



# WEEKLY Update

January 15, 2021

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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## CMH Association and Member Activities

### **New!** CMHA staff member appointed to national Leadership Board of the Grand Challenges for Social Work

A CMHA staff member has recently been appointed to the Leadership Board of the Grand Challenges for Social Work.

The staff member's work with the Grand Challenges will be an asset to CMHA, to the CMHA members, and the Michiganders as the Grand Challenge draws together social work academicians and practitioners from across the country.

The Grand Challenges for Social Work, the flagship program of the [American Academy of Social Work & Social Welfare](#) (AASWSW), is a groundbreaking initiative to champion social progress powered by science. It's a call to action for social work researchers and practitioners to: Harness social work's science and knowledge base; collaborate with individuals, community-based organizations, and professionals from all fields and disciplines; and work together to tackle some of our toughest social problems.

The GCSW focuses on innovations to solve social problems, especially those that disproportionately affect the most vulnerable in our society.

The 12 Grand Challenges are:

- Individual and family well-being
- Ensure healthy development for youth
- Close the health gap
- Build healthy relationships to end violence
- Advance long and productive lives
- Stronger social fabric
- Eradicate social isolation
- End homelessness
- Create social responses to a changing environment
- Harness technology for social good
- Just society
- Eliminate racism
- Promote smart decarceration
- Build financial capability and assets for all
- Reduce extreme economic inequality

More information on the Grand Challenges for Social Work can be found at:  
<https://grandchallengesforsocialwork.org/>

### **CMH and provider crisis lines now posted on CMHA web**

While the access numbers for all the state's CMHs have been posted on the CMHA website, for years, the 24/7 crisis lines numbers have not. Now those crisis numbers are a part of the CMH listing section, searchable via an interactive map. (Acknowledgement to our partners at BHDDA/MDHHS who developed this map and keep it updated). The CMH maps, access numbers, websites and crisis numbers are [found here](#).

# State & National Developments and Resources

## **New! Uplifting Michigan's Direct Care Workers - Stay Well/MDHHS webinar & discussion around COVID-related distress**

CMHA is joining MDHHS and the Stay Well team in inviting you and the direct care workers on your staff to a webinar designed to provide resources and support to direct care workers as they deal with the Coronavirus pandemic.

The COVID-19 pandemic has changed life dramatically for many direct care workers, creating anxiety, depression, and symptoms of emotional distress some have never experienced before. How can we help these valuable team members manage these feelings and regain hope?

Join the Michigan Stay Well team for “Uplifting our Direct Care Workers Community,” a free, 1-hour webinar designed for those who provide hands on care.

The webinar will consist of a presentation followed by an interactive discussion. You will learn:

How to recognize and address normal symptoms of emotional distress

What is burnout, compassion fatigue, and how to reduce these symptoms

How anyone can get free, confidential emotional support from trained crisis counselors

Where to find helpful brochures, videos, and other support services

**WHEN:** Wednesday, January 20, 2 to 3 p.m.  
**HOW TO REGISTER:** [https://zoom.us/webinar/register/WN\\_EjsCxsfQ62QACStGsl6JA](https://zoom.us/webinar/register/WN_EjsCxsfQ62QACStGsl6JA)  
**HOW TO CONNECT:** Follow the unique link emailed to you after registration  
**PRESENTER:** Erin Wallace, CDP, Outreach Specialist, Stay Well grant program

After the presentation, participants are invited to share their experiences and ask questions.



*This Stay Well webinar is brought to you by the Michigan Department of Health and Human Services with grant funding from the Federal Emergency Management Agency (FEMA) and the Substance Abuse and Mental Health Services Administration (SAMHSA).*

**New!** APA announces town hall to address structural racism and psychiatric residency training

Join APA Monday, Feb. 8 at 8pm ET for an online Town Hall addressing structural racism & psychiatric residency training.



Michele Reid, MD  
Chief Medical Officer, CNS Healthcare  
Trustee-at-Large, American Psychiatric Association (APA)



Sheritta Strong, MD  
Director of Inclusion at University of Nebraska Medical Center



Crystal Clark, MD, MSc  
Associate Professor of Psychiatry and Behavioral Sciences and Obstetrics and Gynecology, Northwestern University Feinberg School of Medicine



Nhi-Ha Trinh, MD  
Director, Psychiatry Center for Diversity Department of Psychiatry Massachusetts General Hospital | Associate Director, Hinton Society, Harvard Medical School (HMS)  
Assistant Professor of Psychiatry, HMS



Michael O. Mensah, MD, MPH  
Co-Chief Resident, UCLA Department of Psychiatry  
Resident-Fellow Member Trustee, APA

Register at  
[psychiatry.org/townhall](https://psychiatry.org/townhall)



**New!** Sunfield Center offers free video resources to support remote schooling

Given how difficult it has been for some children and parents to adapt to remote schooling, the Sunfield Center created a video with research informed recommendations for what parents can do to help their children succeed at home during this unusual time of distance learning. In addition to a ten-minute video Sunfield created a PDF document that clinicians and families can use to guide them with examples of what they may be able to do to help themselves and their children.

- Direct link to the [video](#) on Youtube

- Direct link to the [PDF document](#)
- Direct link to the Sunfield [website](#) where you can find both the video and the PDF as well as another video we produced in March of this year to help parents implement a home behavioral plan to manage kids during the pandemic.

### **New! Coalition for Whole Health's recommendations to the Biden-Harris Transition Team**

The national Coalition for Whole Health's recently released its "Recommendations to the Biden-Harris Transition Team to Strengthen Access to Mental Health and Substance Use Disorder Care." The Coalition for Whole Health is a broad coalition of local, State, and national organizations in the mental health and substance use disorder (MH/SUD) prevention, treatment, and recovery communities.

The Coalition offers policy recommendations in the following areas to improve coverage and expand access to needed MH and SUD services and care:

- Achieving Health Equity
- Addressing the Needs of People with Mental Health and Substance Use Disorders as a Part of COVID-19 Response
- Health, Not Punishment
- Covering People Who Need Mental Health and Substance Use Disorder Care
- Improving Access to Services and Health Outcomes
- Promoting Delivery System and Payment Reforms
- Chronic Disease Prevention, Early Intervention, and Wellness

This set of recommendations can be [found here](#).

### **New! Two ground-breaking visions for the nation's mental health system released**

A. The report, [How to Transform the U.S. Mental Health System](#), was recently released by the RAND Health care.

In the report, researchers broadly examined the mental health system including the institutions and resources that support the delivery of mental health, and based on these insights, RAND developed specific recommendations to impact three critical areas:

**1: Promote Pathways to Care:** Promoting comprehensive mental health education in K-12 settings, integrating behavioral health expertise into general health care settings, linking homeless individuals with mental illness to supportive housing, and developing a mental health diversion strategy centered on community behavioral health.

**2: Improve Access to Care:** Strengthening mental health parity regulation and enforcement, reimbursing evidence-based behavioral health treatments at their true cost, establishing an evidence-based mental health crisis response system, and expanding access to digital and telehealth services for mental health.

**3: Establish an Evidence-Based Continuum of Care:** Defining and institutionalizing a continuum of care in states and communities, launching a national care coordination initiative, and forming a learning collaborative for Medicaid behavioral health financing.

The full report can be [found here](#).

B. A number of the nation’s leading mental health advocacy groups recently release a document **“Unified vision for a transformed mental health system”** Excerpts from the document appear below:

As leading organizations in the United States dedicated to improving outcomes for people with mental health and substance use disorders, we aspire to create the vital conditions that promote well-being and a system of care where all people have readily available access to evidence-informed services across a full continuum.

- Early identification and Prevention: Achieve optimal outcomes through prevention, early identification and intervention, with a targeted focus on children, youth, and families.
- Emergency and Crisis Response: Improve crisis response and suicide/overdose prevention.
- Equity. Address social/political constructs and historical systemic injustices, such as racism and discriminatory structures and policies, that disproportionately impact the mental health of people of color.
- Eliminate inequitable conditions: for people with mental health and substance use conditions.
- Integration. Improve access to services and quality of care by integrating physical health, mental health, and substance use services.
- Parity. Ensure fair and equivalent coverage for mental health and substance use disorders.
- Standards. Hold systems accountable to evidence-based standards of care that improve outcomes and quality of life.
- Workforce. Increase the number and diversity of mental health and substance use disorder providers

The full report can be [found here](#).

### **New! Caring for the Future: The Power and Potential of America’s Direct Care Workforce**

Below are excerpts from a recent report, “Caring for the Future: The Power and Potential of America’s Direct Care Workforce”, released by PHI, the leading research and advocacy center for the work done by and value of direct care workers/direct care professionals.

Every day around the country, direct care workers leave their homes to ensure that older adults and people with disabilities have the care and support they need to be safe and to fully participate in their communities. These 4.6 million workers are the paid frontline of support for consumers and their families, growing as a workforce annually as people live longer and demand surges. They work in private homes, nursing homes, and residential care settings, such as assisted living. They are unquestionably essential. They are predominantly women, people of color, and immigrants—diverse and consistently marginalized workers. These workers are not valued, compensated, or supported at the level they deserve. This report—Caring for the Future: The Power and Potential of America’s Direct Care Workforce— explains why these and

other challenges to ensuring a quality direct care job exist and offers a clear and achievable path forward.

The full report can be [found here](#).

### **New! CHCS: What Works to Improve Care for Dual Eligible Individuals: An Evidence and Resource Review**

Below are excerpts from a “better care playbook” recently released by the Center for Health Care Strategies (CHCS).

Individuals who are dually eligible for Medicare and Medicaid often have multiple chronic conditions, behavioral health issues, and functional needs and frequently receive fragmented, uncoordinated care across both programs. This population is both high-need and high-cost, making up a disproportionate amount of overall Medicare and Medicaid spending. Increasing evidence suggests that integrating Medicare and Medicaid benefits can improve health and cost outcomes, yet only about 10 percent of dually eligible individuals are currently enrolled in integrated programs.



This Better Care Playbook blog post, authored by CHCS staff, highlights a new set of curated resources that can help health plans, policymakers, and providers better understand: (1) the diverse needs of this population; (2) the evidence for investing in integrated care; and (3) implementation resources and policy considerations for advancing integrated care models. A companion reference guide can assist stakeholders in easily accessing the emerging evidence base and implementation tools to support improved care for high-need dually eligible individuals.

The full playbook can be [found here](#).

## State Legislative Update

### **New! View January’s Legislative Video on CMHA’s Website**

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system that (or each) month at the State Capitol. Our December Briefing features CMHA Associate Director, Alan Bolter, provides a 2020 legislative lame duck session recap which concluded in late December. *To view the latest video, [CLICK HERE!](#)*



## New! 101<sup>st</sup> Legislature Kicks Off

On Wednesday, the 101<sup>st</sup> Michigan Legislature kicked off the new legislation session, all house members were sworn in this Wednesday, January 13, at Noon, as is required under the Michigan Constitution.

We expect to learn more about House committee assignments within the next week or so, and will share that information with you as soon as it becomes available. It should be noted that while the Senate committees will largely remain the same, Senate Majority Leader Mike Shirkey (R-Clarklake) announced multiple changes to committees following the resignations of Senators Pete Lucido and Peter MacGregor, both of whom won local elections last November. The changes made are as follows:

- Senator Roger Victory (R-Georgetown Township) is now chairman of the Senate Judiciary and Public Safety Committee
- Senator Jon Bumstead (R-Newaygo) was named Senate chair of the Joint Committee on Administrative Rules
- Senator Kevin Daley (R-Lum) replaces former Senator MacGregor on the Appropriations Committee
- Senator Bumstead replaces Senator Lana Theis (R-Brighton) on the Advice and Consent Committee
- Senators Wayne Schmidt (R-Traverse City) and Marshall Bullock (D-Detroit) were added to the Energy and Technology Committee
- Senator John Bizon (R-Battle Creek) was named to the Oversight Committee, while Senator Theis is named Vice Chair on the Committee as well.
- The Senate Appropriations Subcommittee on Community Health and Human Services has yet to have a new chair, which former Senator MacGregor previously held.
- The Education and Career Readiness and Elections Committees will each have one fewer member following the moves made by Majority Leader Shirkey.

On Wednesday, January 27, Governor Gretchen Whitmer will deliver her third State of the State address at 7:00 PM. Her address will be held virtually and while information on how to view the address is not yet available, it will likely be live-streamed on the Governor's [Facebook](#) and [Twitter](#) page.

## DHHS EMERGENCY ORDERS

Currently, there are active *DHHS* emergency orders. Please find a list of the active emergency orders with the topic, date it was signed and a hyper link accessing the emergency order below. For clients still interested, or in need of referencing previous *Executive Orders*, please click [here](#).

Department of Health and Human Services (DHHS) Director Robert Gordon signed a new Emergency Order on mask wearing and gathering restrictions. This DHHS Emergency Order updates the order signed on December 8, 2020 and allows certain indoor activities to resume. The Emergency Order signed today goes into effect Monday, December 21, and remains in effect until January 15, 2021.

Multiple changes are being made under today's DHHS Emergency Order from the December 8 order, mainly allowing indoor activities where Michiganders can remain masked to re-open. Specific changes under the new Emergency Order includes the following: high schools are able to return to in-person

learning, which is up to the discretion of local school districts; casinos, theaters, bowling alleys, stadiums/arenas, bingo halls and arcades are all able to re-open with certain safety protocols in place; and outdoor, non-contact sports are able to resume. All indoor settings that are able to re-open must limit their capacity to 100 individuals, food and drink concessions must be closed, and social distancing must be followed/enforced.

Governor Whitmer and DHHS have created multiple infographics to provide further details on the DHHS Emergency Order and COVID-19 in Michigan. These infographics can be viewed below:

- [Social Gathering Guidance](#)
- [Dec. 18 Gatherings Order Infographic](#)
- [Dec. 18 Capacity Limits Flyer](#)
- [Safe Social Pods Guidance](#)
- [Key Metrics Infographic](#)
- [Outdoor Seating Guidance](#)

## Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

[https://www.michigan.gov/whitmer/0,9309,7-387-90499\\_90705---,00.html](https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html)

- **Executive Order 2020-181** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 181.

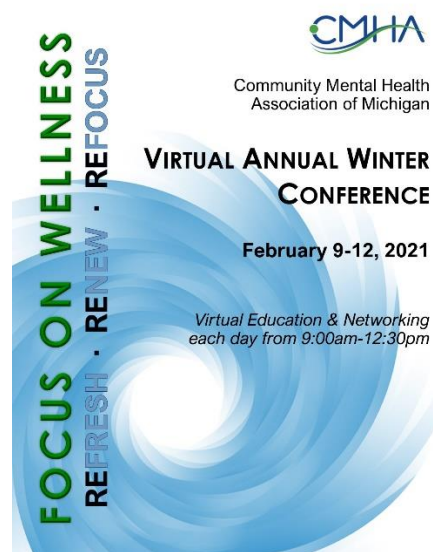
## Federal Update

### House Passes Short-Term Federal Funding

This week, the House of Representatives passed a short-term continuing resolution (CR) through December 18 to provide appropriators with additional time to reach a spending agreement for fiscal year (FY) 2021. The CR also includes provisions that would extend several expiring health care policies, including Certified Community Behavioral Health Clinics (CCBHCs). The Senate now has until midnight tonight to vote on the CR to avert a shutdown.

# Education Opportunities

## Volume Discount ends Monday, Jan 18 - CMHA 2021 Virtual Annual Winter Conference



Community Mental Health  
Association of Michigan

### VIRTUAL ANNUAL WINTER CONFERENCE

February 9-12, 2021

Virtual Education & Networking  
each day from 9:00am-12:30pm

CMHA 2021 Virtual Annual Winter Conference  
“Focus on Wellness: Refresh · Renew · Refocus”

February 9-12, 2021  
Educational Sessions Each Morning

**[CLICK HERE TO REGISTER!](#)**

Here’s some key benefits on why you should register for this virtual conference series!

***Earn 8.5 Social Work CEs + 10.5 MCBAP CEs at the CMHA Virtual Annual Winter Conference!***

**Reduced Registration Fee:** Eliminating the cost of food, meeting room rental, audio-visual rental and materials allows us to lower

our conference fee.

**Save on Travel Costs:** The extra costs such as mileage reimbursement, hotel overnight costs and meal per diems *substantially increase* the cost of each person attending the conference.

**Group Agency Discounts:** For the first time, we’ll be offering discounted tiers for sending multiple paying-attendees from the same agency (*“recording only” attendees do not qualify towards group discount*).

**Volume discounts will only be offered until *MONDAY, JANUARY 18, 2021.***

**Volume discount is applied to those registered on the SAME ORDER. To take advantage of the deepest discount, please determine everyone from your agency who will be participating in the conference and register them at the same time.**

**After January 18, 2021, additional attendees from the same agency will be charged the full rate of \$210 Members and \$252 for Non-Members.**

**Live Conference:** You are NOT required to attend the entire conference – you can attend 2 sessions or 8 or more! You receive credit for each session you log in, view live at the scheduled time and participate fully (90% of advertised time). Viewing the sessions **live** is the only way to receive CE Credits. You also have access to session recordings for 90 days after the conference (no CEs).

**Recording Only– No Continuing Education Credits:** For those who do not need CEs take advantage of the significantly reduced fee. The recordings will be available AFTER the conference and you will have 90 days to view the recordings. You can view as many sessions as you like.



	1-4 attendees	5-9 attendees	10-19 attendees	20 or more	Recording Only (no CEs)
Member	\$210 per attendee	\$190 per attendee	\$170 per attendee	\$150 per attendee	\$50 per attendee
Non-Member	\$252 per attendee	\$228 per attendee	\$204 per attendee	\$180 per attendee	\$70 per attendee

**Increase your Purchase Power - the Savings Add Up!**

Average cost for In-person conference: \$980/attendee (includes registration fee, overnight, travel and meals)

Average cost for virtual conference: \$190/attendee

*Average savings: \$790/attendee*

**How Far Does \$3,000 Go?** Invest in your staff and board members by making sure they are up to date on the latest evidence-based practices and hot topics in our industry. Traditionally, for \$3,000 a member organization could only send 3 attendees to an in-person conference. *Virtual conferences allow you to stretch that \$3,000 to send 20 attendees!*

**Time Efficient:** The conference takes place in the mornings only - so your afternoons are available for meetings, emails and projects.

**Location:** You can attend from anywhere that has internet access: office, home, coffee shop, out of state, the beach....the possibilities are endless!

**More Accessibility:** Virtual conferences are more accessible to a larger and more diverse audience. Traveling long distances and prolonged time away from home, office, personal commitments are no longer barriers with a virtual environment.

**The Education Never Ends – Don’t Miss Any Sessions:** Usually during in-person conferences, there are so many sessions taking place at the same time – but you can only select 1 per timeslot. With virtual conferences, you’ll have access to view ALL the educational sessions for up to 3 months after the conference concludes (no continuing education credits for viewing the recordings).

**Questions?** Contact Chris Ward at [cward@cmham.org](mailto:cward@cmham.org) or 517-237-3143.

**[CLICK HERE TO REGISTER FOR THE CONFERENCE!](#)**

**VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

**Dates:**

- February 22, 2021 ([Register Here](#)) (17 spots left)
- March 22, 2021 ([Register Here](#)) (50 spots left)

**Agenda:**

Log into Zoom: 8:15am  
Education: 8:30am – 11:30am



- April 5, 2021 ([Register Here](#)) (64 spots left)
- April 26, 2021 ([Register Here](#)) (62 spots left)

Lunch Break: 11:30am – 1:00pm  
Education: 1:00pm – 4:00pm

**Training Fees:** \$120 CMHA Members \$143 Non-Members

### **VIRTUAL Pain Management and Mindfulness Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- January 21, 2021 (**SOLD OUT**)
- March 8, 2021 ([Register Here](#)) (17 spots left)

**Agenda:**

Log into Zoom: 8:45 am  
Education: 9:00am – 11:00am

**Training Fees:** \$43 CMHA Members \$51 Non-Members

### **NEW! Family PsychoEducation Basic Facilitator Virtual Training – Registration Open**

Registration is now open for the Family PsychoEducation Basic Facilitator Virtual Training to be held February 1, 2, 8 and 9 for two hours each day. Two cohorts will be held. For additional information, please email [awilson@cmham.org](mailto:awilson@cmham.org) for a brochure.

### **Virtual Motivational Interviewing College Trainings – Registration Open**

Registration is now open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
April 19-20, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
April 22-23, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
April 29, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>



July 26-27, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
July 29-30, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
Aug. 2-3, 2021	M.I. for Leadership & Organizations	<a href="#">CLICK HERE</a>
Aug. 5, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>

**Times:**

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

**Training Fees:**

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

**New! CCBHC Technical Assistance Webinar for Michigan - 1/21/21 - No Cost**

**Date:** Thursday, January 21, 2021  
**Time:** 3:00pm – 4:30pm EDT  
**Cost:** FREE  
**Register:** [CLICK HERE TO REGISTER!](#)

*After registering, you will receive a confirmation email containing information about joining the meeting.*

**Webinar Description:**

SAMHSA has announced a new round of funding for CCBHC expansion. The new funding opportunity offers up to \$2,000,000 annually for up to 2 years. It is estimated that 74 awards will be granted. Total funding available is \$149,000,000. Applications are due March 1, 2021.

HMA, in partnership with the Community Mental Health Association of Michigan, will present a webinar on Thursday, January 21, 2021 regarding the funding opportunity and application process. Topics covered will include: the goals and objectives of CCBHC program; required services; what must be directly provided and what may be provided by a Designated Collaborating Organization; and SAMHSA reporting requirements. The application process, the necessary relationships, and the scoring process will be reviewed, and we will discuss how this opportunity can support CMHCs to build capacity in order to participate in the CCBHC Demonstration Program (if/when the state of Michigan expands participation).

**HMA Speakers:**

Kristan McIntosh, Senior Consultant kmcintosh@healthmanagement.com  
 Kristan McIntosh specializes in behavioral health programming designed to both enhance access to community-based care and facilitate program and organizational sustainability. She has extensive development experience, working across a number of human service sectors to fund and implement programming that responds to the needs of a wide array of vulnerable populations. Since the Protecting Access to Medicare Act (H.R. 4302) passed in Congress in 2014, which established the CCBHC program, Kristan has been supporting an array of entities to successfully plan for, implement, and fund CCBHC programs across the country. Section 223. Prior to joining HMA, Kristan served as a project manager at

SAE & Associates. She established a successful track record of helping secure grant funding for nonprofit behavioral health clients. A social worker by training, Kristan began her career working with children and youth diagnosed with serious emotional disturbances and their families in a clinical residential setting.

Dave Schneider, Principal [dschneider@healthmanagement.com](mailto:dschneider@healthmanagement.com)

Dave Schneider is an experienced public administrator with more than 30 years' experience dedicated to improving specialty healthcare. Through cross-county and cross-organizational collaborations, he helped develop innovative solutions built upon a foundation of public administration education and experience, community service and servant-leadership excellence.

Prior to joining HMA, Dave served as a behavioral health specialist for the Michigan Department of Health and Human Services where he led development of metrics projects, implemented federal regulations and facilitated coordination of programs to improve health and well-being of those with co-morbid physical and behavioral health conditions. He is a proven strategic planner and leader with a passion for behavioral and integrated healthcare. He has guided the development and operations of information systems, quality management, regulatory compliance, client access and eligibility and contract management as the lead administrator of a Prepaid Inpatient Health Plan (PIHP).

**[CLICK HERE TO REGISTER!](#)**

**New! Free Virtual X-Waiver/MAT Training for Michigan Clinicians Jan. 25<sup>th</sup>**

[Get Waivered](#), a national organization that empowers clinicians (physicians, PAs, NPs) with DEA-X waivers so that they may provide the most advanced treatment interventions in addressing the opioid epidemic. With 30-40 Michiganders dying from opioid overdoses each week — a figure that is expected to soar due to COVID-19 — Michigan practitioners are uniquely-positioned to do something about it. The pandemic has placed ongoing stress on hospitals across the state and practitioners are needed now more than ever to decompress emergency departments by providing medication-assisted treatment (MAT) for opioid use disorder (OUD) in outpatient settings.

In response, Get Waivered, the American College of Emergency Physicians (ACEP), Providers Clinical Support System (PCSS), the Michigan Opioid Collaborative (MOC), the Michigan Emergency Department Improvement Collaborative (MEDIC) and the Michigan Opioid Prescribing Engagement Network (OPEN) are partnering to provide the first free, fully-remote MAT training class for [Michigan providers on January 25th](#), while new, amended regulations allow for waived physicians to prescribe buprenorphine without requiring an in-person intake appointment. After completing this course, clinicians will be able to provide evidence-based care to patients struggling with OUD, while limiting their reliance on emergency department resources.

## Practicing Effective Management Virtual Training



**Practicing Effective Management**

A Comprehensive Virtual Training to Improve Relationships & Results

4 Half-Day Sessions  
January  
14, 15, 21 & 22  
\$379

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MollyR@TBDSolutions.com  
www.TBDSolutions.com

TBD Solutions is hosting its next Practicing Effective Management Training online on January 14, 15, 21, and 22. This virtual training provides practical guidance for enhancing relationships and improving results through structured supervision, effective feedback, delegation, interviewing, time management, and employee development. This dynamic, interactive training is relevant for all levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate. To learn more or register for the training, visit <https://www.eventbrite.com/x/practicing-effective-management-tickets-129950135353> or email Molly at [MollyR@TBDSolutions.com](mailto:MollyR@TBDSolutions.com).

## Education & Training Resources from Great Lakes MHTTC



**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

### Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.





## **New! MHTTC announces series on National School Mental Health Curriculum**

The National School Mental Health Curriculum was the result of a partnership between the Mental Health Technology Transfer Center (MHTTC) Network and the National Center for School Mental Health (NCSMH) to identify priority training topics, develop training content and gather related resources for inclusion in the training curriculum.

The national Mental Health Technology Transfer Center (MHTTC) Network, one of the groups that provides the backbone support for that curriculum, has developed and is hosting an 8-part training series using the National School Mental Health Curriculum: Guidance and Best Practices for States, Districts, and Schools. Each session will include a pre-session video, live panel session, and post-session regional breakout.

Information on this free series, which starts on February 9 and runs through March 25, can be [found here](#).

## **New! Well-being Resources from Across the MHTTC Network**

The MHTTC Network Regional Centers are building a growing inventory of resources to help behavioral health providers enhance personal and professional resilience. The upcoming offerings are listed below:

### **How to Cultivate the Skill of Well-being**

**January 22, 2021**

**8:30 am–12:30pm CST**

*The Great Lakes MHTTC presents this workshop for providers in HHS Region 5 (IL, IN, MI, MN, OH, and WI) in partnership with WAFCA, the [Wisconsin Association of Family and Children's Agencies](#).*

We all aspire to high levels of happiness, yet this is a goal that evades many of us. What should we know if we too aim to become a happy—or a happier—person? In this four-hour workshop, Dr. Pelin Kesebir will answer this question, relying on the latest findings from well-being research. Participants will gain a better sense of how to cultivate well-being through small, daily activities.

[REGISTER HERE](#)

## **News from Our Preferred Corporate Partners**

### **Abilita: Are you ready for E-911?**

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out [www.abilita.com/michigan-e911](http://www.abilita.com/michigan-e911) to learn more and find out what you need to do to prepare!

## **myStrength: new digital behavioral health resources empower consumers to move beyond trauma**

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## **CMH Association's Officers & Staff Contact Info**

### **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [ricejr@outlook.com](mailto:ricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat19@live.com](mailto:balcat19@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231)392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### **CMHA Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; [abolter@cmham.org](mailto:abolter@cmham.org)  
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