

WEEKLY Update

July 24, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

TABLE OF Contents

CMH Association and Member Activities	2
<i>New! Community Mental Health Region Sues State Over Medicaid Debt</i>	<i>2</i>
State & National Developments and Resources.....	4
<i>New! MDHHS rescheduling, changing format of opioid town halls.....</i>	<i>4</i>
<i>New! MDHHS issues guidance: phased approach to resuming standard operations for case management and other home and community-based services</i>	<i>5</i>
<i>New! Health Affairs: incorporating mental health and substance abuse screening into COVID-19 contact tracing</i>	<i>5</i>
<i>New! Results of the direct support workforce and COVID-19 national survey 2020.....</i>	<i>5</i>
<i>New! NAMI-Michigan announces NAMIWalks Grand Rapids.....</i>	<i>6</i>
<i>New! AAS announces online suicide prevention summit.....</i>	<i>6</i>
<i>New! CDC announces rural COVID 19 website</i>	<i>6</i>
<i>New! A glimpse into my son’s magnificent mind</i>	<i>7</i>
State Legislative Update	7
<i>New! Governor and Legislature Reach Agreement on FY20 Budget.....</i>	<i>7</i>
<i>New! Executive Orders Signed.....</i>	<i>9</i>

Federal Update.....	10
<i>New! House Appropriations Committee Approves FY21 Health Spending.....</i>	<i>10</i>
Education Opportunities.....	11
<i>CMHA Takes Trainings Virtual!.....</i>	<i>11</i>
<i>CMHA Annual Spring/Summer Conference moves to a VIRTUAL CONFERENCE!.....</i>	<i>12</i>
<i>New! Additional Dates Added - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings.....</i>	<i>12</i>
<i>Additional Dates Added - VIRTUAL Pain Management and Mindfulness Trainings.....</i>	<i>12</i>
<i>Self-Determination Conference Moving Virtual September 2020!.....</i>	<i>13</i>
<i>New! Recipient Rights Virtual Conference.....</i>	<i>13</i>
<i>Virtual Motivational Interviewing College Trainings.....</i>	<i>14</i>
Education & Training Resources from Great Lakes MHTTC	14
<i>Catalog of MHTTC resources</i>	<i>15</i>
<i>Announcing New Learning Opportunities from the MHTTC Network</i>	<i>15</i>
News from Our Preferred Corporate Partners	16
<i>Abilita: controlling increasing phone costs.....</i>	<i>16</i>
<i>myStrength: new digital behavioral health resources empower consumers to move beyond trauma</i>	<i>17</i>
<i>New! Relias: trauma informed care resources</i>	<i>17</i>
CMH Association’s Officers & Staff Contact Info	18
<i>CMHA Officers Contact Information:.....</i>	<i>18</i>
<i>CMHA Staff Contact Information:</i>	<i>18</i>

CMH Association and Member Activities

New! Community Mental Health Region Sues State Over Medicaid Debt

Below are excerpts from a recent story in Gongwer, a capitol news source on a recent effort by a CMHA member organization to address systemic underfunding issues.

A southeast Michigan community mental health partnership has sued the Department of Health and Human Services over a \$41.9 million debt incurred by the system due to the department's alleged failure to provide enough Medicaid funding to cover service costs.

The department's leader, Director Robert Gordon, is also named as a defendant in Community Mental Health Partnership of Southeast Michigan, et al v. DHHS (COC Docket No. 20-000122).

The plaintiffs are one of 10 regional apparatuses that deliver community and Medicaid-eligible mental health programs in Michigan's 83 counties established under the Mental Health Code. It covers Lenawee, Livingston, Monroe and Washtenaw counties' various mental health authorities and agencies.

The system's Medicaid programs, like the other nine systems, are primarily funded through an annual Medicaid Managed Care contract between DHHS and the southeast Michigan CMH region made possible by the Federal Social Security Act. Funding is therefore dispersed by DHHS in what are known as Medicaid capitated payments paid per Medicaid eligible person each month – which the plaintiffs noted was more like health maintenance organization funding model.

DHHS and its actuaries set the amount of capitated payments and they must be high enough to cover the costs of mental health services required by DHHS so long as the region doesn't mismanage its program. Mismanagement of programs or funds typically result in some sort of corrective action or fewer funds.

The 10 regions do not receive the same Medicaid payment amounts because there is presently no statewide Medicaid capitated payment rate, the complaint notes.

At issue in litigation is the amount that DHHS has funneled through the southeast Michigan CMH region. The plaintiffs insist that it has run an efficient program backed up by independent compliance and financial audits. None of the 20 or so audits performed for the region concluded otherwise, findings that plaintiffs said DHHS never contradicted.

Still, plaintiffs said, the department had not given the region enough to cover its costs for services. As a result, the region incurred a budget deficit of \$41.9 million over fiscal years in 2017, 2018 and 2019, leaving the region to use local funds meant for local purposes. The alternative was putting 10,000 some patients at risk of losing services, and in some cases within the four-county area, some Medicaid patients were unable to receive funding and guaranteed mental health services.

The lawsuit at hand seeks to have the full \$41.9 million reimbursed, as local needs became underfunded as the region tried to manage the services on their own while attempting to maintain an annual budget of \$163 million.

To cover costs, the region claims that it froze positions, made administrative cuts, borrowed money, contributed local funds appropriated for other purposes, cut staff and benefits and was sued by unpaid providers.

In its complaint, the region lists each of the various debts owed to those providers, the largest of which was in Monroe at \$3.2 million.

Plaintiffs did concede that DHHS recognized that cost of services had changed during the three years in dispute and made at least eight Medicaid rate adjustments to cover increased costs, however, those adjustments were done after the initial rates were set. The complaint also states that the adjustments still weren't enough to cover costs.

An administrative hearing was requested prior to litigation to contest the department's refusal to further adjust the reimbursement rate, but the administrative law judge ruled that the region did not have a right to appeal the department's rate methodology and the complaint was dismissed.

State & National Developments and Resources

New! MDHHS rescheduling, changing format of opioid town halls

The Michigan Opioids Task Force and Michigan Department of Health and Human Services (MDHHS) are rescheduling and changing the format of previously announced local town halls on opioids. These town halls will now be in a virtual format.

The following is the new town hall schedule:

- Northern Lower Michigan (previously the Gaylord town hall), Wednesday, Sept. 23.
- Flint and Thumb Region (previously the Flint town hall) Friday, Sept. 25.
- Upper Peninsula (previously the Escanaba town hall) Thursday, Oct. 8.
- West Michigan (previously the Grand Rapids town hall) Friday, Nov. 6.
- Macomb and Oakland counties (previously the Sterling Heights town hall) Thursday, 3.

During the events, state officials will seek to learn more about how the opioid epidemic has impacted different regions of the state. To ensure information gathered reflects the experience of the local communities, residents are asked to only participate in the virtual town hall for the area in which they reside.

More details on how to participate will be provided at Michigan.gov/opioids closer to the events.

At the town halls, MDHHS and the Michigan Opioids Task Force will share the 2020 strategy to turn the tide on the crisis, seek feedback from the public and host a Q-and-A about the crisis response.

A few key questions will guide the conversation:

- How has the opioid epidemic affected you, your family or your community?
- What services, programs or policies would you recommend to help address the crisis?
- How can the state help combat stigma and change the narrative around opioid use disorder?

New! MDHHS issues guidance: phased approach to resuming standard operations for case management and other home and community-based services

Below are excerpts of a COVID-reopening resource recently issued by MDHHS.

General Guidance for Case Managers and other Direct Care Workers This guidance follows Michigan's Safe Start plan issued by Governor Whitmer on May 7, 2020 and applies it to safely restarting home and community-based services for adults in Michigan.

This guidance document can be found [here](#).

New! Health Affairs: incorporating mental health and substance abuse screening into COVID-19 contact tracing

Below are excerpts from a recent Health Affairs blog on approaches to incorporating behavioral health screening into COVID-19 contact tracing.

It is essential to contain the COVID-19 infection through robust contact tracing. We call on those implementing COVID-19 contact tracing to train this workforce to also address the projected rise in mental illness and substance use disorder.

The full blog can be found [here](#).

New! Results of the direct support workforce and COVID-19 national survey 2020

Below are excerpts from a recent national study of the impact of the pandemic on the direct care/support workforce.

The direct support workforce provides an array of critical supports making it possible for people with intellectual and developmental disabilities (IDD) to live, work and thrive in their communities

The aim of this study was to gather evidence about the experiences of the direct support workforce during the COVID-19 pandemic and to inform efforts to better prepare for future waves of this pandemic.

The full study can be found [here](#).

New! NAMI-Michigan announces NAMIWalks Grand Rapids



Join us for NAMIWalks Your Way Grand Rapids on October 10th for a National Day of Hope!

New! AAS announces online suicide prevention summit

Below is a recent announcement, from the American Association of Suicidology (AAC) of the upcoming Suicide Prevention Summit.

We're thrilled to announce that we have partnered with the Mental Health Academy (MHA) and the American Mental Health Counselors Association (AMHCA) to bring you the world's largest Suicide Prevention online conference, the 2020 Suicide Prevention Summit, being held August 29-30.

The purpose of the Summit is to equip practicing mental health professionals in the United States with the most up-to-date, advanced knowledge and treatment options for suicide prevention.

It's a one-of-a-kind event. **It's entirely free to attend.** And you can **access all sessions online** (both in real-time and on-demand), from the comfort and safety of your own home.

Register now for the 2020 Suicide Prevention Summit and you'll learn directly from leading suicide prevention experts, clinicians and researchers, including: Dr. Jennifer A. Crumlish (The Catholic University of America); Dr. April C. Foreman (American Association of Suicidology); A/Prof. Jonathan B. Singer (American Association of Suicidology); Prof. Silvia Sara Canetto (Colorado State University); Dr. Vanessa L. McGann (American Association of Suicidology)

If you're a counselor, mental health practitioner or student, this event is not to be missed.

There are limited seats available. Please register now to secure your place [here](#).

New! CDC announces rural COVID 19 website

Below is a recent excerpt from recently announced COVID19 website developed by the Centers for Disease Control (CDC).

About 46 million Americans live in rural areas, which face distinctive challenges during the COVID-19 pandemic.

Long-standing systemic health and social inequities have put some rural residents at increased risk of getting COVID-19 or having severe illness. In general, rural Americans tend to have higher

rates of cigarette smoking, high blood pressure, and obesity as well as less access to healthcare which can negatively affect health outcomes. They are also less likely to have health insurance.

Rural communities are also [becoming more diverse](#) racially and ethnically. Racial and ethnic [minority groups](#) including, African Americans, Hispanics and Latinos, American Indians/Alaskan Natives, and Asian/Pacific Islanders, are at increased risk of getting COVID-19 and having severe illness.

The website can be found [here](#).

New! A glimpse into my son's magnificent mind

Below are excerpts from a recent New York Times essay by a mother and her son with autism.



A tiny white heart marks a five-second video on my phone as beloved, one in which my boy (age 6 at the time) proudly displays a pale pink cross-body purse. He twists his torso as he flirts with the camera, asking, “Hey girl, do you like my new purrrrrrse?”

When I get a new purse, I know it will be the first thing my son notices when he sees me. His congratulatory enthusiasm (“Mama, your new purse is so pretty!”) is followed by a dimply smile and a smooth inquiry about the previous handbag (“So, can I have your old purse?”). And it’s not just about purses but bags of all sorts: Max follows this same script whenever his father upgrades his briefcase or his sister brings home a new backpack.

The full essay can be found [here](#).

State Legislative Update

New! Governor and Legislature Reach Agreement on FY20 Budget

This week Governor Gretchen Whitmer, House Speaker Lee Chatfield (R-Levering), Senate Majority Leader Mike Shirkey (R-Clarklake) and State Budget Director Chris Kolb reached an agreement to resolve the remaining deficit in the Fiscal Year 2020 budget shortfall. This is being accomplished through Executive Order 2020-155, an Executive Reduction, House Bill 5265, a negative General Fund supplemental bill, Senate Bill 373, a negative School Aid Fund (SAF) supplemental bill, and work project lapses, all of which combined resolve the \$2.2 billion deficit in the current Fiscal Year (FY) budget. The adjustments made in the FY 2019-2020 budget will reduce state spending, and then allocate federal Coronavirus Relief Fund (CRF) and Budget Stabilization Fund dollars to fill in the reductions made.

Actions taken this week on the current year budget are as follows:

- **Executive Order 2020-155**, an **Executive Budget Reduction** that was approved by a majority of members from both the **House** and **Senate Appropriations Committees** this morning, reduces the **FY 2019-2020** budget by just under \$620 million. To view a summary from the **House Fiscal Agency (HFA)** on **Executive Order 2020-155**, please click [here](#).
- **HB 5265**, the **General Fund** reduction bill, increases Gross appropriations in the **FY 2019-20** state budget by \$1.0 billion and reduces **GF/GP** appropriations by \$538.7 million. To view a summary from the **HFA** on **HB 5265**, please click [here](#).
- **SB 373**, the **SAF** reduction bill, reduces state spending to K-12 schools, universities and community colleges by \$256 million, and replaces it with federal funds. To view a summary from the **HFA** on **SB 373**, please click [here](#).
- **State Budget Director Kolb** issued a directive to lapse \$123.2 million Gross (\$80.8 million **GF/GP**) of unexpended work project account funding and sent notification to the **House** and **Senate Appropriation chairs** in a letter dated July 22, 2020. To view a summary from the **HFA** on the work project lapses, please click [here](#).

Governor Whitmer, Speaker Chatfield and Senate Majority Leader Shirkey released a joint statement on the budget agreement, “In this time of crisis, it is our responsibility to come together and build a budget that reflects a bipartisan commitment to the things we value most as Michiganders.” Director Kolb stated during his testimony before the joint Appropriations Committee, “This agreement didn’t happen overnight and wasn’t dominated by one party.” Senator Curtis Hertel Jr (D-East Lansing), emphasized “This is true leadership” and “by far, the best-case scenario” when discussing the FY 2019-2020 budget agreement.

Below is a brief summary of the particular items of interest impacting the public mental health system:

FY20 Budget Executive Order 2020-155

- **Medical/Psychiatric Evaluations**
Reduces \$300,000 GF/GP in funding to support medical and psychiatric assessments of older adults for elder-abuse cases.
- **Court-Ordered Assisted Outpatient Treatment**
Eliminates \$1.0 million GF/GP for grants to community mental health services programs (CMHSPs) to support programming for court-ordered assisted outpatient treatment for individuals the court determines as "persons"
- **Hospital Behavioral Health Pilot Program**
Eliminates one-time funding of \$4.0 million GF/GP for a behavioral health project through McLaren Greenlawn Campus in Lansing.

FY20 Work Project Account Lapses

- **Mental Health and Wellness Commission Recommendations**

Reflects the State Budget Director's directive to lapse \$400,000 of unexpended GF/GP work project account funding that was appropriated to support recommendations from the mental health and wellness commission.

- **Michigan Integrated Crisis and Access Line**

Reflects the State Budget Director's directive to lapse \$2.3 million of unexpended GF/GP work project account funding that was appropriated to support implementation and operation of the Michigan Integrated Crisis and Access Line (MCAL).

- **Michigan Medical Resident Loan Repayment Program**

Reflects the State Budget Director's directive to lapse \$4.6 million of unexpended GF/GP work project account funding that was appropriated to support post-residency medical student service in underserved areas in exchange for medical education loan payment assistance (MiLES program).

HB 5265 – FY20 Negative Supplemental

The bill would make a number of changes to FY20 appropriations. The largest changes would be in the Department of Health and Human Services (DHHS). These proposed changes include a \$523.6 million GF/GP savings tied to the enhanced Federal Medicaid match rate, which increased from 64.06% to 70.26%, effective retroactive to January 1, 2020.

- **Medicaid Health Plan Risk Corridor**

Recognizes \$35.0 million GF/GP (\$162 million Gross) savings from implementing a two-way risk corridor between DHHS and Medicaid Health Plans. Creates a two-way risk corridor for FY 2019-20 for existing contracts with Medicaid health plans. This risk corridor would be designed to help recapture reduced costs and resultant net revenues accruing to Medicaid health plans during the COVID-19 pandemic when many medical procedures were delayed. (THIS DOES NOT INCLUDE PIHPS)

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 100 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- ***Executive Order 2020-153*** – Requirement of masks, please click [here](#) to access Executive Order 153.
- ***Executive Order 2020-154*** – Alternative means to conduct government business during the COVID-19 pandemic, please click [here](#) to access Executive Order 154.
- ***Executive Order 2020-155*** – Implementation of expenditure reductions under Section 20 of Article 5 of the Michigan Constitution of 1963, please click [here](#) to access Executive Order 155.

Federal Update

New! House Appropriations Committee Approves FY21 Health Spending

The House Appropriations Committee approved its Labor-HHS spending levels for Fiscal Year 2021 on Monday, July 13 funding key federal health, education and labor programs for the year ahead. The House provided a \$96 million increase in funding for the Substance Abuse and Mental Health Services Administration (SAMHSA), as well as increases or level funding across other programs of high importance to the National Council and our members. The appropriations bill now heads to the House floor for consideration and a vote.

See the chart below for a summary of behavioral health funding levels:

Agency	House Appropriations Committee Approved FY 2021 Funding	FY 2021 vs FY 2020
Substance Abuse and Mental Health Services Administration (SAMHSA)	\$6 billion	+\$96 million
National Institutes of Health (NIH) <i>Overall funding</i>	\$47 billion	+\$5.5 billion
Community Mental Health Services Block Grant	\$757.6 million	+\$35 million
Substance Abuse Prevention and Treatment Block Grant	\$1.9 billion	<i>Level funding</i>
Center for Substance Abuse Treatment (CSAT)	\$479 million	+\$10 million
Center for Substance Abuse Prevention (CSAP)	\$209 million	+\$3 million
Promoting the Integration of Primary and Behavioral Health Care (PIPBHC) Grants	\$54.9 million	+\$5 million
PIPBHC Technical Assistance and Training Center	\$2 million	<i>Level funding</i>

Mental Health First Aid	\$22.9 million	<i>Level funding</i>
State Opioid Response (SOR) Grants	\$1.5 billion	<i>Level funding</i>
Certified Community Behavioral Health Clinic (CCBHC) Expansion Grants	\$225 million	+\$25 million
Loan Repayment Program for Substance Use Disorder Treatment Professionals	\$17 million	+\$5 million
Mental and Substance Use Disorder Workforce Training Demonstration	\$41.7 million	+\$15 million

Notably, the \$225 million designated for the CCBHC expansion grants will cover the second round of funding for clinics that received grants beginning in FY20 with an additional \$25 million to be spent at SAMSHA’s discretion. The appropriations bill is anticipated to move to the House floor by the end of July. Senate appropriators are still in the early stages of their work, continuing negotiations at the subcommittee level.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we’re moving to a virtual setting when possible.**

The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon. Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

CMHA Annual Spring/Summer Conference moves to a VIRTUAL CONFERENCE!



2020 Annual Summer Virtual Conference August 17 – 21, 2020

**Virtual Education & Networking
Each day from 9:00am – 12:30pm**

Earn up to 14 Continuing Education Credits!

Registration Fees:

\$175 (member)

\$210 (non-member)

Stay tuned for more details soon!

New! Additional Dates Added - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- August 17, 2020 *(training full)*
- October 5, 2020 *(training full)*
- November 2, 2020 [REGISTER HERE!](#) *(28 spots left)*
- November 20, 2020 [REGISTER HERE!](#)
- December 7, 2020 [REGISTER HERE!](#)

Agenda:

Log into Zoom: 8:15am
Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members \$126 Non-Members

Additional Dates Added - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- August 3, 2020 (*training full*)
- October 15, 2020 [REGISTER HERE!](#) (*45 spots left*)
- November 5, 2020 [REGISTER HERE!](#)

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Self-Determination Conference Moving Virtual September 2020!**3 Virtual Concurrent Workshops Each Day:**

Tuesday, September 1, 2020 from 9:00am – 12:30pm
Thursday, September 3, 2020 from 9:00am – 12:30pm
Thursday, September 10, 2020 from 9:00am – 12:30pm
Monday, September 14, 2020 from 9:00am – 12:30pm

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend: This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

No fee to attend this conference! Registration available soon, check [CMHA website](#) for more information and updates.

New! Recipient Rights Virtual Conference

The 27th Annual Recipient Rights Conference will be held virtually September 15-18, 2020. This year's conference will feature Lena Sisco, author of "You're Lying! Secrets from an Expert Military Interrogator to Spot the Lies and Get to the Truth." You won't want to miss 21 workshops for Appeals and RRAC members, as well as keynote addresses from Dr. Laura Hirschbein and Lena Sisco.

Continuing Education: Social Work and Recipient Rights CEs will be available.

Schedule: Tuesday September 15 – Friday, September 18, 2020

Daily Sessions: 9:00am – 10:30am; 11:00am – 12:30pm; 1:00pm – 2:30pm and 2:45pm – 4:15pm

Registration Fee: \$125 per person. Conference brochure and registration information coming soon!

Virtual Motivational Interviewing College Trainings

Registration has now re-opened for the new VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Dates	Training	Registration Link
Aug. 10-11, 2020	M.I. Basic	CLICK HERE
Aug. 13-14, 2020	M.I. Advanced	CLICK HERE
Sept. 2-3, 2020	TNT: Teaching M.I.	CLICK HERE

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Please be sure you're clicking on the correct registration link in the brochure for the date you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.



Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Announcing New Learning Opportunities from the MHTTC Network

Below are two webinar series that center around school based mental health services and sound approaches to helping families deal with conflict during the Corona Virus pandemic.

A. Supporting School Mental Health in the Context of Racial Violence: This is a two-part learning forum, **Supporting School Mental Health in the Context of Racial Violence.** This series is intended for students, families, educators and school mental health professionals who are navigating the impact of racial violence on student mental health. Each learning session will feature a moderator who will engage advocates, leaders and the school mental health workforce in a conversation that focuses on:

Strategies for supporting students' mental health while navigating racial violence (in and out of school)
Opportunities for the field to improve its commitment to fostering a workforce ready, able and willing to hold racial violence as a mental health issue;

Steps we might take to advance school mental health supports for students experiencing racial violence.

Click the links below to register for each installment:

[Session 1: Learning From and With Students, Caregivers, Advocates and Systems Leaders](#)

10-11:30 a.m. PST / 12-1:30 p.m. CST / 1-2:30 p.m. EST | Friday, July 31

[Session 2: Learning From and With the School Mental Health Workforce \(School Counselors, Psychologists, and Teacher Educators\)](#)

10-11:30 a.m. PST / 12-1:30 p.m. CST / 1-2:30 p.m. EST | Friday, Aug. 7

Webinar recordings will be made available on the series [web page](#). Certificates of completion are available to viewers of **50% (45 minutes) or more of the live webinar**. For more information, please contact **Jessica Gonzalez** at jegonzalez@stanford.edu.

B. Supporting families in addressing family conflict during the pandemic: The webinars in this series will use case examples and dialogue between experts from the National Child Traumatic Stress Network (NCTSN) to address critical questions that mental health providers are facing during the COVID-19 pandemic. Via telehealth, providers are getting a glimpse into clients' home lives and they are encountering complex family interactions all during a time of stress and danger, with community supports challenged to respond. **NCTSN presenters help providers, even those not accustomed to working with children or families, with practical answers to questions such as:**

How to normalize stress and concerns about safety during this time?

How to identify risk factors and signs of violence?
How to identify intervention points and work in partnership with families?
How to support conversations with parents and children about violence?

Minimizing Risk for Conflict/Coercion in Families with School-age Children July 28, 12 – 1:00 pm CT

[REGISTER](#)

When the Monsters Live with Us: Structural Inequities, COVID-19, and Intimate Partner Violence in Latin American Families (in Spanish) August 11, 12 – 1:00 pm CT [REGISTER](#)

<https://bit.ly/family-violence-series>

Certificates of attendance are available to viewers of 50% (30 minutes) or more of the live webinar.

Three new multi-part series focus on family violence, intimate partner violence, and racial violence



Supporting School Mental Health in the Context of Racial Violence
July 31 and August 7

Each 1.5-hour learning session will feature a moderator who will guide a conversation focused on strategies advance school mental

health supports for students experiencing racial violence.

[Find out more and register here.](#)

News from Our Preferred Corporate Partners

Abilita: controlling increasing phone costs

Beginning July 1st, your telecommunication costs

- increased by almost 7%!
- Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be “high cost”.

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users. Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

New! Relias: trauma informed care resources

Trauma-informed care (TIC) has become a widely recognized paradigm for creating safe spaces for individuals who have experienced trauma and reducing the likelihood that accessing services would cause re-traumatization. The impact of TIC on individuals and organizations is powerful, and this approach has shown to be effective in reducing trauma-related symptoms.

To help you navigate your TIC journey, we've created a resource page with webinars, articles, and resources to help you understand the basics of trauma, the TIC framework, and how to care for your staff.

[Visit the Resource Page](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org