

# WEEKLY Update

January 29, 2021

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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# CMH Association and Member Activities

## **New!** 2020 Nick Filonow Award of Excellence: Thomas Cole, System Administrator, Macomb County CMH Services



CMHA and the Improving Outcomes Committee is pleased to announce the recipient of the 2020 Nick Filonow Award of Excellence - Thomas Cole, System Administrator from Macomb County CMH Services.

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Since playing a critical role in our ability to successfully recover from a serious cyber-attack in May 2019, Thomas has led Macomb County Community Mental Health efforts to not only restore our network but to implement sustainable processes for heightened security across the board. Thomas kept his technology “wish list” current by constantly researching best practices and vendors which greatly reduced the implementation time. Then came the pandemic and the transition to remote work. The previous improvements made by MCCMH and led by Thomas made our transition to remote work highly successful. Throughout, Thomas has continued to have the support of management and finance, and has moved us forward in an impressive manner; ultimately leading to his nomination for the Nick Filonow Award!

## **New!** Hiawatha Behavioral Health announces podcast highlighting heroic work of employees

Below are excerpts from a recent announcement from Hiawatha Behavioral Health, on the release of its podcast, [“Hiawatha’s Hope”](#)



With the toll the pandemic has been taking on staff I began looking for ways to help maintain the team connection. We developed a podcast featuring HBH employees. This has provided an opportunity to highlight some of the very talented people we have at HBH, to allow staff to get to know each other a little better and to provide support and education as well. I thought maybe you would like to check this out when

you get some “free” time. I suggest that you skip the CEO podcast and start with Melissa Walker or Holly Engle. I was truly impressed with the job they did, as well as our HR Manager, Laura Bailey acting as host. This has been a very popular venture. The podcast videos are available to the public at on Hiawatha’s website at [www.hbhcmh.org](http://www.hbhcmh.org).

## **New! Plans to divert people suffering mental health crisis from jails, ER evolve in Kent County**

Below are excerpts from a recent news story on the opening of a crisis center by Network 180.

The plan to divert people suffering mental health crises from jails and emergency rooms to a crisis center in Kent County has evolved to potentially include mobile crisis response units, a central behavioral health call center and two crisis campuses.

The full story can be [found here](#).

## **New! CMHA and partners issue call for vaccination access for persons with disabilities**

CMHA joined a powerful group of advocates, led by the Self-Advocates of Michigan, in issuing a call for Michigan's health system leaders to ensure that Michiganders with disabilities are prioritized for the Corona virus vaccine. Excerpts of that letter are provided below.

The Self-Advocates of Michigan (SAM), and the signatories below, greatly appreciate the work that the state and the various departments within the state have done to curb the outbreak of COVID-19 in Michigan. Recognizing that much work is still needed, we would like to address several issues important to people with disabilities.

...With this in mind, we have concerns regarding people with disabilities and the level they are placed in the distribution line-up; 1C. We feel that people with disabilities have been compiled as an all-inclusive group which is far from reality. We share these following points and ask for your reconsideration in the level of importance for vaccine distribution.

The full letter can be [found here](#).

## **State & National Developments and Resources**

### **New! Principles for the Use of Funds From the Opioid Litigation**

Below are excerpts from a recent set of recommendations developed by the Johns Hopkins School of Public Health on the use of funds that become available as a result of the federal and state opioid lawsuit settlement.

States, cities, and counties will soon be receiving funds from opioid manufacturers, pharmaceutical distributors and pharmacies as a result of litigation brought against these companies for their role in the opioid epidemic that has claimed more than half a million lives over the past two decades.

Governors, attorneys general, and legislators will face difficult decisions in determining the best use of the funds. The following organizations encourage the use of five guiding principles during this process.

The full set of recommendations can be [found here](#).

### **New! Executive Order by President Biden on racial equity and support for underserved communities**

Below are excerpts from the recent federal executive order around racial equity and the work that the federal government can do to foster racial equity and services to underserved communities.

Equal opportunity is the bedrock of American democracy, and our diversity is one of our country's greatest strengths. But for too many, the American Dream remains out of reach. Entrenched disparities in our laws and public policies, and in our public and private institutions, have often denied that equal opportunity to individuals and communities. Our country faces converging economic, health, and climate crises that have exposed and exacerbated inequities, while a historic movement for justice has highlighted the unbearable human costs of systemic racism. Our Nation deserves an ambitious whole-of-government equity agenda that matches the scale of the opportunities and challenges that we face.

The full executive order can be [found here](#).

### **New! Advocacy groups point out: Biden pandemic strategy puts focus on people with Disabilities**

Below are excerpts from a recent news story on the disability-rights thrust of a number of federal executive orders.

As President Joe Biden introduces a coordinated federal approach to address the COVID-19 pandemic, he's turning attention to the virus' impact on people with disabilities. Biden laid out a broad 200-page plan and signed a slew of executive orders late last week to increase access to vaccines, require masks in certain settings and implement a host of other moves in the face of a raging pandemic. Among the many changes he announced are several aimed at curtailing the coronavirus' outsized impact on the disability community.

The full article can be [found here](#).

### **New! Arc Michigan releases guide to "hiring and managing direct care workers"**

Arc Michigan recently released a handbook aimed at guiding persons served as they work to hire and supervise direct care workers through self-directed services arrangements.

The guide can be [found here](#).

## **New! HMA issues analysis of federal factors impacting publicly funded healthcare in 2021**

Health Management Associates (HMA) recently issued a set of slides outlining the impact of a range of emerging federal policies on the nation's healthcare system and those served by this system. These slides can be [found here](#).

## State Legislative Update

### **View January's Legislative Video on CMHA's Website**

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system that (or each) month at the State Capitol. Our December Briefing features CMHA Associate Director, Alan Bolter, provides a 2020 legislative lame duck session recap which concluded in late December. *To view the latest video, [CLICK HERE!](#)*

### **New! Governor's State of the State Address**

On Wednesday, Governor Gretchen Whitmer delivered her third State of the State address from the Michigan State Capitol. And while it was held in the Capitol, it looked decidedly different in pandemic times with only a few staff present as opposed to all members of the legislature. And being virtual, in an atypical fashion, the opening of the speech featured Lieutenant Governor Garlin Gilchrist II followed by videos of special guests.

While we will highlight some of her key points below, you can also find the necessary fact sheets to support some of the proposals touched on during the speech.

#### **Key Highlights**

- The Governor aimed to strike a bipartisan tone, and she reiterated her desire to work with the Legislature in passing the Michigan COVID Recovery Plan that focuses on vaccine distribution, supporting small businesses, getting Michigan's students back on track, and extending unemployment benefits from 20 to 26 weeks. She also discussed the Good Jobs for Michigan plan that would help retain and grow Michigan businesses as well as create more jobs.
- Governor Whitmer discussed MI Classroom Heroes – a program to reward teachers and support staff – which will reward up to \$500 in grants in February to offset expenses and reward educators who have worked throughout the pandemic.
- The Governor touched on the temporary extension of the \$2/hour wage increase for direct care workers and stated, "Now it's time to make the pay raise permanent."
- Whitmer discussed other initiatives she has introduced, such as the MI Clean Water Plan to bring cleaner and safer water to communities and residents while supporting Michigan jobs across the state.

- She highlighted her intent to address prescription drug prices by building on the recently-released report from the bipartisan Prescription Drug Task Force that includes reform proposals that she wants to see “get on the legislature’s to-do list.”
- Finally, Governor Whitmer asked that the legislature continue to work with her on a plan to fix roads across the state. She specifically is looking to provide local communities with more options to address crumbling infrastructure, which will not include an increase at the pump.

### **Prepared Remarks and Policy Priority Fact Sheets**

[Governor Whitmer 2021 State of the State Remarks as Prepared for Delivery](#)

[Fact Sheet - MI COVID Recovery](#)

[Fact Sheet - Prescription Drug Affordability](#)

[Fact Sheet - Vaccine Distribution](#)

[Fact Sheet - Water Infrastructure](#)

[Fact Sheet - Local Roads and Bridges](#)

[Fact Sheet - MI Classroom Heroes](#)

[2021 State of the State Program](#)

### **New! Direct Care Wage Increase Highlighted in SOS Address**

As previously noted the Governor did mention making the \$2/hour DCW wage increase permanent in her State of the State speech Wednesday evening, below is the quote from the speech:

“In addition to MI Classroom Heroes, we owe a special thank you to frontline health care workers. Including direct care workers who provide nursing and health care for seniors and Michiganders with disabilities. We gave these heroes a \$2 an hour raise. I worked with the legislature to extend it for a few months, and then a few more months. Now it’s time to make that pay raise permanent.”

“Because it’s not enough to just say “thank you” – we need to show support.”

The continuation of the wage increase and any effort to make it permanent will require negotiations and passage by the legislature. Governor Whitmer is expected to provide her 2022 budget recommendations on February 11, which unofficially kicks off the budget process. [Click here](#) for a link to social media tools that can be used to promote the wage increase:

### **DHHS EMERGENCY ORDERS**

Currently, there are active *DHHS* emergency orders. Please find a list of the active emergency orders with the topic, date it was signed and a hyper link accessing the emergency order below. For individuals still interested, or in need of referencing previous *Executive Orders*, please click [here](#).

Today, Governor Whitmer announced the finalization of the Feb. 1 reopening of indoor dining for restaurants and bars, but with a 10 p.m. curfew and a 25% capacity limit, up to 100 people.

Large stadiums will also be allowed more capacity to allow for additional attendance at high school football finals being hosted this weekend, under the newest epidemic order issued by the Michigan Department of Health and Human Services (DHHS) that will take effect Feb. 1 and run until Feb. 21.

The new capacity limits allow for 500 people at venues that seat over 10,000 people, while stadiums that seat less than 10,000 are allowed to be at 20% capacity, up to 250 people.

The order also will allow concessions at casinos, movie theaters and stadiums; personal services requiring mask removal and non-residential gatherings of up to 10 people from two households.

### Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

[https://www.michigan.gov/whitmer/0,9309,7-387-90499\\_90705---,00.html](https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html)

- **Executive Order 2020-181** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 181.

## Federal Update

### House Passes Short-Term Federal Funding

This week, the House of Representatives passed a short-term continuing resolution (CR) through December 18 to provide appropriators with additional time to reach a spending agreement for fiscal year (FY) 2021. The CR also includes provisions that would extend several expiring health care policies, including Certified Community Behavioral Health Clinics (CCBHCs). The Senate now has until midnight tonight to vote on the CR to avert a shutdown.

## Education Opportunities

### **New!** Sponsorship Opportunity – CMHA Winter Conference – Deadline: February 3, 2021

Community Mental Health Association of Michigan is pleased to announce sponsorship opportunities for their 2021 Annual Winter conference, "Focus on Wellness: Refresh · Renew · Refocus," taking place each morning February 9-12, 2021. As a conference sponsor, you will gain visibility throughout the day to promote your company's brand, products and services directly to the 400 CMHA conference



attendees. The virtual platform has a dedicated Sponsors Hall, which will allow participants to enter, view sponsor's logos with a direct link to their website.

**GOLD SPONSOR - \$400 Member Rate / \$480 Non-Member Rate:**

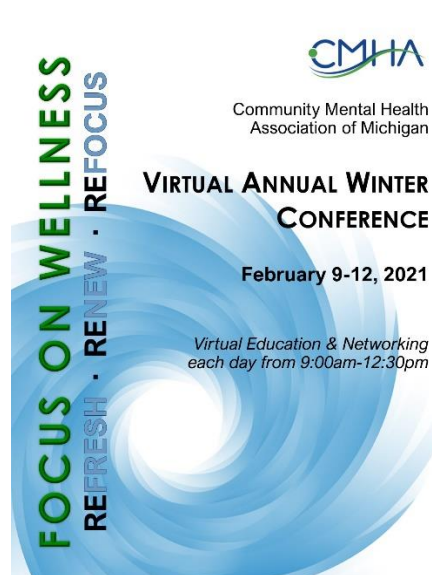
- Featured on Conference Homepage (Logo changes as page is refreshed) (upper left – Logo Ad Size: 350px x 600px)
- Featured in the Sponsor Hall (Logo Ad Size: 480px x 320px & URL needed)
- Featured on the Sessions Page
- Verbal acknowledgment at the beginning of the Keynote (*Limited to first 3 Gold Sponsors*)
- Contact information of all Attendees (post event)
- Conference Attendance is NOT included. You must register separately to attend the conference.

**SILVER SPONSOR - \$200 Member Rate / \$240 Non-Member Rate:**

- Featured on Conference Homepage (lower right alphabetically stacked) Logo Ad Size: 300px by 120px
- Featured in the Sponsor Hall (Logo Ad Size: 480px x 320px & URL needed)
- Contact information of all Attendees (post event)
- Conference Attendance is NOT included. You must register separately to attend the conference.

More details and to register as a SPONSOR: [Click Here to Sponsor the Conference!](#)

**Still Time to Register - CMHA 2021 Virtual Annual Winter Conference**



CMHA 2021 Virtual Annual Winter Conference  
“Focus on Wellness: Refresh · Renew · Refocus”

February 9-12, 2021  
Educational Sessions Each Morning

**[CLICK HERE TO REGISTER!](#)**

Here's some key benefits on why you should register for this virtual conference series!

***Earn 9.5 Social Work CEs + 10.5 MCBAP CEs at the CMHA Virtual Annual Winter Conference!***

**Reduced Registration Fee:** Eliminating the cost of food, meeting room rental, audio-visual rental and materials allows us to lower

our conference fee.

**Save on Travel Costs:** The extra costs such as mileage reimbursement, hotel overnight costs and meal per diems *substantially increase* the cost of each person attending the conference.

### LIVE Conference Fees:

*Live Conference: You are NOT required to attend the entire conference – you can attend 2 sessions or 8 or more! You receive credit for each session you log in, view live at the scheduled time and participate fully (90% of advertised time). Viewing the sessions live is the only way to receive CE Credits. You also have access to session recordings for 90 days after the conference (no CEs).*

**Member: \$210 per attendee**

**Non-Member: \$252 per attendee**

### Recording Only (No CEs) Conference Fees:

*Recording Only– No Continuing Education Credits: For those who do not need CEs take advantage of the significantly reduced fee. The recordings will be available AFTER the conference and you will have 90 days to view the recordings. You can view as many sessions as you like.*

**Member: \$50 per attendee**

**Non-Member: \$70 per attendee**

Questions? Contact Chris Ward at [cward@cmham.org](mailto:cward@cmham.org) or 517-237-3143.

## **[CLICK HERE TO REGISTER FOR THE CONFERENCE!](#)**

### **VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

#### **Dates:**

- February 22, 2021 *(SOLD OUT)*
- March 22, 2021 *([Register Here](#)) (3 spots left)*
- April 5, 2021 *([Register Here](#)) (42 spots left)*
- April 26, 2021 *([Register Here](#)) (32 spots left)*

#### **Agenda:**

Log into Zoom: 8:15am  
Education: 8:30am – 11:30am  
Lunch Break: 11:30am – 12:00pm  
Education: 12:00pm – 3:00pm

**Training Fees:** \$120 CMHA Members \$143 Non-Members

### **VIRTUAL Pain Management and Mindfulness Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- March 8, 2021 *(SOLD OUT)*
- March 30, 2021 *(SOLD OUT)*

**Agenda:**

Log into Zoom: 8:45 am  
 Education: 9:00am – 11:00am

**\*NEW Pain Management and Mindfulness Training Date to be Announced Soon\***

**Training Fees:** \$43 CMHA Members \$51 Non-Members

**Family PsychoEducation Basic Facilitator Virtual Training – Registration Open**

Registration is now open for the Family PsychoEducation Basic Facilitator Virtual Training to be held February 1, 2, 8 and 9 for two hours each day. Two cohorts will be held. For additional information, please email [awilson@cmham.org](mailto:awilson@cmham.org) for a brochure.

**Virtual Motivational Interviewing College Trainings – Registration Open**

Registration is now open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
April 19-20, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
April 22-23, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
April 29, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>
July 26-27, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
July 29-30, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
Aug. 2-3, 2021	M.I. for Leadership & Organizations	<a href="#">CLICK HERE</a>
Aug. 5, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>

**Times:**

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)



**Training Fees:**

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

## NEW! Behavioral Telehealth Resource Center

**New! Telehealth Resource Center**

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact [astagg@cmham.org](mailto:astagg@cmham.org).

**CMHA recommendations: [Michigan's emerging Medicaid telemedicine policies](#):** Recognizing that the Medical Services Administration of MDHHS is in the process of revising and expanding the state's Medicaid telemedicine policies, CMHA has created a document which outlines recommended telemedicine policies. These recommendations reflect the views of a broad cross section of CMHA members and stakeholders.

**New! Educational Opportunities Available**

[The Upper Midwest Telehealth Resource Center](#) provides education and resources on Telehealth Adoption, Delivery, Compliance and Reimbursement. Some available webinars are noted below.

[Telehealth & Medicaid: What's Next? A Roadmap for Medicaid Telehealth Policy in a Post- COVID World \(Panel discussion\)](#)

Date: February 5, 2021

Time: 2:00 pm - 3:00 pm

Location:

Telehealth & Medicaid: What's Next? A Roadmap for Medicaid Telehealth Policy in a Post- COVID World (Panel discussion)

Contact: Center for Connected Health

[NCTRC Webinar - Telehealth Policy Update: What Has Happened and What to Look for in 2021](#)

Date: February 18, 2021

Time: 2:00 pm - 3:00 pm

Location:

NCTRC Webinar

Contact: Center for Connected Health Policy

**New! Behavioral Health Provider Experiences with Telehealth during COVID-19**

[The Behavior Health Workforce Research](#) Center at the Institute for Healthcare Policy and Innovation,

University of Michigan recently completed key informant interviews and published a brief that highlights key findings and federal policy implications. Read the [IHPI Brief here](#).

## Education & Training Resources from Great Lakes MHTTC

### Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

### MHTTC announces series on National School Mental Health Curriculum

The National School Mental Health Curriculum was the result of a partnership between the Mental Health Technology Transfer Center (MHTTC) Network and the National Center for School Mental Health (NCSMH) to identify priority training topics, develop training content and gather related resources for inclusion in the training curriculum.

The national Mental Health Technology Transfer Center (MHTTC) Network, one of the groups that provides the backbone support for that curriculum, has developed and is hosting is 8-part training series using the National School Mental Health Curriculum: Guidance and Best Practices for States, Districts, and Schools. Each session will include a pre-session video, live panel session, and post-session regional breakout.

Information on this free series, which starts on February 9 and runs through March 25, can be [found here](#).

## News from Our Preferred Corporate Partners

### Abilita: Are you ready for E-911?

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out [www.abilita.com/michigan-e911](http://www.abilita.com/michigan-e911) to learn more and find out what you need to do to prepare!

## myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## CMH Association's Officers & Staff Contact Info

### CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat19@live.com](mailto:balcat19@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231) 392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Robert Sheehan, CEO, (517) 237-3142 [rsheehan@cmham.org](mailto:rsheehan@cmham.org)  
Alan Bolter, Associate Director, (517) 237-3144; [abolter@cmham.org](mailto:abolter@cmham.org)  
Audrey Daul, Administrative Assistant, (517) 237-3141; [adaul@cmham.org](mailto:adaul@cmham.org)  
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Regina MacDonald, Accounting Assistant, (517) 237-3146; [rmacdonald@cmham.org](mailto:rmacdonald@cmham.org)  
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