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Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

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CMH Association and Member Activities:

New! Ensuring that clients and staff have personal protection equipment (PPE): rapid response by Michigan’s public mental health system in partnership with National Council and CMHA

In partnership with the National Council for Behavioral Health (the National Council identified a possible supplier for face masks) CMHA organized the ordering of surgical face masks for its member organizations. During this effort, with only a few hours’ notice, 66 CMHA member organizations ordered over 86,000 face masks. These masks are expected to arrive within the next two weeks.

Applause to the National Council and the CMHA members who responded so rapidly.

New! Anxiety, finances most common concern for callers to suicide hotlines

Below are excerpts from a recent news story, carried in the capitol news service, MIRS, of the safety net role being played by the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties as it serves the members of its community in the face of the COVID-19 pandemic.

Amid the coronavirus pandemic, anxiety and finances are two of the most common concerns for callers reaching out to Michigan's mental health experts and suicide crisis hotlines.

Ashley WOMBLE, head of communications at the nationwide Crisis Text Line, said her organization has seen between 47% and 116% more conversations with texters "depending on the day."

The majority -- 77% -- say they are experiencing "stress and anxiety due to the coronavirus," but the good news is the organization has crisis counselors and supervisors throughout the country who are able to assist each texter, she said.

"We're definitely seeing in our data that financial issues are a major concern, as well as school closing," said Womble, author of Everything Is Going to Be OK.

The American Foundation for Suicide Prevention (AFSP) reports that on average, one person dies by suicide every six hours in Michigan and that more than four times as many people died by suicide in 2017 than in alcohol-related motor vehicle crashes.

AFSP statistics show suicide is the 10th leading cause of death in the United States, and 48,344 people died by suicide in 2018 with another 1.4 million attempting suicide in the same year.

Jody NELSON, coordinator at Community Mental Health (CMH) Authority of Clinton, Eaton, and Ingham counties, said CMH hasn't seen an uptick in calls, but people are "just adjusting to everything and figuring out what the world is going to look like" in light of the coronavirus.

There are, however, concerns about how some people will get medications, he noted.

"I would anticipate we'll get more calls over the next couple weeks," Nelson, who also works with the coalition Tri-County Lifesavers, said. "What we've done now is providing service via telehealth."

Prior to coronavirus, CMH met face-to-face with clients, but in light of Gov. Gretchen WHITMER's executive orders, including staying home, CMH has switched to telehealth, which allows people to communicate over the phone.

CMH is not closed, however.

Nelson said residents in crisis are encouraged to visit their local CMH office. Everyone is screened. They are questioned about possible coronavirus symptoms, and protocols are in place for the safety of staff and visitors.

"We're not turning anyone away," he said. "We're adapting our services to accommodate the governor's orders."

To those with loved ones facing a crisis, the experts encourage communication -- ask someone with a history of suicide how he or she is feeling and whether their triggers are present.

"Staying connected is important and it's challenging as we deal with social distancing," Nelson said. ". . . I think it's important people know when helping people who have a history of suicidal thoughts or actions, it's important to ask them, 'How have you been feeling' and refer them to emergency services."

New! CMHA's COVID-19 webpage: a hyperlinked listing of its current contents

As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, is available by [CLICKING HERE](#).

To underscore the breadth and depth of the resources provided on the CMHA COVID-19 webpage, this week's Weekly Update provides, below, its readers with a hyperlink table of contents from that webpage:

Guidance from MDHHS & Other State Departments

[State of Michigan COVID-19 Website](#)

[LARA Communication Re Temporary Limited Licenses Extension](#)

[LARA FAQ Updated 3.31.20](#)

Questions about Michigan's COVID-19 Response can be Directed to checcdeptcoor@michigan.gov

[FAQ on COVID-19](#)

Michigan COVID19 Hotline at **888-535-6136** to answer health-related questions about the virus. It'll be open from 8 a.m.-5 p.m. seven days a week

Michigan COVID19 e-mail site: COVID19@michigan.gov (emails will be answered from 8 am to 5 pm, 7 days a week

[Click here to receive periodic COVID-19 updates from MDHHS](#)

[BHDDA Guidance for Specific Clinically Essential Face to Face Encounters in Behavioral Health Clinics, Substance Use Services and Residential Settings in the COVID-19 Context](#)

[BHDDA Infection Control Issues during Patient Close Contact Face to Face Assessment in Behavioral Health Clinic Settings in the COVID-19](#)

[BHDDA Communication Essential Services Stay Home Stay Safe signed](#)

[MDHHS Notice on Service and Settings during COVID19](#)

[Guidance in Caring for Older Adults During the COVID19 Pandemic](#)

On March 19, 2020, the Bureau of Behavioral Health and Developmental Disabilities (BHDDA), within Michigan Department of Health and Human Services (MDHHS) announced, in response to the social distancing and quarantining of many Michiganders,

the approval of the use of telehealth approaches to providing all mental health services and supports that are clinically appropriate for the use of telehealth approaches. This announcement from BHDDA, the Medical Services Administration (MSA) memo underscoring the purpose of the telehealth codes, and the approved telehealth code list are provided below:

- [Telepractice Memo from Jeff Wieferich Updated 4.1.20](#)
- [MSA Relaxing Face-to-Face Requirements Memo 3.19.2020](#)
- [PIHP/CMHSP COVID-19 Encounter Code Chart Updated 4.1.20](#)

Governor's COVID19-Related Executive Orders of Greatest Relevance to CMHA Members

- [LARA Guidance on Executive Order 2020-30 Temporary Limited Licenses Extension](#)
- [Executive Order 2020-21: Stay Home Stay Safe](#)
- [Executive Order 2020-21: Stay Home Stay Safe 1 Page Summary](#)
- [Executive Order 2020-15: Temporarily Changes the Open Meetings Act to allow Public Bodies to Conduct their Meetings Electronically](#)
- [Executive Order 2020-16: Expands the Capacity for Childcare Services for Health Care Workers, First Responders, and other Members of the Essential Workforce Providing Critical Infrastructure to Michiganders](#)
- [Executive Order 2020-04: Declaration of State of Emergency](#)
- [Link to Other Executive Orders and Directives](#)

CMHA Members' Exceptional, Selfless, Service Response To COVID-19

- [Bear River Health](#)
- [Common Ground](#)
- [Genesee Health System](#)
- [Livingston County Community Mental Health](#)
- [Montcalm Care Network](#)
- [Northpointe: Creative Ways to Work With Children Through TeleHealth](#)
- [Ottawa County Community Mental Health](#)
- [Petoskey Club](#)
- [Saginaw County Community Mental Health Authority](#)

Financial Support for CMHA Member Organizations as Employers Impacted by COVID-19

- [Coronavirus \(COVID-19\) Pandemic: Eligible Emergency Protective Measures](#)
- [Michigan Department of Labor and Economic Opportunity \(LEO\) provided information on a number of resources to assist employers, such as CMHA members, to avoid layoffs and to obtain support for laid off workers, resulting from COVID-19](#)
- [U.S. Small Business Administration \(SBA\) has approved the Governor's request for a statewide Economic Injury Disaster Loan \(EIDL\) declaration, creating the opportunity for small businesses to access low-interest loans from the SBA](#)
- [Additional COVID19-related guidance and support for Michigan employers](#)

Centers for Disease Control (CDC) Information

- [CDC COVID-19 Website](#)
- [Implementation of Community Mitigation Strategies With Local COVID-19 Transmission](#)
- [What To Do If You Are Sick With COVID-19](#)
- [Share Facts About COVID-19 Poster](#)
- [What You Need to Know About COVID-19](#)
- [Stop the Spread of Germs Poster](#)
- [Symptoms of COVID-19 Poster](#)

Centers for Medicare & Medicaid Services

The Centers for Medicare & Medicaid Services (CMS) is taking action to protect the health and safety of our nation's patients and providers in the wake of the 2019 Coronavirus (COVID-19) outbreak. In an effort to be transparent and share this information broadly, CMS will be posting several of our stakeholder calls. CMS held a National Stakeholder Call on March 13, 2020, to update the healthcare community on the rapidly evolving COVID-19 situation which was declared a national emergency by President Trump on March 13th. This bold move empowered CMS to waive certain federal requirements in Medicare, Medicaid, and CHIP to rapidly expand the Administration's aggressive efforts against COVID-19 led by the White House Coronavirus Taskforce. The transcript and audio recording from that call is now available to download. CMS will hold future calls and post those transcripts and audio recordings as they become available. To access Coronavirus COVID-19 Stakeholder calls visit:

- [CMS stakeholder calls on COVID19 – how to participate](#)

COVID-19 Prevention and Mitigation Strategies

- [Michigan's Community Mitigation Strategy](#)
- [CDC Community Mitigation Strategy](#)

Guidance for Healthcare Workers & Provider Organizations

- [National Council for Behavioral Health guidelines for behavioral health residential providers](#)
- [National Center for PTSD: Managing Healthcare Workers' Stress Associated with the COVID-19 Virus Outbreak](#)
- [National Center for PTSD: For Providers and Community Leaders: Helping People Manage Stress Associated with the COVID-19 Virus Outbreak](#)
- [National Center for PTSD: Managing Stress Associated with the COVID-19 Virus Outbreak](#)
- [Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing](#)
- [Click here for a Range of Resources for Healthcare Professionals in Michigan](#)
- [Protective & Preventive Measures to be Taken by Healthcare Workers](#)

Ensuring Social Connection and Mental Health During COVID19

- [How to Care for Yourself While Practicing Physical Distancing](#)
- [How Do I Know Someone is Experiencing Anxiety or Depression?](#)
- [How to Help Someone with Anxiety or Depression During COVID-19](#)
- [How to Support a Loved One Going Through a Tough Time During COVID-19](#)

New! CMHA highlights its members' "Exceptional, Selfless Service Response To COVID-19"



As Weekly Update readers, you remember, CMHA has initiated an "Accurate Picture Campaign" as one of the core elements of our association's advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan's public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's COVID-19 webpage under the heading "CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA COVID-19 webpage can be found [here](#).

State and National Developments and Resources:

New! National Council issues behavioral health residential services guidelines

The National Council for Behavioral Health (of which CMHA and, through CMHA, all CMHA members, are longtime members of the National Council) has recently released guidelines for behavioral health residential providers. These guidelines are drawn from a range of sound sources and can be found [here](#).

This resource is one of a substantial suite of COVID-related resources found at the CMHA's COVID-19 [webpage](#).

Note, however, that these guidelines are those developed by the National Council and should be used in conjunction with the guidance received from MDHHS and your own administrative/clinical leadership team and that of your payers.

Below is a summary of the key themes reflected in the guidelines:

- Guidance for infection control and prevention of COVID-19. This additional guidance to behavioral health residential facilities will help them improve infection control and prevention practices to prevent the transmission of COVID-19, including guidance for visitation.

- Coordination with the Centers for Disease Control (CDC) and state, tribal, local and territorial public health agencies/departments. We encourage all behavioral health residential facilities to monitor the CDC website at www.cdc.gov/coronavirus/2019-ncov for information and resources and to contact their state, tribal, local and territorial public health agencies/departments, mental health and substance use, and human services agencies and regulatory bodies for local guidance and more localized up-to date-alerts and recommendations.¹
- Remain committed to taking critical steps to ensure America's health care facilities and clinical laboratories are prepared to respond to the threat of COVID-19. The Department of Homeland Security (DHS) has classified community mental health centers, psychiatric residential facilities, federally qualified health centers and their staff, including those who provide social services and facilitate access to behavioral health services as "Essential Critical Infrastructure Workers."²

New! HHS Office of Civil Rights in Action issues bulletin protecting persons with disabilities

Below are excerpts from a recent bulletin from the HHS Office of Civil Rights in Action aimed at protecting persons with disabilities during the COVID pandemic.

BULLETIN: Civil Rights, HIPAA, and the Coronavirus Disease 2019 (COVID-19)

In light of the Public Health Emergency concerning the coronavirus disease 2019 (COVID-19), the Office for Civil Rights (OCR) at the U.S. Department of Health and Human Services (HHS) is providing this bulletin to ensure that entities covered by civil rights authorities keep in mind their obligations under laws and regulations that prohibit discrimination on the basis of race, color, national origin, disability, age, sex, and exercise of conscience and religion in HHS-funded programs.¹

In this time of emergency, the laudable goal of providing care quickly and efficiently must be guided by the fundamental principles of fairness, equality, and compassion that animate our civil rights laws. This is particularly true with respect to the treatment of persons with disabilities during medical emergencies as they possess the same dignity and worth as everyone else.

The full bulletin can be found [here](#).

New! CHCS issues briefing paper on the Needs of Medicaid Populations During the COVID-19 Pandemic

The Center for Health Care Strategies (CHCS) recently released a briefing paper on the Needs of Medicaid Populations During the COVID-19 Pandemic. Excerpts from that paper are provided below.

In the United States and across the globe, every sector of society is working to identify solutions that address challenges resulting from the COVID-19 pandemic. Vulnerable populations — including individuals with low-incomes, older adults, people of color, and those with complex medical, behavioral health, and social needs — are likely to be disproportionately impacted, either

¹ Centers for Disease Control and Prevention. "Resources for Clinics and Healthcare Facilities," Coronavirus Disease 2019 (COVID-19). Last reviewed March 16, 2020. <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html>.

² Krebs, Christopher. "Guidance on the Essential Critical Infrastructure Workforce," United States Department for Homeland Security. Published March 19, 2020. <https://www.cisa.gov/publication/guidance-essential-critical-infrastructure-workforce#download>.

directly through illness or indirectly due to pressures on health, community, and economic systems.

To support our partners at the state, health plan, provider, and community levels, CHCS has compiled a compendium of resources aimed at lessening the impact of COVID-19 on Medicaid populations, particularly those at the highest risk. This library of key guidance, reference materials, and tools will grow and evolve over time.

The full paper can be found [here](#).

New! Department of Insurance and Financial Services (DIFS) Seeks Public Comment on Michigan Essential Health Benefits Benchmark Plan Update to Enhance Benefits for Opioid Addiction Prevention and Treatment

Below is a recent announcement of the draft essential benefit benchmark plan for opioid addiction prevention and treatment.

State is updating the EHB-benchmark plan for plan year 2022 to include certain additional benefits addressing opioid addiction and overdose

The Michigan Department of Insurance and Financial Services (DIFS) is seeking public comment on proposed updates to Michigan's Essential Health Benefits (EHB) benchmark plan for the 2022 plan year. Pursuant to greater flexibility offered to states by the Centers for Medicare and Medicaid Services (CMS), DIFS has elected to modify the EHB-benchmark plan for the 2022 plan year to add two new benefits to assist in reducing opioid addiction and overdose.

The Patient Protection and Affordable Care Act requires non-grandfathered plans in the individual and small group markets, both on and off the Exchange, to cover EHBs in ten categories based on the state's EHB-benchmark plan. DIFS first selected a benchmark plan in 2012 for use in the 2014 to 2016 plan years and re-assessed its selection for plan year 2017, opting to retain a substantially similar benchmark plan to promote continuity in the individual and small group markets.

For plan year 2020 and after, CMS provides states three new options for modifying their EHB-benchmark plan:

Selecting another state's 2017 EHB-benchmark plan;

- Replacing one or more categories of EHBs in the state's EHB-benchmark plan used for plan year 2017 with the same category or categories of EHB from another state's EHB Benchmark Plan used for plan year 2017; or
- Otherwise selecting a set of benefits that would become the state's EHB-benchmark plan.
- For plan year 2022, DIFS proposes utilizing option three by adding the following benefits to Michigan's current EHB-benchmark plan:
- Coverage of at least one intranasal spray opioid reversal agent when prescriptions of opioids are dosages of 50MME or higher.
- Removal of barriers to prescribing Buprenorphine or generic equivalent products for medication-assisted treatment of opioid use disorder.

Additional information regarding the proposed updates to Michigan's EHB-benchmark plan for the 2022 plan year are available online [here](#).

This information includes materials regarding Michigan's current EHB-benchmark plan, an Actuarial Report and Certification affirming that Michigan's EHB-benchmark plan proposed for plan year 2022 meets certain federal requirements, Michigan's EHB-benchmark Plan's Benefits and Limitations Summary, Formulary Drug List containing applicable RxNorm Concept Unique Identifiers, and State Confirmations that the proposed EHB-benchmark plan for the 2022 plan year satisfies applicable federal regulations. Public comments will be accepted until 5:00 p.m. on April 24, 2020, and should be sent electronically [here](#).

New! Competitive integrated employment technical resources announced

ODEP Grant Brings Training and Technical Assistance to Michigan:

Incompass Michigan is pleased to announce opportunities for training and technical assistance, available no cost. Access to these opportunities has been established through a grant from the Department of Labor's Office of Disability Employment Policy (ODEP). The FY20 grant cycle is called the Visionary Opportunities to Increase Competitive Employment (VOICE) initiative. We are grateful to the Michigan Developmental Disabilities Council for their leadership role in securing this TA opportunity, and our association was happy to partner through support of their successful application to connect Michigan with these resources

The next opportunity is a free webinar series on strategies for addressing the direct care workforce crisis. Nationally recognized Subject Matter expert Kelly Nye-Lengerman, who also worked extensively in Michigan on this issue on FY19, will be presenting 3 webinars:

April 1: Putting out the fire: Damage control through prioritizing your agency's workforce needs

April 15: Applying prevention and planning strategies to your agency's workforce issues

April 29: Building a stronger house for the future: Exploring best practices and pathways forward

Sessions will be recorded and housed on Incompass Michigan's website. Webinars are intended to build upon each other, but can be viewed individually. Each live session will be 40-45 minutes of content, with 15-20 minutes of discussion and questions. Registered participants will receive a link to the recordings.

[Click to view additional information on these webinars, and to register.](#)

State Legislative Update:

New! FY20 Supplementals Signed and Potential Budget Impacts from COVID-19

On Monday, March 30, Gov. Gretchen Whitmer signed a \$150 million supplemental spending plan that directs millions of dollars back into programs targeting the COVID-19 fight.

Included in the supplemental spending, that was crafted during a near 12-hour session day before cases spiked in Michigan:

- \$25 million in funding for COVID-19 response efforts
- \$31 million for court-ordered legal settlements within the Michigan State Police and Michigan Department of Corrections

- \$19 million to pay down liabilities in the Venture Michigan Fund program that save the state at least \$23 million (net \$4 million)
- \$14 million for legally required reimbursement of locals for presidential primaries
- \$7 million general fund to boost hospital outpatient rates as they respond to the virus
- \$4 million to ensure critical oil and gas inspections continue
- \$8 million to authorize spending for dedicated federal and restricted funds

While signing the supplemental spending plan, Whitmer also vetoed nearly \$80 million in other spending, like Pure Michigan, Going Pro and MI Reconnect. The Governor also vetoed the \$3.2 million earmarked for behavioral health system redesign in the FY20 supplemental budget.

"The supplemental was negotiated in good faith with my administration and the legislative leaders. Key priorities from both sides were included in the bill," Whitmer said. "But the world has changed since those negotiations and we must react and change along with it. It's too early to determine the exact impact on state revenues and knowing there is potential for a significant loss in revenue now is not the time to sign a bill for supplemental funding for dollars that can be utilized to help our COVID-19 response."

The State Budget Office said they expect revenues to take a hit, though it's difficult to project or predict the ultimate impact. "At this point, we are looking at a wide range of scenarios that could translate to \$1 billion to \$3 billion in lost revenue," Kurt Weiss, spokesperson for the budget office, said via email.

The state currently has \$1.2 billion in its Rainy Day Fund, or savings account, which is not enough money to cover the cost of a worst case scenario.

Whitmer froze state hiring and discretionary spending across different state agencies. Weiss said it's unclear how the \$2 trillion federal stimulus package will help Michigan's bottom line.

"Right now, the language in the most recent stimulus package doesn't allow states the ability to utilize funding for existing items in the budget that could be impacted by lost revenue," he said. "Discussions are ongoing in DC and we are hopeful that Congress can come together so Michigan and every other state across the country can account for the impacts to our existing budgets."

The state has a census revenue estimating conference scheduled for mid-May. Keeping it at its current date will help the state develop a better picture of the budget and state revenue situation, Weiss said.

"As we get more information about unemployment, the economic impacts, the ability to use federal dollars, and what all of this means for tax collections and state revenues, we will then be better able to determine what budget actions will be necessary," he said.

In the meantime, Whitmer and legislator agreed it was best for the state to not spend money on programs that didn't directly help fight against COVID-19. The leaders issued a joint statement that said Michiganders needed to know the efforts to combat the spread of the virus were bipartisan.

Federal Update:

New! Financial Relief for Behavioral Health Organizations Available in Response to the Pandemic

Last Friday, President Trump signed the Coronavirus Aid, Relief, and Economic Security (CARES) Act into law, creating opportunities for small businesses and non-profits to apply for certain loans and tax credits that will help relieve the financial burden of the COVID-19 pandemic. Read more for summaries of the new provisions.

ECONOMIC INJURY DISASTER LOAN (EIDL)

Who is eligible? Small businesses and private non-profit organizations of any size are eligible for purposes of the EIDL program.

What does this loan do? EIDL provides loans of up to \$2 million, with an emergency grant of up to \$10,000. The advance funds will be made available within three days of a successful application and will not have to be repaid. Beyond the advance loan, EIDLs may offer up to \$2 million in assistance and can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing. Even if the applicant is denied for the larger loan, they will not have to repay the \$10,000 advance.

These loans may be used to provide paid sick leave to employees unable to work due to COVID-19, maintain payroll during business disruptions, meet increased costs arising from supply chain disruption, make rent or mortgage payments, and repay obligations that cannot be met due to revenue loss.

When and where can I apply? You can apply now and the application is available [here](#).

PAYCHECK PROTECTION PROGRAM (PPP)

Who is eligible? The PPP is available to any 501(c)(3) non-profits that employ not more than either: 500 employees; the size standard established by the SBA for their industry; or a business that has more than one physical location (with 500 or fewer employees per location). Sole proprietors, independent contractors, and self-employed individuals are eligible for PPP loans, as well.

What does the program do? PPP authorized up to \$349 billion to support employers in maintaining job retention and covering certain other expenses. Eligible recipients may qualify for a loan up to \$10 million determined by 8 weeks of prior average payroll plus an additional 25% of that amount. Loan payments will be deferred for six months. If an employer maintains their workforce, SBA will forgive the portion of the loan proceeds that are used to cover the first 8 weeks of payroll and certain other expenses following loan origination.

The employer can use the proceeds on the loans for things such as payroll costs, benefits, interest on mortgage obligations, rent, and utilities.

When can I apply? Starting today, April 3, small businesses and sole proprietorships can apply for and receive loans to cover their payroll and other certain expenses through existing SBA lenders. Independent contractors and self-employed individuals can apply beginning April 10.

You can apply through any existing SBA lender or through any federally insured depository institution, federally insured credit union, and Farm Credit System institution that is participating. Visit www.sba.gov for a list of SBA lenders. The application form can be found [here](#).

FYI: An organization can apply for both a PPP and an EIDL, but cannot use them towards the same expenses. For additional guidance, please see *How does this program interact with SBA's Economic Injury Disaster Loans (EIDL)* found [here](#).

EXCHANGE STABILIZATION FUND

The Department of the Treasury will establish an Exchange Stabilization Fund. \$454 billion will be available as loans, loan guarantees, and investments for eligible states, municipalities and businesses. Legislation states that the Secretary of the Treasury should, to the extent possible, make loans and investments available to mid-size and non-profit organizations between 500 and 10,000 employees. The CARES Act requires the Treasury Secretary to publish procedures for application and minimum requirements by April 6, 2020.

PANDEMIC UNEMPLOYMENT ASSISTANCE

A temporary Pandemic Unemployment Assistance program was created and will operate through December 31, 2020. This will provide payment to those not traditionally eligible for unemployment benefits (self-employed, independent contractors, those with limited work history, and others) who are unable to work as a direct result of the coronavirus public health emergency. The CARES Act provides payment to states to reimburse non-profits, government agencies, and Indian tribes for half of the costs they incur through December 31, 2020 to pay unemployment benefits.

In addition to these financial relief provisions, the CARES Act includes employee retention tax credits and a delay of payroll taxes through the end of the year.

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

Registration Opening Soon! CMHA 2020 Annual Spring Conference



New Location for Annual Spring Conference: Grand Traverse Resort, Traverse City, Michigan! The conference will be held on:

2020 Annual Spring Conference
June 8, 2020: Pre-conference Institutes
June 9 & 10, 2020
Grand Traverse Resort, Traverse City

Conference Registration & Hotel Reservations are not available at this time.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- ~~May 4, 2020—Delta Hotels Kalamazoo Conference Center~~ | **CANCELLED**
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

FY20 Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

~~April—DoubleTree Detroit—Dearborn~~ **CANCELLED**

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

FY20 DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- April 14-15, 2020 — Great Wolf Lodge, Traverse City | **CANCELLED**

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.

CMHA WEEKLY UPDATE

- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- May 18-22, 2020 – Holiday Inn Grand Rapids Airport West | **SOLD OUT** – email Bethany Rademacher at brademacher@cmham.org to be placed on a waiting list
- June 8-12, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.*

This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

CMHA WEEKLY UPDATE

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Trainings offered on the following dates:

April 15, 2020 – Kalamazoo **CANCELLED**

April 22, 2020 – Detroit **CANCELLED**

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Trainings offered on the following dates:

April 23, 2020, 9:00am-11:00am – Detroit **CANCELLED**

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Fetal Alcohol Spectrum Disorder Trainings - CANCELLED

The Fetal Alcohol Spectrum Disorder Training: Improving Outcomes for Youth, Families, and Agencies by Recognizing and Responding to Fetal Alcohol Spectrum Disorders (FASD) and Other Neurocognitive Impairments for Monday, March 16, 2020 – Gaylord and Monday, April 6, 2020 – Jackson are both cancelled. We will reschedule this popular training later in FY2020.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

News from Our Preferred Corporate Partners:

Relias: COVID-19 educational resources available

Actions Home Health Clinicians Can Take to Prevent The Spread of COVID-19

Date: Tuesday, April 7, 2020

Time: 2:00 p.m. ET

Duration: 1.5 hours

Join Relias and our partner NAHC as we dive into the best ways for in-home providers to prevent the spread of COVID-19.

During this webinar we will cover:

Describe infection prevention and control strategies to prevent the transmission of SARS-CoV-2 in the home

Recognize common infection prevention and control breaches during care to patients in the home

Describe best practice recommendations for managing PPE when supplies are limited

Explain how to more effectively prepare for caring for a patient suspected or confirmed of having COVID-19 in the home

[Register for April 7](#)

COVID-19 and Long-Term Care Providers: Where Are We Now?

Date: Thursday, April 9, 2020

Time: 2:00 p.m. ET

Duration: 1 hour

Join Relias and PointClickCare as we discuss the ongoing pandemic. During this webinar we will cover the following questions:

Where are we now with COVID-19?

How is COVID-19 impacting long-term care providers?

What are some tools and best practices your organization can leverage to stay ahead of the virus?

[Register for April 9](#)

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



[Click at left for a video overview of the new Moving Beyond Trauma program](#)

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
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Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org