

WEEKLY Update

July 31, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! CMHA’s Telehealth Resource Center gains speed

Telehealth approaches – typically live (synchronous) video and audio linking of mental health practitioners within a range of disciplines to clients/persons served – provide access to quality mental health services when geography, transportation, time, and workforce shortages present barriers to access.

While the value of telehealth to ensure access to quality mental health service was made clear during the Coronavirus pandemic, many see telehealth approaches as a key component in the permanent behavioral health landscape.

With the aim of helping to make telehealth approaches, wisely and prudently applied, a central component in Michigan's behavioral healthcare infrastructure and a part of the clinical toolbox of the state's behavioral health workforce, the Community Mental Health Association of Michigan (CMHA) formed the Telehealth Resource Center for Michigan Mental Health Practitioners.

This Telehealth Resource Center is designed as a telehealth resource hub providing access to education, guidance, peer practitioner connections, and technical assistance on the best practices in the use of telehealth methods. The Center is designed to support the work of those essential to the future of telehealth in Michigan: the state's mental health clinicians, clinical supervisors, administrators, policy makers, and persons served.

Accomplishments and work to date:

A. Telehealth Resource Center webpage designed and populated with a wide range of curated resources: This webpage, found at <https://cmham.org/resources/telehealth/>.

B. Telehealth Resource Center Advisory Group: To guide the work of this Center, the CMHA Telehealth Resource Center Advisory Group was formed. This group provides guidance to CMHA as it designs and operates this Center. This group meets monthly and includes representatives from CMHA member organizations (CMHs, PIHPs, and providers), representatives of the four major statewide mental health advocacy groups (NAMI-Michigan, Arc Michigan, Association for Children's Mental Health, and the Mental Health Association in Michigan), and the Michigan Department of Health and Human Services (MDHHS).

C. Linking work of CMHA Telehealth Resource Center with the telehealth work of MDHHS: MDHHS and CMHA have discussed an approach for exploring how the CMHA Telehealth Resource Center and its Advisory Group could support the work of the MDHHS Telehealth Workgroup.

D. Identifying telehealth best practices, drawn from national and state sources: CMHA has issued a call, to the Advisory Group members, for resources and links related to telehealth best practice that the group members have collected. Once received, the CMHA staff will collect and distribute these resources to the full Advisory Group membership for review and discussion during upcoming Advisory Council meetings.

These best practices would fall into any of a number of telehealth components including:

- Clinical, services, and supports practices
- Clinical supervision and consultation practices
- Business office practices including billing codes and definition
- Technology, privacy, and security practices

E. Joint CMHA/MHTTC Telehealth Client Engagement Learning Community: CMHA is in its second year of what will be a long-term partnership with the SAMHSA-funded Great Lakes Mental Health Technology

Center (MHTTC) and the Great Lakes Addictions Technology Center (ATTC) - a partnership designed to foster the dissemination of education, training, and technical assistance around behavioral health evidence-based and promising practices.

In recognition of this work, MHTTC/ATTC and CMHA are co-sponsoring a Learning Community on approaches to the aim of fostering high levels of client retention/engagement and low no-show rates. The Learning Collaborative involves 15 CMHA member organizations, including CMHs, PIHPs, providers, and MDHHS.

State & National Developments and Resources

New! MDHHS announces opening of MiCAL website

Effective April 26, 2020, Michigan Public Act 12 of 2020 created the Michigan Crisis and Access Line (MiCAL). The law codifies MiCAL into Michigan's Mental Health Code at MCL 330.1165, requiring MDHHS to contract with a vendor to develop and operate a command center that provides crisis line services and leverage omni-channel communication methods to support persons in crisis and facilitate coordinated access to care to all essential services cited in the Michigan Mental Health Code at MCL 330.1206. MiCAL will be available for anyone in the state in need of behavioral health and/or crisis response services.

MiCAL will be staffed 24 hours a day, seven days a week. MiCAL staff will provide Michiganders with crisis and warm line services, informational resources, and facilitated coordination with local systems of care (e.g., Community Mental Health Services Programs [CMHSPs], Prepaid Inpatient Health Plans [PIHPs], and other applicable entities). In addition, MiCAL will integrate with treatment registries (e.g., psychiatric beds, substance use disorder services, crisis residential services) as required by Public Act 658 of 2018. To support the work, MiCAL will utilize a customer relationship management (CRM) database infrastructure to track, monitor, assign, follow up, and report on access line operations. The CRM will also be leveraged to bolster internal BHDDA operations. MDHHS will maintain operational oversight of MiCAL and work with PIHPs, CMHSPs, and other entities to ensure it is optimally executed.

More information on MiCAL can be found [here](#).

Please feel free to reach out to the MiCAL team at MDHHS-BHDDA-MiCAL@michigan.gov

New! MDHHS issues Medicaid bulletins on Opioid Health Homes, Behavioral Health Homes, Youth Peer Services

Medicaid Bulletin MSA 20-31 discusses Opioid Health Home (OHH), and is issued on July 31, 2020. This bulletin was sent to All Providers in Michigan's Prepaid Inpatient Health Plan (PIHP) Regions 1, 2, and 9, and Calhoun and Kalamazoo Counties within PIHP Region 4. This bulletin can be found [here](#).

Medicaid Bulletin MSA 20-48 discusses Behavioral Health Home (BHH), and is issued on July 31, 2020. This bulletin was sent to All Providers in Michigan's Prepaid Inpatient Health Plan (PIHP) Regions 1, 2, and 8. This bulletin can be found [here](#).

Medicaid Bulletin MSA 20-50 discusses Youth Peer Support Services, and is issued on July 31, 2020. This bulletin was sent to Community Mental Health Services Programs (CMHSPs) and Prepaid Inpatient Health Plans (PIHPs). This bulletin can be found [here](#).

New! Health Policy Forum: When Racism Intersects Health

When Racism Intersects Health
Sponsored by the Health Policy Forum
A Non-Partisan Venue to Discuss Health Policy
Hosted by Michigan State University

1:00 pm
September 14 at 1:00pm
ZOOM CONFERENCE (ZOOM information will be sent to registrants in the week of September 7)

The agenda for this Forum can be found [here](#).
Registration is Open and can be done [here](#).

New! Remembering & celebrating the 30th anniversary of the ADA: We're 20 Percent of America, and We're Still Invisible

Below are photos and an excerpt from a recent New York Times editorial, part of a NYT section dedicated to remembering and celebrating the 30th anniversary of the Americans with Disabilities Act (ADA). [Photo below: The March 12, 1990, march to the Capitol that led to the Capitol Crawl and subsequent passage of the Americans With Disabilities Act.]

On July 26, 1990, President George Bush signed the Americans With Disabilities Act into law. Like the Civil Rights Act of 1964, the A.D.A. was watershed legislation, the culmination of a decades-long campaign of organized protest and activism. It, too, was a victory in the struggle for equality for [a group of people](#) who had been systematically denied basic rights and access to public spaces and services. On the 30th anniversary of the law, it's only natural to want to celebrate. And we should.



The full editorial can be found [here](#).

New! The Coronavirus seems to spare most kids from illness, but its effect on their mental health is deepening

Below are excerpts from a recent Tim Magazine article on the impact of the Pandemic on the mental health of children.

Pandemics can be indiscriminate, with viruses making no distinctions among the victims they attack and those they spare. If you're human, you'll do. COVID-19 has been different, particularly when it comes to age. The disease has shown a special animus for older people, with those 65-plus considered at especially high risk for hospitalization and death, and those 18 and below catching a semblance of an epidemiological break. Though a small share of adolescents have suffered severe cases, most who contract the disease in that age cohort are likelier to experience milder symptoms or none at all.

But if COVID-19 is sparing most kids' bodies, it's not being so kind to their minds. Nobody is immune to the stress that comes with a pandemic and related quarantining. Children, however, may be at particular risk. Living in a universe that is already out of their control, they can become especially shaken when the verities they count on to give the world order—the rituals in their lives, the very day-to-dayness of living—get blown to bits.

The full article can be found [here](#).

State Legislative Update

Governor and Legislature Reach Agreement on FY20 Budget

Last week Governor Gretchen Whitmer, House Speaker Lee Chatfield (R-Levering), Senate Majority Leader Mike Shirkey (R-Clarklake) and State Budget Director Chris Kolb reached an agreement to resolve the remaining deficit in the Fiscal Year 2020 budget shortfall. This is being accomplished through Executive Order 2020-155, an Executive Reduction, House Bill 5265, a negative General Fund supplemental bill, Senate Bill 373, a negative School Aid Fund (SAF) supplemental bill, and work project lapses, all of which combined resolve the \$2.2 billion deficit in the current Fiscal Year (FY) budget. The adjustments made in the FY 2019-2020 budget will reduce state spending, and then allocate federal Coronavirus Relief Fund (CRF) and Budget Stabilization Fund dollars to fill in the reductions made.

Actions taken last week on the current year budget are as follows:

- **Executive Order 2020-155**, an **Executive Budget Reduction** that was approved by a majority of members from both the **House** and **Senate Appropriations Committees** this morning, reduces the **FY 2019-2020** budget by just under \$620 million. To view a summary from the **House Fiscal Agency (HFA)** on **Executive Order 2020-155**, please click [here](#).

- **HB 5265**, the **General Fund** reduction bill, increases Gross appropriations in the **FY 2019-20** state budget by \$1.0 billion and reduces **GF/GP** appropriations by \$538.7 million. To view a summary from the **HFA** on **HB 5265**, please click [here](#).
- **SB 373**, the **SAF** reduction bill, reduces state spending to K-12 schools, universities and community colleges by \$256 million, and replaces it with federal funds. To view a summary from the **HFA** on **SB 373**, please click [here](#).
- **State Budget Director Kolb** issued a directive to lapse \$123.2 million Gross (\$80.8 million **GF/GP**) of unexpended work project account funding and sent notification to the **House** and **Senate Appropriation chairs** in a letter dated July 22, 2020. To view a summary from the **HFA** on the work project lapses, please click [here](#).

Governor Whitmer, Speaker Chatfield and Senate Majority Leader Shirkey released a joint statement on the budget agreement, “In this time of crisis, it is our responsibility to come together and build a budget that reflects a bipartisan commitment to the things we value most as Michiganders.” Director Kolb stated during his testimony before the joint Appropriations Committee, “This agreement didn’t happen overnight and wasn’t dominated by one party.” Senator Curtis Hertel Jr (D-East Lansing), emphasized “This is true leadership” and “by far, the best-case scenario” when discussing the FY 2019-2020 budget agreement.

Below is a brief summary of the particular items of interest impacting the public mental health system:

FY20 Budget Executive Order 2020-155

- **Medical/Psychiatric Evaluations**
Reduces \$300,000 GF/GP in funding to support medical and psychiatric assessments of older adults for elder-abuse cases.
- **Court-Ordered Assisted Outpatient Treatment**
Eliminates \$1.0 million GF/GP for grants to community mental health services programs (CMHSPs) to support programming for court-ordered assisted outpatient treatment for individuals the court determines as "persons"
- **Hospital Behavioral Health Pilot Program**
Eliminates one-time funding of \$4.0 million GF/GP for a behavioral health project though McLaren Greenlawn Campus in Lansing.

FY20 Work Project Account Lapses

- **Mental Health and Wellness Commission Recommendations**
Reflects the State Budget Director’s directive to lapse \$400,000 of unexpended GF/GP work project account funding that was appropriated to support recommendations from the mental health and wellness commission.
- **Michigan Integrated Crisis and Access Line**

Reflects the State Budget Director's directive to lapse \$2.3 million of unexpended GF/GP work project account funding that was appropriated to support implementation and operation of the Michigan Integrated Crisis and Access Line (MCAL).

- **Michigan Medical Resident Loan Repayment Program**
Reflects the State Budget Director's directive to lapse \$4.6 million of unexpended GF/GP work project account funding that was appropriated to support post-residency medical student service in underserved areas in exchange for medical education loan payment assistance (MiLES program).

HB 5265 – FY20 Negative Supplemental

The bill would make a number of changes to FY20 appropriations. The largest changes would be in the Department of Health and Human Services (DHHS). These proposed changes include a \$523.6 million GF/GP savings tied to the enhanced Federal Medicaid match rate, which increased from 64.06% to 70.26%, effective retroactive to January 1, 2020.

- **Medicaid Health Plan Risk Corridor**
Recognizes \$35.0 million GF/GP (\$162 million Gross) savings from implementing a two-way risk corridor between DHHS and Medicaid Health Plans. Creates a two-way risk corridor for FY 2019-20 for existing contracts with Medicaid health plans. This risk corridor would be designed to help recapture reduced costs and resultant net revenues accruing to Medicaid health plans during the COVID-19 pandemic when many medical procedures were delayed. (THIS DOES NOT INCLUDE PIHPS)

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 100 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- ***Executive Order 2020-156*** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 156.
- ***Executive Order 2020-157*** – Temporary suspension of youth work permit application requirements, please click [here](#) to access Executive Order 157.
- ***Executive Order 2020-158*** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 158.
- ***Executive Order 2020-159*** – Amending the fire code to accommodate new instruction spaces, please click [here](#) to access Executive Order 159.

- **Executive Order 2020-160** – Amended Safe Start Order, please click [here](#) to access Executive Order 160.
- **Executive Order 2020-161** – Safeguards to protect Michigan’s workers from COVID-19, please click [here](#) to access Executive Order 161.

Federal Update

House Appropriations Committee Approves FY21 Health Spending

The House Appropriations Committee approved its Labor-HHS spending levels for Fiscal Year 2021 on Monday, July 13 funding key federal health, education and labor programs for the year ahead. The House provided a \$96 million increase in funding for the Substance Abuse and Mental Health Services Administration (SAMHSA), as well as increases or level funding across other programs of high importance to the National Council and our members. The appropriations bill now heads to the House floor for consideration and a vote.

See the chart below for a summary of behavioral health funding levels:

Agency	House Appropriations Committee Approved FY 2021 Funding	FY 2021 vs FY 2020
Substance Abuse and Mental Health Services Administration (SAMHSA)	\$6 billion	+\$96 million
National Institutes of Health (NIH) <i>Overall funding</i>	\$47 billion	+\$5.5 billion
Community Mental Health Services Block Grant	\$757.6 million	+\$35 million
Substance Abuse Prevention and Treatment Block Grant	\$1.9 billion	<i>Level funding</i>
Center for Substance Abuse Treatment (CSAT)	\$479 million	+\$10 million
Center for Substance Abuse Prevention (CSAP)	\$209 million	+\$3 million

Promoting the Integration of Primary and Behavioral Health Care (PIPBHC) Grants	\$54.9 million	+\$5 million
PIPBHC Technical Assistance and Training Center	\$2 million	<i>Level funding</i>
Mental Health First Aid	\$22.9 million	<i>Level funding</i>
State Opioid Response (SOR) Grants	\$1.5 billion	<i>Level funding</i>
Certified Community Behavioral Health Clinic (CCBHC) Expansion Grants	\$225 million	+\$25 million
Loan Repayment Program for Substance Use Disorder Treatment Professionals	\$17 million	+\$5 million
Mental and Substance Use Disorder Workforce Training Demonstration	\$41.7 million	+\$15 million

Notably, the \$225 million designated for the CCBHC expansion grants will cover the second round of funding for clinics that received grants beginning in FY20 with an additional \$25 million to be spent at SAMSHA’s discretion. The appropriations bill is anticipated to move to the House floor by the end of July. Senate appropriators are still in the early stages of their work, continuing negotiations at the subcommittee level.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon. Please check our

website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

New! Registration Now Open! CMHA Annual VIRTUAL Summer Conference



While we lose the collaborative and social nature of an in-person conference, we believe the virtual format will provide an excellent and much-needed opportunity to keep current with best practices (clinical, administrative, governance), allow attendees to obtain continued education credits, and offer exhibitors and sponsors opportunities to highlight and promote their companies.

***We want this to work for YOU –
let's embrace technology and keep learning!***

2020 Annual Summer Virtual Conference Series
August 17 – 21, 2020
Virtual Education & Networking
Each day from 9:00am – 12:30pm

Earn up to 14 Continuing Education Credits!

Registration Fees:
\$175 (member)
\$210 (non-member)

[CLICK HERE TO REGISTER FOR THE VIRTUAL CONFERENCE!](#)

EDUCATIONAL SESSIONS:

- Opening Keynote: Behavioral Health and Coronavirus: Challenges and Opportunities
 - Charles Ingoglia, MSW, President and CEO, National Council for Behavioral Health
- Closing Keynote: Racism - A Public Health Crisis
 - Grenae Dudley, PhD, LP, President and CEO, The Youth Connection

Educational Workshops:

- Understanding Moral Injury
- Expanding Moral Injury
- What's Going on in Lansing
- Targeting Health Disparity Populations Using the Strategic Prevention Framework
- Autism Centers of Michigan: Using Quality Differentiators to Challenge the Status Quo in Applied Behavior Analysis (ABA) Services
- Treatment Foster Care Oregon (TFCO): Community-Based Mental Health Treatment for Hospital Level-of-Care Children
- Evidence-Based Behavioral Tools to Treat Chronic Pain
- Family Coaching and the Family Disease
- Multiple Pathways to Recovery: How to Walk the Walk with Mutual Aid Groups
- A Model Policy for Michigan Public Libraries to Address Homelessness and Mental Health

- Recipient Rights Protection System
- Best Practice Strategies for Implementing a Full In-Jail MAT Program
- Collaboration is Key: Assessing and Treating Sexual Self-Regulation with Consumers of CMH Services
- Charting the Course to a Good Life
- Creating Your Best Life in Recovery - The Continuum of Care in SUD Treatment
- Complex Trauma, Addiction & Brain Injury: From Surviving to Thriving
- Implementing an FASD System of Care Within Michigan CMHSP System
- Improving Community Access for Individuals on the Autism Spectrum
- Michigan Psychiatric Care Improvement Project: Enhancing Michigan's Publicly Funded Crisis Services System
- Opportunities for Occupational Therapy to Support Residential Behavioral Health
- Working with Children's Special Health Care Services to Maximize Benefits for Families
- Teaching Older Adults Self-Management Approaches to Manage Chronic Pain or Chronic Conditions

[CLICK HERE TO REGISTER FOR THE VIRTUAL CONFERENCE!](#)

Additional Dates Added - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- August 17, 2020 *(training full)*
- October 5, 2020 *(training full)*
- November 2, 2020 [REGISTER HERE!](#) *(Training full)*
- November 20, 2020 [REGISTER HERE!](#)
- December 7, 2020 [REGISTER HERE!](#)

Agenda:

Log into Zoom: 8:15am
 Education: 8:30am – 11:30am
 Lunch Break: 11:30am – 1:00pm
 Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members \$126 Non-Members

Additional Dates Added - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 15, 2020 [REGISTER HERE!](#) (34 spots left)
- November 5, 2020 [REGISTER HERE!](#) (54 spots left)

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Self-Determination Conference Moving Virtual September 2020!**3 Virtual Concurrent Workshops Each Day:**

Tuesday, September 1, 2020 from 9:00am – 12:30pm
Thursday, September 3, 2020 from 9:00am – 12:30pm
Thursday, September 10, 2020 from 9:00am – 12:30pm
Monday, September 14, 2020 from 9:00am – 12:30pm

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend: This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

No fee to attend this conference! Registration available soon, check [CMHA website](#) for more information and updates.

Recipient Rights Virtual Conference

The 27th Annual Recipient Rights Conference will be held virtually September 15-18, 2020. This year's conference will feature Lena Sisco, author of "You're Lying! Secrets from an Expert Military Interrogator to Spot the Lies and Get to the Truth." You won't want to miss 21 workshops for Appeals and RRAC members, as well as keynote addresses from Dr. Laura Hirschbein and Lena Sisco.

Continuing Education: Social Work and Recipient Rights CEs will be available.

Schedule: Tuesday September 15 – Friday, September 18, 2020

Daily Sessions: 9:00am – 10:30am; 11:00am – 12:30pm; 1:00pm – 2:30pm and 2:45pm – 4:15pm

Registration Fee: \$99 per person. Conference brochure and registration information coming soon!

New! Virtual TNT: Teaching Motivational Interviewing

There's still time to register for the 2-Day TNT: Teaching Motivational Interviewing virtual training! This is the only set of dates offered for this training this year. Featuring presenter Randall Estes LMSW, CAADC, CCS, Member of the Motivational Interviewing Network of Trainers (MINT) with Co-Presenter Michelle Boudreaux.

Teaching Motivational Interviewing is designed for individuals who are interested in teaching/training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate public speaking skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition) and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to the training.

Dates

Sept. 2-3, 2020

Training

TNT: Teaching M.I.

Registration Link

[CLICK HERE](#) to register now!

Times:

9:00am-4:15pm

Training Fee:

\$125 per person. The fee includes electronic training materials and CEs for each day.

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Announcing New Learning Opportunities from the MHTTC Network

Below are two webinar series that center around school based mental health services and sound approaches to helping families deal with conflict during the Corona Virus pandemic.

A. Supporting School Mental Health in the Context of Racial Violence: This is a two-part learning forum, **Supporting School Mental Health in the Context of Racial Violence**. This series is intended for students, families, educators and school mental health professionals who are navigating the impact of racial violence on student mental health. Each learning session will feature a moderator who will engage advocates, leaders and the school mental health workforce in a conversation that focuses on:

Strategies for supporting students' mental health while navigating racial violence (in and out of school)

Opportunities for the field to improve its commitment to fostering a workforce ready, able and willing to hold racial violence as a mental health issue;

Steps we might take to advance school mental health supports for students experiencing racial violence.

Click the links below to register for each installment:

[Session 2: Learning From and With the School Mental Health Workforce \(School Counselors, Psychologists, and Teacher Educators\)](#)

10-11:30 a.m. PST / 12-1:30 p.m. CST / 1-2:30 p.m. EST | Friday, Aug. 7

Webinar recordings will be made available on the series [web page](#). Certificates of completion are available to viewers of **50% (45 minutes) or more of the live webinar**. For more information, please contact **Jessica Gonzalez** at jegonzalez@stanford.edu.

B. Supporting families in addressing family conflict during the pandemic: The webinars in this series will use case examples and dialogue between experts from the National Child Traumatic Stress Network (NCTSN) to address critical questions that mental health providers are facing during the COVID-19 pandemic. Via telehealth, providers are getting a glimpse into clients' home lives and they are encountering complex family interactions all during a time of stress and danger, with community

supports challenged to respond. **NCTSN presenters help providers, even those not accustomed to working with children or families, with practical answers to questions such as:**

- How to normalize stress and concerns about safety during this time?
- How to identify risk factors and signs of violence?
- How to identify intervention points and work in partnership with families?
- How to support conversations with parents and children about violence?

When the Monsters Live with Us: Structural Inequities, COVID-19, and Intimate Partner Violence in Latin American Families (in Spanish) August 11, 12 – 1:00 pm CT [REGISTER](#)

<https://bit.ly/family-violence-series>

Certificates of attendance are available to viewers of 50% (30 minutes) or more of the live webinar.

Three new multi-part series focus on family violence, intimate partner violence, and racial violence



**Supporting School Mental Health in the Context of Racial Violence
August 7**

Each 1.5-hour learning session will feature a moderator who will guide a conversation focused on strategies advance school mental

health supports for students experiencing racial violence.

[Find out more and register here.](#)

News from Our Preferred Corporate Partners

Abilita: controlling increasing phone costs

Beginning July 1st, your telecommunication costs

- increased by almost 7%!
- Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be “high cost”.

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users. Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

Relias: trauma informed care resources

Trauma-informed care (TIC) has become a widely recognized paradigm for creating safe spaces for individuals who have experienced trauma and reducing the likelihood that accessing services would cause re-traumatization. The impact of TIC on individuals and organizations is powerful, and this approach has shown to be effective in reducing trauma-related symptoms.

To help you navigate your TIC journey, we've created a resource page with webinars, articles, and resources to help you understand the basics of trauma, the TIC framework, and how to care for your staff.

[Visit the Resource Page](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
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Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
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