

WEEKLY Update

June 26, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! Cultural and Linguistic Competence Learning Community

Over the past several weeks (years, decades, centuries), the issue of racial justice has been on the minds and woven into the lives of many Americans. Several months ago, prior to the latest set of events, both tragic and heroic, and news stories around racial justice, CMHA had started the development of several initiatives centered around cultural and linguistic competence and racial justice.

These initiatives will be highlighted in the Weekly Update over the next few editions, starting with this week's edition.

Cultural and Linguistic Competence Learning Community: The Georgetown University National Center for Cultural Competence, MDHHS Developmental Disabilities Council, and the Community Mental Health Association of Michigan (CMHA) are jointly sponsoring an 8-month-long Cultural and Linguistic Competence (CLC) Learning Community for Michigan's public mental health system.

The learning community is made up of the following components:

- **Participants/audience:** The CLC learning community teams will be solicited from CMHA members - including the public CMHs, public Prepaid Inpatient Health Plans, and private providers - to participate in the Learning Community.
- **Learning community staffing:** The Georgetown Center is identifying staff who could facilitate the CLC learning community and developing a cost for such facilitation
- **Kick-off keynote:** Vivian Jackson, from the National Center for Cultural Competence, will be the keynote speaker at the luncheon of the **second day of the CMHA Fall 2020 Conference**. Vivian will kick-off the Learning Community by introducing the National Center's cultural competence framework.
- **4 to 6 virtual and face-to-face sessions** over the 8 months of the Learning Community, with the first session of the Learning Community being held during the afternoon of the 2nd day of the CMHA Fall Conference 2020
- **Self-assessment to level set:** The work of this community will be built around a CLC self-assessment completed by the member of each Learning Community team
- **Team-defined stretch projects:** The learning community will be structured around "stretch" cultural and linguistic competency projects as identified by each team.
- **Learning community closes out with workshop presentations, by learning community teams, at CMHA Spring/Summer 2021 Conference:** Wrap-up sharing by CLC teams showcasing their CLC work in workshops at the CMHA Spring/Summer 2021 Conference

Look for the opportunity to be a part of this learning community in the coming weeks.

CMHA in the news around white paper "A Tradition of Excellence and Innovation: Measuring the Performance of Michigan's Public Mental Health System"

Over the last several decades, policy makers and elected officials have debated and implemented a range of plans for redesigning Michigan's public mental health system. Unfortunately, some these system redesign proposals have been based on a lack of accurate information on the performance of that system. To provide an accurate picture of the performance of Michigan's public mental health system, the Center for Healthcare Integration and Innovation (CHI2) recently issued a white paper that examines the performance of Michigan's public mental health system against a number of state-established and national standards. This white paper can be found [here](#).

This paper underscores the very high levels of performance that Michigan's public mental health system, in partnership with the Michigan Department of Health and Human Services (MDHHS), has demonstrated, over decades, on a number of dimensions of healthcare quality and innovation.

The news stories around the white paper can be found on the [CMHA Newsroom webpage](#).

State & National Developments and Resources

New! Longtime advocate leaving

Below is a recent notice from the Mental Health Association in Michigan (MHAM) regarding the Mark Reinstein's departure from MHAM. Mark has been, for decades, a fierce, tireless, passionate, and brilliant advocate for those with mental health needs and the systems upon which they rely. We will sorely miss Mark's insights, energy, guidance, and collegiality. We wish Mark the best.

Just a note to let you know that Dr. Mark Reinstein has decided to step down as the Mental Health Association in Michigan Public Policy Consultant effective June 26, 2020. Mark has been acting in the capacity as consultant to MHAM after his retirement on December 31, 2019. Marianne Huff, President and CEO, and Stephanie Johnson of KJL, MHAM's lobbyist, will assume his responsibilities and will represent the Association in matters of public policy. We will miss Mark greatly. He has been the heart of MHAM for more than three decades. We wish him well in all his future endeavors.

Marianne Huff, LMSW
President and CEO

New! White House issues rural community toolbox

Below is a notice from the White House in follow-up to the recent launch of the Rural Community Toolbox.

Thank you to everyone who joined yesterday's launch of the Rural Community Toolbox (RCTB) website. The webinar included remarks by Jim Carroll (*Director, Office of National Drug Control Policy*), Kellyanne Conway (*Assistant to the President and Senior Counselor*), Betty-Ann Bryce (*Rural Health Liaison, U.S. Department of Agriculture*), Gary Moore (*Judge Executive of Boone County, Kentucky and First Vice President of the National Association of Counties*), A.J. Louderback (*Sheriff of Jackson County, Texas*), Admiral Brett Giroir (*Assistant Secretary for Health, U.S. Department of Health and Human Services*), and Bette Brand (*Deputy Under Secretary for Rural Development, U.S. Department of Agriculture*) to give an overview of the new Rural Community Toolbox resource and discuss the Trump Administration's support for rural communities impacted by addiction.

The link to the RCTB website is found [here](#). Additional resources can be found at:

[Rural Community Toolbox](#)

[RCTB fact sheet](#)

New! CSHS briefing: The Crucial Role of Home Visiting During COVID-19: Supporting Young Children and Families

Below are excerpts from a recent brief issued by the Center for Health Care Strategies.



Home visiting has long served an essential role in addressing the needs of young children by connecting families to programs, supports, and services. Home visitors — typically nurses, social workers, or community health workers supported by local, state, or federal funding — build relationships that extend beyond parenting and child development. During the COVID-19 pandemic, the need for home visiting — and pivoting to accommodate virtual home visits — is even more critical as families face new or expanding challenges, like domestic violence, substance use, or mental health needs — [all issues that surge during crises](#).

The full brief can be found [here](#).

New! Health Affairs: Buprenorphine Treatment by Primary Care Providers, Psychiatrists, Addiction Specialists, And Others

Below are excerpts from a recent Health Affairs article on Buprenorphine treatment rates across the country.

Substantial increases in opioid-related morbidity and mortality have motivated the implementation of federal policies to expand the buprenorphine prescribing capacity of primary care providers and other clinicians. Using a national prescription database that covered 72–92 percent of the US population during 2010–18, we analyzed trends in buprenorphine treatment by prescriber specialty. Buprenorphine treatment rates by primary care providers increased from 12.9 people per 10,000 population in 2010 to 27.4 in 2018. The numbers for psychiatrists and addiction medicine specialists increased from 8.7 to 12.0 per 10,000 and those for other prescribers from 5.8 to 16.3 per 10,000. However, treatment of people ages 15–24 by primary care providers and by psychiatrists and addiction medicine specialists declined significantly. Across all patient age and provider groups, most patients were not retained on buprenorphine for the benchmark period of at least 180 days. Despite a recent national increase in buprenorphine treatment fueled primarily by nonspecialists, challenges persist with buprenorphine access—especially for younger people—and with retaining patients in long-term treatment.

More available [here](#).

State Legislative Update

New! Budget Deadline Bill Passes House, Senate. Heads to Governor

On Tuesday, June 23, the Michigan Senate unanimously passed Senate Bill 963. Senate Bill 963 amends the Management and Budget Act to delay the July 1, 2020 deadline to 2021. The economic fall-out due to the COVID-19 pandemic has put considerable strain on the state budget, both for the current and upcoming fiscal years. The waiving of this deadline affords state lawmakers and the Governor more time to deliberate on options to resolve the budget crisis.

Separate but related, this week, the Senate approved a series of supplemental appropriations “shell” bills for the current and next fiscal year, presumably positioning the bills for action later this summer. Although the legislature does not plan to be in session until late July, at the earliest, we anticipate budget discussions to continue throughout the summer. The Governor has come under some criticism for her rhetoric around relying too heavily on the federal government to provide relief to states undergoing budget crises. Alternative solutions are being suggested. For example, groups in the business community are pointing to borrowing as an option and even former Governor Rick Snyder has proposed revenue raising measures, such as a gas tax increase.

New! Legislature Adjourns with Session Days Scheduled This Summer

On Thursday, June 24, the House and Senate concluded their business and adjourned for the summer recess after passing a plethora of bills before their break.

The House and Senate could be returning for a handful of session days in the coming months. The House is scheduled to meet on July 21-23, August 12, and September 1-3. The Senate is scheduled to reconvene on July 22-23, 28 and 29, as well as August 12 and September 1-2.

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 100 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer’s Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-128** – Clarifying WDCA Eligibility for Workplace Exposure to COVID-19, please click [here](#) to access Executive Order 125.

- **Executive Order 2020-129** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 129.
- **Executive Order 2020-131** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 131.
- **Executive Order 2020-132** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 132.
- **Executive Order 2020-133** – Restarting professional sports, please click [here](#) to access Executive Order 133.
- **Executive Order 2020-134** – Eviction diversion program for COVID-19-related debtors, please click [here](#) to access Executive Order 134.
- **Executive Order 2020-135** – Creation of Michigan Nursing Homes COVID-19 Preparedness Task Force, please click here to access Executive Order 135.
- **Executive Order 2020-136** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 136.

Federal Update

New! FCC Chairman Announces Plan to Implement 9-8-8 Suicide Prevention Lifeline by 2022

At the National Council’s Hill Day at Home earlier this week, Ajit Pai, Chairman of the Federal Communications Commission, announced that the agency will be finalizing implementation of 9-8-8 as the three-digit dialing number for the National Suicide Prevention Hotline by July 2022. According to the Chairman, 9-8-8 may be available via certain carriers before 2022, but the two-year window is the quickest feasible implementation timeline. The National Council applauds Chairman Pai and the FCC for their work to put mental health crises on the same footing as other, physical emergencies by creating a three-digit emergency dialing code that will undoubtedly save countless lives.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

New! CMHA Annual Spring/Summer Conference moves to a VIRTUAL CONFERENCE!



2020 Annual Summer Virtual Conference

August 17 – 21, 2020

*Virtual Education & Networking
Each day from 9:00am – 12:30pm*

Stay tuned for more details soon!

Registration Open - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- July 13, 2020 (*training full*)
- August 17, 2020 (*16 spots left*)
- October 5, 2020
- November 2, 2020

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members

\$126 Non-Members

[CLICK HERE TO REGISTER](#) FOR THE AUGUST 17, 2020 TRAINING (*16 spots left*)

[CLICK HERE TO REGISTER](#) FOR THE OCTOBER 5, 2020 TRAINING

[CLICK HERE TO REGISTER](#) FOR THE NOVEMBER 2, 2020 TRAINING

Registration Open - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- July 20, 2020 (*training full*)
- August 3, 2020 (*38 spots left*)

Agenda:

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members

\$47 Non-Members

[CLICK HERE TO REGISTER](#) FOR THE JULY 20, 2020 TRAINING (*training full*)

[CLICK HERE TO REGISTER](#) FOR THE AUGUST 3, 2020 TRAINING (*38 spots left*)

Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Self-Determination Conference Moving Virtual September 2020!

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings – Virtual Information to come soon!

- July 21, 2020 (Rescheduled from April 21) – Virtual

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0

Registration Open – Virtual Motivational Interviewing College Trainings

Registration has now re-opened for the new VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of

Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Dates	Training	Registration Link
July 27-28, 2020	M.I. Basic	CLICK HERE
July 29, 2020	M.I. Supervisory	CLICK HERE
July 30-31, 2020	M.I. Advanced	CLICK HERE
Aug. 6, 2020	M.I. Supervisory	CLICK HERE
Aug. 10-11, 2020	M.I. Basic	CLICK HERE
Aug. 13-14, 2020	M.I. Advanced	CLICK HERE
Sept. 2-3, 2020	TNT: Teaching M.I.	CLICK HERE

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

Registration Open – Virtual Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates & Registration Links

- July 10, 2020 | [CLICK HERE](#) for more information and to register now
- July 23, 2020 | [CLICK HERE](#) for more information and to register now

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Training Fee:

\$65 per person. The fee includes electronic training materials and CEs.

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Weekly Update readers may remember that the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Improving Mental Health Service Access for Farming and Rural Communities

[Register](#)

Session Two

[Approaching and Treating Co-Occurring Mental and Substance Use Disorders in Farming and Rural Communities](#)

Thursday, July 2, 2020

1:00–2:00pm, ET, 12:00–1:00pm CT, 11:00–12:00pm MT, 10:00–11:00am MT

[Register](#)

Session Three

[Providing Mental Health Telehealth Services in Farming and Rural Communities](#)

Thursday, July 9, 2020

1:00–2:00pm, ET, 12:00–1:00pm CT, 11:00–12:00pm MT, 10:00–11:00am MT

News from Our Preferred Corporate Partners

Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with [satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at abilita.com/cmha

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

Relias: telehealth resources for working with kids

During times of crisis, the need for mental health and substance use services doesn't stop. In fact, the demand for these services increases as people (including children) begin to experience anxiety, depression, and other mental health issues as a result of the crisis.

Behavioral health organizations and substance use treatment facilities can still provide services (and keep their staff on payroll) by offering telehealth services to meet the demand now and beyond.

[Explore Our Telehealth Toolkit](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
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