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Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

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CMH Association and Member Activities:

New! CMHA builds and continues to add content to COVID-19 webpage

As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, is available by [CLICKING HERE](#).

New! CMHA highlights its members’ “Exceptional, Selfless Service Response To COVID-19”

As Weekly Update readers, you remember, CMHA has initiated an “Accurate Picture Campaign” as one of the core elements of our association’s advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan’s public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use

these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's COVID-19 webpage under the heading "CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA COVID-19 webpage can be found [here](#).

New! Livingston County Community Mental Health: 'We are still open'

Below are excerpts from a recent news story of the safety net role being played by Livingston Community Mental Health as it serves the members of its community in the face of the COVID-19 pandemic. Livingston County Community Mental Health works with both children and adults with behavioral health and substance use disorder needs.

The coronavirus outbreak won't change that, according to Connie Conklin, the organization's director.

"We are the safety net mental health provider in the county, " she said. "We are still open."

The agency's Howell offices will remain open to the public for psychiatric, injection and emergency appointments, she said. Stepping Stones Engagement Center, a substance abuse recovery support center will also remain open.

"Part of what we continue to do is take calls and call people back. We try to be the dispatch, if we can't serve you we can at least direct people with the place to go," she said.

The organization is limiting in-office staffing to prevent exposure, Conklin said, but has staff reaching out to consumers via phone and other telecommunications.

A portion of their clients live independently but need contact and reassurance.

"They need a touch stone, " she said.

The full article can be found [here](#).

State and National Developments and Resources:

New! Six cases of coronavirus confirmed at Michigan-run psychiatric hospitals

Below are excerpts from a recent news story on the confirmation of COVID-19 cases in several Michigan state psychiatric hospitals.

There are six confirmed cases of COVID-19 among psychiatric patients and staff in two Michigan state-run hospitals, the Department of Health and Human Services announced Tuesday, March 24.

The cases include one patient from the 272-bed Center for Forensic Psychiatry in York near Ann Arbor, as well as two patients and three staff from Walter Reuther Psychiatric Hospital in Westland, MDHHS said.

“Our primary focus is the health and safety of our staff and the patients at our state hospitals,” MDHHS Director Robert Gordon said. “We treat the spread of COVID-19 with the greatest seriousness and are taking many steps to address it.”

“Several weeks ago,” in preparation for the possible spread of the coronavirus, the state created isolation rooms in each of its five psychiatric hospitals, MDHHS said, and “additional cleaning measures have been undertaken at the facilities and staff and patients have been monitored closely for COVID-19 symptoms for the last two weeks.”

The full article can be found [here](#).

New! Health Affairs blog: Health Justice Strategies to Combat COVID-19: Protecting Vulnerable Communities During A Pandemic

Below is an excerpt from a recent Health Affairs blog post on COVID-19 and the social and health equity arguments around the need to protect vulnerable communities in the face of the pandemic.

Federal, state and local governments are struggling to identify best practices for controlling the spread of COVID-19 while minimizing the negative effects of sweeping public health interventions, especially for poor and marginalized communities, which may be hardest hit. Social distancing and sheltering in place have emerged as a key strategies for flattening the curve of the epidemic and mitigating impacts on already-stressed health care systems. Measures to keep people at least six feet apart as much as possible—by closing schools, limiting the operations of nonessential businesses, and urging or requiring people to work from home and avoid gatherings—mean that many people will be sheltering in place for weeks or months. As authorities implement restrictions on personal liberty in some of the areas hit particularly hard by COVID-19, the potential for discriminatory enforcement and police escalation may endanger the safety and civil rights of at-risk and traditionally marginalized populations.

The full blog post can be found [here](#).

New! College of Behavioral Health Leadership webinar: Sustaining Resilience During COVID-19 - From Leadership to the Front Line

Sustaining Resilience During COVID-19 - From Leadership to the Front Line

Wednesday, April 1, 2020

2:00pm PST / 3:00pm MST / 4:00pm CST / 5:00pm EST

60-minute panel discussion plus Q&A

What: COVID-19 has changed the world in which we live and work. Leaders and front-line healthcare professionals alike are facing new and more complex challenges as we adapt to a rapidly changing environment of care, while the level of uncertainty and ambiguity continues to grow. We are forced to make more difficult decisions, work in new ways and care for our own families, all while motivating our workforce to stay the course. So how do we collectively cultivate resiliency in order to remain strong and thrive while in stressful conditions, particularly when connection to others must be made from a distance? In this webinar, we will hear from three professionals to explore the dynamics of COVID-19 and how we can continue to support the development of our best selves as leaders through crisis. We will also learn about a model of peer

to peer support developed to support Chinese healthcare professionals, and an upcoming opportunity to virtually build resilience together

Who Should Attend? Healthcare leaders, community leaders, leaders of front-line workers, and others involved in the COVID-19 response

Our Panelists:

Cyra Perry Dougherty "Perry" is the founder and CEO of Rootwise Leadership, where she serves as the lead coach, consultant, facilitator, and teacher. With more than 15 years of experience working with global executive teams in the entrepreneurial, public, and social sectors, Perry enriches cutting-edge leadership and organizational development theory and practice with a deep understanding of the power of awareness, creativity, storytelling, and play. She pursues her work with transformation as both means and end.

Pu Cheng, M.D., FAPA is the Inpatient Director at Meridian Health Services and a volunteer Clinical Assistant Professor of Psychiatry at the Indiana University School of Medicine in Muncie Indiana. He received his medical degree from Shanghai Medical University and has been in practice for more than 10 years.

Shannon Mong, PsyD is passionate about making it easier for healthcare leaders to achieve their goals. An experienced consultant, she engages leaders and teams to solve complex problems in rapidly evolving environments. Shannon's career spans multiple industries and clients -- beginning in media and educational technology leadership before becoming a licensed psychologist. A former direct service provider and program administrator in the public behavioral health system and leader in a large provider organization, Shannon knows the challenge of managing day-to-day work while fostering innovation.

[To Register click here.](#)

State Legislative Update:

Legislature Passes Emergency Supplemental & Limits Session Days

Tuesday night the legislature unanimously approved another supplemental appropriations totaling \$125 million to provide additional state funding to address COVID-19. This is in addition to \$25 million in a separate supplemental bill approved last week that is currently on Governor Whitmer's desk.

The legislation contains \$50 million for hospital services and medical supplies, \$40 million for virus monitoring, infection control, among other things, and sets aside \$35 million for additional spending to be made available via legislative transfer when necessary.

Both House and Senate leaders have effectively stopped all regularly scheduled session days. It is the expectation that no business other than emergency business will be conducted **through April 20**. Specifically, "agenda items will be reduced to those already on the floor and those with true time constraints, as well as those deemed necessary to continue the essential functions of state government and address this public health emergency."

As this situation continues to evolve, we will continue to keep you apprised of developments regarding the legislature's schedule and other pertinent information.

Federal Update:

New! Latest COVID-19 Response Bill Supports Behavioral Health Providers

Early Thursday morning, the Senate unanimously passed Congress's third COVID-19 response package aimed largely at providing economic relief for businesses and workers. The bill features multiple direct supports for behavioral health providers, including direct relief to cover lost provider revenue, small business loans, more money for the Substance Abuse and Mental Health Services Administration (SAMHSA), and funds to improve the delivery of telemedicine and an extension and two-state expansion of the Certified Community Behavioral Health Clinic (CCBHC) program. As of this writing, the House is expected to vote on and pass the bill on Friday, and President Trump has signaled that he will sign it quickly into law. Stay tuned for further updates in *Capitol Connector* next week.

APPROPRIATIONS

The final Senate package includes new funding for health care providers to address the impact of COVID-19. These include:

- **SAMHSA: \$425 Million Emergency Allocation:** This includes \$250 million that the National Council requested be available for all community behavioral health organizations; \$50 million for suicide prevention programs; \$100 million for SAMHSA programs generally, and \$15 million for tribes. Full details on how the funds will be distributed are not yet available.
- **Coronavirus Relief Fund: \$150 billion** for states and local governments covering expenditures due to COVID-19. Each state will receive a minimum of \$1.25 billion.
- **Public Health and Social Services Emergency Fund: \$100 billion** in direct aid to health care institutions on the front line of the crisis – Per our reading of this line item, National Council members are eligible to receive funds from this allocation, at the discretion of the HHS Secretary.
- **Paycheck Protection Program: \$350 billion** to provide eligible small businesses and nonprofits with a guarantee on a loan up to \$10 million. This loan could then be forgiven for up to eight weeks of payroll, rent, utilities, and other essential operating expenses. Forgiveness would be reduced proportionally to any layoffs, as well as any reductions in salary above 25%. Eligible organizations include those with 500 or fewer employees. Language in an earlier draft would have excluded Medicaid providers, but the National Council advocated against this provision and in the final version it was removed, meaning **community behavioral health providers that receive Medicaid dollars are eligible to receive the loans.**
- **Small Business Administration Disaster Loans Program: \$562 million** to support small businesses that need financial support. Businesses may request an emergency advance of up to \$10,000, which does not have to be repaid, even if the loan application is later denied. Eligibility for these loans includes private nonprofits and businesses with 500 or fewer employees, among others.
- **Childcare Development Block Grant Childcare: \$3.5 billion** to childcare assistance for essential workers which may include behavioral health providers. This is determined at the state level.

- **Distance Learning, Telemedicine, and Broadband Program: \$25 million** to improve distance learning and telemedicine in rural America. Includes additional **\$100 million** funds to increase broadband access.
- **Administration for Community Living: \$955 million** to support nutrition programs, home and community-based services, and protections for people living with disabilities.

POLICY CHANGES

The package also includes many policy changes designed to support employers and expand access to care. The National Council continues to analyze these sections and will provide further updates.

Provisions for Employers:

- Emergency Unemployment Relief for Governmental Entities and Nonprofit Organizations provides payment to states to reimburse nonprofits, government agencies, and Native American tribes for half of the costs they incur through December 31, 2020 to pay unemployment benefits.
- Pandemic Emergency Unemployment Compensation provides an additional 13 weeks of unemployment benefits through December 31, 2020 to help those who remain unemployed after weeks of state unemployment benefits are no longer available.
- Allows employers and self-employed individuals to defer payment of the employer share of the Social Security tax they otherwise are responsible for paying to the federal government with respect to their employees. Employers generally are responsible for paying a 6.2-percent Social Security tax on employee wages. The provision requires that the deferred employment tax be paid over the following two years, with half of the amount required to be paid by December 31, 2021 and the other half by December 31, 2022.
- Employer shall not be required to pay more than \$200 per day and \$10,000 in the aggregate for each employee under FMLA
- Employer shall not be required to pay more than \$511 per day and \$5,110 in the aggregate for sick leave or more than \$200 per day and \$2,000 in the aggregate to care for a quarantined individual or child for each employee under paid sick leave provisions
- Allows employers to receive an advance tax credit from Treasury instead of having to be reimbursed on the back end
- Short-Time Compensation Programs provides funding to support existing “short-time compensation” programs, where employers reduce employee hours instead of laying off workers and the employees with reduced hours receive a pro-rated unemployment benefit. The federal government would pay 100 percent of the costs they incur in providing this short-time compensation through December 31, 2020. The legislation also provides \$100 million in grants to states that enact “short-time compensation” programs to help them implement and administer these programs.
- **Modification of Limitations on Charitable Contributions During 2020:** Increases the limitations on deductions for charitable contributions by individuals who itemize, as well as corporations. For individuals, the 50-percent of adjusted gross income limitation is suspended for

2020. For corporations, the 10-percent limitation is increased to 25 percent of taxable income. This provision also increases the limitation on deductions for contributions of food inventory from 15 percent to 25 percent. Additionally, the legislation permits individuals to deduct up to \$300 of charitable cash contributions, whether they itemize their deductions or not.

- **Clarification on COVID Coverage via Medicaid:** The final version includes language clarifying that individuals with Medicaid benefits that are not considered minimum essential coverage will still be eligible to get coverage for COVID-19-related expenses.
- **Flexibility for Members of National Health Service Corps During National Emergency:** Provides flexibility in the site of service locations for NHSC participants.
- **Confidentiality and Disclosure of SUD Records and Guidance on Protected Health Information:** Modifications have been made to 42 CFR Part 2 protecting SUD records. These records may now be shared with prior written consent; once consent is obtained, it is permissible for patient consent to be given once for all future uses for treatment, payment and health care operations.

Extension and 2-State Expansion of CCBHCs: The text includes:

- Extension of current demonstration through Nov. 30, 2020.
- Expansion of demonstration to two additional states within 6 months. The two states shall be selected based on the applications previously submitted to SAMHSA—essentially, allowing the two states that would have been next in line to participate without submission of any additional application materials. An enhanced federal match rate is available for the first 8 quarters of the demonstration for new states, and for the 8 quarters beginning 1/1/2020 for the eight current demonstration states.

WHAT'S NOT IN THE BILL:

“Distant Site” fix: Community behavioral health organizations were not included in the “distant site” fix that would allow FQHCs and rural health centers to serve as distant locations for Medicare telehealth. The National Council will continue working to advocate for this fix in future COVID response packages.

Click here for a section-by-section summary of the full bill, provided by Senate Majority Leader Mitch McConnell’s office.

Education Opportunities:

What’s Cancelled and What’s Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

Registration Opening Soon! CMHA 2020 Annual Spring Conference



New Location for Annual Spring Conference: Grand Traverse Resort, Traverse City, Michigan! The conference will be held on:

2020 Annual Spring Conference

June 8, 2020: Pre-conference Institutes

June 9 & 10, 2020

Grand Traverse Resort, Traverse City

Conference Registration & Hotel Reservations are not available at this time.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- ~~May 4, 2020 – Delta Hotels Kalamazoo Conference Center | **CANCELLED**~~
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

FY20 Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

~~April – DoubleTree Detroit – Dearborn~~ **CANCELLED**

July – Hotel Indigo, Traverse City

Basic: [Monday & Tuesday, July 20-21, 2020](#)

Advanced: [Monday & Tuesday, July 20-21, 2020](#)

Supervisory: [Tuesday, July 21, 2020](#)

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

FY20 DBT Trainings**2-Day Introduction to DBT Trainings**

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- ~~March 30-31, 2020 – Hilton Garden Inn Lansing West~~ | **CANCELLED**
- ~~April 14-15, 2020 – Great Wolf Lodge, Traverse City~~ | **CANCELLED**

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- May 18-22, 2020 – Holiday Inn Grand Rapids Airport West | **SOLD OUT** – email Bethany Rademacher at brademacher@cmham.org to be placed on a waiting list
- June 8-12, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Location:

CMHA WEEKLY UPDATE

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Trainings offered on the following dates:

April 15, 2020 – Kalamazoo **CANCELLED**

April 22, 2020 – Detroit **CANCELLED**

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Trainings offered on the following dates:

April 23, 2020, 9:00am-11:00am – Detroit **CANCELLED**

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Fetal Alcohol Spectrum Disorder Trainings - CANCELLED

The Fetal Alcohol Spectrum Disorder Training: Improving Outcomes for Youth, Families, and Agencies by Recognizing and Responding to Fetal Alcohol Spectrum Disorders (FASD) and Other Neurocognitive Impairments for Monday, March 16, 2020 – Gaylord and Monday, April 6, 2020 – Jackson are both cancelled. We will reschedule this popular training later in FY2020.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

News from Our Preferred Corporate Partners:

Relias: Help Your Staff Understand Trauma-Informed Care

Implementing trauma-informed care involves everyone, including your administrative staff and assistants. Every interaction with a client can either:

- Contribute to a safe and trusting healing environment
- Detract from a safe and trusting healing environment

Research shows that interactions with non-clinical staff often set the tone of the practitioner-patient relationship, making it critical for administrative staff and assistants to understand trauma-informed care.

[Read the Blog](#)

Read this Q&A blog, You Asked, We Answered; 12 Questions About Trauma-Informed Care, to learn how supervisors and managers can help non-clinical staff leverage trauma-informed practices.

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive

CMHA WEEKLY UPDATE

Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Janessa Nichols, Accounting Clerk, jnichols@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
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Robert Sheehan, CEO, rsheehan@cmham.org