

WEEKLY Update

October 2, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

TABLE OF Contents

CMH Association and Member Activities	2
<i>New! CMHA Annual Walk-A-Mile Rally a great success as it goes virtual.....</i>	<i>2</i>
<i>New! The Children’s Center’s latest installment in Crisis to Connection Imperative.....</i>	<i>3</i>
<i>New! MHAM honors CMH leader and legislative ally</i>	<i>3</i>
<i>New! CNS and CMHA in the news: Group helping provide critical access to mental health help in metro Detroit.....</i>	<i>4</i>
<i>Montcalm Care Network honors the retirement of longtime board member</i>	<i>4</i>
State & National Developments and Resources.....	5
<i>New! MDHHS issues update on behavioral health system transformation.....</i>	<i>5</i>
<i>New! Michigan announces \$80 million for opioids crisis response</i>	<i>6</i>
<i>New! Developing a Model Policy for Public Libraries to Address Homelessness & Mental Illness: Journal of Public Health article by Michigan authors</i>	<i>7</i>
<i>New! MDHHS issues clarification on overnight staffing in unlicensed settings</i>	<i>7</i>
<i>New! MDHHS joins CDC’S new comprehensive suicide program; receives \$4.35 million grant to address suicide deaths in Michigan men.....</i>	<i>8</i>
<i>New! \$20 Billion in New Phase 3 Provider Relief Funding</i>	<i>8</i>
<i>New! MLPP announces 2020 Public Policy Forum “White Laws, Black Lives & the Need to See Color” ..</i>	<i>9</i>

State Legislative Update	9
<i>FY21 Budget Signed into Law</i>	<i>9</i>
<i>Recent Legislative Action</i>	<i>10</i>
<i>Executive Orders Signed.....</i>	<i>11</i>
Federal Update.....	11
<i>National Council Launches CCBHC Success Center.....</i>	<i>11</i>
Education Opportunities.....	12
<i>CMHA Takes Trainings Virtual!</i>	<i>12</i>
<i>New! Virtual CMHA Annual Fall Conference</i>	<i>12</i>
<i>New! VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Opening Soon</i>	<i>14</i>
<i>New! VIRTUAL Pain Management and Mindfulness Trainings – Registration Opening Soon.....</i>	<i>14</i>
Education & Training Resources from Great Lakes MHTTC	14
<i>Catalog of MHTTC resources.....</i>	<i>15</i>
<i>Grief Sensitivity Virtual Learning Institute.....</i>	<i>15</i>
News from Our Preferred Corporate Partners	15
<i>Genoa Healthcare: Staying Connected to Consumers in a Virtual World: How an Integrated Pharmacy Can Help.....</i>	<i>15</i>
<i>Abilita: Controlling Increasing Phone Costs.....</i>	<i>16</i>
<i>myStrength: new digital behavioral health resources empower consumers to move beyond trauma..</i>	<i>17</i>
<i>Relias: Addressing the Growing Rate of Suicide</i>	<i>17</i>
CMH Association’s Officers & Staff Contact Info	18
<i>CMHA Officers Contact Information:</i>	<i>18</i>
<i>CMHA Staff Contact Information:</i>	<i>18</i>

CMH Association and Member Activities

New! CMHA Annual Walk-A-Mile Rally a great success as it goes virtual

CMHA, the CMHA Public Relations Committee, Lambert (CMHA’s public relations partner) and the hundreds of persons served, families, advocates, providers, and stakeholders who made videos and participated in the event ensured the success of the 2020 Walk-A-Mile Rally – this year going virtual.



The virtual event can be seen, in its entirety, [here](#).

The media coverage was very good – covering media markets in communities across the state.

- WXYZ-TV: <https://www.wxyz.com/rebound/group-helping-provide-mental-health-services-to-metro-detroiters-amid-covid-19-pandemic>
- WWTW-TV: <https://www.9and10news.com/2020/09/29/west-michigan-community-mental-health-receives-4m-grant-to-expand-services/>
- WGTV-AM: <https://www.wgvtvnews.org/post/walk-mile-my-shoes-rally>
- Traverse City Record-Eagle: https://www.record-eagle.com/news/lifestyles/northern-living-in-brief-09-27-2020/article_1b7a1bb4-fd01-11ea-b56d-eb2635143a8f.html

CMHA wants to thank all who made this year's Walk A Mile event the success that it was. Bravo.

New! The Children's Center's latest installment in Crisis to Connection Imperative

Below are excerpts from a recent announcement, from The Children's Center around its Crisis to Connection Imperative.



At The Children's Center, we know that many of the Black boys and families we serve have lived through one or more adverse childhood experiences. Experiences such as inadequate prenatal care, homelessness, loss of a loved one, and community violence can have a negative impact on the lifetime trajectory of Black boys at an unprecedented level. YOU can help change that. Together, through the Crisis to Connection Imperative, we will tackle the barriers to accessible and adequate trauma-informed mental health treatment to help ensure that all Black boys can live their dreams.

We encourage you to learn more about the effects of childhood trauma and its impact on the communities we serve. Watch the TEDTalk: [How childhood trauma affects health across a lifetime](#).

New! MHAM honors CMH leader and legislative ally

This year's tribute celebration is honoring State Representative Mary Whiteford and Jeff Patton, CEO of Integrated Services of Kalamazoo. Join us as President and CEO of MHAM, Marianne Huff, will host us for an hour of inspirational live music, the story of Clifford Beers, a sit down interview with a family who has a lifetime of lived experience with mental health and special messages from our honorees.

This evening of celebration will be on Facebook Live as well as the MHAM website at www.mha-mi.com.

We ask that you please register for this FREE event and join us for the pre-show at 5:30pm!

October 7 | 6 - 7pm | Pre-Show 5:30pm

Register for this event [here](#)

New! CNS and CMHA in the news: Group helping provide critical access to mental health help in metro Detroit

Below are excerpts from a recent news story around the work of CNS Healthcare and other CMHA members as they serve Michiganders in the face of the COVID 19 pandemic and the role that Michigan's recent designation as a Certified Community Behavioral Health Center (CCBHC) demonstration state will play in improving access to care, during and subsequent to the pandemic.

The COVID-19 pandemic is proving to be a challenging time for people of all ages across metro Detroit.

Now, thanks to aid from the federal government, many adults and children can get better access to critical services – including help for depression, anxiety and substance abuse.

Bob Sheehan is the CEO of the Community Health Association of Michigan. The group provides mental health care across the state with help from grant funding.

According to Sheehan, people are drinking more than ever in the middle of the pandemic, and it can be hard to know where to start if you're seeking help.

Anyone in Michigan can call 211 around the clock to start feeling better.

In Michigan, there is an initiative called the "certified community health behavioral centers."

In Oakland and Wayne counties, CNS Healthcare used grant money to partner with Huron Valley, Schoolcraft College, and Southfield and Detroit schools to provide on-site and telehealth therapy at no cost to students.

The district is also supporting a peer-to-peer program so children can talk to someone in their age group when they are not ready to confide in an adult.

The full story can be found [here](#).

Montcalm Care Network honors the retirement of longtime board member

Montcalm Care Network (MCN) honors the retirement of longtime board member, Lorna Grassley of Coral, Michigan. Having been appointed to the MCN Board in February of 1973 and serving for nearly 48 years, Lorna played a key role in shaping the expansion of public behavioral health services to meet the needs of Montcalm County's most vulnerable citizens; those with serious mental illnesses, intellectually and developmental disabilities and co-occurring substance use disorders.

As a Nurse and active member of the Coral community, Lorna's contributions on the MCN Board were essential in the late 1970's/early 80's during the deinstitutionalize movement in which individuals were transitioned back into community settings from psychiatric institutions. Lorna would continue on to guide the agency in the late 1990's when it would evolve to become a governmental authority as the State shifted the public behavioral health system to operate under a managed care arrangement. And

most recently, it was Lorna's expertise that laid the framework for a pandemic response plan that would see MCN through the initial and continued stages of the COVID19 pandemic.



These are just a few of the pivotal moments in Montcalm Care Network's 54-year history in which Lorna Grassley left her mark. The MCN Board of Directors and employees wish to commend Lorna for her longstanding commitment to the agency's mission and extend their gratitude for her many contributions as a MCN Board member in assuring the mental health and wellbeing of Montcalm County residents.

In lieu of an in-person celebration, it is requested community members join MCN in thanking Lorna for her years of service by sending cards or notes of appreciation to: info@montcalmcare.net or Montcalm Care Network, c/o Admin Specialist, 611 N. State Street, Stanton, MI 48888.

Pictured: Robert Sheehan, CEO, CMH Association of Michigan, and Lorna Grassley, MCN Board Member, receiving a Years of Service Certificate at a Statewide Mental Health Conference in Fall 2015.

State & National Developments and Resources

New! MDHHS issues update on behavioral health system transformation

Below is the recent announcement from MDHHS regarding the status of the Department's behavioral health system transformation initiative. CMHA, its members, and allies will be in discussions with and working in partnership with MDHHS and other stakeholders as this effort moves forward.

Dear behavioral health stakeholders:

We are writing with an update on the behavioral health system transformation efforts and the plan announced earlier this year to establish Specialty Integrated Plans starting in fall 2022. Given the unprecedented challenges around COVID-19 and the economy, we have to pause on comprehensive system change right now. We appreciate the enormous efforts all of you have made over the last several years to help us envision and design the future of behavioral health in Michigan. That time was not wasted. When the current situation has stabilized and we are all able to again devote our attention and resources to system transformation, we are excited to resume work on this effort. In addition, we see many current opportunities to advance and continue working on aspects of system improvement that were identified during our last few years of conversations and planning.

Under Al Jansen's leadership, the Behavioral Health and Developmental Disabilities Administration is developing a robust agenda that balances crisis response with ongoing improvement. In the coming months, our department will remain focused on addressing immediate challenges: making sure people have the mental health and SUD resources they need in the COVID crisis; continuing to support the outstanding network of behavioral health providers that Michigan has built over decades; investing in prevention, early intervention, and integrated physical and behavioral health care; and increasing accountability and oversight across the system. We will also be ramping up our proactive efforts to improve the system. Even with the pandemic, we are moving forward with creating MiCAL – a centralized crisis and access system that will make it easier for families in crisis to locate the resources they need. We have set up new service delivery structures, like text-based counselling and a crisis warmline. We are developing a comprehensive set of initiatives to better coordinate and deliver mental health services for children.

We are committed to continue strengthening Michigan's behavioral health system, and we look forward to working together with people served, providers, advocates, CMHs and PIHPs, and other stakeholders to achieve our shared goals.

New! Michigan announces \$80 million for opioids crisis response

Below are excerpts from a recent press release, from MDHHS, regarding this state's receipt of the next round of federal State Opioid Response dollars.

Gov. Gretchen Whitmer, the Michigan Department of Health and Human Services (MDHHS) and the Michigan Opioids Task Force announced \$80 million in federal funding to respond to the ongoing opioids crisis. The funds will support prevention, treatment and harm reduction services, with a focus on evidence-based practices that save lives.

The funding includes \$36.4 million from the new State Opioid Response II (SOR II) grant and \$43.1 million from an extension of the current State Opioid Response I (SOR I) grant. Over the last five years, opioid overdoses have killed 8,000 Michiganders. In 2018, five people died on average every day from opioid overdoses. The crisis has become even more acute during the COVID-19 pandemic; calls to emergency medical services for opioid overdose were 22 percent higher from April to July 2020 than during the same period in 2019.

Michigan's opioids crisis response is supported by the grants from the federal Substance Abuse and Mental Health Administration. The SOR II grant begins Sept. 30 and continues for two years. MDHHS also received approval to extend the SOR I grant for a third year from Oct. 1, 2020 to Sept. 30, 2021. The MDHHS Behavioral Health and Developmental Disabilities Administration, Office of Recovery Oriented Systems of Care is the recipient and administrator of the grants.

A focus of SOR II will be improving medical care following an overdose by making medications to treat opioid use disorder available in emergency departments and creating follow-up programs to conduct wellness checks on overdose survivors. Other steps to reduce harm from the opioid

crisis, including distributing sterile syringes, building trust with individuals actively using substances and conducting extensive naloxone distribution, will continue to expand as well.

A summary of how the new SOR II grant supports the state's opioids strategic plan is [available online](#), and a summary of projects supported by SOR I funding is available [here](#).

Many prevention and treatment programs are implemented by region in Michigan. Organizations interested in participating in these programs – including treatment providers, hospitals, community organizations, law enforcement agencies and others – [are encouraged to reach out to regional representatives](#). Inquiries about statewide strategy can be directed to MDHHS-OpioidsTaskForce@michigan.gov.

For more information on the state's opioids crisis response, please visit www.michigan.gov/opioids

New! Developing a Model Policy for Public Libraries to Address Homelessness & Mental Illness: Journal of Public Health article by Michigan authors



Below are excerpts from a research article, written by Robert Lathers, former CEO of the Right Door (a CMHA member organization) and his colleagues at Grand Valley State University, that was recently carried in the Delaware Journal of Public Health on the development a model policy for public libraries to address homelessness & mental illness.

Public Libraries across the United States have become places of respite and sanctuary for increasing numbers of people who are homeless and/or struggling with mental health issues. The issue has been highlighted in the past few years in popular literature, especially in Susan Orlean's recent New York Time's Best Seller, "The Library Book," as well as in Emilio Estevez's 2019 Movie, "The Public," which was filmed at the Cincinnati Public Library. State Library Associations, including that of Michigan, have developed active workgroups to address these populations in an inclusive fashion.

Many libraries across the country have begun to hire social workers to be on their staff. Addressing homelessness and mental illness, from a local library perspective, is a relatively new and emerging practice area for both libraries and community agencies. Best practices to address these issues have not yet been systematically developed. Only one book, Whole Person Librarianship: A Social Work Approach to Patron Services is currently available in print that addresses the issue.

The full article can be found [here](#).

New! MDHHS issues clarification on overnight staffing in unlicensed settings

Below are excerpts from a recent letter (L letter) from MDHHS: L 20-56 - Clarification on CLS Services Delivered in Unlicensed Settings.

The purpose of this letter is to provide additional clarification on CLS services delivered in unlicensed settings.

CLS is used to increase or CLS may be provided in unlicensed settings to support, observe, and preserve the health and safety of the individual during overnight hours when medically necessary and in order that the individual may reside in the most integrated, independent community setting.

The full letter can be found [here](#).

New! MDHHS joins CDC'S new comprehensive suicide program; receives \$4.35 million grant to address suicide deaths in Michigan men

The Michigan Department of Health and Human Services (MDHHS) recently announced the receipt of \$4.35 million in funding to be used over the next five years to address suicide in adult men from the U.S. Centers for Disease Control and Prevention (CDC).

Suicide is a growing public health crisis that took more than 48,000 lives in the United States in 2018, according to the CDC. From 2014–2018, more than 6,700 Michiganders lost their lives to suicide.

Two-thirds of the suicide deaths in Michigan are adult men. Over the next five years, the newly funded MDHHS program *Preventing Suicide in Michigan Men (PRiSSM)* will work to reduce the number of deaths and attempts among men ages 25 and older by at least 10 percent. This will be accomplished through carefully planned, implemented and evaluated prevention efforts within communities and healthcare, as well as upstream initiatives – before suicidal behavior even occurs.

The CDC's new Comprehensive Suicide Prevention Program is the first to take a complete public health approach based on data and science to address the range of risk factors that contribute to suicide, particularly for vulnerable populations.

CDC's National Center for Injury Prevention and Control (the Injury Center) is providing \$7 million per year for five years to nine award recipients from across the country, including Michigan. The Injury Center works to understand how injury and violence impact everyone – regardless of age, race or economic status – and what we can do to prevent them, with a particular focus on preventing suicide, overdose, and adverse childhood experiences.

To learn more about what CDC is doing to prevent suicide, visit CDC's [Suicide Prevention](#) webpage.

New! \$20 Billion in New Phase 3 Provider Relief Funding

Recently, the U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration (HRSA), is announcing \$20 billion in new funding for providers on the frontlines of the coronavirus pandemic. Eligible providers may begin applying for funding Monday, October 5, 2020 through Friday, November 6, 2020.

Under this Phase 3 General Distribution allocation, providers that have already received Provider Relief Fund payments will be invited to apply for additional funding that considers financial losses and changes

in operating expenses caused by the coronavirus. Previously ineligible providers, such as those who began practicing in 2020 will also be invited to apply, and an expanded group of behavioral health providers confronting the emergence of increased mental health and substance use issues exacerbated by the pandemic will also be eligible for relief payments.

For more information on the methodology and application process, the full press release can be found [here](#).

New! MLPP announces 2020 Public Policy Forum “White Laws, Black Lives & the Need to See Color”

We encourage you and your team to join the Michigan League for Public Policy’s (MLPP) Public Policy Forum on Monday, October 5 from 1-4 pm. Keynote Speaker Lt. Gov. Garlin Gilchrist will begin his address at 1:20, and our panel discussion featuring Rep. Sarah Anthony, Angela Waters Austin of Black Lives Matter Michigan, and Dr. Renee Canady of the Michigan Public Health Institute, will begin at 2:20.

To attend the live event, you and your team can tune in at bit.ly/mlpp2020forum at 1 pm.

Live Q&A both with the lieutenant governor and the panelists will take place, and audience members can ask questions by texting "askmlpp" to 63566 or emailing info@mlpp.org

State Legislative Update

FY21 Budget Signed into Law

Wednesday afternoon, Governor Gretchen Whitmer signed the Fiscal Year (FY) 2020-21 budget, which takes effect today, October 1, 2020.

In a press release, Governor Whitmer highlighted the budget protects schools, colleges, universities, and local governments from any state funding reductions below their original 2020 funding levels. “While this budget faced many challenges along the way amidst a global pandemic, I am pleased that we were able to come together and produce a budget that funds the programs and services that matter most to our residents,” said Governor Whitmer. “This has not been easy, but in the end, the executive and legislative branches of government worked together to do what is expected and demanded of us and we now have a budget that will serve Michigan well.”

To view a press release from the Governor’s office on the signing of the FY 2020-21 budget, please click [here](#).

Also below is a link to HB 5396 Transmittal Letter:

https://content.govdelivery.com/attachments/MIEOG/2020/09/30/file_attachments/1559609/HB%205396%20Transmittal%20Letter.pdf

Recent Legislative Action

Last week the Senate Health Policy committee voted out the following bills:

Crisis Stabilization Units – HB 5832, which would create crisis stabilization units. CMHA described the bill to the committee as a modernization of the Mental Health code in regards to the crisis services section, which has not been updated in 25-30 years. The bill is intended to address the many grey areas that currently exist with prescreening units, and provide more upfront care to people experiencing a crisis. 5832 does not require a CMH or other entity to operate a CSU, it simply gives the mental health system another tool in the crisis care continuum.

Universal Credentialing – HB 5178, which would require DHHS to establish, maintain, and revise, as necessary, a uniform CMH services credentialing program for State department or agency use. The State department's or agency's credentialing and recredentialing process would have to comply with national standards.

SB 813, which would require the DHHS to investigate all deaths reported by a psychiatric hospital or psychiatric unit that were the result of suicide or where the cause of death was reported as unknown.

Senate Minority Leader Jim Ananich (D-Flint) testified that he's alarmed by reports of people dying shortly after leaving in-patient care at psychiatric facilities. Relatives usually feel relief when they check a loved one into a psychiatric facility, he contended, knowing they are going to get the care, support and therapy they need.

The bill will "help us get our arms around the magnitude of this problem" and help the state to understand and identify patterns in the who, what, where, when and how many of these deaths are occurring, he said.

Two family members told the committee the stories of their loved ones who took their own lives last year just hours after being discharged from mental health facilities in Michigan.

On the House side last week, the House Health Policy committee voted out the Certificate of Need package. The House committee did amend SB 672, which would eliminate the Certificate of Need (CON) process for all psychiatric inpatient beds in hopes that it would increase access and availability across the state. Below is the amendment:

- Eliminates the Certificate of Need requirement for psychiatric beds in counties with less than 40,000 residents. Additionally, the bill eliminates the certificate of need requirement for psychiatric beds for the entire state after 5-years.

SB 673 would remain unchanged and requires that a psychiatric hospital or psychiatric unit accept public patients and maintain 50% of beds available to public patients as a condition of licensure.

CMHA supports the intent of SB 672 & 673, which is to increase the availability of psychiatric inpatient beds across the state and designates a certain percentage of beds set aside for public patients. However, some of our members have concerns regarding the elimination of the Certificate of Need (CON) process

and believe strengthening current CON practices would help more than simply eliminating CON all together. The CON process is not a barrier to access.

The Senate adjourned on Thursday until October 6, 2020, at 10:00 a.m. The House adjourned last week and scheduled session days this week but did not conduct legislative business this week.

While session days have been scheduled in both chambers, barring any unforeseen changes, we do not anticipate further legislative business on the floor in either chamber until after the November 3 election.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-181** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 181.

Federal Update

National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members' access to care.

To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders.

Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.
- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children’s providers, and others—can partner with CCBHCs to improve clients’ access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs’ activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through January 1, 2021 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

Please check our website [by clicking here](#) for updated information!

New! Virtual CMHA Annual Fall Conference

Save the Dates: This year’s CMH Fall Conference, “*Resilience & Reinvention,*” will be held virtually each morning from October 26-30, 2020. Registration will be opening up this week!

Conference Highlights:

KEYNOTE ADDRESSES:

Update from the Michigan Department of Health and Human Services

- *Allen Jansen, Deputy Director, Behavioral Health and Developmental Disabilities Administration*

Embedding Cultural and Linguistic Competence Every Day

- *Vivian Jackson, BA, MSW, PhD, Adjunct Assistant Professor, Georgetown University National Center for Cultural Competence, Center for Child and Human Development*

Racism - A Public Health Crisis

- *Grenae Dudley, PhD, LP, President and CEO, The Youth Connection*

Behavioral Health and Coronavirus: Challenges and Opportunities

- *Charles Ingoglia, MSW, President and CEO, National Council for Behavioral Health*

WORKSHOPS:

- Targeting Health Disparity Populations Using the Strategic Prevention Framework
- Understanding Moral Injury
- Autism Services: Challenges and Future Directions
- Teaching Older Adults Self-Management Approaches to Manage Chronic Pain or Chronic Conditions
- LOCUS
- Treatment Foster Care Oregon (TFCO): Community-based Mental Health Treatment for Hospital Level-of-Care Children
- Creating Your Best Life in Recovery - The Continuum of Care in SUD Treatment
- Collaboration is Key: Assessing and Treating Sexual Self-Regulation with Consumers of CMH Services
- Implementing an FASD System of Care Within Michigan CMHSP System
- Applying Value-Based Purchasing to Employment and Day Services Purchased by CMH's: Stories of the Michigan Employment First Rate Restructuring Initiative
- Transforming Youth Suicide Prevention in Michigan
- Telehealth: Lessons Learned and Current Initiatives
- Complex Trauma, Addiction & Brain Injury: From Surviving to Thriving
- Recipient Rights Protection System
- Charting the Course to a Good Life
- Michigan Psychiatric Care Improvement Project: Enhancing Michigan's Publicly Funded Crisis Services System
- Opportunities for Occupational Therapy to Support Residential Behavioral Health
- Best Practice Strategies for Implementing a Full in Jail MAT Program
- Working with Children's Special Health Care Services to Maximize Benefits for Families
- LifeGoals App
- Enhancing Social-Emotional Regulation Skills Using the Accept. Identify. Move. (AIM) Curriculum
- Corrections Based Addiction Treatment and Community Re-entry
- Expanding Moral Injury
- Multiple Pathways to Recovery: How to Walk the Walk with Mutual Aid Groups
- Evidence-Based Behavioral Tools to Treat Chronic Pain
- What's Going on in Lansing
- CCBHC – What Are They?
- Improving Community Access for Individuals on the Autism Spectrum
- Motivational Interviewing for Comorbid Bi-polar and Substance Use Disorders

New! VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Opening Soon

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- January 11, 2021 *(Registration Open Soon)*
- February 22, 2021 *(Registration Open Soon)*
- March 22, 2021 *(Registration Open Soon)*
- April 5, 2021 *(Registration Open Soon)*
- April 26, 2021 *(Registration Open Soon)*

Agenda:

Log into Zoom: 8:15am
Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees: \$120 CMHA Members \$143 Non-Members

New! VIRTUAL Pain Management and Mindfulness Trainings – Registration Opening Soon

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- January 21, 2021 *(Registration Open Soon)*
- March 8, 2021 *(Registration Open Soon)*

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees: \$43 CMHA Members \$51 Non-Members

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based



and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

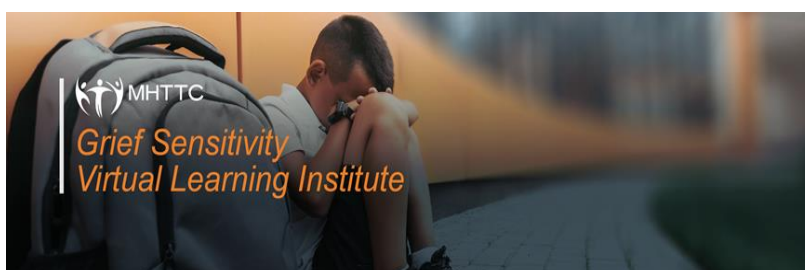
Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Grief Sensitivity Virtual Learning Institute

The MHTTC Network is pleased to invite you to our upcoming two-part virtual learning series, **Grief Sensitivity Virtual Learning Institute**. This series is geared towards providing front-line workers (Community Mental Health Practitioners, Social



Workers, Psychologists, Therapists, School Mental Health Personnel, School Counselors, Educators, etc.) with tools and strategies that can be used when addressing the needs of individuals experiencing grief and loss during COVID-19 and beyond.

Reflective Discussion- On both days of each Institute, we'll host optional breakout discussions for participants to join, listen and learn from each other's expertise and experience.

November 12 & 13th:

[Grief Sensitivity Institute Part 2: Applying concepts to practice](#)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

A recording of the learning institutes will be made available in the MHTTC Products and Resource Catalog. Certificates of completion will be available. CEUs are not available for these Learning Institutes.

A flyer with more information about this event is attached. Questions? Contact NetworkOffice@MHTTCNetwork.org

News from Our Preferred Corporate Partners

Genoa Healthcare: Staying Connected to Consumers in a Virtual World: How an Integrated Pharmacy Can Help

Access to mental health care is more important than ever, but the COVID-19 pandemic has forced many mental health centers to focus on providing critical services only, delivering much of that care via telehealth. As centers settle into the telehealth world, many may be searching for new ways to connect with consumers and maintain and improve consumer outcomes.

An integrated pharmacy can help by providing:

A crucial touchpoint for consumers: An integrated pharmacy can act as a bridge between providers and their patients, providing additional consumer touchpoints in a virtual world.

A resource for center staff: When center staff and providers have any medication-related needs or questions, an integrated pharmacy is there, on-site to answer them.

A dedicated team: Focused on serving one center, an on-site pharmacy can get to know each consumer, providing personal, customized services.

Services to keep consumers on their treatment plans: Reduced face time with consumers can make it hard to keep them on their medications. An integrated pharmacy builds relationships with each person, understanding their needs and providing personalized services like packaging and free medication mailing to make sure they get and stay on their medications.

Genoa Healthcare offers on-site pharmacy services dedicated to those in the behavioral health and addiction communities. Genoa also provides telepharmacy services and consumer medication coordinators, depending on each center's needs. All Genoa Healthcare pharmacy models can:

- Fill and synchronize all medications (behavioral and primary care)
- Mail prescriptions at no additional cost
- Conduct outreach calls to keep consumers on track
- Help with prior authorizations, medication and insurance questions
- Provide customized pill organizers to consumers with medications sorted by date and time

All of this results in industry-leading medication adherence and satisfaction ratings:

- People who use Genoa have medication adherence rates over 90%, compared to 50% at traditional retail pharmacy
- Consumers report over 90% satisfaction when using Genoa's pharmacy
- Partner centers report over 80% satisfaction with their partnerships with Genoa

To learn more about how an integrated pharmacy can help your center maximize your telehealth program, [CLICK HERE](#) to check out our webinar.

For more information about Genoa Healthcare [click here](#) or please reach out to Katrina Miller at **(608) 345-4078** or kmiller@genoahealthcare.com.

Abilita: Controlling Increasing Phone Costs

Beginning July 1st, your telecommunication costs increased by almost 7%! Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been. Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be “high cost”.

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users.

Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#). Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

Relias: Addressing the Growing Rate of Suicide

Mental health disorders and suicidal ideation are topics not typically discussed in communities of color. However, research now shows that suicide rates among Black youth, adolescents, and adults are rising faster than other racial or ethnic groups. Now, with the COVID-19 pandemic and racial injustice protests further affecting Black mental health, it's critically important that clinicians and organizations learn how to identify, assess, and prevent suicide.

Join us Wednesday, September 30, 2020 at 3 PM ET to hear Ifeanyi Olele, DO, MBA, MS, share statistics on the growing rate of suicide in the Black community and what clinicians and organizations can do to improve suicide prevention and treatment. Click here to [Register Now](#). In the webinar, Dr. Olele will:

- Address the growing rate of suicide in the Black community
- Discuss stigmas associated with suicide, mental health disorders, and accessing care
- Provide risks and protective factors that can lead to suicidal ideation

- Share strategies to improve suicide prevention and treatment

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org