



WEEKLY Update

August 07, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! Media coverage of CMHA members and Association on COVID, suicide, and the value of mobile crisis teams.

Over the past several weeks, media interest in a number of issues in which CMHA members are deeply involved has increased dramatically. Some of that coverage is highlighted below:



Calls to suicide hotlines rise during COVID-19 pandemic (WWMT story): Excerpt: The COVID-19 crisis has had a profound impact on people’s mental health and in West Michigan, the number of calls to suicide hotlines are up.

Doctors have been tackling COVID-19’s physical risks and symptoms for months, and researchers are studying the invisible effects on mental health.

Records showed in the last 30 days Kalamazoo Public Safety officers responded to 64 calls for suicide or suicide attempts, which is an average of two calls per day.

A study released by Pine Rest Christian Mental Health Services in June 2020 showed calls to suicide hotlines are up 47% nationwide during the COVID-19 pandemic with some crisis lines experiencing a 300% increase.

The full story can be found [here](#).

Mobile crisis teams (WGVU radio interview): Excerpt: Community Mental Health Association CEO Robert Sheehan talks about the mobile crisis response teams across Michigan, how they often work with police departments and local behavioral health providers to ensure optimal outcomes for those facing mental health challenges and more.

The full interview can be found [here](#).

Michigan mobile crisis teams help law enforcement de-escalate mental health emergencies (WWMT television interview): Excerpt: Michigan health experts said more mental health teams were working with law enforcement in the field as an extra resource.

Mobile crisis teams are able to help police officers with a wide range of behavioral health challenges, anything from a domestic violence call to a case involving a mentally ill person.

Community Mental Health Association of Michigan CEO Robert Sheehan said the Black Lives Matter movement had people questioning what law enforcement and behavioral health experts’ roles should be in the field.

He said in certain situations it could be beneficial to call in the experts to de-escalate a situation.

The full story can be found [here](#).

State & National Developments and Resources

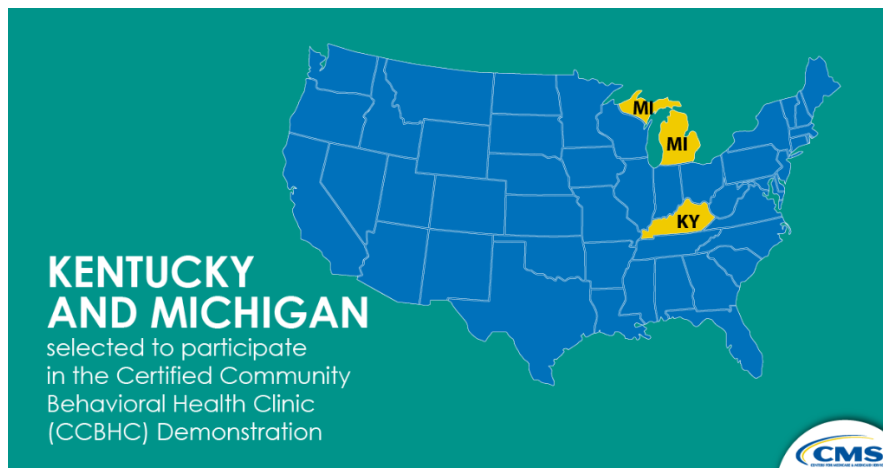
New! Michigan named CCBHC demonstration state

Below is the recent announcement that CMS and SAMHSA have selected Michigan and Kentucky as the next demonstration states, as contained in a CMS announcement:

“Today, the Centers for Medicare & Medicaid Services (CMS) and the Substance Abuse & Mental Health Services Administration (SAMHSA) are announcing that the states of Kentucky and Michigan have been selected as additional participants in the Certified Community Behavioral Health Clinic (CCBHC) Demonstration as required by the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

This demonstration is part of a comprehensive effort to integrate behavioral health with physical health care, increase consistent use of evidence-based practices, and improve access to high quality care for people with mental health and substance use disorders. While this demonstration was initially created for a two year period under section 223 of the [Protecting Access to Medicare Act of 2014](#), the demonstration was extended several times.

Kentucky and Michigan join the original [participants](#) selected in 2016.”



The CMS announcement is available [here](#). See, left, the SAMHSA/CMS graphic highlighting the announcement.

“The recent announcement of Michigan as a participating state in the federal Certified Community Behavioral Health Clinic (CCBHC) Demonstration initiative is welcome news and is a testimony to the commitment, vision, and grit of the senior senator from Michigan, Senator Debbie Stabenow, the co-sponsor of the bill upon which the CCBHC initiative is founded,” said Robert Sheehan, CEO of the Community Mental Health Association of Michigan.

Mr. Sheehan went onto say, “While the federal grant funding provided to Michigan’s nine current CCBHC sites has powerfully and dramatically improved access to mental health care in those communities – with nine more sites coming on board later this year – the designation of Michigan as a CCBHC Demonstration State now moves this comprehensive community-based approach to mental health services and supports from one temporarily funded with federal grants to one with permanent funding built on a federal-state partnership. This signals a new day for Michigan’s public mental health system and the hundreds of thousands of Michiganders who are served by that system every year.”

New! AAoM back to school in the time of COVID | virtual town hall discussion - August 13, 2020

Below is a recent announcement from the Autism Alliance of Michigan on its upcoming Virtual Town Hall:

Join us for a FREE virtual Town Hall discussion!

The Autism Alliance of Michigan (AAoM) understands that going back to school this year will be a stressful and confusing time. Parents and caregivers likely have many concerns and questions about returning to school. That is why AAoM is here to help! We will be hosting a dynamic panel discussion on heading back to school this Fall.

Moderator: Colleen Allen | Ph.D., President and CEO, AAoM Panel Participants: Jill Matson | MSN, RN, CPNP, Pediatric Nurse Practitioner, AAoM Clinical Specialist & Navigator Manager Heather Eckner | M.A.Ed. Special Education Advocate and AAoM Educational Consultant William Bloom | Ph.D, Neuropsychologist Michelle Driscoll | Michigan Alliance for Families Policy Coordinator Justin Michalak | Macomb Intermediate School District Assistant Superintendent for Special Education & Student Services, Return to Learning Advisory Council Member

Register [here](#).

New! NIMH funding opportunity announcement (FOA) aimed at evaluating mental health practices in low-resource settings

Evidence-based mental health services are often not used, or not used effectively, in low-resource settings and in settings with clients from traditionally underserved populations. NIMH supports a research agenda aimed at understanding and reducing these mental health disparities to achieve greater equity in mental health care. NIMH has released two funding opportunity announcements (FOAs) to support research to evaluate evidence-based mental health practices in these disadvantaged populations, including:



Implementing and Sustaining Evidence-Based Mental Health Practices in Low-Resource Settings to Achieve Equity in Outcomes (R34 Clinical Trial Required)

This FOA supports pilot work for subsequent studies testing the effectiveness of strategies to deliver evidence-based mental health services, treatment interventions, and/or preventive interventions in low-resource mental health specialty and non-specialty settings within the United States.

The application deadline is August 25, 2020 by 5:00 PM local time of applicant organization. No late applications will be accepted for this FOA. Learn more [here](#).

Effectiveness of Implementing Sustainable Evidence-Based Mental Health Practices in Low-Resource Settings to Achieve Mental Health Equity for Traditionally Underserved Populations (R01 Clinical Trial Optional)

This FOA encourages studies that develop and test the effectiveness of strategies for implementation and sustainable delivery of evidence-based mental health treatments and services to improve mental health outcomes for underserved populations in under-resourced settings in the United States.

This FOA is published in parallel to a companion R34 (RFA-MH-20-401) that supports pilot studies in preparation for the larger-scale studies described here.

The application deadline is August 25, 2020 by 5:00 PM local time of applicant organization. No late applications will be accepted for this FOA. Learn more [here](#).

New! Insights on racial and ethnic health inequity in the context of COVID-19

Below are excerpts from a recent article from McKinsey on racial and ethnic health equity: The disproportionate impact that the COVID-19 pandemic has had on communities of color and vulnerable populations is well documented, and has put a necessary spotlight on longstanding racial and ethnic inequity in health and healthcare. In this infographic, we bring attention to factors that contribute to health inequity in COVID-19 outcomes and beyond. These include socioeconomic factors and racism, which in turn affect clinical health, access to care, and quality and experience for Black and Hispanic/Latinx Americans, among other racial and ethnic groups.

Insights are drawn from the McKinsey Center for Societal Benefit through Healthcare Vulnerable Populations Dashboard, McKinsey COVID-19 Consumer Insights Surveys, and publicly available data and academic research on COVID-19 and health equity. This publication builds on prior publications: COVID-19: Investing in black lives and livelihoods and Insights on physical health and behavioral health vulnerability.

The full article can be found [here](#).

New! CHCS: Celebrating 55 Years of Medicaid at a Time When it is Needed Most

Below are excerpts from a recent Center for Health Care Strategies blog on the history and value of Medicaid:



Navigating a pandemic and its impact on policy, operations, and service delivery is new territory for everyone in health care, including the Medicaid world. Among the many challenges that state Medicaid programs are navigating, the most substantial include managing budget shortfalls, transitioning to more robust telehealth systems, and supporting safety-net providers.

Because individuals with low incomes and communities of color are at the highest risk of serious illness from COVID-19, Medicaid will continue to play a central role in the pandemic response. Therefore, it seems fitting to acknowledge that the program passed a milestone last week: its 55th birthday. Signed into law on July 30, 1965 by President Lyndon B. Johnson, Medicaid has evolved over the decades, supporting millions of individuals over its 55-year history.

The full article can be found [here](#).

New! Michigan report reveals shifting impact of COVID-19 on behavioral health crisis services

Below are excerpts from a press release on a recently released report, conducted by TBD Solutions, a CMHA member, examining the impact of the COVID pandemic on Michigan's mental health crisis services:

A recent survey of behavioral health crisis service providers reveals that the demand for crisis services is increasing during COVID-19, while workers continue to be overwhelmed by fewer available resources for the people they serve. This survey included behavioral health workers such as mobile crisis providers, crisis residential programs, and crisis calls centers.

A supplemental report released by TBD Solutions analyzed the responses of Michigan mental health crisis service providers, revealing a crisis system being used more frequently by individuals with more complex challenges aggravated by COVID-19.

While the initial survey revealed the greatest concerns around health care and a lack of critical supplies, this survey found issues with care coordination and supervisor concerns about the health and safety of their staff as the most pressing matters

MOBILE CRISIS RESULTS: Mobile Crisis providers reported staff safety considerations (64%) and care coordination issues with community partners (57%). More than 40% reported increased turnover due to staff relocation, often to take care of other family members. 35% of mobile crisis teams reported an increase in referrals. Over 40 mobile crisis teams exist in Michigan, most of which are referred to as Intensive Crisis Stabilization Services (ICSS). ICSS teams serve youth in each of Michigan's 46 Community Mental Health Service Provider (CMHSP) areas.

CRISIS RESIDENTIAL RESULTS: 70% of crisis residential programs reported care coordination issues as a major challenge. Half of the Crisis Residential providers reported an increase in the number of referrals in the previous two weeks. This is a shift since April when less than 15% reported an increase in referrals to their programs. Over 20 Crisis Residential Units exist in Michigan, serving adults and youth as both a diversion and stepdown from inpatient psychiatric hospitalization.

CRISIS CALL CENTER RESULTS: Crisis call centers identified staff safety considerations (53%), feeling overwhelmed by clinical intensity (47%), and care coordination issues (47%) as major challenges. 60% of respondents reported an increase in call volume in the previous two weeks, a significant change from the April 2020 survey. Over 40 crisis call centers exist in Michigan, often referred to as Access Centers and operated by Community Mental Health Services Programs (CMHSPs).

The full report/slides can be found [here](#).

New! Health Affairs: Comparison of SDOH-Related Investments By Texas And California Medicaid Health Plans

Below are excerpts from a recent Health Affairs journal article contrasting the work of health care

systems in addressing social determinants of health (SDOH) in two states with distinctly different Medicaid programs:

Given the important role of Medicaid health plans in California and Texas in addressing the health and social needs of large enrollee populations and the plans' interest in advancing the social determinants of health (SDOH) agenda in both states, two foundations sought to better understand the plans' investments in improving SDOHs. The authors compare results from surveys in California and Texas—the two most populous states in the US.

The full article can be found [here](#).

State Legislative Update

New! Consensus Revenue Estimating Conference

This week it was announced that there will be an August 2020 Consensus Revenue Estimating Conference (CREC) on Monday, August 24, 2020, at 3:00 p.m. As you may know, historically the CREC has been held in January and May to discuss independent economic and revenue forecasts that inform decisions made around the state budget. Due to the many fiscal and economic uncertainties we face as a result of the COVID-19 pandemic, state leaders deemed it necessary to have a third CREC this year. The purpose of this conference is to revisit the consensus revenue estimates for fiscal year (FY) 2019-20, FY 2020-21, and FY 2021-22.

Similar to the May 15 CREC, the conference will be held by teleconference and can be accessed via live stream on both Michigan Senate and House streaming channels (links below).

House Streaming: <https://www.house.mi.gov/htv.asp>

Senate Streaming: <https://misenate.viebit.com/?folder=ALL>

New! Primary Election

As of Tuesday evening, more than 1.6 million Michiganders, a record, had mailed in ballots. Below is a highlight of some of the more competitive races throughout the state.

Congressional

- **3rd Congressional** – With incumbent republican **Congressman Justin Amash** not on the ballot, **Peter Meijer**, an Iraq War veteran and grandson of yes, that Meijer Grand Rapids grocery store family won a decisive victory over current **State Representative Lynn Afendoulis**. **Ms. Afendoulis** trailed behind **Meijer** for most of the evening. She also trailed in finances being outmatched almost 2-1 with **Meijer** investing more than \$500,000 of his personal wealth into the race. **Hillary**

Scholten, a civil rights attorney and democrat from Grand Rapids will face **Mr. Meijer** in the general in November.

- **6th Congressional** – This southwest Michigan seat that includes Kalamazoo County was a nail-biter throughout the evening with democratic **State Representative Jon Hoadley** largely trailing political newcomer and part-time teacher **Jen Richardson**. However, **Representative Hoadley** was able to narrowly win the seat after a bevy of AV ballots were tabulated from his home base of Kalamazoo County. **Mr. Hoadley** will take on 17 term republican juggernaut, **Congressman Fred Upton** in the general in November. **Mr. Hoadley**, known for his political organizational prowess will likely be **Congressman Upton's** most competitive challenge to date.
- **10th Congressional** – Current **Chair of the House Appropriations Committee**, republican, **Shane Hernandez** lost his primary bid to political newcomer and heavily self-funded and self-dubbed “conservative outsider” **Lisa McClain**. With incumbent **Congressman Paul Mitchell** not seeking another term, **McClain** was able to best **Hernandez** in the heavily populated county of Macomb. She also poured over \$1 million of her own personal wealth into the race.

State House

- **2nd House** – Current **Representative Joe Tate** won re-election against **Taylor Harrell** in a district that includes parts of Detroit and the “Grosse Pointes”. This race was rumored to be close with some existing **House** members supporting the incumbent’s opponent. In the end, **Tate** pulled it out with 69 percent and now moves onto the November general election, where he will be a heavy favorite to win a second term.
- **3rd House** – Former **Democratic Gubernatorial candidate Shri Thanedar** captured 35 percent of the 3rd **House** district. **Thanedar** invested \$440,000 of his own wealth into this race to win the eight-person primary. **Thanedar** is a heavy favorite going into the November general election, where he faces off against Republican candidate **Anita Vinson** in the Detroit **House** district.
- **9th House** – Incumbent **Karen Whitsett** fended off challenger **Roslyn Ogburn** by a margin of 45 percent to 30 percent. **Representative Whitsett** received less votes cast physically on Election Day but received significant support once absentee ballots were tallied to win by a near 2-1 margin.
- **70th House** – **Pat Outman**, the son of **Senator Rick Outman (R-Six Lakes)**, will likely be serving in the legislature along with his father after he defeated four other primary opponents in the 70th **House** District primary. **Outman** defeated opponent **Martin Ross** with 56 percent of the vote. This district leans heavily republican as it includes Gratiot (part) and Montcalm counties.
- **73rd House** – **Bryan Posthumus**, the son of **former Lt. Governor Dick Posthumus**, won his competitive three-way primary in the Kent County-based 73rd **House District**. **Posthumus** faces democrat **Bill Saxton**, of Grand Rapids, in the General election in November.

Local Elections

- **Oakland County Executive** – *Current Oakland County Executive Dave Coulter* defeated **County Treasurer Andy Meisner** to win the Democratic Party nomination for the unexpired term of the county executive. This high-profile primary election was tight with results trickling in throughout the night and early morning hours. **Mr. Coulter** was declared the victor earlier this morning.
- **Saginaw County Clerk** – *Representative Vanessa Guerra (D-Saginaw)* defeated incumbent **Saginaw County Clerk Michael Hanley**, where she received 65 percent of the vote. As of now, **Representative Guerra** does not have a republican competitor in the November general election.
- **Antrim County Sheriff** – *House Majority Floor Leader Triston Cole* lost his race for **Antrim County Sheriff** against current **County Sheriff Daniel Bean**. **Representative Cole** garnered only 35 percent of the vote, while incumbent **Sheriff Bean** received 65 percent.

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 130 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer’s Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-164** – Requiring masks at child-care centers and camps, please click [here](#) to access Executive Order 164.

Federal Update

New! National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members’ access to care.

To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders. Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.
- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children’s providers, and others—can partner with CCBHCs to improve clients’ access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs’ activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we’re moving to a virtual setting when possible.**

The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

Registration Now Open! CMHA Annual VIRTUAL Summer Conference



While we lose the collaborative and social nature of an in-person conference, we believe the virtual format will provide an excellent and much-needed opportunity to keep current with best practices (clinical, administrative, governance), allow attendees to obtain continued education credits, and offer exhibitors and sponsors opportunities to highlight and promote their companies.

***We want this to work for YOU –
let's embrace technology and keep learning!***

2020 Annual Summer Virtual Conference Series
August 17 – 21, 2020
Virtual Education & Networking
Each day from 9:00am – 12:30pm

Earn up to 14 Continuing Education Credits!

Registration Fees:
\$175 (member)
\$210 (non-member)

[CLICK HERE TO REGISTER FOR THE VIRTUAL CONFERENCE!](#)

Educational Sessions:

- Opening Keynote: Behavioral Health and Coronavirus: Challenges and Opportunities
 - Charles Ingoglia, MSW, President and CEO, National Council for Behavioral Health
- Closing Keynote: Racism - A Public Health Crisis
 - Grenae Dudley, PhD, LP, President and CEO, The Youth Connection

Educational Workshops:

- Understanding Moral Injury
- Expanding Moral Injury
- What's Going on in Lansing
- Targeting Health Disparity Populations Using the Strategic Prevention Framework
- Autism Centers of Michigan: Using Quality Differentiators to Challenge the Status Quo in Applied Behavior Analysis (ABA) Services
- Treatment Foster Care Oregon (TFCO): Community-Based Mental Health Treatment for Hospital Level-of-Care Children
- Evidence-Based Behavioral Tools to Treat Chronic Pain

- Family Coaching and the Family Disease
- Multiple Pathways to Recovery: How to Walk the Walk with Mutual Aid Groups
- A Model Policy for Michigan Public Libraries to Address Homelessness and Mental Health
- Recipient Rights Protection System
- Best Practice Strategies for Implementing a Full In-Jail MAT Program
- Collaboration is Key: Assessing and Treating Sexual Self-Regulation with Consumers of CMH Services
- Charting the Course to a Good Life
- Creating Your Best Life in Recovery - The Continuum of Care in SUD Treatment
- Complex Trauma, Addiction & Brain Injury: From Surviving to Thriving
- Implementing an FASD System of Care Within Michigan CMHSP System
- Improving Community Access for Individuals on the Autism Spectrum
- Michigan Psychiatric Care Improvement Project: Enhancing Michigan's Publicly Funded Crisis Services System
- Opportunities for Occupational Therapy to Support Residential Behavioral Health
- Working with Children's Special Health Care Services to Maximize Benefits for Families
- Teaching Older Adults Self-Management Approaches to Manage Chronic Pain or Chronic Conditions

[CLICK HERE TO REGISTER FOR THE VIRTUAL CONFERENCE!](#)

Additional Dates Added - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- August 17, 2020 *(training full)*
- October 5, 2020 *(training full)*
- November 2, 2020 *(training full)*
- November 20, 2020 [REGISTER HERE!](#) *(46 spots left)*
- December 7, 2020 [REGISTER HERE!](#) *(65 spots left)*

Agenda:

Log into Zoom: 8:15am
 Education: 8:30am – 11:30am
 Lunch Break: 11:30am – 1:00pm
 Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members \$126 Non-Members

Additional Dates Added - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 15, 2020 [REGISTER HERE!](#) (28 spots left)
- November 5, 2020 [REGISTER HERE!](#) (52 spots left)

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Self-Determination Conference Moving Virtual September 2020!

3 Virtual Concurrent Workshops Each Day:

Tuesday, September 1, 2020 from 9:30am – 12:30pm
Thursday, September 3, 2020 from 9:00am – 12:30pm
Thursday, September 10, 2020 from 9:00am – 12:30pm
Monday, September 14, 2020 from 9:00am – 12:30pm

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend: This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

No fee to attend this conference! Registration available soon, check [CMHA website](#) for more information and updates.

Recipient Rights Virtual Conference

The 27th Annual Recipient Rights Conference will be held virtually September 15-18, 2020. This year's conference will feature Lena Sisco, author of "You're Lying! Secrets from an Expert Military Interrogator to Spot the Lies and Get to the Truth." You won't want to miss 21 workshops for Appeals and RRAC members, as well as keynote addresses from Dr. Laura Hirschbein and Lena Sisco.

Continuing Education: Social Work and Recipient Rights CE's will be available.

Schedule: Tuesday September 15 – Friday, September 18, 2020

Daily Sessions: 9:00am – 10:30am; 11:00am – 12:30pm; 1:00pm – 2:30pm and 2:45pm – 4:15pm

Registration Fee:

Earlybird Price: \$89 per person through 9/4/20

After 9/4/20: \$99 per person

Conference brochure and registration opens this week!

Virtual TNT: Teaching Motivational Interviewing

There's still time to register for the 2-Day TNT: Teaching Motivational Interviewing virtual training! This is the only set of dates offered for this training this year. Featuring presenter Randall Estes LMSW, CAADC, CCS, Member of the Motivational Interviewing Network of Trainers (MINT) with Co-Presenter Michelle Boudreaux.

Teaching Motivational Interviewing is designed for individuals who are interested in teaching/training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate public speaking skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition) and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to the training.

Dates

Sept. 2-3, 2020

Training

TNT: Teaching M.I.

Registration Link

CLICK HERE to register now!

Times:

9:00am-4:15pm

Training Fee:

\$125 per person. The fee includes electronic training materials and CEs for each day.

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Announcing New Learning Opportunities from the MHTTC Network

Below is a description of the last session in a webinar series that center around school based mental health services and sound approaches to helping families deal with conflict during the Corona Virus pandemic.

Supporting families in addressing family conflict during the pandemic: The webinars in this series will use case examples and dialogue between experts from the National Child Traumatic Stress Network (NCTSN) to address critical questions that mental health providers are facing during the COVID-19 pandemic. Via telehealth, providers are getting a glimpse into clients' home lives and they are encountering complex family interactions all during a time of stress and danger, with community supports challenged to respond. **NCTSN presenters help providers, even those not accustomed to working with children or families, with practical answers to questions such as:**

- How to normalize stress and concerns about safety during this time?
- How to identify risk factors and signs of violence?
- How to identify intervention points and work in partnership with families?
- How to support conversations with parents and children about violence?

When the Monsters Live with Us: Structural Inequities, COVID-19, and Intimate Partner Violence in Latin American Families (in Spanish) August 11, 12 – 1:00 pm CT [REGISTER](#)

<https://bit.ly/family-violence-series>

Certificates of attendance are available to viewers of 50% (30 minutes) or more of the live webinar.

News from Our Preferred Corporate Partners

Abilita: controlling increasing phone costs

Beginning July 1st, your telecommunication costs

- increased by almost 7%!
- Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be “high cost”.

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users. Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one

traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

New! Relias: creating a trauma informed system of care

More people are experiencing trauma due to the effects of COVID-19. From being in social and physical isolation to losing their jobs (or being an essential worker), the stress and uncertainty of the unknown can strain a person's mental and physical health.

For this reason, it is crucial that every health and human service provider have a basic understanding of trauma-informed care. That's why we're excited to release our newest e-book, [Creating a Trauma-Informed System of Care: Addressing Individuals, Professionals, and Organizations](#). This e-book will share:

- What exactly is trauma and how it affects different populations
- Best practices for addressing trauma with the individuals you serve
- Best practices for addressing Trauma in your staff (both clinical and non-clinical staff)
- How to become a trauma-informed organization, including the key elements of the trauma-informed model of care

[Download the E-Book](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
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Audrey Daul, Administrative Assistant, adaul@cmham.org
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