



Update

June 12, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.**

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CMH Association and Member Activities

CMHA opens first phase of Telehealth Resource Center with the resource-rich webpage

With the aim of helping to make telehealth approaches, wisely and prudently applied, a central component in Michigan's behavioral healthcare infrastructure and a part of the clinical toolbox of the state's behavioral health workforce, the **Community Mental Health Association of Michigan (CMHA)** has formed the Telehealth Resource Center for Michigan Mental Health Practitioners.

The first concrete component of the Center is the <u>Telehealth Resource Center webpage</u> on the CMHA website. his webpage contains a curated list of some of the best telehealth resources from across the



country. We will keep Weekly Update readers informed as other components of the Center come to fruition.

CMHA issues white paper "A Tradition of Excellence and Innovation: Measuring the Performance of Michigan's Public Mental Health System"

Over the last several decades, policy makers and elected officials have debated and implemented a range of plans for redesigning Michigan's public mental health system. Unfortunately, some these system redesign proposals have been based on a lack of accurate information on the performance of that system. To provide an accurate picture of the performance of Michigan's public mental health system, the Center for Healthcare Integration and Innovation (CHI2) recently issued a white paper that examines the performance of Michigan's public mental health system against a number of stateestablished and national standards. This white paper can be found here.

This paper underscores the very high levels of performance that Michigan's public mental health system, in partnership with the Michigan Department of Health and Human Services (MDHHS), has demonstrated, over decades, on a number of dimensions of healthcare quality and innovation.

State & National Developments and Resources

New! Michigan issues Request for Proposals for Michigan Integrated Crisis and Access Line Staffing Service

The Michigan Department of Health and Human Services (MDHHS) and the Department of Technology, Management & Budget (DTMB) have issued a Request for Proposals (RFP) to staff the Michigan Integrated Crisis and Access Line (MCAL), a new behavioral health integrated crisis and access system. The vendor will work with MDHHS to develop and operate a command center that provides crisis line services and leverages a variety of communication methods, including but not limited to phone, text, email, chat and application, to support persons in crisis and facilitate coordinated access to care for all essential services cited in the Michigan Mental Health Code at MCL 330.1206.

These services include but are not limited to: suicide prevention, behavioral health supports and services, substance use disorder treatment and rehabilitation services. MCAL will be available for anyone in the state in need of behavioral health and/or crisis response services.

A total of \$3 million in state and federal funds is available through this RFP. The RFP number is 20000001867. Proposals are due by 3 p.m. on June 30. The program period is Sept. 30, 2020 through Sept. 30, 2021. The RFP can be found here.



New! HHS Announces Enhanced Provider Portal, Relief Fund Payments for Safety Net Hospitals, Medicaid & CHIP Providers

The U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration (HRSA), is announcing additional distributions from the Provider Relief Fund to eligible Medicaid and Children's Health Insurance Program (CHIP) providers that participate in state Medicaid and CHIP programs. HHS expects to distribute approximately \$15 billion to eligible providers that participate in state Medicaid and CHIP programs and have not received a payment from the Provider Relief Fund General Distribution. HHS is also announcing the distribution of \$10 billion in Provider Relief Funds to safety net hospitals that serve our most vulnerable citizens. The safety net distribution will occur this week.

HHS is providing support to healthcare providers fighting the COVID-19 pandemic through the bipartisan CARES Act and the Paycheck Protection Program and Health Care Enhancement Act, which allocated \$175 billion in relief funds to hospitals and other healthcare providers, including those disproportionately impacted by this pandemic.

ENHANCED PROVIDER RELIEF FUND PORTAL: HHS is launching an enhanced Provider Relief Fund Payment Portal that will allow eligible Medicaid and CHIP providers to report their annual patient revenue, which will be used as a factor in determining their Provider Relief Fund payment. The payment to each provider will be at least 2 percent of reported gross revenue from patient care; the final amount each provider receives will be determined after the data is submitted, including information about the number of Medicaid patients.

To be eligible for this funding, health care providers must not have received payments from the \$50 billion Provider Relief Fund General Distribution and either have directly billed their state Medicaid/CHIP programs or Medicaid managed care plans for healthcare-related services between January 1, 2018, to May 31, 2020. Close to one million health care providers may be eligible for this funding. More information about eligibility and the application process is available here.

New! Federal rural behavioral health resources announced

Recently, the Office of National Drug Control Policy's COVID-19 held a call for rural stakeholders on Tuesday June 2nd. The call included remarks by Jim Carroll (Director, Office of National Drug Control Policy), Dr. Jim Gandotra (Chief Medical Officer, Substance Abuse and Mental Health Services Administration), Matt Strait (Senior Policy Advisor, Drug Enforcement Administration), Anna Bonelli (Senior Policy Advisor, Centers for Medicare & Medicaid Services), Nisha Patel (Associate Director/Senior Policy Advisor, Health Resources and Services Administration), Dr. Grant Baldwin (Director, Division of Overdose Prevention, Centers for Disease Control and Prevention), and Charles Eberle (Senior Counsel, Wireline Competition Bureau, Federal Communications Commission) to discuss the Trump Administration's actions to ensure continuity of care for people with substance use disorder during the COVID-19 pandemic.

Below, please find a a partial list of follow-up resource links from each agency on the call that you may find helpful in your on-going work to serve rural communities impacted by addiction in the midst of this public health emergency.



OFFICE OF NATIONAL DRUG CONTROL POLICY

- o COVID-19 fact sheet: https://files.constantcontact.com/9b9edb2e701/86d3d2bf-d64f-4210-946f-c1d276e70c39.pdf
- o Rural Community Action Guide: https://www.usda.gov/sites/default/files/documents/rural-community-action-guide.pdf
- o Federal Rural Resources Guide: https://www.rd.usda.gov/files/RuralResourceGuide.pdf

New! ACMH announces statewide youth advisory committee recruitment

The Association of Children's Mental Health (ACMH) is excited to announce that the Statewide Youth Advisory Committee is currently accepting applications for membership! Application for a seat on the ACMH youth advisory committee is open to all youth, ages 15 - 20 in the state of Michigan who have had or are currently experiencing a mental health or behavioral challenge. All youth ages 15-20 who are passionate about mental health issues and have personal experience will be considered.

The purpose of the ACMH youth advisory committee is to provide the opportunity for youth with personal mental health experiences to have a voice in decision making that affects their lives. The youth advisory committee empowers and supports all Michigan Youth to create positive changes in policies that impact them, giving them the opportunity to advise legislators, mental health administrators and community members about important issues that matter to youth.

Applications are due by September 18, 2020.

MORE INFO Links: Information Page | Digital Application | Stop the Stigma Video

New! The Social Determinants of Death:

Below are excerpts from a recent editorial by Alan Weil, the Editor in Chief of Health Affairs, one of the nation's pre-eminent publications on health policy.

I raise my voice in support of those demanding a response to the consequences of institutional racism that are being laid bare before us. I speak as an individual, but as the editor of Health Affairs I feel the need to place my response in the context of health care and health policy.

I have long been skeptical of the notion that the health care system can address social determinants of health. After decades of direct action and advocacy with the goal of achieving living wages, affordable housing, paid leave, a safe environment, and other conditions conducive to health, why, exactly, would we imagine that the health care system can achieve results when others with far more expertise in these matters have had limited success?

The reasons for my skepticism are many, but they mostly revolve around the implausibility of the powerful and resource-rich health sector serving as a catalyst for change by transferring resources and power to the social sector and engaging authentically and equitably with resource-poor communities. I find support for my skepticism in empirical work we published just a few months ago.

The full editorial can be found here.



New! Two recent CHCS blogs or interest to behavioral healthcare community

The Center for Health Care Strategies recently issued two blog posts that highlight issues of interest and concern for the nation's behavioral health community. The excerpts of and links to those blog posts are provided below.

Beyond PPE: Protecting Health Care Workers to Prevent A Behavioral Health Disaster: We need to mitigate the immediate behavioral health impact of COVID-19 on health care workers while also planning for the future. A comprehensive, three-part strategy would strengthen the resilience of the health care workforce during the pandemic and give workers the tools to navigate public health emergencies in the years to come. Read More >>

Incorrect Provider Directories Associated with Out-Of-Network Mental Health Care And Outpatient Surprise Bills: The high rate of mental health providers declining to participate in health insurance networks leads to out-of-network expenses for many patients. Using a survey of patients, Susan Busch and Kelly Kyanko find that half of patients using mental health services encountered provider directory inaccuracies. Those who encountered inaccuracies were more likely to be treated by an out-of-network provider and four times more likely to receive a surprise outpatient out-of-network bill. Read More >>

State Legislative Update

New! Budget Office, Lawmakers Starting Talks on Budget

The State Budget Office and legislative leaders are now talking out ideas on how to address a \$3.2 billion hole in the current fiscal year, and one of the outstanding issues is the federal funding.

Michigan has between \$2 and \$3 billion in unspent and unallocated federal money to address the COVID-19 response. The Whitmer administration badly wants to find a way to use this cash to plug the budget hole, but some legislative Republicans aren't completely sold on the idea. They like the idea of using the state's current fiscal crisis to force more structural changes to state governments, but nobody has agreed to anything, yet.

Sitting in the room is Budget Director Chris Kolb, House Appropriations Committee Chair Shane Hernandez (R-Port Huron) and Senate Appropriations Committee Chair Jim Stamas (R-Midland).

Nothing is settled, but a few things are becoming clear:

Cutting School Aid Fund payments to K-12 schools for the fiscal year ending June 30 is not
preferable considering the school year is over and there's less than 20 days to go in the fiscal
year. The next fiscal year, which starts July 1, likely will include cuts, but not likely the \$2,000per-pupil cut or 25% originally tossed out by Senate leaders.



- Some Republicans would like to present the Governor with a two-part budget, which would lay
 out how much funding the state would have had if the Governor not basically shutdown the
 economy through her stay-at-home orders.
- Initial conversations have gone well, but the Governor and the two Republican legislative leaders haven't been put in the same room, yet, so we may still be a ways away from anything substantive.

Senator Stamas told reporters yesterday that the FY21 budget will not be resolved until August or September because of the need for updated revenue figures, which will be analyzed during the August Consensus Revenue Estimating Conference (CREC). However, the legislature may try to pass an education budget before the fall.

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 60 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499 90705---,00.html

- Executive Order 2020-114 Safeguards to protect Michigan's workers from COVID-19, please click here to access Executive Order 114.
- Executive Order 2020-115 Temporary restrictions on certain events, gatherings, and businesses, please click https://example.com/here-to-access-executive-order-115.
- **Executive Order 2020-116** Temporary suspension of youth work permit application requirements, please click here to access Executive Order 116.
- Executive Order 2020-117 Expanding childcare access during the COVID-19 pandemic, please click here to access Executive Order 117.

Federal Update

Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.



That is why this year we are proud to partner with 25 national advocacy organizations to bring you Hill Day at Home! We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

Education Opportunities

New! CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we're moving to a virtual setting when possible. The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website <u>by clicking here</u> to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.



CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

Registration Open - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

July 13, 2020August 17, 2020October 5, 2020

November 2, 2020

Agenda:

Education: 8:30am – 11:30am Lunch Break: 11:30am – 1:00pm Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members

\$126 Non-Members

CLICK HERE TO REGISTER FOR THE JULY 13, 2020 TRAINING (6 spots left)
CLICK HERE TO REGISTER FOR THE AUGUST 17, 2020 TRAINING
CLICK HERE TO REGISTER FOR THE OCTOBER 5, 2020 TRAINING
CLICK HERE TO REGISTER FOR THE NOVEMBER 2, 2020 TRAINING

Registration Open - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.



Dates: Agenda:

• July 20, 2020 Education: 9:00am – 11:00am

August 3, 2020

Training Fees:

\$39 CMHA Members \$47 Non-Members

CLICK HERE TO REGISTER FOR THE JULY 20, 2020 TRAINING (25 spots left)
CLICK HERE TO REGISTER FOR THE AUGUST 3, 2020 TRAINING

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020 8am – 5pm Lansing, MI 48933

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check **CMHA** website for more information and updates.

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings – Virtual Information to come soon!

- July 21, 2020 (Rescheduled from April 21) – Virtual

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours



Enhancing Your LOCUS Skills: 9:00 AM - 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0

Quality & Outcome Measurement with the LOCUS: 1:00 PM - 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0

Education & Training Resources from Great Lakes MHTTC



Weekly Update readers may remember that the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its <u>Products and Resources</u> webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.



New! Providing Culturally Relevant Crisis Services During COVID-19 Webinar Series

The Great Lakes MHTTC is committed delivering culturally-informed services to our region. These three webinars address how to deliver culturally relevant services during COVID-19.

View all Three Webinars in the Series!

<u>The Morbidity of National Trust and Health Disparities: Past, Present, and Future</u>(Part 1) Albert Thompson

Culturally Responsive Factors to Consider (Part 2)

Dr. Michelle Evans

<u>Culturally Responsive Factors to Consider for the Hmong Population</u> (Part 3)

Dr. Foua Yang Rhodes

News from Our Preferred Corporate Partners

Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with satisfied results according to a survey of their clients. Contact us or Abilita directly for additional information at abilita.com/cmha

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.



New! Relias: telehealth resources for working with kids

During times of crisis, the need for mental health and substance use services doesn't stop. In fact, the demand for these services increases as people (including children) begin to experience anxiety, depression, and other mental health issues as a result of the crisis.

Behavioral health organizations and substance use treatment facilities can still provide services (and keep their staff on payroll) by offering telehealth services to meet the demand now and beyond.

Explore Our Telehealth Toolkit

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat3@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231)392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org



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