



WEEKLY Update

March 19, 2021

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.**

Contents

CMH Association and Member Activities	3
New! GHS featured in news story: New partnership sends mental health professionals, virtually, alongside officers	3
New! CEI speaks at TV mental health town hall	3
New! SCCCMH and community partners announce school-based health center	4
Traveling Art Show	4
State & National Developments and Resources	4
New! Video recording available from recent MDHHS AFC Q&A session on COVID response	4
New! MDHHS issues RFP for opioid recovery support services	5
New! Detroit Pistons Virtual Mental Health Event	5
State Legislative Update	6
View February's Legislative Video on CMHA's Website	6
Governor Signs FY21 COVID Supplemental with Vetoes	6
Shirkey Given Power To Take Legal Action If Gov Spends Vetoed Money	7
Executive Orders Signed	
Federal Update	8
Congress Passed 2021 COVID Relief Legislation	8
Education Opportunities	9

	New! Save the Dates: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021	9
	Webinar: Building a Crisis Services System for all Michiganders	9
	New! Eye Movement Desensitization and Reprocessing (EMDR) Training	10
	New! Call for Presentations: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference	11
	VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open	11
	VIRTUAL Pain Management and Mindfulness Trainings – Registration Open	12
	Virtual Motivational Interviewing College Trainings – Registration Open	12
	Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open	13
	CMHA and partners offer: Interdisciplinary Partnerships: Community Mental Health & Law Enforcement Collaboration Webinar	15
	New! Practicing Effective Management Virtual Training	16
Beł	navioral Telehealth Resource Center	16
	Telehealth Resource Center	16
	New! Early Diversion Virtual Learning Community Please	16
	New! FCC Launches Emergency Broadband Benefit Program	17
	Review! Proposed Policy Draft: Asynchronous Telemedicine Services	18
	Medicare Law Requires in Person Visit for Telehealth Coverage	18
	Telehealth Legislation Re-Introduced	18
	Psychotherapy Notes Excluded from Federal "Open Notes Rule?"	19
	Behavioral Health Provider Experiences with Telehealth during COVID-19	19
Edι	ucation & Training Resources from Great Lakes MHTTC	19
	CMHA's partnership with SAMHSA funded Great Lakes MHTTC	20
	Catalog of MHTTC resources	20
Ne	ws from Our Preferred Corporate Partners	20
	Abilita: Are you ready for E-911?	20
	myStrength: new digital behavioral health resources empower consumers to move beyond traum	na20
СМ	H Association's Officers & Staff Contact Info	21
	CMHA Officers Contact Information:	21
	CMHA Staff Contact Information:	21



CMH Association and Member Activities

New! GHS featured in news story: New partnership sends mental health professionals, virtually, alongside officers

Below are excerpts from a recent news story describing the partnership between Genesee Health System and local law enforcement:

Genesee Health System and the Grand Blanc Township Police Department are pleased to announce a new partnership designed to provide the best possible service to individuals who are experiencing a mental health crisis.

Officers and Sergeants in the field now have access to iPads that give direct, virtual access to mental health professionals, via GHS's Behavioral Health Urgent Care department.

The full story can be found here.

New! CEI speaks at TV mental health town hall

Below are excerpts from a recent announcement of a mental health series and town hall sponsored by a Lansing-area television station. The town hall featured the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CEI).

Throughout the month of March, 6 News is dedicating time each day to the topic of "Mental Health".

As the COVID-19 pandemic continues its grip on the world, the need for mental health support is at an all-time high.

We're bringing the conversation about mental health to the palm of your hands. In the video above, hear from a panel of experts, who have difficult conversations, and make it their life's work to advocate for those in need of assistance.

Panelists will include:

- o Karen Gallagher, Owner of The Wellness Institute of Michigan
- Sara Lurie, Executive Director Community Mental Health Authority of Ingham, Clinton, Eaton counties

The video of the town hall can be found here.



New! SCCCMH and community partners announce school-based health center

Below are excerpts from the recent announcement of the school-based health center developed through a collaboration involving St. Clair County Community Mental Health.

YALE PUBLIC SCHOOLS STUDENT WELLNESS CENTER

Beginning in November 2020, all students enrolled in Yale Public Schools will have access to medical, behavioral health and other support services through the Student Wellness Center, with no out of pocket costs to families. This school-based health center is a collaborative project of St. Clair County Health Department, St. Clair County Community Mental Health (SCCCMH) and Yale Public Schools; and is staffed by a registered nurse and a licensed professional counselor. This program is funded by SCCCMH through a grant award from SAMHSA.

WHAT IS A SCHOOL-BASED HEALTH CENTER?

A school-based health center brings qualified providers to the school environment so that students can avoid health related school absences, receive support they need to succeed both in school and at home, improved access to health Care, improve student health and wellness and improve academic performance.

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the CMHA website. Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Video recording available from recent MDHHS AFC Q&A session on COVID response

As most Weekly Update readers know, MDHHS holds weekly information and Q&A sessions for the state's Adult Foster Care (AFC) homes and Homes for the Aged (HFA) around responses to the COVID pandemic. MDHHS has received approval to share the recorded version of some (and potentially all from here on out) of these sessions. The recording from the most recent Q&A session can be found at: AFC/HFA Zoom Meeting 3-17-21 with the use of the pass code: 3\$M=Gup4



New! MDHHS issues RFP for opioid recovery support services

The Michigan Department of Health and Human Services (MDHHS) has issued a Request for Proposals (RFP) for registered Recovery Community Organizations (RCOs) to provide recovery support services. The purpose of the Recovery Support Services Competitive - 2021 program is to expand recovery support center services or recovery community center services at RCOs for individuals seeking long-term recovery from substance-use disorders. RCOs are independent, non-profit organizations led and governed by representatives of local communities of recovery. To be eligible to apply for this funding, applicant agencies must be registered with the Association of Recovery Community Organizations at Faces and Voices of Recovery.

The RFP seeks competitive plans for local projects that will expand services as described above, prioritizing recovery support navigation, recovery outreach education, and recovery activities and events.

Funded applicants will receive ongoing technical assistance from the MDHHS project coordinator which include help with program start-up, reporting requirements and barriers to program implementation. The four-month award period begins June 1, 2021 and ends Sept. 30, 2021. MDHHS expects to award approximately \$600,000, with a maximum of \$150,000 per applicant.

Grant applications must be submitted electronically through the EGrAMS program by 3 p.m. on April 9,

For more information or to apply, visit the <u>EGrAMS website</u> and select "About EGrAMS" link in the left panel to access the "Competitive Application Instructions" training manual. The complete RFP can be accessed under the 'Current Grants' section under the "Behavioral HIth and Dev Dis Adm Standard" link and selecting the "RSSC-2021" grant program.

New! Detroit Pistons Virtual Mental Health Event

Detroit Pistons will be hosting a live virtual panel discussion with experts in the field of mental health on Monday, March 22nd. The discussion will be led by a select panel of experts in the field of mental wellness. The panelists will discuss topics that include the pandemic and isolation, social anxiety of reentering the world, anxiety/depression, loneliness vs solitude.

GUESTS WILL INCLUDE:

2021.

Dr. Corey Yeager - Detroit Pistons Team Psychotherapist JD Dubois - Detroit Pistons Player Development Early Cureton - Detroit Pistons Legend Bryan Granger - LPC Henry Ford Behavior Health Children's Center DLIVE

Register Here: https://fevo.me/30YZlzz

For questions or additional information, contact: Paul Schram 313-377-7628 | pschram@pistons.com



State Legislative Update

View February's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system that (or each) month at the State Capitol. Our February Briefing features CMHA Associate Director, Alan Bolter, provides an overview of the Governor's FY22 executive budget as well as a couple of other key updates. *To view the latest video, CLICK HERE!*

Governor Signs FY21 COVID Supplemental with Vetoes

Tuesday, March 9 Governor Gretchen Whitmer signed House Bills 4047 and 4048, which provide supplemental funding for the state's COVID-19 relief and recovery plan. The \$3.55 billion spending measure provides funding for, among other things, vaccine distribution, money for schools, and emergency rental assistance. Notably, HB 4047 includes an extension of the wage increase for direct care workers – \$2.25 per hour for the remainder of the fiscal year – as well as \$17 million for substance use disorder block grant, nearly \$16 million for the mental health block grant and \$1.3 million for congregate and home-delivered meals.

While the majority of the funding initiatives will go into effect, Whitmer did line-item veto some items, including:

- \$150 million in General Fund dollars for the Michigan Unemployment Insurance Agency fund
- \$450 million in business property tax and fee relief
- \$86.7 million in non-public school funding
- \$10 million in parental expenses

In her <u>signing letter</u>, Governor Whitmer cited her frustration with the Legislature, as the package took forty-eight days to arrive at her desk and was not the product of a bipartisan negotiation with her and the State Budget Director. Additionally, Whitmer called for the Legislature to appropriate the remaining \$2 billion in federal funding before the legislative spring break scheduled to begin March 29. State Budget Director Dave Massaron <u>issued a letter</u> to the House and Senate appropriations chairs calling for a meeting to address the remaining, unspent federal dollars.

While Governor Whitmer signed the two major funding bills, she vetoed House Bill 4049, which was tiebarred to an \$840.7 million funding provision in HB 4048, and would have allowed local health departments to have the authority to open or close schools and youth sporting events. In her veto letter, Whitmer called the bill "a reckless idea, poorly executed and poorly timed." While the Governor vetoed HB 4049, she did not veto the funding tied to it that was included in House Bill 4048. It remains unclear whether the legislature's use of the tie-bar in this way was legal and, according to reports, the Governor's legal team continues to review.



Also tie-barred to a \$347.3 million funding provision in House Bill 4047 was Senate Bill 1, which would limit the power of the Michigan Department of Health and Humans Services (DHHS) to extend a public health order past 28 days without legislative approval. Consideration of the bill was delayed due to a procedural constraint but was passed out of the House by a vote of 59 to 50 late this afternoon. The Governor is expected to veto the measure.

The House also unsuccessfully attempted to override the Governor's vetoes – an action that requires a 2/3 majority vote to prevail.

Shirkey Given Power To Take Legal Action If Gov Spends Vetoed Money

This week the Senate empowered Senate Majority Leader Mike Shirkey to initiate legal action if the Whitmer administration spends \$1 billion in the recently signed COVID-19 spending bills that were tiebarred to vetoed legislation. The approval of SR 26 ignited a charge from Democrats that Republicans are more interested in obstructing than helping the Governor solve real problems during the pandemic.

Republicans feel they need to defend the authority of the Legislature to make sure dollars are being spent as directed. The Governor's legal team is looking into the legality of the tie-bars in HB 4047 and 4048 and the Senate is taking this as a sign that she's cooking up an argument to spend money they don't believe she can legally spend.

HB 4048 Public Act 3 of 2021 -- attached \$840.7 million in federal Title I money for schools with high percentages of poor students to Rep. Pamela Hornberger's, HB 4049, which shifts Michigan Department of Health and Human Services' (DHHS) power to shut down K-12 in-person instruction and youth sporting events to local health officials.

The second act, HB 4047 shackled \$207 million for COVID-19 testing to Sen. Lana Theis' SB 1, to cap off statewide public health orders at 28 days until and if the Legislature approves an extension.

Whitmer has already vetoed HB 4049 and a veto of SB 1 as expected. Her legal team is looking into whether tie-barring a policy bill to an appropriation is a violation of the subject-title cause of the Constitution, among other things.

The Senate's call for legal action to reduce executive authority over the pandemic is taking place a year after the COVID-19 crisis accumulated into an official pandemic.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19.

Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499 90705---,00.html



• Executive Order 2020-181 – Amendment to the Safe Start order, please click here to access Executive Order 181.

Federal Update

Congress Passed 2021 COVID Relief Legislation

Congress just passed the American Rescue Plan Act of 2021, a \$1.9 trillion COVID-19 relief bill aimed at boosting the availability of vaccinations, providing funding for small businesses and schools and giving relief to families through new stimulus checks, extended unemployment benefits and an expanded child tax credit, among other provisions.

The legislation, which President Biden will sign this week, also includes billions in new relief to address rising demand for mental health and addiction services, workforce shortages and pandemic-related layoffs and furloughs.

In other words, we heard you loud and clear that more relief was needed. And we made sure Congress heard you, too.

Here are some highlights from this historic legislation:

- Substance Abuse and Mental Health Services Administration (SAMHSA) Block Grants: Provides \$3 billion for the Substance Abuse Prevention and Treatment block grant and the Community Mental Health Services block grant (\$1.5 billion each).
- **Certified Community Behavioral Health Clinics (CCBHCs):** Provides \$420 million to SAMHSA to fund CCBHC Expansion Grants.
- **Provider Relief Funds**: \$8.5 billion in new money to the Provider Relief Fund for providers in rural areas and those serving rural communities.
- Other Mental Health/Substance Use Disorder Funding: Provides more than \$450 million in additional funding for SAMHSA and Health Resources and Services Administration (HRSA) programming including funding for mental health and addiction services, workforce education and training, suicide prevention and public education campaigns.



Education Opportunities

New! Save the Dates: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021



CMHA Virtual Annual Summer Conference "Be the Change...Shaping our Future Together"

June 14 - 17, 2021

Virtual Education Daily from 9:00am - 12:30pm EST

Call for Presentations will be sent out next week.

Watch www.cmham.org for more details!

Webinar: Building a Crisis Services System for all Michiganders

Webinar: Building a Crisis Services System for all Michiganders

Date: Wednesday, March 24, 2021

<u>Log on Time:</u> 12:45pm <u>Training:</u> 1:00pm – 3:00pm

Location: Zoom

No Fee to Attend. No Certificate will be Awarded. Registration Required (registration information below).

<u>Presenters:</u> Krista Hausermann, LMSW, CAADC, Strategic Initiative Specialist, MDHHS Behavioral Health and Developmental Disability Administration and Amy Kanouse, MPH, Behavioral Health Program Specialist, Project Manager, COVID-19 Emergency Grants for SMI/SUD Services, Behavioral Health and Developmental Disabilities Administration, Michigan Department of Health and Human Services

Brief Description:

You are invited to a discussion with BHDDA staff Krista Hausermann and Amy Kanouse. Presenters will provide a brief overview of Michigan Psychiatric Care Improvement Crisis Services projects. Participants will engage in a facilitated discussion on designing a crisis service system for all Michiganders, with a focus on target population, metrics, crisis service continuum, mobile crisis, and crisis stabilization units.

Registration:

If you are interested in attending this training, you can register in Zoom at the link below.



Registration deadline: 5:00pm on Tuesday, March 23, 2021. After registering, you will receive a confirmation email containing information about joining the meeting. Questions, email awilson@cmham.org

REGISTER HERE:

https://us02web.zoom.us/meeting/register/tZYqfu6uqz8tE9AulkBvaFg2_CFEUgzHDhMn

This webinar is co-sponsored by the SAMHSA funded Great Lakes Mental Health Technology Transfer Center (MHTTC) and facilitated by The Community Mental Health Association of Michigan (CMHA). This offering reflects a collaboration between CMHA and MHTTC for the common vision of bettering the behavioral health care workforce in Michigan, regardless of any specific funding source.





New! Eye Movement Desensitization and Reprocessing (EMDR) Training

Personal Transformation Institute presents Eye Movement Desensitization and Reprocessing (EMDR)

This virtual 6-day training provides clinicians with an experiential understanding of EMDR under Personal Transformation Institute's S.A.F.E approach: Somatic and Attachment Focused approach to training and therapy.

PTI Basic Trainings Include:

- Engaging Instruction from a PTI Trainer
- Supportive, safe practice
- 10 hours of Consultation
- A training manual written by Deb Kennard, PTI Founder
- Comprehensive post-training online support for 1year
- CEU Credits included

Location of Training: Virtual Training

Dates:

Cohort 1 - May 13-15 & June 10-12, 2021 – Max. 30 Participants Cohort 2 - July 15-17 & August 12-14, 2021 – Max. 30 Participants

Cost:

\$574.50 per participant.



Who Can Participate: Masters-level clinicians who work in the public mental health systems or as a provider of the system that provides services to ADULTS with Serious Mental Illness.

How to Register:

Contact: Anne Wilson at awilson@cmham.org

Please contact Anne Wilson as soon as possible if you are interested in attending this training. Space is limited for this training. If approved, you will then be sent a website link and code to register and make payment.

New! Call for Presentations: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

The Annual Substance Use and Co-Occurring Disorder Virtual Conference brought in over 1,000 attendees last year. We would love for you to join us by sharing your expertise, research or showcasing a successful program!

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

Submission Deadline: Wednesday, April 14, 2021

What we are looking for: Presentations that fit into the general theme of the conference, specifically, presentations that address: health disparities, health equity, integration of behavioral health (prevention and treatment of mental health and substance use disorders) and physical health, co-occurring disorder, peers and recovery coaching and strength-based services as well as the topics in the attached guidelines document. Please feel free to submit proposals on other topics that you think will address this year's theme.

- Submit this electronic form by Wednesday, April 14, 2021.
- We allow for a maximum of 3 presenters during a workshop.
- Workshops are 90 minutes.
- Presenter Compensation: Presenters will receive complimentary registration for the full VIRTUAL conference. The conference budget will not provide honorariums for workshop presenters.

CLICK HERE FOR THE ELECTRONIC SUBMISSION FORM AND MORE INFOMRATION ON OUR WEBSITE

Questions? Contact Alexandra Risher at arisher@cmham.org.

VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom



Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

March 22, 2021 (SOLD OUT)

• April 5, 2021 (Register Here) (3 spots left)

• April 26, 2021 (Register Here) (15 spots left)

Agenda:

Log into Zoom: 8:15am

Education: 8:30am – 11:30am Lunch Break: 11:30am – 12:00pm Education: 12:00pm – 3:00pm

Training Fees: \$120 CMHA Members \$143 Non-Members

VIRTUAL Pain Management and Mindfulness Trainings – Registration Open

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates: Agenda:

March 30, 2021 (SOLD OUT)

 Log into Zoom: 8:45 am

 April 6, 2021 (Register Here) (38 spots left)

 Education: 9:00am – 11:00am

Training Fees: \$43 CMHA Members \$51 Non-Members

Virtual Motivational Interviewing College Trainings – Registration Open

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

<u>Dates</u>	<u>Training</u>	Registration Link
April 19-20, 2021	M.I. Basic	CLICK HERE
April 22-23, 2021	M.I. Advanced	CLICK HERE



April 29, 2021	M.I. Supervisory	CLICK HERE
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. Supervisory	CLICK HERE

Times:

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

Training Fees:

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are <u>intended for persons who</u> <u>serve adults only</u> through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

*Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.

Integrated Dual Disorder Treatment 101

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated and team-based services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Integrated Dual Disorder Treatment (IDDT) was designed following systematic study of high intensity COD treatment needs and alterations of the Assertive Community Treatment (ACT) model. Within this training attendees will understand the components of IDDT, including fidelity and outcome measurement. Specific attention will be paid to the development of stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders using the IDDT model.



Dates: April 15, 2021 | SOLD OUT

July 15, 2021 | CLICK HERE to Register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm \$30 Registration fee includes electronic training materials and CEs

Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of cooccurring mental health or pain disorders.

Dates: April 27, 2021 | SOLD OUT

August 11, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm <u>\$30</u> Registration fee includes electronic training materials and CEs

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Dates: May 5, 2021 | CLICK HERE to register

August 24, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm <u>\$30</u> Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting



problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

<u>Dates</u>: May 11, 2021 | <u>CLICK HERE to register</u>

August 31, 2021 | CLICK HERE to register

<u>Times</u>: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm <u>\$30</u> Registration fee includes electronic training materials and CEs

CMHA and partners offer: Interdisciplinary Partnerships: Community Mental Health & Law Enforcement Collaboration Webinar















In the midst of a global pandemic, the related economic downturn, and a renewed focus on racial justice, mental health, and public safety, the intersection of law enforcement and mental health have come to the fore in public discussion and debate. Our organizations, representing Michigan's law enforcement professionals, prosecuting attorneys, and community mental health (CMH) systems, want to underscore the ideas of continuously examining best practices, as well as taking the opportunity to enhance longstanding partnerships between law enforcement, mental health systems and communities throughout Michigan and to recommend strengthening those partnerships.

When placed on the shoulders of law enforcement, the list of community needs burdens them with an evergrowing list of expectations from the public – expectations beyond the core responsibilities and capacities of any law enforcement professional.

As we look forward to shared strategies that enhance the capacity to respond to a variety of crisis situations, Michigan communities have developed innovative and effective partnerships between local law enforcement agencies and community mental health systems — the public mental health system designed to provide high quality, evidence-based and community-centered mental health services. These partnerships focus the appropriate resources and personnel on the issues at hand in any given crisis call - by applying law enforcement approaches when needed, mental health and human services approaches when needed, and partnering together as needed.

This webinar will explore interdisciplinary partnership and collaboration efforts from three innovative Michigan communities.

When: March 26th, 2021 | 10:30 a.m. – 12:00 p.m.

Webinar Registration Cost: FREE (Registration for this webinar is made available by the Michigan Department of Health & Human Services.)

Registration: Registration URL: https://attendee.gotowebinar.com/register/3156763167938164236

For additional information please contact J. Eric Waddell at jericwaddell@thecardinalgroup2.com



New! Practicing Effective Management Virtual Training



TBD Solutions is hosting its next Practicing Effective Management Training online on May 13, 14, 20, and 21. This virtual training provides practical guidance for enhancing relationships and improving results through structured supervision, effective feedback, delegation, interviewing, time management, and employee development. This dynamic, interactive training is relevant for all levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate.

To register please visit: https://www.eventbrite.com/e/practicing-effective-management-tickets-140075773409

For questions or additional information, contact Molly at MollyR@TBDSolutions.com

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the webpage, to see available resources. If you have information to be included on the webpage, please contact astagg@cmham.org.

New! Early Diversion Virtual Learning Community Please

SAMHSA's GAINS Center has announced its Early Diversion Virtual Learning Community, a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.

PART 1: STRATEGIES FOR ADDRESSING TREATMENT ENGAGEMENT CHALLENGES WITH CERTAIN INDIVIDUALS

March 25, 2021, 2:00-3:00 p.m. ET; discussion group 3:00-4:00 p.m. ET



Many communities face challenges engaging certain individuals in treatment. These individuals cycle through homelessness, incarceration, and crisis services. The question arises, are we speaking of individuals who are resistant to services or services that are resistant to these individuals? While there is no "one size fits all" approach, there are specific strategies, services, and practices that communities have developed to address the support needs of individuals who have difficulty engaging in services. These strategies include care coordination, targeted case management, data-driven responses, motivational interviewing, peer-based responses, and trauma-informed services. Presenters will address multi-faceted approaches to improve individual outcomes and system response.

PRESENTERS

Steve Miccio, CEO, People USA, Poughkeepsie, New York Mark Giuliano, M.S.W., Director of Community Support, Department of Community Mental Health, Westchester County, New York

<u>Click here</u> to register for the Part 1 webinar and the discussion group taking place immediately afterward.

PART 2: ADDRESSING THE CRITICAL NEED FOR HOUSING AND STRATEGIES TO OVERCOME BARRIERS TO IMPROVE HOUSING ACCESS

April 22, 2021, 2:00-3:00 p.m. ET; discussion group 3:00-4:00 p.m. ET

Housing is a critical need for individuals experiencing homelessness who are in crisis and at risk for justice involvement. Services alone cannot address the overwhelming disruption homelessness contributes to well-being and health. Barriers to accessing housing include criminalization of homelessness, lack of partnership development, funding issues, and navigating myths and realities related to securing housing. Presenters will address comprehensive strategies to improve housing access, which is key to early diversion.

PRESENTERS

Julia Orlando, Ed.M., M.A., CRC, DRCC, Director, Bergen County Housing, Health and Human Services Center, New Jersey

Letitia N. Robinson, M.S.W., M.P.A., Assistant State Director, Office of Supportive Housing, Georgia Department of Behavioral Health and Developmental Disabilities

<u>Click here</u> to register for the Part 2 webinar and the discussion group taking place immediately afterward.

PARTS 4-5: TO BE ANNOUNCED

New! FCC Launches Emergency Broadband Benefit Program

The Federal Communications Commission (FCC) has launched an Emergency Broadband Benefit Program to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms. The Emergency Broadband Benefit will provide a discount of up to \$50 per month towards broadband service for



eligible households and up to \$75 per month for households on Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute \$10-\$50 toward the purchase price.

Review! Proposed Policy Draft: Asynchronous Telemedicine Services

Please review the <u>Proposed Policy Draft for Asynchronous Telemedicine Services</u>. The purpose of the bulletin is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward technologies, interprofessional telephone/internet/electronic health record consultations and remote patient monitoring services. Please submit comments and state reasons why you support or oppose the change. Comments are due April 15, 2021 to Laura Kilfoyle, kifoylel@michigan.gov.

Medicare Law Requires in Person Visit for Telehealth Coverage

The Consolidated Appropriations Act of 2021, section 123 includes language that requires behavioral health providers to have seen their client in person during the prior six months before a telehealth visit will be covered by Medicare. Further, providers must have in-person visits on a "regular interval" to be determined by the Health and Human Services Department for telehealth visits to be covered by Medicare. This change, signed into law in the last days of December 2020, has raised confusion in the telemental health provider community. As discussed in the blog by Nathaniel Lacktman, a partner at Foley & Lardner who chairs the Telemedicine and Digital Health Industry team "the in-person exam requirement is at odds with a direction that telehealth policy has moved over the last decade. It disrupts Medicare's historical approach which is to defer to state laws on professional practice requirements and clinical standards of care."

Read the full article HERE.

Did you know? MSA 20-09 is a permanent telemedicine policy

This policy was enacted at the start of COVID-19. This policy adds **home** and "other established site considered appropriate by the provider" **as allowable originating sites and will not expire at the end of the Public Health Emergency.** This bulletin addresses the <u>CMHA Recommendations</u> #6 for Michigan's emerging Medicaid telemedicine policies.

Audio-only telemedicine behavioral health Medicaid codes are not under current discussion for immediate change. The Federal government has extended the Public Health Emergency (PHE) order through 2021. Additionally, all states will be granted 60 days post PHE to extend services covered under the PHE order. For reference, please see the COVID-19 Encounter Database which note the opened codes during the COVID emergency: <u>COVID-19 Encounter Code Chart</u> and the BHDDA Database of Telemedicine allowable services post-COVID: BHDDA Telemedicine Database (3/2/2021).

Telehealth Legislation Re-Introduced

This week, Sens. Portman (R-OH) and Whitehouse (D-RI) and Reps. McKinley (R-WV), Budd (R-NC),



Cicilline (D-RI), and Trone (D-MD) re-introduced the <u>Telehealth Response for E-prescribing Addiction</u> <u>Therapy Services (TREATS) Act.</u> The legislation, first introduced last Congress, seeks to support the expansion of telehealth services for substance use care. The TREATS Act would allow for the prescription of medication-assisted treatment (MAT) without a prior in-person visit, and for Medicare to be billed for audio-only telehealth services. The National Council supports these efforts to expand access to needed substance use services.

Psychotherapy Notes Excluded from Federal "Open Notes Rule?"

A new rule that prohibits "information blocking" for electronic health records takes effect April 5, 2021. Psychotherapists who use electronic health records (EHR) will have to comply with this federal rule requiring that health care providers give patients better access to their electronic health information (EHI). Exceptions to the Open Notes Rule include:

- Psychotherapists may exclude notes of any type that may cause harm to the patient or others should the patient have access. However, the rule specifically states that psychological distress does not meet the definition of harm (Torous, 2020).
- Psychotherapists who keep paper records will not be impacted.
- Any notes designated as "psychotherapy notes" are excluded from the Open Notes Rule as long as they are stored separately. However, if the psychotherapy notes reference content that is considered medical record notes, they cannot be blocked.
- Psychotherapists who used an uncertified EHR such as PsyBooks are not required to follow the Open Notes Rule.

The American Psychological Association further describes the application of the Open Notes Rule to psychologists here: New federal rule affects psychologists with electronic health records.

Read the full article HERE.

Behavioral Health Provider Experiences with Telehealth during COVID-19

<u>The Behavior Health Workforce Research</u> Center at the Institute for Healthcare Policy and Innovation, University of Michigan recently completed key informant interviews and published a brief that highlights key findings and federal policy implications. Read the <u>IHPI Brief here</u>.

Education & Training Resources from Great Lakes MHTTC





CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Greatly Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be found here.

Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its Products and Resources webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

Abilita: Are you ready for E-911?

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out www.abilita.com/michigan-e911 to learn more and find out what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.



CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat19@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231) 392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Treandra Bailey, Policy Analyst; publicpolicy@cmham.org
Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; deferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org
Bethany Rademacher, Training and Meeting Planner, (517) 237-3149; brademacher@cmham.org
Alexandra Risher, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; msholtz@cmham.org
Amy Stagg, Behavioral Telehealth Coordinator, (517) 237-310; astagg@cmham.org
Christina Ward, Director of Education & Training, (517) 237-3153; astagg@cmham.org
Anne Wilson, Training and Meeting Planner, (517) 237-3153; aswilson@cmham.org

