



Update

October 30, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.**

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CMH Association and Member Activities

New! The Right Door receives full CARF accreditation

The Right Door for Hope, Recovery, and Wellness, Ionia County's CMH, recently received full accreditation from CARF, the nationally recognized accrediting body. Below are excerpts from the CARF accrediting report on The Right Door. Congratulations to the staff and leadership of The Right Door for Hope, Recovery, and Wellness.

The Right Door is a value-driven organization that works to ensure that it maintains focus on the persons served. It is client-centered, the needs of persons served come first, and there is an overall culture of doing whatever it takes to meet those needs. The board, chief executive officer, and other leadership staff members are dedicated to addressing the individual needs of the clients, personnel, and external stakeholders. Services and programs function at a consistently high level, and administrative support staff processes continue to evolve with the organization. The programs and staff members have an



excellent reputation and are respected and involved in the community. Persons served, family members, and external stakeholders have high praise for the services, which have continued through the pandemic without effecting the care of persons served.

The Right Door for Hope, Recovery, and Wellness has earned a Three-Year Accreditation. The leadership team and staff are complimented and congratulated for this achievement.

New! Request for Applications to be issued soon: CMHA to sponsor cultural and linguistic competence learning community

If you were fortunate enough to hear the keynote presentation, by Dr. Vivian Jackson, from the National Center for Cultural Competence at Georgetown University, at the CMHA Fall 2021 Conference, you learned of the National Center at Georgetown's cultural and linguistic competence framework. This framework refined and implemented, across the country, for decades is the nationally recognized framework for moving individuals, organizations, and communities toward cultural and linguistic competence.

Dr. Jackson's keynote kicks off what will be an effort that will span years - CMHA's work to strengthen the cultural and linguistic competence of CMHA member organizations. This work will center around 8-month long Cultural and Linguistic Competence (CLC) Learning Community, centered around the Georgetown CLC framework. The first of these learning communities will run from March through October 2021.

The learning community is made up of the following components:

Participants/audience: The CLC learning community teams will be solicited from CMHA members - including the public CMHs, public Prepaid Inpatient Health Plans, and private providers - to participate in the Learning Community.

- Learning community staffing: A Michigan-based facilitator, familiar with the Georgetown Center's CLC framework, has been identified by the Michigan Development Disability Council staff involved in the Cultural and Linguistic Competence (CLC) effort of which CMHA is a partner.
- 4 to 6 virtual and face-to-face sessions over the 8 months of the Learning Community, with the first session of the Learning Community being held in March 2021
- Self-assessment to level set: The work of this community will be built around a CLC selfassessment completed by the member of each Learning Community team
- Team-defined stretch initiatives: The learning community will be structured around "stretch" cultural and linguistic competency goals as identified by each team.
- Showcasing work of learning community teams: October 2021 (F2F at CMHA conference) Wrapup Sharing and CLC teams to showcase work in workshops at conference

Keep an eye out for that RFA. Note that because of the in-depth group learning and individual coaching provided in the learning community, participation in the 2021 learning community is <u>limited to 7 teams</u>.



State & National Developments and Resources

New! MDHHS adds testing requirements for homes for the aged and large adult foster care facilities

Recently, the Michigan Department of Health and Human Services (MDHHS) issued an epidemic order adding requirements for COVID-19 diagnostic testing in homes for the aged (HFAs) and larger adult foster care facilities and modifying requirements for skilled nursing facilities (SNFs).

This order makes modest updates to testing requirements that have been in place for skilled nursing facilities since June 15, with new requirements that homes for the aged and large adult foster care facilities conduct the same testing. Testing is part of a comprehensive prevention and infection control plan for congregate care settings. MDHHS has provided financial support to facilities for PPE, provided technical assistance and support on infection prevention measures, and put in place preventative measures like safety protocols for visitation to prevent COVID-19 spread in long-term care facilities. The testing order requires that all SNFs, all HFAs, and AFCs licensed to serve 13 or more individuals provide for the following:

- Initial testing of all residents and staff;
- Testing any resident or staff member with symptoms of COVID-19 or suspected exposure;
- Weekly testing of all residents and staff in facilities with any positive cases among residents or staff, until 14 days after the last new positive;
- Weekly testing of all staff in counties of risk levels A through E on the MI Safe Start Map;
- Testing of all new or returning residents during intake unless tested in the 72 hours prior to intake;
- Testing of all newly hired staff on their start date or in the 72 hours prior to start date.

This order is effective immediately and remains in effect until rescinded.

The order can be found <u>here.</u>

An infographic that explains visitation requirements in long-term care facilities is found here.

New! MDHHS launches media campaign promoting free mental wellness counseling

Below are excerpts from a recent press release, from MDHHS, regarding the "Be Kind to your Mind" campaign.

Michigan Department of Health and Human Services (MDHHS) is launching a statewide media campaign this week urging residents to seek relief from COVID-19-related emotional distress by talking to a trained crisis counselor and learning about other help available.



The "Be Kind to Your Mind" campaign promotes the use of Michigan's free, confidential Stay Well counseling line, and aims to combat stigma associated with seeking help for feelings of depression, anxiety, anger or loss – all common during a disaster like COVID-19.

The Stay Well counseling line debuted on May13 and is staffed with crisis counselors 24 hours a day, seven days a week. Callers can access the line by dialing Michigan's COVID-19 hotline at 888-535-6136 and pressing "8" at the prompt. The service is part of a federally funded grant program implemented by the MDHHS Behavioral Health and Developmental Disabilities Administration in partnership with the Michigan State Police.

Language translation is available for non-English-speaking residents who call the counseling line.

Access to mental health resources including the Stay Well contact information can be found here.

New! MDHHS provides recommendations for Michiganders to vote safely during COVID-19

Below are excerpts from a recent press release from MDHHS on guidance on safe voting practices during the pandemic.

To ensure Michigan voters remain healthy and reduce the spread of COVID-19 during the Nov. 3 general election, the Michigan Department of Health and Human Services (MDHHS) has released recommendations for voters, poll workers and election officials.

All registered voters may vote early by visiting their city or township clerk's office through Nov. 2. There they can request, fill out and submit an absentee ballot all in one trip, or take their ballot home to fill out and sign the envelope before returning it to one of their jurisdiction's ballot drop boxes by 8 p.m. on Nov 3. Election workers, who are required to wear masks, will ask voters to show photo ID.

Eligible citizens who are not yet registered may register, request and submit an absentee ballot at their local clerk's office through 8 p.m. on Nov. 3

Guidance is based on the most current Centers for Disease Control and Prevention (CDC) and MDHHS recommendations for prevention of the spread of COVID-19. Read the "Recommendations for Healthy Voting in Michigan" for more helpful tips for voting this year.

New! Subscribe Now: New listsery on healthcare for rural populations

The Centers for Medicare & Medicaid Services has a new rural health care listserv dedicated to sharing information about programs, policies and resources to help ensure rural populations have access to quality health care.

Subscribe to the rural health care listsery to receive the latest information and resources on:

- CMS Rural Health Strategy
- Maternal health care
- Payment and billing



- Policies and regulation
- Resources for partners

To subscribe to the new topic, click here and enter your email!

In order to find more information on rural health activities at CMS, please visit <u>go.cms.gov/ruralhealth</u> or contact RuralHealth@cms.hhs.gov

New! America is still in the middle of an opioid epidemic: why did we stop talking about it?

Below is an excerpt from a recent USA Today opinion piece on the opioid epidemic.

Over the past few years, opioids have become a political battleground. Unfortunately, when addiction mixes with politics, we forget there are real people struggling, and that has fatal consequences. Jeff Wahlberg reflects on his personal experiences with addiction and the impact for those currently struggling during the COVID-19 pandemic.

The full opinion piece can be found here.

New! Michigan hospitals turn to \$15 minimum wage to fill job openings

Below are excerpts of a recent news story on the efforts, by some Michigan hospitals to battle the healthcare workforce shortage issue.

Thousands of Michigan's lowest-paid hospital workers received pay increases this month when two of the state's largest hospital systems set a new \$15 per hour minimum wage, a nod to increased competition for entry-level workers as the state faces a resurgence in COVID-19 and hospitalizations.

The move "is a strategy to become more competitive," said Brian Peters, CEO of the Michigan Health & Hospital Association, an industry group.

The full article can be found here.

New! Global failure to protect the rights of persons with disabilities highlighted in critical report

A coalition of seven global disability rights organizations have today called for urgent action by States and the international community to halt the catastrophic failure to protect the lives, health, and rights of persons with disabilities during the COVID-19 pandemic.

"Irrespective of disabilities, persons on streets are picked up and put into shelters. These provide basic survival supports to all people housed there. This has great implications for persons with psychosocial disabilities, who have been experiencing homelessness but free and living at will on streets – to be institutionalized"



"Children (with disabilities) and their parents are still in the street with no face masks, no social distancing. Their lives are in danger" Organization of persons with disabilities.

The report entitled 'Disability rights during the pandemic: A global report on findings of the COVID-19 Disability Rights Monitor' presents the findings from a rapid global survey of persons with disabilities and other stakeholders which took place between April and August of this year. The organizations behind the study seek to "catalyze urgent action in the weeks and months to come," as transmission rates continue to rise in many countries and persons with disabilities are again subjected to restrictions which have already had severe consequences.

The report can be found here.

New! Healthcare Executive Career Management in a Web 2.0 Era



Healthcare Executive Career Management in a Web 2.0 Era and Annual Meeting Education and Networking Event

Friday, November 6, 2020 Virtual Platform – 9:30am Education Session Panel Discussion

Moderator: Scott Dzurka, Vice President - Public Sector Consultants

Panelists: Bill Manns, President-CEO Bronson Health Kalamazoo; Ovell Barbee, Senior Vice President Spectrum Health's HR & Diversity Officer; Blaire H. Miller, Partner The Hunter Group International Executive Search

Speaker: Brian Peters, Chief Executive Officer Michigan Health and Hospital Association

- \$25 Non GLACHE Member
- No Charge -- Student

Register by reaching Kimberly McVicar at kimberlymcvicar@ferris.edu

State Legislative Update

New! DHHS Emergency Order on Gatherings and Capacity Limits Signed

Yesterday afternoon, Department of Health and Human Services (DHHS) Director Robert Gordon signed an emergency order that updates a prior emergency order on gatherings and face masks.

The new emergency order limits indoor-residential gatherings to 10 people, and non-residential gatherings without fixed seating to 50 people, or 20 people per 1,000 square feet. Other changes made by the emergency order signed today include requiring bars, restaurants and venues alike to limit table



sizes to a max of six individuals. Additionally, these establishments are required to keep names and phone numbers of customers for contact tracing efforts. Masks continue to be required at all non-residential indoor and outdoor settings, and are strongly encouraged in residential indoor and outdoor gatherings. Residential outdoor gatherings still have a capacity limit of 100, while non-residential outdoor gatherings have a capacity limit of 1,000 people, or fixed seating allowing 30 percent of seating capacity, or 30 people per 1,000 square feet without fixed seating.

In the emergency order, DHHS highlighted that the State of Michigan presently has 172 cases per million people and positivity of tests has increased from about 2 percent to 5.5 percent, both of which have been increasing over the past four weeks. According to the state's chief medical executive, Dr. Joneigh Khaldun, the percent positivity indicates community spread of COVID-19 is occurring. The order also highlighted that hospitalizations for COVID-19 have doubled over the last three weeks, with more than 5 percent COVID-19 hospitalizations in all regions except Traverse City. On a press update call, Dr. Khaldun also highlighted that the state is investigating 446 new and ongoing outbreaks, with the top five categories including long-term care facilities, K-12 schools, manufacturing, construction and social gatherings. Dr. Khaldun and DHHS Director Gordon both expressed their concern over the current trends of COVID-19 in the state.

To view the emergency order, please click <u>here</u>. To view a fact sheet on the emergency order, please click <u>here</u>. To view an infographic created by DHHS on the new emergency order, please click <u>here</u>. To view a press release from DHHS on the emergency order, please click <u>here</u>.

New! DHHS Emergency Order on Testing Signed

Department of Health and Human Services (DHHS) Director Robert Gordon signed an emergency order that adds requirements for COVID-19 diagnostic testing in homes for the aged (HFAs) and larger adult foster care facilities (AFC), and modifying requirements for skilled nursing facilities (SNFs).

According to DHHS, this emergency order updates testing requirements that have been in place for skilled nursing facilities since June 15, with new requirements that homes for the aged and large adult foster care facilities conduct the same testing. Testing is part of a comprehensive prevention and infection control plan for congregate care settings. DHHS has provided financial support to facilities for PPE, provided technical assistance and support on infection prevention measures, and put in place preventative measures, like safety protocols for visitation, to prevent COVID-19 spread in long-term care facilities. The testing order requires that all SNFs, all HFAs, and AFCs licensed to serve 13 or more individuals provide for the following:

- Initial testing of all residents and staff.
- Testing any resident or staff member with symptoms of COVID-19 or suspected exposure.
- Weekly testing of all residents and staff in facilities with any positive cases among residents or staff, until 14 days after the last new positive.
- Weekly testing of all staff in counties of risk levels A through E on the MI Safe Start Map.
- Testing of all new or returning residents during intake unless tested in the 72 hours prior to intake.
- Testing of all newly hired staff on their start date or in the 72 hours prior to start date.



"COVID targets individuals who live in group care, and it's our job as Michiganders to protect them," said DHHS Director Gordon. "Less COVID in the community means less COVID in group homes, so each of us helps when we wear masks, watch our distance, and wash hands. But these homes also need a second line of defense, and that defense is regular testing for residents, staff, and visitors."

To view the DHHS emergency order, please click <u>here</u>. To view a press release from DHHS on the emergency order, please click <u>here</u>.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499 90705---,00.html

• Executive Order 2020-181 — Amendment to the Safe Start order, please click here to access Executive Order 181.

Federal Update

New! 9-8-8 Signed into Law

The National Suicide Hotline Designation Act was signed into law on Saturday, October 17. This legislation will create a new 9-8-8 dialing code for suicide prevention, helping Americans who are seeking services for mental health emergencies. The National Council thanks our advocates for tirelessly leading the charge in making this hotline a reality. The success of 9-8-8 comes at a critical time for behavioral health services, as COVID-19 has contributed to increased isolation and unemployment, among other difficulties. Implementation of 9-8-8 now moves to the Federal Communications Commission (FCC), which recently set a deadline of July 2022 for the full, national implementation of the hotline.

National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members' access to care. To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our CCBHC Success Center – a hub for information, implementation support and advocacy on the CCBHC model.



Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders.

Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.
- Explore how states can implement and tailor the CCBHC model to meet their goals for quality,
 scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children's providers, and others—can partner with CCBHCs to improve clients' access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs' activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. Check us out today! Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. CMHA will NOT be holding any in-person trainings or conferences through January 1, 2021 – we're moving to a virtual setting when possible. The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

Please check our website by clicking here for updated information!



New! CMHA Fall Conference - Recorded Sessions Still Available for Registration

The live week-long Virtual Fall Conference, "Resilience & Reinvention," concluded today; but there's still time to sign up for the "recorded conference sessions." Don't miss this opportunity to hear from national and state experts!

View Recordings – No Continuing Education Credits: For those who do not need CEs take advantage of the significantly reduced fee. The recordings will be available AFTER the conference and you will have 1 month to view the recordings. You can view as many sessions as you like.

CMHA Member: View Recordings After the Live Conf – No CE Credits \$50 Non-Member: View Recordings After the Live Conf – No CE Credits \$60

Registration open until Friday, November 13, 2020. Register by CLICKING HERE!

VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- January 11, 2021 (Register Here) (47 spots left)
- February 22, 2021 (Register Here) (63 spots left)
- March 22, 2021 (Register Here) (65 spots left)
- April 5, 2021 (Register Here) (65 spots left)
- April 26, 2021 (Register Here) (66 spots left)

Agenda:

Log into Zoom: 8:15am

Education: 8:30am – 11:30am Lunch Break: 11:30am – 1:00pm Education: 1:00pm – 4:00pm

Training Fees: \$120 CMHA Members \$143 Non-Members

VIRTUAL Pain Management and Mindfulness Trainings – Registration Open

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.



Dates:

January 21, 2021 (Register Here) (53 spots left)

• March 8, 2021 (Register Here) (64 spots left)

Training Fees: \$43 CMHA Members \$51 Non-Members

Agenda:

Log into Zoom: 8:45 am Education: 9:00am – 11:00am

Education & Training Resources from Great Lakes MHTTC



CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its <u>Products and Resources</u> webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Grief Sensitivity Virtual Learning Institute

The MHTTC Network is pleased to invite you to our upcoming two-part virtual learning series, **Grief Sensitivity Virtual Learning Institute**. This series is geared towards providing front-line workers (Community Mental Health Practitioners, Social



Workers, Psychologists, Therapists, School Mental Health Personnel, School Counselors, Educators, etc.) with tools and strategies that can be used when addressing the needs of individuals experiencing grief and loss during COVID-19 and beyond.

Reflective Discussion- On both days of each Institute, we'll host optional breakout discussions for participants to join, listen and learn from each other's expertise and experience.



November 12 & 13th:

Grief Sensitivity Institute Part 2: Applying concepts to practice

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

A recording of the learning institutes will be made available in the MHTTC Products and Resource

Catalog. Certificates of completion will be available. CEUs are not available for these Learning Institutes.

A flyer with more information about this event is attached. Questions? Contact

NetworkOffice@MHTTCNetwork.org

News from Our Preferred Corporate Partners

New! Relias: state of health care and the acute and pre-acute healthcare industry

Relias has partnered with Hanover Research to assemble a comprehensive look at the educational landscape for healthcare organizations in 2020. The report provides credible, valuable, and actionable data and analysis you can use to improve your current staff development and training programs.

Register below for our industry-specific webinars to learn more about the report findings.

- Acute and Pre-Acute Industry Deep Dive
 Tuesday, November 3, 2 PM ET
- Post-Acute Care Industry Deep Dive
 Wednesday, November 4, 2 PM ET
- Health and Human Services Industry Deep Dive
 Thursday, November 5, 2 PM ET

Learning objectives include:

- Benchmark current practices, investments, and beliefs compared with a national sample
- Identify opportunities to improve staff development and training opportunities
- Understand the impact of COVID-19 on staff training and development

Please note: These webinars are free events, and no CEUs or certificates of participation are provided. All registrants will receive a copy of the recorded webinar and slides if you cannot attend the live event.

Can't make it to the webinar? Register anyway and we'll send you a link to the recording after the webinar.



New! Abilita: Are you ready for E-911?

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out www.abilita.com/michigan-e911 to learn more and find out what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat3@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231)392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below: Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org



Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
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Robert Sheehan, CEO, rsheehan@cmham.org

