



# **Update**

December 18, 2020

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.** 

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## **CMH Association and Member Activities**

## New! CMH and provider crisis lines now posted on CMHA web

While the access numbers for all the state's CMHs have been posted on the CMHA website, for years, the 24/7 crisis lines numbers have not. Now those crisis numbers are a part of the CMH listing section, searchable via an interactive map. (Acknowledgement to our partners at BHDDA/MDHHS who developed this map and keep it updated). The CMH maps, access numbers, websites and crisis numbers are found here.

## New! CMHA members eligible for National Council COVID-19 Relief Fund

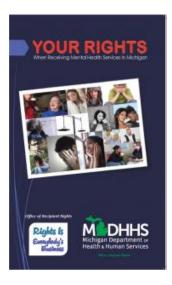
For those who are not aware, the National Council's COVID-19 Relief Fund is still disbursing unrestricted funds (up to \$1000) to our non-profit members.

Any and all CMHA are eligible to receive these dollars – which can be used to acquire PPE, cleaning supplies, secure telehealth equipment, or for any other needs – by <u>applying here</u>. The application should only take about 5 minutes to complete.

If you have any questions about the National Council's COVID-19 Relief Fund, please feel free to reach out to my colleague Jeremy Attermann (JeremyA@TheNationalCouncil.org).

## Recipient Rights Booklet: Annual Bulk Order & Personalization Available

The Mental Health Code states that CMHSPs are required to distribute "Your Rights When Receiving Mental Health Services in Michigan" booklet to each recipient receiving services. Last revised 12/2020.



**Section 330.1788 (788 for short):** Please be advised that per MDHHS, the current Recipient Rights booklet can continue to be used, if a label is placed on page 37 of the booklet over section 788, that states, "Section 1788 has been rescinded. If you have a dispute related to your service planning or the services provided by a Community Mental Health Services Program (CMHSP) or a contracted service provider of a CMHSP, you have the right to mediation under section 1206(a)".

Annual Bulk Purchase: The Community Mental Health Association of Michigan is offering the Rights booklet for sale. In order to obtain the lowest costs possible, we will be offering an annual bulk printing price of 51¢ per booklet. Orders must be received by January 8, 2021 to qualify for the discount. Any booklets ordered after January 8, 2021, will be charged 63¢ per booklet.

Personalization: You are able to personalize the back cover of the Rights booklet. There is an



additional charge of \$100 per order. Personalization is only offered annually – deadline is January 8, 2021. The personalization area is: 4" wide x 2" tall; 1 color. You must submit camera ready artwork via email in one of the following formats: Word, Publisher, Illustrator, Pagemaker or PDF to adaul@cmham.org.

Staple-less Booklets: There is also an option to order staple-less booklets at no additional cost.

#### **Prices for Booklets:**

- Cost Per Booklet if Ordered on or before January 8, 2021: 51¢ (Plus Shipping)
- Cost Per Booklet if Ordered After January 8, 2021: 63¢ (Plus Shipping)

Payment is *required* when the order is placed.

Shipments will take place within 60 days after payment has been received.

Order Booklets: To place your order, click here: ORDER YOUR RIGHTS BOOKS HERE!

## CMHA and partners announce cultural and linguistic competence learning community

Great Lakes Mental Health Technology Transfer Center, Michigan Developmental Disability Council, and CMH Association of Michigan announce the <u>Cultural and Linguistic Competence Learning Community:</u>
Request for Applications

## **Background**

The Great Lakes Mental Health Technology Transfer Center (MHTTC), the Michigan Developmental Disabilities Council and the Community Mental Health Association of Michigan (CMHA) have jointly developed an 8-month-long Cultural and Linguistic Competence (CLC) Learning Community for Michigan's public mental health system – in collaboration with the Georgetown University National Center for Cultural Competence.

This learning community is based on the cultural and linguistic competence framework of the National Center for Cultural Competence at Georgetown University. This framework was introduced by Dr. Vivian Jackson at the CMHA fall conference (2020). This framework, refined and implemented across the country for decades, is nationally recognized for moving individuals, organizations, and communities toward cultural and linguistic competence.

This learning opportunity will consist of an eight-month long Cultural and Linguistic Competence (CLC) Learning Community utilizing the Georgetown CLC framework, running from March 2021 through October 2021.

## **Team-based learning**

The Cultural and Linguistic Competence (CLC) Learning Community will consist of <u>up to seven (7)</u> <u>teams</u>. Each team will include up to ten (10) members from each participating organization. Below is a description of the suggested team composition:



## Cost

Note that there is <u>no cost to the participating teams in this learning community</u>. This learning community is being unwritten by the Great Lakes Mental Health Technology Transfer Center, the Michigan Developmental Disabilities Council, and the Community Mental Health Association of Michigan.

## **Full Request for Applications**

Full Request for Applications: <a href="https://cmham.org/wp-content/uploads/2020/12/CLC-Learning-community-RFA-final-12.20.pdf">https://cmham.org/wp-content/uploads/2020/12/CLC-Learning-community-RFA-final-12.20.pdf</a>

## **State & National Developments and Resources**

New! Live Q&A sessions and other resources for AFCs and HFAs on COVID-19 Emergency Response

Below are key resources and links from the recent MDHHS Q&A session (December 9<sup>th</sup>) related to the COVID isolation and quarantine procedures for Adult Foster Care Homes and Homes for the Aged.

**Epidemic Order:** On December 8, 2020, MDHHS Director Gordon issued a new "Requirements for residential care facilities" Epidemic Order, found <a href="https://example.com/here">here</a>. The order was effective the same day and rescinded the order effective October 26th that had the same title. This information, along with two supporting infographics, is published on the MDHHS Epidemic Orders webpage, found <a href="here">here</a>. We have also updated the AFC/HFA COVID-19 Emergency Response Tool guidance document (attached) with these new requirements.

**AFC Q&A series**: The next Q&A for AFCs/HFAs will be:

Friday, December 18, 2020 at 11:00 a.m.

(highlighting emergency planning and preparedness and other key themes identified by those attending the December 9 Q&A)

<u>Click here to join</u> (Persons who are not state employees should choose the "anonymous sign-in" option.)

Save The Date – Future Sessions (same sign in as December 18 Q&A):

Wednesday, December 30th 2 p.m. – 3 p.m. Wednesday, January 6th 2 p.m. – 3 p.m. Wednesday, January 13th 2 p.m. – 3p.m.

Please email any questions to fuel the AFC/HFA Q&A sessions to: MDHHS-COVID-AFC-HFA-Response@michigan.gov



## AFC & HFA COVID Response Decision Tool 12-08-2020

#### AFC & HFA QA Presentation 12-09-2020

AFC HFA COVID 19 Emergency Response Decision Tool Guidance Document 12-10-2020

## New! Michigan Health Alert Network COVID-19 immunization updates

The Michigan Health Alert Network (MIHAN) is a secure, web-based communication system that was established by the Michigan Department of Health and Human Services, Bureau of EMS, Trauma & Preparedness with guidance and funding from the Centers for Disease Control and Prevention. The MIHAN serves to alert key public health, healthcare and public safety personnel of conditions that could adversely impact the health and safety of Michigan's citizens. The system also provides situational awareness about important but non-emergency health-related information.

As CMHA members and Weekly Update readers, you can access the information and resource of MIHAN at <a href="https://www.michiganhan.org/">https://www.michiganhan.org/</a>.

# **New!** Blazing New Trails: federal Administration for Community Living announces Direct Support Professionals support competition

The Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) is announcing a competition to strengthen the Direct Support Professional (DSP) workforce and overall stability of home and community-based services (HCBS) for individuals with intellectual and developmental disabilities (ID/DD). To achieve this, the Blazing New Trails for Community Based Direct Support Professionals challenge seeks to engage the marketplace to innovate, pilot, and expand innovations that will transform the DSP workforce."

More information on this competition can be found here.

## New! Value of and need to better support Direct Care Workers

Recently Crain's Business Detroit featured several stories and editorials about the value of and need for far better compensation and other supports for Michigan's Direct Care Workers/Director Support Professionals. The editorials were written by members of the DCW Coalition of which CMHA is a longtime member.

The links to these articles and editors can be found below:

Opinion | Michigan direct care workers, families headed for choppy waters

<u>Crain's Forum – Caregiving at a crossroads</u>



## **New!** Youth Suicide Prevention Summit presentation resources

For those Weekly Update readers able to attend all or part of the December 9 Youth Suicide Prevention Summit, thank you for your time and commitment to this important work. A recording of the morning session, which includes an overview/purpose for our collective work and presentations from our guest speakers, can be viewed <a href="https://example.com/here">here</a>. The slides from each of the presenters are also available below:

If you participated in one of the workgroups, you have already received or will receive more information soon from your facilitator with next steps. If you are not already in a workgroup and would still like to participate, we are seeking additional volunteers for the workgroup to address safely transitioning students from hospital placement to school (please email me if interested).

Presentation slides from Representative Luke Meerman, Sara Lewandowski and Nick Jaskiw

Presentation slides from Elizabeth Koschman, U of M TRAILS

Presentation slides from Brian and Paul Quinnet, QPR Institute

<u>Presentation</u> slides from Allen Tien, mdlogix

Presentation slides from Melissa Reeves, SIGMA

## New! Michigan releases COVID-19 Vaccination Interim Prioritization Guidance

In case Weekly Update readers did not see this, CMHA wanted to get something out as quickly as possible regarding a COVID vaccination plan. The Michigan COVID-19 Vaccination Interim Prioritization Guidance can be found here.

Persons working in Adult Foster Care (AFC) homes and other facility-based programs, like hospitals and long-term care sites, will be included in the Tier 1A, priority 2. Tier 1A, priority 2 will be broken into two groups (A & B), group A will be the workers who have direct contact with large number of vulnerable residents, which would include staff who come in and out of the buildings, group B would be the vulnerable residents in these facilities. All other CMH, provider, and PIHP staff who see clients directly are in Tier 1b. These folks will have access to vaccines via hospital labs, pharmacies, and primary care centers – as they would a flu shot.

According to the guidance, timing to administer vaccinations for Tier 1A groups could take up to 5 weeks and Tier 1B groups anywhere from 5 weeks to 10 weeks. As CMHA obtains additional information, look for that information to appear in the Weekly Update.

New! Resources – valuable to persons served and staff - available to CMHA members - Michigan's Stay Well program (COVID-related crisis response system)

In an effort to provide CMHA members with an opportunity to learn more about the Stay Well line, MDHHS and CMHA co-hosted a webinar earlier this week. During this web-based discussion, MDHHS and their Stay Well partners outlined a number of resources available to CMHA members as you work to help your staff and communities understand and make wise use of the Stay Well initiative. Those resources are outlined below:

1. Stay Well website: https://www.michigan.gov/coronavirus/0,9753,7-406-98178 99557---,00.html



At this site, you will find:

- Mental health webinars
- Registration for on-line live support groups
- The full set of mental health and related crisis lines in the state -including the link to the CMH crisis line listing: https://www.michigan.gov/coronavirus/0,9753,7-406-98178\_99557---,00.html
- A set of very sound video resources
- A large set of behavioral health guides designed around specific populations in your communities and the community-at-large (many in languages other than English)
- o A sound set of guides for **supporting your colleagues/staff** during the pandemic:
- Supporting Emotional Health of the Health Care Workforce
- Supporting First Responders During COVID-19
- o Supporting Emotional Health of the Behavioral Health Workforce During COVID-19
- 2. MDHHS's Stay Well Outreach Workers can provide a broad range of Stay Well resources tailored to your organization and community. Those resources include:
  - Webinars/live dialogues with and for your organization's staff
  - Webinars/live dialogues with your local community

If you are interested in these locally-tailored resources, please contact Jody Lewis at <a href="mailto:lewisj@michigan.gov">lewisj@michigan.gov</a>

# New! Longtime CMHA partner and Michigan Health Endowment Fund staff issues paper as part of Columbia University Square One Justice Project

Lynda Zeller, a long-time partner of CMHA, currently with the Michigan Health Endowment Fund, and formerly the Director of the Behavioral Health and Developmental Disabilities Administration (BHDDA) within MDHHS, recently co-authored a paper as part of Columbia University Square One Justice Project. The press release and the full paper can be <u>found here</u>. The media packet can be <u>found here</u> for those Weekly Update readers who want to help in getting the work out on this groundbreaking paper.

# New! As a physician and a patient, i've seen the damage caused by the stigma of addiction. It must end

In a recent edition of STAT News, Dr. Sean Fogler provides a thoughtful piece about the severe toll stigma has on those with addiction. Many are aware of the harm created by the War on Drugs, the criminal justice system and the pervasive effects of stigma but Dr. Fogler goes further to call out the health care system and our colleagues for being a significant barrier to those who most need our help. The article can be <u>found here</u>.



## **State Legislative Update**

## New! Legislative Video Update added to CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high level overview of the key items impacting the public mental health system that (or each) month at the State Capitol. Our first November Briefing features CMHA Associate Director, Alan Bolter, provides a 2020 election recap and gives a quick preview of the upcoming legislative lame duck session which will start in early December.

## **Click Here for November Capitol Briefing**

## New! Lame Duck Session - To Be Continued...

The House of Representatives and Senate have had a busy week as the end of the 100<sup>th</sup> Legislature nears. Due to the House cancelling session last week it has forced additional days for both chambers. The Senate returns today for a rare Friday session day and the House will return next Monday, December 21, both days are expected to be the last session days of the year for both chambers. Below are a handful of COVID-19-related bills and other health policy-related items that saw legislative action during the week:

 SB 1246 amends the Open meetings Act to handle remote attendance during electronic meetings of public bodies.

**Status:** This measure passed out of the Senate on December 17 and is heading to the Governor's desk.

SB 1185 creates the Pandemic Response Health Care Immunity Act which would provide
protection from liability for health care provider and health care facilities that provided services
under circumstances related to the pandemic, with some exceptions. The legislation repeals and
replaces an immunity bill that passed earlier in the year and now applies to services provided
from October 30-2020 through February 13, 2021. In addition, the newly created act would
apply to psychiatric hospitals, psychiatric units, and nursing home care and recovery centers.

**Status:** The measure passed out of the House on December 17 and heads back to the Senate for concurrence.

• <u>SB 1253</u> amends the Public Health Code to limit the duration of epidemic orders to 28 days unless the legislature approves of an extension.

**Status:** The measure passed out of the House on December 17 and heads back to the Senate for concurrence.

 SB 879 and 920 amends the Insurance Code and Public Health Code to provide for the temporary relaxation of regulations regarding pharmacists and prescriptions until March 31, 2021. Specifically, the bill package would, among other things, allow for emergency refills of up



to a 60-day supply for covered maintenance prescription drugs, and provides coverage for an early refill of any 30-day or 60-day covered maintenance prescription drug up to a 90-day supply.

**Status:** These measures passed out of the House on December 17 and await concurrence votes in the Senate.

In addition, the Senate passed concurrent resolution <u>SCR 36</u>, which would create a Joint Committee on Inter-Session Rules and Regulations. The Committee could be empowered to suspend a rule or regulation implemented by an administrative agency subsequent to adjournment of the last preceding session. The suspension would continue no longer than the end of the next regular session. Presumably, the intent is to suspend any orders associated with the state's COVID-19 response; however, there are conflicting interpretations of the actual implications of the resolution.

Finally, the proposed supplemental budget, the Governor <a href="https://has.requested.nearly.2300">has.requested.nearly.2300</a> million for COVID-19 relief, including funding for small businesses, unemployment support, and health-related items such as the continuation of a wage increase for Direct Care Workers. The Senate passed a \$250 million supplemental appropriations measure for unemployment relief late last week but the House has not yet acted on the measure as discussions continue. Late Thursday night, the Senate released a general overview of a <a href="COVID relief plan">COVID relief plan</a> that includes expanded virus testing and vaccine distribution, support to address nursing shortages, and an extension of the pay increase for direct care workers. As of this writing, a deal appeared imminent but details remain sparse.

#### **DHHS EMERGENCY ORDERS**

Currently, there are active *DHHS* emergency orders. Please find a list of the active emergency orders with the topic, date it was signed and a hyper link accessing the emergency order below. For clients still interested, or in need of referencing previous *Executive Orders*, please click <u>here</u>.

Department of Health and Human Services (DHHS) Director Robert Gordon signed a new Emergency Order on mask wearing and gathering restrictions. This DHHS Emergency Order updates the order signed on December 8, 2020 and allows certain indoor activities to resume. The Emergency Order signed today goes into effect Monday, December 21, and remains in effect until January 15, 2021.

Multiple changes are being made under today's DHHS Emergency Order from the December 8 order, mainly allowing indoor activities where Michiganders can remain masked to re-open. Specific changes under the new Emergency Order includes the following: high schools are able to return to in-person learning, which is up to the discretion of local school districts; casinos, theaters, bowling alleys, stadiums/arenas, bingo halls and arcades are all able to re-open with certain safety protocols in place; and outdoor, non-contact sports are able to resume. All indoor settings that are able to re-open must limit their capacity to 100 individuals, food and drink concessions must be closed, and social distancing must be followed/enforced.

Governor Whitmer and DHHS have created multiple infographics to provide further details on the DHHS Emergency Order and COVID-19 in Michigan. These infographics can be viewed below:

Social Gathering Guidance



- Dec. 18 Gatherings Order Infographic
- Dec. 18 Capacity Limits Flyer
- Safe Social Pods Guidance
- Key Metrics Infographic
- Outdoor Seating Guidance

## **Executive Orders Signed**

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499 90705---,00.html

• Executive Order 2020-181 — Amendment to the Safe Start order, please click <a href="here">here</a> to access Executive Order 181.

## **Federal Update**

## **House Passes Short-Term Federal Funding**

This week, the House of Representatives passed a short-term continuing resolution (CR) through December 18 to provide appropriators with additional time to reach a spending agreement for fiscal year (FY) 2021. The CR also includes provisions that would extend several expiring health care policies, including Certified Community Behavioral Health Clinics (CCBHCs). The Senate now has until midnight tonight to vote on the CR to avert a shutdown.

## The Invisible COVID Workforce: Direct Care Workers for Those with Disabilities



The response to the COVID-19 pandemic has not recognized the importance of the 4.5 million direct care workers in the United States who care for the elderly and people with disabilities.



There are steps policymakers could take to protect direct care workers and help people who depend on their services to stay in their homes

Nancy, a single woman with cerebral palsy, experienced a decline in functioning in middle age. By using a personal care aide (PCA) a few hours each day to help her bathe, dress, cook, and clean, Nancy was able to live on her own for many years.

As her needs increased, she reached limits on what Medicaid would pay. Nancy made the difficult decision to move to assisted living with onsite 24/7 personal care support.

Then COVID-19 hit. Nancy knows the advantages of social distancing, but her care requires close physical contact. Her PCAs take public transportation and care for others besides Nancy. They do not have regular access to personal protective equipment (PPE) because of shortages and lack of priority status to obtain such equipment. The facility attempts to compensate by screening staff members' temperatures and symptoms upon arrival and through reliance on handwashing, but Nancy worries this is not enough. She hears that in some states up to 50 percent of deaths from COVID-19 are people who reside in <a href="Long-term-care facilities">Long-term-care facilities</a>.

#### Who Are Direct Care Workers?

Nancy's PCAs are one example of direct care workers — people who assist older adults and others with disabilities with daily tasks and long-term-care activities. Half of PCAs work in home-based settings. There are 4.5 million direct care workers in the United States. They are overwhelmingly women (86%), most are people of color (59%), and about a quarter are immigrants. About 18 percent live in poverty and another 44 percent have low incomes. More than half (53%) rely on some form of public assistance; a quarter have Medicaid (26%) or use supplemental nutrition (SNAP) benefits (24%). About one in five lack health insurance. More than half are middle-aged or older (30% over age 55), placing them at higher risk for infection with COVID-19. They are unlikely to have sick leave if they become ill. Given the aging American population, the direct care workforce is projected to be the fastest-growing segment in the U.S. labor market in the next decade.

## Who Needs Direct Care Workers?

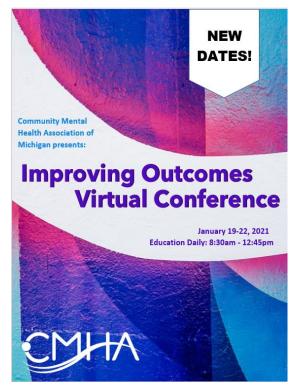
Twenty million older adults and people with disability need assistance with activities of daily living (e.g., bathing, dressing) and routine daily tasks (e.g., cooking, shopping). The overwhelming majority (17 million) live in the community, rather than in facilities. Most receive assistance from unpaid caregivers — family or friends — but many require support from paid direct care workers. Someone turning 65 today has a 70 percent chance of needing long-term care; 20 percent over 65 will need this support for five years or longer. More than 4 million people receiving personal care in the community have low incomes and qualify for home- and community-based services through Medicaid. Recipients of home-and community-based services are disproportionately older adults, people of color, have chronic illnesses, and are at high risk for serious illness and death if they contract COVID-19. If their in-home care system falls apart, they could easily end up with worsening health, hospitalized, or in a nursing home.

The full article can be found here.



## **Education Opportunities**

## Improving Outcomes Virtual Conference – Registration Open



January 19-22, 2021

Educational sessions will be held daily from 8:30am – 12:45pm

Conference highlights include:

# Keynote Addresses: Updates from MDHHS

Allen Jansen, Deputy Director, Behavioral Health and Developmental Disabilities Administration

# CMHA Perspectives on Michigan's Public Behavioral Healthcare System

Robert Sheehan, MSW, MBA, Chief Executive Officer, Community Mental Health Association of Michigan

# How to Manage Disruptive Change: Managing Changes in the Age of Disruption

Adam White, CEO, Adam White Speaks and Adam Empowers

## Workshops:

- MSHN Dashboard
- Pathways Residential Module in PCE EMR
- EDIT Session
- Integrating ADTs into Clinical Processes
- What to do Before, During and After an IT Security Breach?
- Using Cloud-Based Contract Software to Reduce Administrative Time and Increase Compliance in CMH Provider Contracting
- Get Ready for 2021 Changes to Evaluation and Management Documentation and Coding Rules

#### **Conference Fees:**

CMHA Member: \$70 per person Non-Member: \$84 per person

The conference registration fee includes access to all keynote sessions, all workshops and electronic handouts.



There will be *NO continuing education credits* for this conference.

**Registration Deadline:** Registration closes 3 business days prior to the conference.

<u>Payment Due</u>: Payment must be received 3 business days prior to the conference. Conference links will only be sent to paid registrants. Purchase orders are not considered payment. All no shows will be invoiced the full registration amount.

## **CLICK HERE TO REGISTER FOR THE CONFERENCE!**

Congratulations to Thomas Cole, System Administrator at Macomb County CMH Services, the recipient of the 2020 Nick Filonow Award of Excellence

VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

## Dates:

- January 11, 2021 (SOLD OUT)
- February 22, 2021 (Register Here) (33 spots left)
- March 22, 2021 (Register Here) (61 spots left)
- April 5, 2021 (Register Here) (64 spots left)
- April 26, 2021 (Register Here) (63 spots left)

## Agenda:

Log into Zoom: 8:15am

Education: 8:30am - 11:30am Lunch Break: 11:30am - 1:00pm Education: 1:00pm - 4:00pm

**Training Fees:** \$120 CMHA Members \$143 Non-Members

## VIRTUAL Pain Management and Mindfulness Trainings – Registration Open

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

## Dates:

January 21, 2021 (SOLD OUT)

• March 8, 2021 (Register Here) (30 spots left)

## Agenda:

Log into Zoom: 8:45 am Education: 9:00am – 11:00am

**Training Fees:** \$43 CMHA Members \$51 Non-Members



## New! 2021 Virtual Annual Winter Conference – Registration Opens January 1, 2021



CMHAM 2021 Virtual Annual Winter Conference, "Focus on Wellness: Refresh · Renew · Refocus," will be held in the mornings from February 9-12, 2021.

Here's some key benefits on why you don't want to miss this conference!

**Reduced Registration Fee:** Eliminating the cost of food, meeting room rental, audio-visual rental, and materials allows us to lower our conference fee.

**Save on Travel Costs:** The extra costs such as mileage reimbursement, hotel overnight costs, meal per diems *substantially increase* the cost of each person

attending the conference.

**Group Agency Discounts:** For the first time, we'll be offering discounted tiers for sending multiple attendees from the same agency. **This discount will only be offered until Monday, January 18, 2021.** 

	1-4 attendees	5-9 attendees	10-19 attendees	20 or more	Recording Only (no CEs)
Member	\$210 per attendee	\$190 per attendee	\$170 per attendee	\$150 per attendee	\$50 per attendee
Non-Member	\$252 per attendee	\$228 per attendee	\$204 per attendee	\$180 per attendee	\$70 per attendee

## Increase your Purchase Power - the Savings Add Up!

- Average cost for In-person conference: \$980/attendee (includes registration fee, overnight, travel and meals)
- Average cost for virtual conference: \$190/attendee
- Average savings: \$790/attendee

**How Far Does \$3,000 Go?** Invest in your staff and board members by making sure they are up to date on the latest evidence-based practices and hot topics in our industry. Traditionally, for \$3,000 a member organization could only send 3 attendees to an in-person conference.

Virtual conferences allow you to stretch that \$3,000 to send 20 attendees!

**Time Efficient:** The conference takes place in the mornings only - so your afternoons are available for meetings, emails and projects.

**Location:** You can attend from anywhere that has internet access: office, home, coffee shop, out of state, the beach....the possibilities are endless!

**More Accessibility:** Virtual conferences are more accessible to a larger and more diverse audience. Traveling long distances and prolonged time away from home, office, personal commitments are no longer barriers with a virtual environment.

The Education Never Ends – Don't Miss Any Sessions: Usually during in-person conferences, there are so many sessions taking place at the same time – but you can only select 1 per timeslot. With virtual conferences, you'll have access to view ALL the educational sessions for up to 3 months after the conference concludes (no continuing education credits for viewing the recordings).



## FY21 Virtual Motivational Interviewing College Trainings – Registration Open

Registration is now open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

<u>Dates</u>	Training	Registration Link
Jan. 11-12, 2021	M.I. Basic	CLICK HERE
Jan. 14-15, 2021	M.I. Advanced	CLICK HERE
Jan. 21, 2021	M.I. Supervisory	CLICK HERE
April 19-20, 2021	M.I. Basic	CLICK HERE
April 22-23, 2021	M.I. Advanced	CLICK HERE
April 29, 2021	M.I. Supervisory	CLICK HERE
July 26-27, 2021	M.I. Basic	CLICK HERE
July 29-30, 2021	M.I. Advanced	CLICK HERE
Aug. 2-3, 2021	M.I. for Leadership & Organizations	CLICK HERE
Aug. 5, 2021	M.I. Supervisory	CLICK HERE

#### Times:

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

## **Training Fees**:

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.



## **Practicing Effective Management Virtual Training**



A Comprehensive Virtual Training to Improve Relationships & Results 4 Half-Day Sessions January 14, 15, 21 & 22 \$379

## **REGISTER NOW**

at EventBrite or Email MollyR@TBDSolutions.com TBD Solutions is hosting its next
Practicing Effective Management
Training online on January 14, 15, 21,
and 22. This virtual training provides
practical guidance for enhancing
relationships and improving results
through structured supervision,
effective feedback, delegation,
interviewing, time management, and
employee development. This dynamic,
interactive training is relevant for all
levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate. To learn more or register for the training, visit <a href="https://www.eventbrite.com/x/practicing-effective-management-tickets-129950135353">https://www.eventbrite.com/x/practicing-effective-management-tickets-129950135353</a> or email Molly at <a href="mailto:MollyR@TBDSolutions.com">MollyR@TBDSolutions.com</a>.

## **Education & Training Resources from Great Lakes MHTTC**



CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

## **Catalog of MHTTC resources**

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its <u>Products and Resources</u> webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.



## **News from Our Preferred Corporate Partners**

## Abilita: Are you ready for E-911?

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out www.abilita.com/michigan-e911 to learn more and find out what you need to do to prepare!

# myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.

## **CMH Association's Officers & Staff Contact Info**

## **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; <a href="mailto:gullivercraig@gmail.com">gullivercraig@gmail.com</a>; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat3@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231)392-6670

Immediate Past President: Bill Davie; <a href="mailto:bill49866@gmail.com">bill49866@gmail.com</a>; (906) 226-4063



## **CMHA Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; <a href="mailto:abolter@cmham.org">abolter@cmham.org</a>
Audrey Daul, Administrative Assistant, (517) 237-3141; <a href="mailto:adaul@cmham.org">adaul@cmham.org</a>
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; <a href="mailto:dferguson@cmham.org">dferguson@cmham.org</a>
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; <a href="mailto:mfrancis@cmham.org">mfrancis@cmham.org</a>
Christina Ward, Director of Education & Training, (517) 237-3143; <a href="mailto:cward@cmham.org">cward@cmham.org</a>
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; <a href="mailto:jhammond@cmham.org">jhammond@cmham.org</a>
Bethany Rademacher, Training and Meeting Planner, (517) 237-3150; <a href="mailto:arisher@cmham.org">arisher@cmham.org</a>
Alexandra Risher, Training and Meeting Planner, (517) 237-3151; <a href="mailto:csanford@cmham.org">csanford@cmham.org</a>
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; <a href="mailto:mshorted">msholtz@cmham.org</a>
Anne Wilson, Training and Meeting Planner, (517) 237-3153; <a href="mailto:awilson@cmham.org">awilson@cmham.org</a>
Robert Sheehan, CEO, (517) 237-3142 <a href="mailto:rsheehan@cmham.org">rsheehan@cmham.org</a>

