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COVID-19 Resources: As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

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CMH Association and Member Activities:

CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center

CMHA is applying for a two-year grant, through the Michigan Health Endowment Fund (MHEF). The purpose of these grant dollars – the support of our association’s work in fostering the on-going use of telehealth practices (video and audio), greatly expanded and found very valuable during the current pandemic, to become a permanent part of the state’s behavioral healthcare landscape and clinical tool kit - is summarized below.

Summary of CMHA proposal to MHEF: While initially applied as a sound clinical response to the COVID-19 pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates. To foster this transition to permanency, the Community Mental Health Association of Michigan (CMHA) is proposing the acceleration of the development of a Telehealth Resource Center for Michigan Mental Health Practitioners – a telehealth information, guidance, and technical assistance hub currently in its very early stages of development. The Resource Center is intended to respond to the immediate and on-going need for access to education, guidance and technical assistance on the best practices in the use of telehealth methods, by two groups – first, the state’s mental health clinicians, administrators and, secondly, by the state’s policy makers - given the ability of telehealth approaches to ensure access to care when geography, transportation, time, and workforce shortages present barriers to access.

The immediate need revolves around the rapid and explosive growth, driven by COVID-19 pandemic, in the use of telehealth services in ensuring access to behavioral health services that would have otherwise been unavailable to the hundreds of thousands of Michiganders who rely upon those services.

While initially applied as a sound clinical response to the pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates.

CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19”



As Weekly Update readers, you remember, CMHA has initiated an “Accurate Picture Campaign” as one of the core elements of our association’s advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan’s public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. CMHA is using these

stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's Newsroom webpage under the heading "Heroic Stories: CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA Newsroom webpage can be found [here](#).

New! CMHA adds Newsroom page to its website

CMHA has recently added a new tab to its webpage to capture the large number of media stories that feature CMHA members and those served by those members. While the initial set of postings contained on this webpage revolve around the system's response to the COVID pandemic, future postings on this webpage will address a broader set of issues covered by the media. This webpage can be accessed [here](#).

State and National Developments and Resources:

New! Governor Whitmer's tribute to front line workers in the state's public mental health

Working with the Michigan Assisted Living Association (MALA) and other allies, Governor Whitmer recently released a video recognition of the work of all direct care workers – across a wide range of disciplines – who work in the state's public mental health and related systems. That video can be found [here](#).

New! Governor's Michigan Economic Recovery Council announces economy re-opening plan

Governor Whitmer's Michigan Economic Recovery Council recently announced the framework for the re-opening of Michigan's economy, as the COVID-19 curve flattens. That framework can be found [here](#).

New! SAMHSA Awards Grants Expanding Community-Based Behavioral Health Services, Strengthens COVID-19 Response

The Substance Abuse and Mental Health Services Administration (SAMHSA) announced Friday that grants have been awarded to increase access to and to improve the quality of community mental and substance use disorder (SUD) treatment services through the expansion of Certified Community Behavioral Health Clinics (CCBHC). The Fiscal Year 2020 CCBHC Expansion Grants include \$200 million in annually appropriated funding and \$250 million in emergency COVID-19 funding.

"New funding secured from Congress by President Trump will help certified community behavioral health clinics continue to treat Americans with substance use disorders and mental illness during the COVID-19 pandemic," said HHS Secretary Alex Azar. "The community clinics supported by SAMHSA have an established track record of connecting Americans with serious mental illness to the treatment they need. President Trump has made it a priority throughout his administration to help Americans with serious mental illness and substance use disorders get science- and evidence-based treatment, and that commitment continues during this crisis."

"Expanding community-based hubs for behavioral health care could not be more crucial for the United States," said Assistant Secretary for Mental Health and Substance Use Elinore F. McCance-Katz, MD, PhD,

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the head of SAMHSA. “CCBHCs already perform a vital role of addressing in one location the complex needs of people with mental and substance use disorders. The coronavirus pandemic substantially increases the need for these comprehensive services.”

CCBHCs provide person- and family-centered, integrated services. The CCBHC Expansion grant program must provide community access to services – including 24/7 crisis intervention services for people who have serious mental illness (SMI) or SUDs, including opioid use disorders; for children and adolescents with serious emotional disturbance (SED); and for people who have co-occurring mental and substance disorders (COD). SAMHSA expects that this program will provide comprehensive, 24/7 access to community-based mental and SUD services; treatment of COD; and physical health care in a single location.

The grant awards are listed at <https://www.samhsa.gov/grants/certified-community-behavioral-health-clinics-expansion-grants>.

Michigan’s CCBHC sites approved for renewal and expansion 2020

CCBHC Expansion CARES Act

EASTER SEALS-MICHIGAN, INC.	MI	Auburn Hills
JUDSON CENTER, INC.	MI	Farmington Hills
GENESEE HEALTH SYSTEM	MI	Flint
NETWORK180	MI	Grand Rapids
KALAMAZOO COMMUNITY MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES	MI	Kalamazoo
HEGIRA PROGRAMS, INC.	MI	Livonia
SAGINAW COUNTY COMMUNITY MENTAL HLTH AUT	M	Saginaw
GUIDANCE CENTER	MI	Southgate

CCBHC Expansion (COVID)

CALHOUN COUNTY COMMUNITY MENTAL HEALTH AUTHORITY	MI	Battle Creek
MACOMB COUNTY COMMUNITY MENTAL HEALTH	MI	Clinton Township
TEAM MENTAL HEALTH SERVICES	MI	DEARBORN
DETROIT RECOVERY PROJECT, INC.	MI	Detroit
COMMUNITY MENTAL HEALTH AUTHORITY OF CLINTON, EATON & INGHAM COUNTIES	MI	Lansing
WEST MICHIGAN COMMUNITY MENTAL HEALTH SYSTEM	MI	Ludington
COUNTY OF MUSKEGON	MI	Muskegon
COMMUNITY NETWORK SERVICES, INC.	MI	Novi
SAINT CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY	MI	Port Huron
WASHTENAW, COUNTY OF	MI	Ypsilanti

New! Policy comment period: rescinding Healthy Michigan Plan work requirements

The Michigan Department of Health and Human Services (MDHHS) issued bulletin MSA 19-35 to enact new work requirements for Medicaid beneficiaries who have Healthy Michigan Plan (HMP) health care coverage. This new bulletin rescinds the work requirements but maintains some of the other components of the original bulletin. The new bulletin also contains updated information on the exemption of medically frail beneficiaries from cost sharing obligations.

MDHHS is issuing this policy in response to the court order from the United States District Court for the District of Columbia in *Young et al v. Azar et al*. The court vacated the approval of the work requirements as part of the Special Terms and Conditions of the Section 1115 Demonstration Waiver Amendment. MDHHS is stopping the implementation of work requirements in response to the court order.

The bulletin can be found [here](#).

Proposed Effective Date: March 4, 2020

Mail Comments to: Phil Kurdunowicz Telephone Number: 517-284-1199 Fax Number:

E-mail Address: kurdunowiczp@michigan.gov

New! Public comment period: Michigan's Revised Statewide Transition Plan for Home and Community-Based Services Waiver Programs

The Michigan Department of Health and Human Services (MDHHS) provides Home and Community-Based Services (HCBS) to individuals in the Medicaid program. These services help Michigan citizens with disabilities or other health issues to live at home or in the community. MDHHS offers many of these services through "waivers" which were approved by the Centers for Medicare & Medicaid Services (CMS).

CMS released a new rule for HCBS waivers. MDHHS has six waivers that are impacted by the Final Rule. They are as follows:

- §1915(c) Children's Waiver Program
- §1915(c) Habilitation Supports Waiver Program
- §1915(c) MI Choice Waiver Program
- §1915(c) MI Health Link HCBS Waiver Program
- §1915(c) Waiver for Children with Serious Emotional Disturbances
- §1115 Behavioral Health Demonstration Waiver concurrent with the §1915(i) State Plan Amendment [Community Living Supports, Skill Building and Supported Employment]

MDHHS developed a Statewide Transition Plan to outline the implementation process for this rule. Since the MI Health Link HCBS Waiver Program was approved by CMS after March 2014, all settings are required to be in immediate compliance with the Final Rule and are not included in the Statewide Transition Plan. Plan covered by this public notice, or requests for a written copy, may be submitted to HCBSTransition@michigan.gov.

MDHHS will be accepting comments until May 22, 2020. All comments on this topic should include a "Statewide Transition Plan Comment" reference somewhere in the subject line of the e-mail. Stakeholders should only submit comments related to the content of the revised plan. MDHHS will prepare a consultation summary based on these comments which will be made available at the

above website following the end of the comment period. There is no public hearing scheduled for this Statewide Transition Plan.

New! MDHHS develops infographic aimed to support peers during the pandemic

MDHHS recently developed a concrete and accessible infographic aimed at addressing a number of issues faced by Peer Support Specialists, Parent Support Partners, Youth Peer Support Specialists, Peer Mentors, and Peer Recovery Coaches. Some of those issues include:

- Past trauma and PTSD,
- Concern for your health and the health of your family,
- Stigma from the greater community,
- Uncertainty about how the outbreak will impact you
- socially and economically, and
- Managing the distress of the people you support in your professional life.

This infographic can be found [here](#).

New! ACMH announces #CreativeConversations



Below are excerpts from a recent announcement from the Association of Children's Mental Health regarding their #Creative Conversations event.

I am super excited to announce that we have officially launched our #CreativeConversations virtual Children's Mental Health Awareness Day event!! For this event, we are asking youth and families to share creative expressions of hope, advocacy, and experience on social media using the hashtag #CreativeConversations, throughout Children's Mental Health Awareness Week (May 3 – 9). I will then share those creative expressions on our social media pages in an attempt to give their messages a larger platform.

Starting this week until the end of the event, I will be posting prompts and ideas for getting started and trying to drum up some excitement and inspiration. I'm reaching out to everyone here to help us spread the word far and wide! Our goal is to share our passion for this work and get others interested in using their voices as well! The more people that share their voice, the louder our messages will be!

I also have the link to more information on the website below as well as our social media accounts and the Facebook event – please feel free to mark yourself as "attending" and invite others!

The weblink can be found [here](#).

New! CHRT resource: protecting individuals with SMI from COVID-19: Best practices for community mental health agencies and clinics



For individuals with a serious mental illness (SMI)—a mental, behavioral, or emotional disorder that interferes with or limits major life activities—the COVID-19 pandemic may present a particular threat. To slow the spread of infection among this population, behavioral health providers and community-based health centers, including federally-qualified health centers, may want to communicate with their clients, as well as their clients' caregivers, about social distancing and prevention practices. In addition, they may hope to work with clients to mitigate the negative impact of social isolation.

In this brief, requested by a Michigan-based community mental health agency, the Center for Health and Research Transformation, offers guidance on communicating COVID-19 safety protocols with client-facing materials, making use of telehealth to continue treatment and offer ongoing support, and emphasizing wellness activities that help clients manage their illnesses and COVID-19 stressors. Along the way, CHRT shares dozens of helpful resources and practices. This resource can be found [here](#).

New! CHCS: Supporting the Health of Individuals Experiencing Homelessness Amid COVID-19

Below is an excerpt from a recent announcement by the Center for Health Care Strategies on approaches to serving the homeless during the COVID pandemic

While the COVID-19 pandemic presents a host of significant health, social, and economic challenges for millions of Americans, individuals experiencing homelessness are particularly vulnerable to the virus. Factors such as high rates of chronic conditions, congregate sheltering options, and limited ability for complying with federal and state public health guidance, all increase the risk of infection in this population. In the midst of this pandemic, these immediate concerns are further compounded by homeless individuals' already tenuous access to consistent health care services.

This new CHCS blog post explores the unique issues facing individuals who are homeless during the COVID-19 crisis and looks at emerging activities at the federal, state, and local policy levels to support this population. The blog post is the first in a series, made possible by the California Health Care Foundation, that will highlight the firsthand experience of organizations across the nation doing the important work of supporting homeless individuals during the pandemic.'

The full blog can be found [here](#).

New! CHCS: Medicaid's Role in the Next Phase of COVID-19 Response: Part II—Reopening the Health Care Delivery System

Below is an excerpt from a recent announcement by the Center for Health Care Strategies on approaches to applying Medicaid resources to the next phase of the COVID pandemic.

Across the country, federal and state policymakers are preparing to gradually reopen the economy while ensuring appropriate measures to limit the spread of COVID-19. This includes plans to reopen non-urgent health care facilities, particularly ambulatory care services. On April 20, the Centers for Medicare & Medicaid Services released guidance for providers to reopen in

states and regions that have met gating criteria. Like other industries, how health care is delivered will likely look different in both the near and long term, and providers will need extensive support to transition to these new modes successfully.

In this blog post, part two in a series exploring Medicaid's role in the next phase of the COVID-19 response, CHCS senior leaders highlight the critical role Medicaid agencies will play in helping providers — particularly safety net providers — pivot as the health care delivery system gradually reopens. Their post outlines potential considerations for Medicaid agencies to address in transition plans with a focus on reopening ambulatory care delivery, meeting health-related social needs, bolstering provider finances and transitioning to new payment models, and collaborating with the right partners — including providers, Medicaid managed care organizations, beneficiaries, and public health and human service agencies.

The full blog can be found [here](#).

State Legislative Update:

New! Legislative Activity

On Thursday, April 30 the Michigan House of Representatives passed, by a vote of 59 to 41, [Senate Bill 858 \(H-1\)](#), introduced by Senator Tom Barrett. The original legislation, passed by the Senate on April 24, would modify the length of a Governor's executive order from 28 days to 14 days. New language was substituted in the House, which codifies 28 of the Governor's executive orders but does not extend her stay at home order – [Executive Order No. 2020-59](#), which expires on May 15; nor does it extend her emergency and disaster declaration – [Executive Order 2020-33](#). The substitute also opens bars, restaurants, libraries, gyms, casinos and other places of accommodation on May 15 with safety protocols in place but gradually phased out.

The Senate also passed, along party lines, Senate Bill 858 (H-1) over the objections of Democrat Senators citing unconstitutional procedures and tactics, among other things. The measure was not given immediate effect, which means it will not take effect until 90 days from the end of session at which the measure was enacted (the end of March 2021). Regardless, the Governor is widely expected to veto the measure.

The House also adopted [House Resolution 250](#), offered by Representative Shane Hernandez, which authorizes the Speaker of the House to commence legal action on behalf of the House, challenging Governor's Whitmer and her administration's authority and actions taken during the COVID-19 pandemic. The resolution cites the Governor's statutory obligation to terminate the state's emergency and disaster declaration, which is set to expire today, April 30, in the absence of the Legislature's approval of an extension.

The Senate subsequently followed suit and adopted their companion resolution – [SR 114](#), offered by Senator Jim Stamas. The Senate's resolution authorizes the Senate Majority Leader to take similar legal action.

The House and Senate stand adjourned until Tuesday, May 5.

New! Gov Terminates Existing Emergency; Declares New One Through May 28

Last night, Gov. Gretchen Whitmer signed three new executive orders that will essentially keep the state of emergency tied to COVID-19 going until May 28. Whitmer's Executive Order 2020-66 terminates the existing state of emergency and disaster declarations that came out of her April 1 order. The next executive order clarifies a state of emergency remains in effect under the Emergency Powers of the Governor Act of 1945, and runs until the end of the day May 28. The final order declares a state of emergency and a state of disaster under the Emergency Management Act of 1976 through May 28.

The move comes a few hours after the Senate and House adjourned for the week without extending her emergency executive orders, which give her the power to temporarily suspend state laws in extraordinary circumstances.

Under the 1976 law, the Governor's emergency powers ended at the end of the day unless the Legislature extends them, which it didn't do. The 1945 one does not.

The Governor again said the orders that rested upon the previous order issued April 1 now rest on these two new ones. Whitmer's office issued a press release tonight with the headline, "After GOP Legislature Declares 'Mission Accomplished' on COVID-19, Governor Whitmer Signs New Executive Orders to Save Lives, Protect Michiganders." "While some members of the Legislature might believe this crisis is over, common sense and all of the scientific data tells us we're not out of the woods yet," Whitmer said in a statement. "By refusing to extend the emergency and disaster declaration, Republican lawmakers are putting their heads in the sand and putting more lives and livelihoods at risk. I'm not going to let that happen."

The Governor had requested the GOP-led Legislature extend the emergency beyond the April 30 timeframe of the previously extended emergency, but a deal to do so fell apart Wednesday after Whitmer rejected the terms proposed by Senate Majority Leader Shirkey.

It is widely expected the legislature will challenge the Governor's executive powers in court.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed 45 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below:

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-16** – Expanding child care access during the COVID-19 emergency, please click [here](#) to access Executive Order 16.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-18** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 18.
- **Executive Order 2020-19** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 19.

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- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-24** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 24.
- **Executive Order 2020-25** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 25.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-29** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 29.
- **Executive Order 2020-30** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 30.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-33** – Recognizes the expanded scope of economic, educational, and civic dislocation caused by the COVID-19, and equips the administration to address fully the devastation caused by virus and formally declares a state of disaster, please click [here](#) to access Executive Order 33.
- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.
- **Executive Order 2020-35** – Provision of K-12 education during the remainder of the 2019-2020 school year, please click [here](#) to access Executive Order 35.
- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-37** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 37.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.

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- **Executive Order 2020-40** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 40.
- **Executive Order 2020-41** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 41.
- **Executive Order 2020-42** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 42.
- **Executive Order 2020-43** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 43.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.
- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.
- **Executive Order 2020-47** – Temporary extension of the validity of certain driver’s licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.
- **Executive Order 2020-50** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 50.
- **Executive Order 2020-51** – Expanding child care access during the COVID-19 pandemic and rescission of Executive Order 2020-16, please click [here](#) to access Executive Order 51.
- **Executive Order 2020-52** – Temporary extension of certain pesticide applicator certificates, please click [here](#) to access Executive Order 2020-52.
- **Executive Order 2020-53** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 53.
- **Executive Order 2020-54** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 54.
- **Executive Order 2020-55** – Michigan Coronavirus Task Force on Racial Disparities, please click [here](#) to access Executive Order 55.
- **Executive Order 2020-56** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 56.

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- **Executive Order 2020-57** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 57.
- **Executive Order 2020-58** – Temporary suspension of certain timing requirements relating to the commencement of civil and probate actions and proceedings, please click [here](#) to access Executive Order 58.
- **Executive Order 2020-59** – Replaces **Executive Order 2020-42**, and now becomes the active Stay Home, Stay Safe order. **Executive Order 2020-59** is active until May 15, and **Executive Order 2020-42** is now rescinded. To view **Executive Order 2020-59**, please click [here](#).
- **Executive Order 2020-60** – Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click [here](#) to access Executive Order 60.
- **Executive Order 2020-61** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 61.
- **Executive Order 2020-62** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 62.
- **Executive Order 2020-63** – Temporarily suspending the expiration of personal protection orders, please click [here](#) to access Executive Order 63.
- **Executive Order 2020-64** – Affirming anti-discrimination policies and requiring certain health care providers to develop equitable access to care protocols, please click [here](#) to access Executive Order 64.
- **Executive Order 2020-65** – Provision of K–12 education during the remainder of the 2019–2020 school year
- **Executive Order 2020-66**, which terminates the existing state of emergency and disaster declarations issued under the Emergency Management Act in Executive Order 2020-33.
- **Executive Order 2020-67**, which clarifies that a state of emergency remains in effect under the Emergency Powers of the Governor Act of 1945. The order is effective immediately and continues through May 28, 2020 at 11:59pm. The governor will evaluate the continuing need for this order prior to its expiration, and if she determines that an emergency no longer exists, will terminate or extend the state of emergency declared in this order.
- **Executive Order 2020-68**, which declares a state of emergency and a state of disaster across the State of Michigan under the Emergency Management Act of 1976. The state of emergency and state of disaster declared by this order will be effective through May 28, 2020 at 11:59pm, and the governor will evaluate the continuing need for the order prior to its expiration, terminate the states of emergency and disaster if the threat or danger has passed.

Federal Update:

New! Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.voterve.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

Basic: [Monday & Tuesday, July 20-21, 2020](#)

Advanced: [Monday & Tuesday, July 20-21, 2020](#)

Supervisory: [Tuesday, July 21, 2020](#)

NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

NEW DATES: DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now

- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings NEW DATES

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

CAFAS and PECFAS Trainings Are Scheduled

Several CAFAS and PECFAS Trainings and Booster Trainings are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org to be notified when trainings become finalized.

Family PsychoEducation Trainings Are Scheduled

Family PsychoEducation Facilitator Training, Family PsychoEducation Advanced Facilitator Training and FPE Learning Communities (for previous FPE Participants) are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org for more information.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020
Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills
- [June 22, 2020 – Treetops Resort, Gaylord](#)

- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings:

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without it's challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

New! National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a COVID-19 Financial Response Strategy ECHO Series. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its Products and Resources webpage, which can be accessed [here](#).

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

The first product to be provided on this webpage will be “Social Emotional Learning at Home” resource, which is featured below.

As part of this effort, the CMHA Weekly Update will feature a MHTTC resource each week – drawn from the MHTTC catalog of toolkits, recorded webinars, presentation slides, e-newsletters, and other materials.

New! This week’s featured resource from the Great Lakes MHTTC

We know this is a challenging time for students, families, and educators. The fear and concern felt by us all is valid and real. While our world is changing and we are learning to adjust, we have the opportunity to use and grow our emotional intelligence to keep us grounded and clear minded – and help our students do the same.



According to the Collaborative for Academic, Social, and Emotional Learning (2003), the goal of a social emotional learning (SEL) program is to foster the development of five emotional and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. We have compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey.

Social Emotional Learning at Home: Remote Learning Options – available [here](#).

Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays

9:00am – Every Tuesday | Timezone: US/Mountain
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

COVID-19 resources from MHTTCs across the country

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

New Resource on the Great Lakes MHTTC Website - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources: Available [here](#).

News from Our Preferred Corporate Partners:

New! Relias announces offering: Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tele-mental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

The most recent resource on that page is outlined below:

Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Date: Monday, May 11th

Time: 2:00pm EST

During this Ask the Expert webinar, experienced telehealth practitioners from innovaTEL Telepsychiatry will share tips in preparing yourself and clients for sessions and tactics for engaging new and established clients. innovaTEL providers have been delivering care exclusively via telehealth technology for the last six years. This session is intended to support those who are new to telehealth or looking for a refresher—bring your questions and be prepared to engage in this dynamic webinar!

In the session, you'll learn:

- Best practices for offering telemental health services at your organization/practice
- Tips to prepare you and your staff as you move to telemental health
- Ways to engage new and established clients when meeting virtually

Register for this offering [here](#).

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
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