planning coalition.

The coalition is seeking perspectives from **people who have experienced suicidal thoughts or behaviors, accessed crisis services, contacted a crisis line, or lost a loved one to suicide** to help inform the 988 implementation plan by participating in a virtual listening session. If you have these experiences and are interested in sharing your input, please register at <https://publicsectorconsultants.com/988-listening-session/>.

Michigan aims to have 24/7 statewide coverage of 988 calls, chats, and texts. Those who contact 988 can be connected to community crisis services and local resources, and call center staff can follow up with callers to ensure they have the support they need. The State is partnering with the current network of certified crisis centers providing suicide prevention and intervention services, as well as the Michigan Crisis Access Line (MiCAL). The 988 planning coalition is examining the state's current system and capacity for mental health crisis calls, reviewing model legislation for establishing a consistent statewide system for 988 calls, and providing other input on potential funding models and sources.

By working together with those with lived experience, Michigan hopes to create a comprehensive and effective crisis line for people in need.

State Legislative Update

View March's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system that (or each) month at the State Capitol.

Our March Briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the confirmation of Elizabeth Hertel as Director of the Michigan Department of Health and Human Services and the passage of a FY21 COVID Supplemental budget.

To view the latest video, [CLICK HERE!](#)

New! Shirkey Renewing Mental Health Integration Talks

Senate Majority Leader Mike Shirkey and his team are leading efforts behind the scenes to craft legislation that wraps all physical and mental health services for Medicaid recipients under a single program. The Leader was scheduled to meet with stakeholders again this week on crafting significant legislation that would have the health plans coordinating services for patients with severe mental health challenges and addictions.

The proposal has some advocates leery about an arrangement in which those most in need will be stuck with substandard therapy because the health plans won't pay for the type of innovative treatment that could benefit them the most.

Robert Sheehan, CEO of the Community Mental Health Association of Michigan, said he's been leery of the latest Shirkey effort of what he sees as "privatization." "In states where it's happened, the quality of care went down. Payments went down. Innovative practices went down," he said. The patients in questions are among the most difficult cases, he said. They have serious mental or intellectual challenges. They have severe addiction. They have conditions that need more than regular couch visits to a psychiatrist, Sheehan said. They need 24 crisis centers, residential services, one-on-one guidance with therapists who have been in the patients' shoes before. They also need case managers who will help them complete some of life's most basic tasks -- renting an apartment, working with a teacher, etc., he said. Sheehan said he's concerned too many people will fall between the cracks if there's a profit motive involved.

Asked this week about further efforts to integrate physical and mental health services, Department of Health and Human Services Director Elizabeth Hertel said, "My focus on behavioral mental health is trying to expand access and focusing on places for people to go in a crisis and need help. Right now, we don't have enough capacity for that and we need to think about that and invest in that."

Dominick Pallone, executive director of the Michigan Association of Health Plans, sees an opportunity to provide more complete care to individuals by providing them with services that address both their

physical and mental needs through a single system. A standardized system, which is in the majority of state, will help Medicaid patients while making dollars go farther.

Andy Hetzel, Blue Cross Blue Shield of Michigan vice president of corporate communications, said the entity is working with its customers and members to integrate its medical, pharmacy and behavioral health solutions because "we know treating the whole patient and coordinating care is critical to achieving better outcomes." The Blues are supporting efforts to increase behavioral and physical care integration. It's looking forward to working with Shirkey to make sure Michiganders "have access to the behavioral health care they need."

Federal Update

Congress Passed 2021 COVID Relief Legislation

Congress just passed the [American Rescue Plan Act of 2021](#), a \$1.9 trillion COVID-19 relief bill aimed at boosting the availability of vaccinations, providing funding for small businesses and schools and giving relief to families through new stimulus checks, extended unemployment benefits and an expanded child tax credit, among other provisions.

The legislation, which President Biden will sign this week, also includes billions in new relief to address rising demand for mental health and addiction services, workforce shortages and pandemic-related layoffs and furloughs.

In other words, we heard you loud and clear that more relief was needed. And we made sure Congress heard you, too.

Here are some highlights from this historic legislation:

- **Substance Abuse and Mental Health Services Administration (SAMHSA) Block Grants:** Provides \$3 billion for the Substance Abuse Prevention and Treatment block grant and the Community Mental Health Services block grant (\$1.5 billion each).
- **Certified Community Behavioral Health Clinics (CCBHCs):** Provides \$420 million to SAMHSA to fund CCBHC Expansion Grants.
- **Provider Relief Funds:** \$8.5 billion in new money to the Provider Relief Fund for providers in rural areas and those serving rural communities.
- **Other Mental Health/Substance Use Disorder Funding:** Provides more than \$450 million in additional funding for SAMHSA and Health Resources and Services Administration (HRSA) programming including funding for mental health and addiction services, workforce education and training, suicide prevention and public education campaigns.

Education Opportunities

Call for Presentations: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021



CMHA Virtual Annual Summer Conference "Be the Change...Shaping our Future Together"

June 14 - 17, 2021

Virtual Education Daily from 9:00am – 12:30pm EST

Deadline for Call for Presentations is Monday, May 3, 2021

2 WAYS TO SUBMIT YOUR PRESENTATION:

1) Download the traditional Word document, complete and email.

[CLICK HERE FOR PRESENTATION SUBMISSION FORM](#)

2) Submit electronically via Survey Monkey:

[CLICK HERE TO SUBMIT ELECTRONICALLY VIA SURVEY MONKEY](#)

Watch www.cmham.org for more details!

Save the Date: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

Questions? Contact Alexandra Risher at arisher@cmham.org.

VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings

All dates are currently sold out! We will be offering additional Ethics classes beginning in late summer.

VIRTUAL Pain Management and Mindfulness Trainings

There are currently no scheduled dates for Pain Management and Mindfulness. We will be offering additional Pain Management and Mindfulness classes beginning in late summer.

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. Supervisory	CLICK HERE

Times:

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees:

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Integrated Dual Disorder Treatment 101

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated and team-based services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Integrated Dual Disorder Treatment (IDDT) was designed following systematic study of high intensity COD treatment needs and alterations of the Assertive Community Treatment (ACT) model. Within this training attendees will understand the components of IDDT, including fidelity and outcome measurement. Specific attention will be paid to the development of stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders using the IDDT model.

Date: July 15, 2021 | [CLICK HERE to Register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

Dates: April 27, 2021 | **SOLD OUT**

August 11, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated

co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Dates: May 5, 2021 | [CLICK HERE to register](#)

August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Dates: May 11, 2021 | [CLICK HERE to register](#)

August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

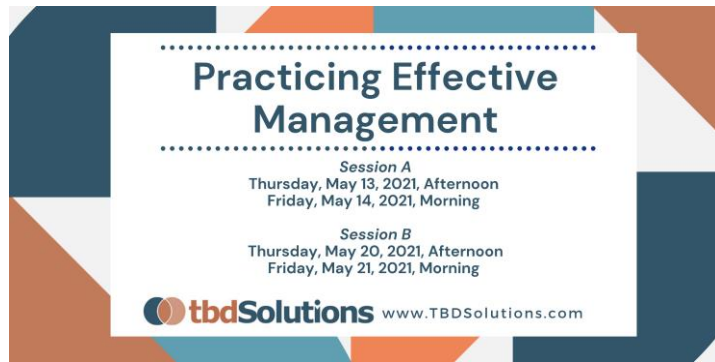
2021 ASD Evaluation and Treatment Trainings

The Michigan Department of Health and Human Services (MDHHS) and Autism Alliance of Michigan (AAoM) have partnered with autism experts across the state to bring virtual autism trainings to providers at no cost. [Click Here to Register!](#)

COURSES

MARCH 26	9AM-12PM	ASD EVALUATION DURING COVID-19 & BEYOND: TELEHEALTH AND IN-OFFICE MODIFICATIONS
APRIL 23	12PM-3PM	IS IT AUTISM SPECTRUM DISORDER, TRAUMA OR BOTH? CEUs: 3.0 for Psychologists (APA) and Social Workers (CEC)
APRIL 28	12PM-1PM	BEYOND ABA FOR ASD: TREATMENTS THAT WORK
MAY 20	12PM-3PM	ASD DIFFERENTIAL DIAGNOSIS IN YOUNG CHILDREN CEUS: 3.0 FOR PSYCHOLOGISTS (APA) AND SOCIAL WORKERS (CEC)
MAY 26	12PM-1PM	MAKING ASD REPORTS & FEEDBACK SESSIONS HELPFUL
JUNE 3	9AM-12PM	ASD & COMMON COMORBIDITIES CEUS: 3.0 FOR PSYCHOLOGISTS (APA) AND SOCIAL WORKERS (CEC)
JUNE 23	12PM-1PM	WHEN (AND WHEN NOT) TO RECOMMEND ABA
JULY 14	12PM-1PM	MEDICAL ASSESSMENT & MANAGEMENT OF ASD
JULY 22	9AM-12PM	WHEN IT IS NOT ASD: MANAGEMENT & RECOMMENDATIONS CEUS: 3.0 FOR PSYCHOLOGISTS (APA) AND SOCIAL WORKERS (CEC)
AUGUST 4	12PM-1PM	UNDERSTANDING GIRLS WITH ASD
AUGUST 18	9AM-4PM	ADOS-2 BOOSTER

Practicing Effective Management Virtual Training



TBD Solutions is hosting its next Practicing Effective Management Training online on May 13, 14, 20, and 21. This virtual training provides practical guidance for enhancing relationships and improving results through structured supervision, effective feedback, delegation, interviewing, time management, and employee development. This dynamic, interactive training is relevant for all levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate.

To register please visit: <https://www.eventbrite.com/e/practicing-effective-management-tickets-140075773409>

For questions or additional information, contact Molly at MollyR@TBDSolutions.com

Arc Michigan Disability Policy Webinar Series



The Arc Michigan is excited to announce the

“June 2021 Disability Policy Webinar Series”

Registration is now open!!

Click here to register <https://attendee.gotowebinar.com/register/3396825039610487053>

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan’s Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

New! Distance Learning & Telemedicine Opportunity Announcement

[Distance Learning & Telemedicine Opportunity Announcement](#) (FOA) closes on June 4, 2021. For full information, see the [Program Fact Sheet](#).

This grant opportunity helps rural communities acquire the technology and training necessary to connect educational and medical professionals with students, teachers and patients in rural areas. The intent of the DLT program is to benefit rural areas with populations of 20,000 or less. Grant funds may be used for:

- Audio, video and interactive video equipment
- Broadband facilities that support distance learning or telemedicine
- Computer hardware, network components and software
- Acquisition of instructional programming
- Acquisition of technical assistance and instruction for using eligible equipment

Awards can range from \$50,000 to \$1 million. A minimum 15% match is required and cannot be from another federal sources. Questions? Contact a [General Field Representative](#) that serves your area or call (202)720-0800 or email dltinfo@usda.gov.

FCC Sets New Guidelines for COVID-19 Telehealth Program Relaunch

The Federal Communications Commission is poised to launch the second round of its COVID-19 Telehealth Program, with new guidelines designed to help health systems qualify for reimbursements.

COVID-19 Telehealth Program – [Order FCC 21-39](#) released 3/30/2021

Notes from Upper Midwest Telehealth Resource Center

- Funding must be awarded to at least one applicant from all 50 states and D.C.
- Filing Window of 7 Calendar Days
 - Two-week notice period via PN (TBD)
 - Anticipate opening filing window within 30-days of the Order
- Round 2 Eligibility
 - Round 1 applicant(s) eligible to apply for Round 2 even if received Round 1 award dollars
 - \$1M cap per applicant
 - FCC Form 460 required for only lead health care provider listed on application
 - HCPs should indicate applying for COVID-19 Telehealth Program on 460 to expedite review
 - Two business day response deadline for 460 questions
 - System for Award Management (SAM) Registration required
 - Do Not Pay verification

Webinar: Increasing Connectivity with the Emergency Broadband Benefit (EBB)

Thursday, April 15, 2021, 3:00 PM ET

[Register for this Webinar](#)

Connectivity is an essential part of everyday life during the COVID-19 pandemic. A connected device with internet access provides a gateway to social engagement with family and friends while practicing physical distancing; healthcare services; remote work and school; and supplies and meals.

The [Emergency Broadband Benefit](#) is an [FCC program](#) to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms.

This webinar will include an overview of the Emergency Broadband Benefit including what it is, who is eligible, how it works, and how to help people enroll. A brief question and answer period will follow the presentation. To submit a question in advance of the webinar, please email: broadbandbenefit@fcc.gov.

MedPAC Report on Medicare Payment Policy March 2021

The [Medicare Payment Advisory Commission](#) (MedPAC) released the March 2021 report on Medicare payment policy. This report includes recommendations to Congress to continue some Medicare COVID-19 telehealth coverage expansions only temporarily (1-2 years after PHE order is lifted) to allow more time for study before making any policies permanent.

- Read the full report [here](#)
- Center for Connected Health Policy (CCHP) [video](#) and [slide deck](#) discusses the recent MedPAC recommendations for telehealth in the Medicare program. CCHP will review what MedPAC is suggesting and which changes they are recommending be kept once the public health emergency for COVID-19 is over.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services



Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

New! MHTTC and CMHA request your assistance in finding individuals with Perinatal Mood and Anxiety Disorder (PMAD) PMAD experience for listening session

The MHTTC Perinatal Mood and Anxiety Disorder (PMAD) Coordination Group is hosting a set of listening sessions, during the week of April 12, with people and families who have lived experience with Perinatal Mood and Anxiety Disorders to better determine their needs and design training and technical assistance for the medical and mental health workforces.

See the flyers, in [English](#) and [Spanish](#), and distribute them to health and behavioral health providers who work with individuals and families during the perinatal period to help us get the word out and gather participants in the listening sessions.

News from Our Preferred Corporate Partners

Abilita: You WILL Profit from a Technology Audit

There isn't any doubt that 2020 will be deemed "the year of the pandemic". It doesn't matter what line of business you are engaged in, or what your position in the organization is (was), your technology and telecom picture has changed. And, it may never be quite the same again.

Organizations' technology teams have been overwhelmed with the urgency of the crisis and have had to deploy new collaboration and connectivity solutions without a lot of thought for the long term. 2021 will be the year of preparing for the new reality in telecom and technology which may include:

- more Work From Home challenges
- more video, less telephony
- more flexibility in services and connectivity

Let's call 2021 the "**Year of the Technology Audit**". Look at where you were, where you are, and where and how to move ahead.

For some ideas on how to do this and what you might want to consider, [read this article titled “2021 - The Year of the Audit](#)”. To get started now, contact us for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

CMH Association’s Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association’s leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association’s Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association’s members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
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