



WEEKLY Update

August 28, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! CMHA Behavioral Telehealth Resource Center readying to bolster work with MHEF support; MDHHS and CMHA join forces

Below are excerpts from a recent notice from the Michigan Health Endowment Fund (MHEF), informing CMHA that its application for support of our Telehealth Resource Center was approved. This is a two-year contract with the Health Endowment Fund. This is very good news and is key to supporting CMHA’s work to ensure that Michigan’s behavioral telehealth system is sound and effective.

“Congratulations! I am pleased to inform you that the Board of Directors of the Michigan Health Endowment Fund approved Michigan Association of Community Mental Health Boards (dba Community Mental Health Association of Michigan)'s 2020 Behavioral Health grant request, ID number R-2004-146275, in the amount of \$257,905.00 to support the program entitled Telehealth Resource Center - Behavioral Health.”

With those dollars, the CMHA Behavioral Telehealth Resource Center will be able to add staffing capacity to move the Center forward rapidly and comprehensively.

Additionally, MDHHS appointed two liaisons to the CMHA Behavioral Telehealth Resource Center Advisory Council, with the aim of ensuring that the MDHHS telehealth and the CMHA Behavioral Telehealth Resource Center are in alignment and sharing resources with each other.

State & National Developments and Resources

New! Michigan Health Policy Forum announces fall Forum “When Racism Intersects Health”

Michigan Health Policy Forum
A Non-Partisan Venue to Discuss Health Policy
Hosted by Michigan State University

September 14 at 1:00pm
ZOOM CONFERENCE
(ZOOM info will be sent to registrants on the week of September 7)

[Register Here](#)

New! Michigan Protection & Advocacy Service, Inc. (MPAS) has changed its name to Disability Rights Michigan.

Below is the announcement that Michigan Protection and Advocacy Services (MPAS) redesigned its logo and launched a new website – www.drmmich.org

We've Changed Our Name!

MICHIGAN
MPAS
PROTECTION & ADVOCACY
SERVICE, INC.
4095 Legacy Parkway
Lansing, MI 48911

Is now:


**Disability
Rights**
Michigan
4095 Legacy Parkway
Lansing, MI 48911

Visit: www.drmmich.org

State Legislative Update

New! August Revenue Estimating Conference

This week, the third Consensus Revenue Estimating Conference (CREC) of the year was held to reevaluate revenue estimates for Fiscal Years (FY) 2019-20, FY 2020-21, and FY 2021-22 due to the COVID-19 pandemic. While the entire country has been upended because of the pandemic, Michigan was hit particularly hard during the spring. As such, projections in May were grim.

This week's conference however, provided some welcome news with projections revised upward from May. Federal stimulus dollars received through the CARES Act and unemployment assistance have helped cushion the blow to the economy. Estimates from Treasury and the House and Senate Fiscal Agencies today indicate the state has received \$43.3 billion in federal assistance during the COVID-19 pandemic. Unpacking that number reflects \$16 billion in Paycheck Protection Program loans to Michigan businesses; \$8.3 billion in economic impact payments and \$13.4 billion (federal) in unemployment insurance compensation.

For combined General Fund/General Purpose (GF/GP) and School Aid Fund (SAF) revenue for FY 2019-20, projections are up \$2.3 billion from the May CREC, but are still down \$926.4 million from the January CREC. For FY 2020-21, combined revenues are up \$579 million from the May CREC, but still down \$2.47 billion from January's CREC. For FY 2021-22, combined revenues are up \$376 million from the May CREC, but still down \$1.7 billion from January's estimates.

According to the economists, the improvement in outlook can be attributed to the following:

- Delayed tax filing deadline until July yielded higher payments than expected
- Manufacturing and automotive production recovered more rapidly than expected (it was observed that, overall, higher-wage industries are recovering more quickly than lower-wage industries)
- CARES Act impact on revenue was underestimated, specifically the impact of the Paycheck Protection Program, Economic Impact Payments and Pandemic Unemployment Insurance Compensation
- Consumer spending is higher than expected, shifting to home improvement projects, consumer goods, etc.

While economists noted the upward revisions were indeed positive developments, they were careful to frame these developments cautiously. They acknowledged that widespread uncertainty still exists regarding the path of the pandemic, further federal stimulus spending, and how consumers will react, among other variables.

As these forecasts provide the foundation for the construction of the upcoming (Fiscal Year 2020-2021) budget, we can now expect the budget discussions to kick into high gear in the coming weeks.

You can access the presentations and materials from the CREC at the Senate Fiscal Agency website [here](#) or the House Fiscal Agency website [here](#).

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-172** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 172.

Federal Update

National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members' access to care.

To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders. Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.

- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children’s providers, and others—can partner with CCBHCs to improve clients’ access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs’ activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through January 1, 2021 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

New! Fault Lines: Understanding the Impact of COVID-19 on Behavioral Health Crisis Services

Behavioral health crisis service providers are no strangers to stressful, high-impact work environments—but what happens when the world as we know it is turned upside down by a global pandemic? In this webinar, learn about the results of two national surveys administered to behavioral health crisis workers that shed light on the state of crisis services and what communities need to be prepared for to assure people experiencing a psychiatric emergency can access high-quality care.

Monday, August 31st 4:00pm - Hosted by TBD Solutions

Register at this link: <https://tinyurl.com/COVIDBHWebinar>

Fetal Alcohol Spectrum Disorder Trainings Improving Outcomes in Treatment and Other Settings by Recognizing and Responding to Fetal Alcohol Spectrum Disorders (FASD)

Virtual Training Dates: September 3-4, 2020 or September 24-25, 2020 (These are 2-half-day sessions)
Time: 9:00am* – 12:00pm each day (registration at 8:30am)

When an individual “fails” in treatment and other services, we often label the person as being non-compliant, unmotivated, or disruptive. However, their behavior may well be due to brain damage caused by prenatal alcohol exposure, which is much more common than most people suspect. Due to this damage, which spans the intellectual spectrum, evidence-based practices that rely on verbal interactions and reward and consequence systems are often not successful with them and set them up to fail. The majority of those with an FASD are not accurately diagnosed. As a result, interventions for them in mental health and substance use treatment, vocational services, child welfare, education, and corrections are often ineffective.

This training addresses the importance of recognizing an FASD in those with whom we work or live. The brain damage seen in FASD is examined, along with common behaviors that result from this damage and that may result in misdiagnoses such as Oppositional Defiant Disorder, Attention-Deficit Hyperactivity Disorder, Conduct Disorder, Borderline Personality Disorder, and Antisocial Personality Disorder in the individual and neglect and sabotaging treatment in family members. Methods to identify those with a possible FASD and strategies for modifying treatment approaches to improve outcomes for the individual, family, and service providers are highlighted. As fetal alcohol spectrum disorders are 100% preventable, methods to integrate prevention into existing services are also discussed.

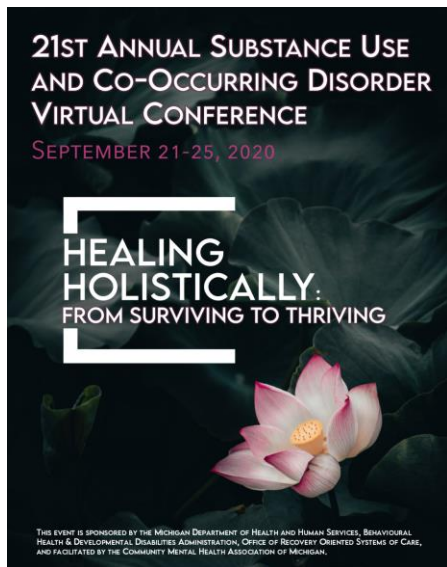
Who Should Attend?

Children’s Services Staff from CMHSP and their network providers’ (specifically Children’s Services clinicians - OP, Home-based Services), case managers, Parent Support Partners, Wraparound Facilitators, and supervisors are a priority for training. Parents and caregivers of a child or youth with a suspected or confirmed FASD are encouraged to attend. Educators, Child Welfare staff, Juvenile Court staff, Substance Abuse Prevention Staff and Substance Use Disorder Treatment Staff, health care providers and other child/youth service providers are invited to attend as space is available. This seminar contains content appropriate for Michigan clinical staff (social work micro) at all levels of practice.

[To Register for FASD September 3-4, 2020 Click Here](#)

[To Register for FASD September 24-25, 2020 Click Here](#)

New! 21st Annual Substance Use and Co-Occurring Disorder Conference



“Healing Holistically: From Surviving to Thriving”

September 21-25, 2020

Location: Virtual

Can’t make it to the full conference? No problem! We have significantly reduced the rate this year to accommodate your busy schedule. If you attend a session at the live scheduled time and participate fully, (according to the guidelines listed in the brochure) you will receive credit for each session you attend.

Conference Attendees:

Please see the attached conference brochure for more information including breakout session descriptions. Deadline to register is September 14, 2020.

[CLICK HERE TO REGISTER FOR THE FULL CONFERENCE](#)

Exhibitors: [Deadline to register is September 4, 2020!](#)

[CLICK HERE TO REGISTER FOR AN EXHIBITOR BOOTH](#)

Virtual Platform Features:

- **[Click here](#) to see a video from another conference that used this platform. Please note that we will have some different features, but this gives great representation of how interactive and user-friendly the platform will be!**
- Interactive exhibitor booths, including 1:1 video networking with exhibitors.
- LIVE breakout sessions to maximize your CE potential and ability to ask questions directly to the presenters.
- More CE opportunity than ever before! See the brochure for more details.
- Networking among fellow attendees via chat.
- Automatically generated certificate at the end of the conference.
- Access to handouts and recordings of the sessions.
- And so much more!

Wondering about the Michigan Celebrate Recovery Walk & Rally that typically occurs the Saturday before the conference? The Walk & Rally is postponed this year, but that won't stop Michigan from celebrating recovery month. Monday is the kick off for a month long virtual celebration of the Michigan recovery community and you won't to miss the first video!



Michigan Celebrate Recovery
2020 Virtual Experience

Follow Michigan Celebrate Recovery on our new social media accounts:

Instagram: @micelebraterecovery

Twitter: @micelerecovery

Youtube: <https://tinyurl.com/mirecovery>

Facebook: Michigan Celebrate Recovery Walk & Rally

VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- October 5, 2020 *(training full)*
- November 2, 2020 *(training full)*
- November 20, 2020 *(training full)*
- December 7, 2020 [REGISTER HERE!](#) *(48 spots left)*

Agenda:

Education: 8:30am – 11:30am

Lunch Break: 11:30am – 1:00pm

Education: 1:00pm – 4:00pm

Training Fees: \$103 CMHA Members \$126 Non-Members

VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 15, 2020 [REGISTER HERE!](#) *(4 spots left)*
- November 5, 2020 [REGISTER HERE!](#) *(38 spots left)*

Agenda:

Log into Zoom: 8:45 am

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Registration Open: Self-Determination Conference -Registration ends Friday, 8/28/20 at Noon!

2 Sets of Virtual Concurrent Workshops Each Day

Keynote Sessions Tuesday, September 1:

Tuesday, September 1, 2020 from 9:30am – 12:30pm
Thursday, September 3, 2020 from 9:00am – 12:30pm
Thursday, September 10, 2020 from 9:00am – 12:30pm
Monday, September 14, 2020 from 9:00am – 12:30pm

Conference Series Offers Flexible Scheduling for Attendance!

You are *not required to attend the entire* conference.
You can attend 1 day or every day of the conference.
You can attend 1 conference session or attend 9 conference sessions.
You only receive credit for each session you log in and out of.

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend: This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators. *No fee to attend this conference! Registration is still required.*

Conference brochure and registration are available [BY CLICKING HERE!](#)

Recipient Rights Virtual Conference – Early Bird Deadline 9/4/20

The 27th Annual Recipient Rights Conference will be held virtually September 15-18, 2020. This year's conference will feature Lena Sisco, author of "You're Lying! Secrets from an Expert Military Interrogator to Spot the Lies and Get to the Truth." You won't want to miss 21 workshops for Appeals and RRAC members, as well as keynote addresses from Dr. Laura Hirschbein and Lena Sisco.

Continuing Education: Social Work and Recipient Rights CEs will be available.

Schedule: Tuesday September 15 – Friday, September 18, 2020

Daily Sessions: 9:00am – 10:30am; 11:00am – 12:30pm; 1:00pm – 2:30pm and 2:45pm – 4:15pm

Conference Series Offers Flexible Scheduling for Attendance!

You are *not required to attend the entire* conference.
You can attend 1 day or every day of the conference.
You can attend 1 conference session or attend 9 conference sessions.
You only receive credit for each session you log in and out of.

Registration Fee:

Earlybird Price: \$89 per person through 9/4/20

After 9/4/20: \$99 per person

Conference brochure and registration can be found [BY CLICKING HERE!](#)

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

New! Grief Sensitivity Virtual Learning Institute

The MHTTC Network is pleased to invite you to our upcoming two-part virtual learning series, **Grief Sensitivity Virtual Learning Institute**. This series is geared towards providing front-line workers (Community Mental Health Practitioners, Social Workers, Psychologists, Therapists, School Mental Health Personnel, School Counselors, Educators, etc.) with tools and strategies that can be used when addressing the needs of individuals experiencing grief and loss during COVID-19 and beyond.



The Institute includes:

Tracked Learning- Each Institute has four sessions with three learning tracks (you are open to attend any session in any track):

Grief Sensitivity

Evidence-Based Practices for Clinicians, and
School Mental Health.

Reflective Discussion- On both days of each Institute, we'll host optional breakout discussions for participants to join, listen and learn from each other's expertise and experience.

Opening Keynote & Closing Activity-

On Day 1 of both Institutes, we open with a keynote from [Dr. Kathy Schear, founder and director of the Center for Complicated Grief](#)

On Day 2 of both Institutes, we close with a youth listening session on grief and healing

September 10 & 11th:

[Grief Sensitivity Institute Part 1: Grounding ourselves in the basics](#) (frameworks, definitions, and foundational concepts)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

November 12 & 13th:

[Grief Sensitivity Institute Part 2: Applying concepts to practice](#)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

A recording of the learning institutes will be made available in the MHTTC Products and Resource Catalog. Certificates of completion will be available. CEUs are not available for these Learning Institutes.

A flyer with more information about this event is attached. Questions? Contact

NetworkOffice@MHTTCNetwork.org

News from Our Preferred Corporate Partners

Abilita: controlling increasing phone costs

Beginning July 1st, your telecommunication costs

- increased by almost 7%!
- Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be "high cost".

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users. Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

Relias: Implement Trauma-Informed Care at Your Organization

Becoming trauma-informed doesn't happen overnight. It requires integrating knowledge about trauma into your policies, practices, and procedures, as well as buy-in from your staff and leadership.

If you want to implement trauma-informed care at your organization, there are five key elements you need to know before getting started:

Organizational self-assessment: Get a baseline for where you are now so you can reassess.

Paradigm shift: Change the way you think about the people you serve, yourself, and others.

Safety: Create a safe environment across your organization, one that impacts physical, emotional, and psychological safety.

Employee wellness and self-care: Implement an employee wellness program that promotes self-care, healthy coping techniques, and trauma-informed clinical supervision.

Everyone is included: Train all employees on the trauma-informed framework, including those who don't perform clinical work, your board of directors, and your leadership team.

Download our white paper, [5 Key Elements to Trauma-Informed Care](#), to dive into more details about implementing trauma-informed care at your organization.

[Download the White Paper](#)

Looking for solutions to support a trauma-informed approach to care? Relias offers a breadth of tools to help you implement TIC for the long term. Request a demo to learn more.

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org



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