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Association and Member Activities:

New! CMH Partnership of SE Michigan names new CEO

James Colaianne has recently accepted the position of permanent Chief Executive Officer for Region 6, the Community Mental Health Partnership of Southeast Michigan, effective September 25, 2019. James had served as Interim CEO for the past several months. The CMH Partnership of Southeast Michigan is the Prepaid Inpatient Health Plan for the region surrounding Washtenaw County.

Congratulations to James as he takes on this new position.

New! SWMBH receives Health Endowment Fund grant

Below is a recent announcement, from Southwest Michigan Behavioral Health (SWMBH) of its receipt of a grant from the Michigan Health Endowment Fund.

Southwest Michigan Behavioral Health (SWMBH), in partnership with Kalamazoo Community Mental Health and Substance Abuse Services (KCMHSAS) and Family Health Center (FHC), is excited to announce they have been awarded a grant from the Michigan Health Endowment Fund for a two year pilot project aimed at aiding older adults (ages 55+) in Kalamazoo County who have Medicaid but are not enrolled in a Medicaid Health Plan and have a mental illness and one or more chronic medical conditions. This voluntary program will merge the participants' physical health requirements with their mental health needs by coordinating services into one integrated health care plan. Participants will receive a community-based Community Health Worker and Social Work Care Coordinator services, consumer-assistive technology, and Nurse Care Coordinator expertise, supported by a team of allied health specialists.

The funds from the grant will help SWMBH, KCMHSAS and FHC work together to align:

- assessments
- care planning,
- healthcare data analytics
- personalized interventions, and
- objective evaluation into one central location for project participants.

The goal of this unique and important partnership is to improve management of behavioral and physical health disorders, reduce avoidable health services, reduce healthcare expenses, enhance Participant functioning, provide symptom reduction and improve the overall quality of life. This partnership will target chronic medical conditions including Type 2 Diabetes, COPD, Heart Disease and Stroke, and/or Chronic pain.

Participation will not be solely limited to these chronic conditions and any individuals with a mental illness and chronic condition can be accepted into the program.

CMHA Committee Schedules, Membership, Minutes, and Information

Visit our website at <https://www.cmham.org/committees>

News from Our Preferred Corporate Partners:

myStrength Launches Digital Nicotine Recovery Tools to Help Individuals Make Healthy Changes

[Request a Demo](#)

Cigarette smoking is the leading cause of preventable morbidity and mortality in the U.S., with a high prevalence among people with behavioral health disorders. Additionally, vaping/e-cigarette use has rapidly increased in recent years, especially among youth. Nearly seven in 10 smokers are interested in quitting, but most aren't aware of the effective methods. To address this population, myStrength is pleased to introduce a Nicotine Recovery program to help people make healthy changes personalized to their needs. These digital self-care resources are designed to:

Offer evidence-based motivational and planning tools, personalized based on a person's past experience, lifestyle, triggers, and unique needs

- Inspire action and reduce ambivalence about quitting via positive, non-judgmental and interactive activities, tools, resources, and customized plans
- Instill hope to help individuals surmount the guilt and shame associated with nicotine use
- Share the gold-standard treatment methods, including medication-assisted treatment (comprising a combination of nicotine replacement therapy (NRT) or quit medication and counseling)

Interactive and tailored web-based resources – like myStrength's digital behavioral health platform – have been shown to increase quitting behavior for adult smokers 40% better than self-help booklets. myStrength has a unique opportunity to positively impact nicotine recovery, as our platform offers integrated support for behavioral health conditions that are often comorbid with nicotine dependence. This support addresses depression, anxiety, insomnia, substance use (opioid, alcohol and drugs), stress, and more – many of which can make the quitting process more complex.

Relias Announces Suicide Prevention Resources

According to the Suicide Prevention Resource Center, comprehensive suicide prevention plans should include the following:

- Rules for screening, assessment, intervention and referral
- Training for all staff in care practices and policies
- Rules for ensuring continuity of care

Relias provides training on suicide care, including the use of screening tools and risk assessments, prevention and treatment. We also make it easy to maintain and communicate organizational policies and procedures on the care and monitoring of individuals identified as at risk for suicide.

How prepared is your organization? Request a meeting to discuss how Relias can support your suicide prevention efforts.

[Request a Meeting](#)

P.S. Join us for a webinar, Suicide Prevention: Science and Trends, on October 10, featuring Dr. Christine Moutier, Chief Medical Officer at the American Foundation for Suicide Prevention.

State and National Developments and Resources:

New! MDHHS seeks comments on C4S program

MDHHS recently issued a call for comments on the draft Medicaid policy that outlines the Caring for Students (C4S) initiative.



This policy describes the coverage and reimbursement for Intermediate School District (ISD) nursing and behavioral health services for general education students (hereafter referred to as "Caring 4 Students" or "C4S") and for the expansion of the existing School-Based Services (SBS) program. Collectively, these programs will be identified as "school-services programs." Except where specifically identified, the provisions in this bulletin apply to both programs. Coverage is based on medically necessary, Medicaid-covered services that may be provided in the school setting and enables these services to be billed to Medicaid. This ensures federal participation in the funding of these Medicaid-covered services.

The public comment portion of the policy promulgation process is being conducted concurrently with the implementation of the change noted in this bulletin. Any interested party wishing to comment on the change may do so, by November 4, 2019, by submitting comments in writing to:

Attn: Kevin Bauer
MDHHS/MSA

PO Box 30479

Lansing, Michigan 48909-7979

Or

E-mail: BauerK2@michigan.gov

If responding by e-mail, please include "Caring 4 Students Program" in the subject line.

Comments received will be considered for revisions to the change implemented by this bulletin.

New! Michigan's SIM initiative publishes newsletter

Michigan's State Innovation Model (SIM) recently published its most recent newsletter September 2019 newsletter. The newsletter is intended to inform stakeholders, participants and interested parties of the progress, status and achievements across all the SIM components. Previous editions of the newsletter can be found on the SIM website.

State Legislative Update:

New! Gov Wants Supplemental; Senate Majority Leader Says 'The Budget Is Done'

Gov. Gretchen Whitmer wants a new spending bill restoring cuts to electronic tethering, a prison work training program, cyber security, literacy coaches and her skills training program, Michigan Reconnect. The Governor told reporters today she's working with Sen. Hertel Curtis (D-East Lansing) on a supplemental bill to add back an unspecified amount of state spending she cut from the Fiscal Year (FY) 2020 budget because she objected to how lawmakers had paid for them.

Whitmer laid out her "fundamentals" that she wants addressed in the budgets for the Michigan Department of Corrections (DOC), Michigan Department of Technology, Management and Budget (DTMB) and Michigan Department of Health and Human Services (DHHS), as well as her push to increase funding for literacy coaches.

However, reporters recently asked Senate Majority Leader Shirkey about going back to negotiate with Whitmer regarding the state budget, "I'm afraid the budget's done, you know. So, I think we should go back to the table and start talking about what's next for Michigan and for the Legislature's priorities and so forth and her priorities. But the budget is essentially done."

"The budget is done. Now we'll go on to the next round of negotiations in regard to legislation," Shirkey said. "You know supplementals are always under consideration, so we're not saying never, but right now the budget is done."

New! LPC Bill Gets Hearing in House Committee

This week the House Ways and Means Committee heard testimony on HB 4325, which codifies current practices for licensed professional counselors (LPCs). Some fear as many as 10,000 LPCs would be unable to continue their practice if legislation clarifying the requirements for their training is not passed, and quickly.

HB 4325 sponsor Rep. Aaron Miller and Health Policy Committee Chair Hank Vaupel explained that when LPCs were added to the public health code 30 years ago, the administrative rules adopted to implement that legislation didn't match the statute.

Legislation was proposed last year to align the two, but the bill died in lame duck. Since the legislation failed to pass, the Department of Licensing and Regulatory Affairs (LARA) is moving to align them by administrative rules. A hearing is scheduled for Friday, and if adopted those rules would go into effect in November. Rep.

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Miller said he has worked closely with LARA to adjust his bill and made a number of technical amendments.

The House Ways and Means Chair Brandt Iden (R-Oshtemo Twp.) said he plans to call a vote on the bill Oct. 8.

House DHHS Subcommittee to Hold a Series of Mental Health Hearings

Chair of the House DHHS Appropriations Subcommittee, Rep. Mark Whiteford has announced a series of behavioral health hearings October 2 – November 6. All hearings will be from 10:30am – noon in room 352, House Approps Room, 3rd Floor Capitol. Below are the following dates and topics:

- Wednesday, October 16 – CMH Perspective: Benefits and Challenges of the CMH, PIHP system including House Fiscal analysis of Michigan’s behavioral health carve out
 - Alan Bolter & Robert Sheehan – CMHA
 - House Fiscal Agency
- Wednesday, October 23 – The case for behavioral health integration from the former Medicaid Director of Arizona
 - Thomas Betlach – former Arizona Medicaid Director
- Wednesday, October 30 – Public Input
- Wednesday, November 6 – Public Input

Federal Update:

CCBHC Demonstration Extended to Nov. 21 Under Terms of Continuing Resolution

The Certified Community Behavioral Health Clinic (CCBHC) demonstration, currently transforming behavioral health systems in eight states across the country, has received its fourth funding extension this year as part of the [continuing resolution](#) passed this week. The National Council thanks you for your continued dedication, advocacy, and passion which have fostered deep bipartisan support for this important program. With funding for CCBHCs now aligned with several other health care programs that must be extended before the end of the continuing resolution on November 21, Congress has likely paved the way for a longer-term extension in the near future.

Education Opportunities:

New! Registration Now Open for Fall Pre-Conference Institute: Ethics for Professionals in Social Work, Psychology and Substance Use Disorders

This training qualifies for Social Work, MCBAP and Psychology Ethics Requirements.

Sunday, October 20, 2019

8:00am Registration

8:30am – 3:45pm Training

Grand Traverse Resort

CMHA WEEKLY UPDATE

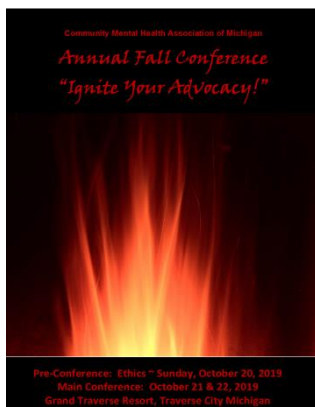
100 Grand Traverse Village Boulevard
Acme, MI 49610-0404

Registration Fees:

\$115 CMHA Members, \$138 Non-Members

For more information and to register now, [CLICK HERE](#).

New! Registration Open for 2019 CMHA Fall Conference



Community Mental Health Association of Michigan

Annual Fall Conference "Ignite Your Advocacy!"

October 21 & 22, 2019
Grand Traverse Resort, Traverse City, Michigan

Earlybird Deadline: Monday, October 14, 2019

[CLICK HERE to Register for the Fall Conference!](#)

PRE-CONFERENCE INSTITUTE:

Ethics for Professionals in Social Work, Psychology and Substance Use Disorders

Sunday, October 20, 2019 from 8:30am – 3:45pm

Qualifies for Social Work, MCBAP and Psychology Ethics Requirements.

[CLICK HERE to Register for the Pre-Conference Institute on Ethics!](#)

KEYNOTE PRESENTATIONS:

State Legislative Panel - Key Policy Issues Facing Michigan

- Senator Curt VanderWall (R-Ludington)
- Senator Jeff Irwin (D-Ann Arbor)
- Representative Mark Huizenga (R-Walker)
- Representative Donna Lasinski (D-Scio Township)

Violence is Preventable: Empowering Two Generations

- Lauren Levin, MPP, Vice President of Policy and Partnerships, Sandy Hook Promise

Improving Mental Health Care in Michigan: Key Aspects of MDHHS's Agenda

- Robert Gordon, Director, MI Department of Health and Human Services

Building the Addiction Treatment System of the Future; How Not to Screw Up Our Last Best Chance!

- Corey Waller MD, MS, FACEP, DFASAM, Principal, Health Management Associates; Formerly Senior Medical Director for Education and Policy at the National Center for Complex Health and Social Needs

HOTEL RESERVATIONS:

Grand Traverse Resort: 100 Grand Traverse Village Boulevard, Acme, MI 49610-0404

As of October 1, condos are the only room type available.

To be placed on a waiting list, please call 800-236-1577.

When the Grand Traverse Resort is sold out, watch for additional hotel options at www.cmham.org.

To make online reservations: [CLICK HERE to book your stay at Grand Traverse Resort](#)

There will be NO PHONE RESERVATIONS.

When making your reservations, you will be charged one-night **NON-REFUNDABLE** deposit.

2019 Room Rates: *Rates below do not include 6% state tax, 5% city assessment, or \$14.95 nightly resort fee*

Cancellation Deadline: You must **cancel 3 days prior to your arrival**, or you forfeit your payment for your entire stay.

Save the Date for the 2019 Annual Home and Community Based Waiver Conference

The Annual Home and Community Based Waiver Conference will be held November 19 & 20, 2019 at the Kellogg Hotel & Conference Center located at 55 South Harrison Road, East Lansing 48823. **Registration will be open soon.**

Conference Objective: This conference will provide technical assistance and training on the implementation and maintenance of the Children's Waiver Program (CWP) and the Habilitation Supports Waiver (HSW), clinical issues, and administrative functions relevant to these waivers. Additionally, this conference will provide training in ASD, evidence-based services, highlight programs across the state, and provide technical assistance on implementation of the Medicaid/MiChild Autism Benefit.

Who Should Attend: This conference contains content appropriate for case managers, supports coordinators, clinicians, behavior analysts, CMH administrative or clinical staff, providers, HCBS or waiver coordinators, individuals receiving services and family members and social workers at all levels of practice (beginning, intermediate and/or advanced).

Overnight Accommodations: The Kellogg Hotel & Conference Center is located in East Lansing adjacent to Michigan State University. The discounted room block of \$85 per night plus tax has been filled. Other upgraded rooms choices are available for \$145 group rate. For Room Reservations: Call 517-432-4000 and provide the discount code of 1911DCH&MA. The deadline for room discounts is October 10, 2019. Additional Overflow Hotel Details will be available the week of October 7th.

Special Rate: A special \$20 conference rate will be offered for people receiving waiver services and their family members. **A limited number of scholarships are available to people who receive services and their families. Scholarships may cover registration fees, overnight rooms, travel expenses, meals and childcare. To request a scholarship form, contact Anne Wilson at awilson@cmham.org or 517-374-6848.**

Questions? Call 517-374-6848 OR email awilson@cmham.org



Miscellaneous News and Information:

New! CMHA Staff Changes

CMHA would like to welcome Audrey Daul who joins us as our new Administrative Assistant. Audrey will be the new voice of our Association as she welcomes members on the phone and in our office. She replaces

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Nakia Payton, who moved to Detroit and now works for Detroit-Wayne Mental Health Authority. Audrey comes to CMHA with a solid background of administrative/office manager experience. She is newly married to her partner of 10 years and they have just recently moved to the Lansing area. Thanks for joining me in welcoming her to the team, we are very excited to have her!

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Dana Ferguson, Accounting Clerk, dferguson@cmham.org
Janessa Nichols, Accounting Assistant, acctassistant@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Johnson, Training and Meeting Planner, jjohnson@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org