



# WEEKLY Update

May 29, 2020

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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## CMH Association and Member Activities

### **New!** MSHN staff publish paper on Coronavirus mitigation in CMH settings

The Chief Medical Officer and Chief Clinical Officer of the Mid-State Health Network, in collaboration with other practitioners and researchers recently published an article in *Consultant 360* entitled “COVID-19 Pandemic Mitigation for the High-Risk Patients Served by the Community Mental Health

System.” The article can be found [here](#). Bravo to the MSHN staff for the groundbreaking work that they have done in outlining a proven approach to contagion mitigation during this unprecedented pandemic.

### **New! CMHA opens first phase of Telehealth Resource Center with the resource-rich webpage**

Telehealth approaches – typically live (synchronous) video and audio linking of mental health practitioners within a range of disciplines to clients/persons served – provide access to quality mental health services when geography, transportation, time, and workforce shortages present barriers to access.

While the value of telehealth to ensure access to quality mental health service was made clear during the Coronavirus pandemic, many see telehealth approaches as a key component in the permanent behavioral health landscape.

With the aim of helping to make telehealth approaches, wisely and prudently applied, a central component in Michigan’s behavioral healthcare infrastructure and a part of the clinical toolbox of the state’s behavioral health workforce, the **Community Mental Health Association of Michigan (CMHA) has formed the** Telehealth Resource Center for Michigan Mental Health Practitioners.

This Telehealth Resource Center is designed as a telehealth resource hub providing access to education, guidance, peer practitioner connections, and technical assistance on the best practices in the use of telehealth methods. The Center is designed to support the work of those essential to the future of telehealth in Michigan: the state’s mental health clinicians, clinical supervisors, administrators, policy makers, and persons served.

The first concrete component of the Center is the [Telehealth Resource Center webpage](#) on the CMHA website. This webpage contains a curated list of some of the best telehealth resources from across the country. We will keep Weekly Update readers informed as other components of the Center come to fruition.

### **New! CMHA issues white paper “A Tradition of Excellence and Innovation: Measuring the Performance of Michigan’s Public Mental Health System”**

Over the last several decades, policy makers and elected officials have debated and implemented a range of plans for redesigning Michigan’s public mental health system. Unfortunately, some these system redesign proposals have been based on a lack of accurate information on the performance of that system.

To provide an accurate picture of the performance of Michigan’s public mental health system, the Center for Healthcare Integration and Innovation (CHI2) recently issued a white paper that examines the performance of Michigan’s public mental health system against a number of state-established and national standards. This white paper can be found [here](#).

This paper underscores the very high levels of performance that Michigan’s public mental health system, in partnership with the Michigan Department of Health and Human Services (MDHHS), has demonstrated, over decades, on a number of dimensions of healthcare quality and innovation.

This high level of performance was found in an examination of a number of components of the system's operations: longstanding strong performance against the state-established and nationally recognized performance standards; nation-leading de-institutionalization; high rankings against national standards of behavioral health prevalence and access to services; proven ability to control costs over decades; pursuit of healthcare integration; use of evidence-based and promising practices and the infrastructure to support their use.

## State & National Developments and Resources

### **New!** How state and local mental health authorities can use the FEMA Crisis Counseling Program to create a comprehensive behavioral health response to COVID

The Federal Emergency Management Agency's Crisis Counseling Program (CCP) is an essential source of funding for enabling communities to recover following a disaster. The program is built around community-based outreach and psycho-educational services, so a strong partnership between state and local government can help to ensure its effective implementation. At least 38 states have already begun to draw down CCP Immediate Services Program funding, and we expect the total COVID-19-related CCP funding to be billions of dollars.

NACBHDD, of which CMHA is a longtime partner, and NASMHPD are partnering to bring our members a timely and important webinar about the CCP. Attendees will learn:

- What the CCP provides and what the rules are governing its program offerings
- How the funds flow
- How state and local mental health authorities can achieve diverse strategic goals by collaborating and can together:

Please join your NACBHDD and NASMHPD colleagues on June 10, 2020 at 3:30 pm ET. You can register for this webinar [here](#).

### **New!** Crip Camp: A Disability Revolution

From the Crip Camp website: "No one at Camp Jened could've imagined that those summers in the woods together would be the beginnings of a revolution."

The movie Crip Camp: A Disability Revolution has won awards for its portrayal of what some are calling a "disability revolution". The film (more about the film is found [here](#)) has recently been released to on Netflix. This award winning documentary look at grassroots activism is produced by President Barak Obama and Michelle Obama.

There is also a virtual camp every Sunday, 5:00-6:30pm from May 17th-August 30th. Details on the virtual camp can be found [here](#). Below is a description of the Crip Camp Virtual Experience from the Crip Camp Campaign site.

The Crip Camp Impact Campaign is proud to announce Crip Camp: The Official Virtual Experience! In these unprecedented times, there is no one better to think outside of the box and deliver community building right to your home. We are inviting all grassroots activists and advocates to join us this summer for a virtual camp experience featuring trailblazing speakers from the disability community. All are welcome, you do not need any activism experience to participate.

### **New! Two recent reports on the substance use, suicide, and “deaths of despair”**

A recent report from the Trust for America’s Health and The Well Being Trust, [\*Pain in the Nation Update: Alcohol, Drug and Suicide Death in 2018\*](#), revealed that while there was a slight decline in drug-induced deaths, alcohol-induced and suicide deaths continued to rise. The study offers useful data about specific mortality rates in states, as well as demographic data indicating increased death rates due to alcohol, drugs and suicide in African American, Latinx and American Indian communities.

A second document, [\*Projected Deaths of Despair from COVID-19\*](#), notes that “deaths of despair,” due to alcohol, drugs and suicide, have been on the rise in the past decade and now constitute an epidemic within a pandemic. According to co-author, Benjamin Miller, Psy.D., “The isolation, economic uncertainty, grief and stress brought on by the [COVID-19] pandemic will likely aggravate the inequalities that drive drug overdose, alcohol-related and suicide deaths.”

### **New! Deinstitutionalization and Decarceration Emerge as New COVID-19 Issues**

A recent article, in Behavioral Healthcare Executive, opens, “It is hugely ironic that deinstitutionalization from state psychiatric hospitals and decarceration from city and county jails—major objectives long sought by the behavioral health community—have turned into significant problems in the COVID-19 era.” The full article, a very powerful piece, can be found [here](#).

## State Legislative Update

### **New! Governor’s Press Conference – Outlines Budget Priorities**

Yesterday, Governor Gretchen Whitmer held a press conference to provide a state update on COVID-19. Governor Whitmer began the press conference highlighting actions taken to protect Michiganders, specifically with funding for hospitals, direct care, community mental health grants, personal protection equipment (PPE), small business grants and support for working families. The Governor emphasized the actions taken thus far are a step in the right direction, but support from the federal government is necessary to combat the negative effects of COVID-19. Specifically, Governor Whitmer called upon President Donald Trump and U.S. Senate Majority Leader Mitch McConnell (R-Kentucky) to aid the state in the projected budget shortfall, as well as by allowing more flexibility in funds already passed in the Federal CARES Act. This message was repeated by State Budget Director Chris Kolb, who joined the Governor in her press conference, and emphasized the importance of additional federal aid and needing

more flexibility in how to apply federal funds in combating the combined projected \$6.28 billion shortfall for Fiscal Year 2019-2020 and 2020-2021.

Governor Whitmer listed her policy agenda, which includes improving access to healthcare, high quality childcare, worker training – Futures for Frontliners, return to school plans, supporting small business and enhanced consumer protections. In addition to her policy agenda, Governor Whitmer took time to highlight her budget priorities going forward considering the COVID-19 pandemic and the changes it has forced on budget priorities. The Governor stated her priorities are:

- Funding school classrooms and literacy programs
- Protecting police, firefighters and local communities
- Worker Protections – Hazard pay for first responders, unemployment benefits, COVID-19 Office of Worker safety
- Fund vaccine research at Michigan research universities
- Paid sick and family leave
- Rebuilding Michigan Bonding program to start fixing state roads

### **New! Executive Orders Signed**

Currently, Governor Gretchen Whitmer has signed over 55 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer’s Executive Orders click on the link below:

[https://www.michigan.gov/whitmer/0,9309,7-387-90499\\_90705---,00.html](https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html)

- **Executive Order 2020-99** – Declaration of state of emergency and state of disaster related to the COVID-19 pandemic, please click [here](#) to access Executive Order 99.
- **Executive Order 2020-100** – Amending certain previously issued executive orders to clarify their duration, please click [here](#) to access Executive Order 100.
- **Executive Order 2020-101** – Extending the expiration date for watercraft registration, please click [here](#) to access Executive Order 101.
- **Executive Order 2020-102** – Temporary Relief from Standard Vapor Pressure Restrictions on Gasoline Sales, please click [here](#) to access Executive Order 102.
- **Executive Order 2020-103** – Providing alternative notice of public hearings under Michigan’s tax abatement statutes, please click [here](#) to access Executive Order 103.
- **Executive Order 2020-104** – Increasing COVID-19 testing by expanding the scope of practice for certain professionals and encouraging the establishment of community testing locations, please click [here](#) to access Executive Order 104.

# Federal Update

## Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

### How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

[https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib\\_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib\\_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80](https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80)

## ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

**Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...**

Click the link below to log in and send your message:

<https://www.votervoice.net/CMHAM/Campaigns/73480/Respond>

## Education Opportunities

### What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to [www.cmham.org](http://www.cmham.org) to see if your event /meetings taking place. The site is being updated several times a day.

### CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

### VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

**Dates:**

- July 13, 2020
- August 17, 2020

**Agenda:**

Education: 8:30am – 11:30am  
Lunch Break: 11:30am – 1:00pm



- October 5, 2020 Education: 1:00pm – 4:00pm
- November 2, 2020

**Training Fees:**

\$103 CMHA Members \$126 Non-Members

Registration will be available June 2, 2020!

**VIRTUAL Pain Management and Mindfulness Trainings**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- July 20, 2020
- August 3, 2020

**Agenda:**

Education: 9:00am – 11:00am

**Training Fees:**

\$39 CMHA Members \$47 Non-Members

Registration will be available June 2, 2020!

**COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning**

**Course Description:**

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

**Who Should Attend?**

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.**



It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

**Dates/Locations:**

- July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

*Be sure to register as soon as possible, training space is limited and will fill up quickly!*

**Training Fee:**

\$65 per person. The fee includes training materials, continental breakfast and lunch.

**Motivational Interviewing College regional trainings**

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

**Dates/Locations:**

**July – Hotel Indigo, Traverse City**

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

**August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon**

**Basic:** Monday & Tuesday, August 10-11, 2020

**Advanced:** Monday & Tuesday, August 10-11, 2020

**Supervisory:** Tuesday, August 11, 2020

**TNT: Teaching MI:** Wednesday & Thursday, August 12-13, 2020

**Times:**

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

**Training Fees:**

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

*Be sure to register as soon as possible, training space is limited and will fill up quickly!*

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

## DBT Trainings

### 2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

#### Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

#### Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

#### Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

### 5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual

DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

**NEW DATE: Wraparound Conference**

**New Dates:** Monday, September 28, 2020 – Wednesday, September 30, 2020

**Location:** Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

**NEW DATE: Self-Determination Conference**

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020  
8am – 5pm  
Lansing, MI 48933

Location:

Lansing Center  
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

## Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.***

***This training fulfills the MCBAP approved treatment ethics code education – specific.***

***This training fulfills the MPA requirements for psychologists.***

Additional dates to be scheduled soon!

## Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.***

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

## LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings – Virtual Information to come soon!

- July 21, 2020 (Rescheduled from April 21) – Virtual

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

**Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM**

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0

## Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0

## Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**.

The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

### Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

## MHTTC webinar series, Making a Good Connection: Engaging Students and Families in School Tele-Mental Health

The MHTTC webinar series, **Making a Good Connection: Engaging Students and Families in School Tele-Mental Health**, kicked off 12-1 p.m. CST Friday, May 22 with the series running through June 5 – see schedule below.

This series occurs over three Fridays and is geared toward providers who are making the transition from in-person to telehealth services. Session content will focus on practical strategies and equity concerns related to engaging children, adolescents and families using distance technology. The 1-hour webinar sessions take place on Fridays at 10am PT / 11am MT / 12pm CT / 1pm ET.

Registration is required and can be done by clicking on the link for each webinar, below:

May 22: Best Practices for Student Engagement Through Tele-Mental Health

May 29: Enhancing Family-School Partnerships Through Tele-Mental Health

June 5: Strategies for Addressing Trauma, Crises and Grief Through Tele-Mental Health

Certificates of attendance will be available to viewers of 50% (30 minutes) or more of the live webinar. CEUs are not offered for these sessions. Webinar recordings and FAQs for each session will be posted on the website. Download the flyer for this series [here](#).

## News from Our Preferred Corporate Partners

### Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with [satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at [abilita.com/cmha](http://abilita.com/cmha)

### myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

# CMH Association's Officers & Staff Contact Info

## CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat3@live.com](mailto:balcat3@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231)392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

## CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, [abolter@cmham.org](mailto:abolter@cmham.org)  
Christina Ward, Director of Education and Training, [cward@cmham.org](mailto:cward@cmham.org)  
Monique Francis, Executive Secretary/Committee Clerk, [mfrancis@cmham.org](mailto:mfrancis@cmham.org)  
Audrey Daul, Administrative Assistant, [adaul@cmham.org](mailto:adaul@cmham.org)  
Anne Wilson, Training and Meeting Planner, [awilson@mham.org](mailto:awilson@mham.org)  
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Dana Ferguson, Senior Accounting Specialist, [dferguson@cmham.org](mailto:dferguson@cmham.org)  
Robert Sheehan, CEO, [rsheehan@cmham.org](mailto:rsheehan@cmham.org)