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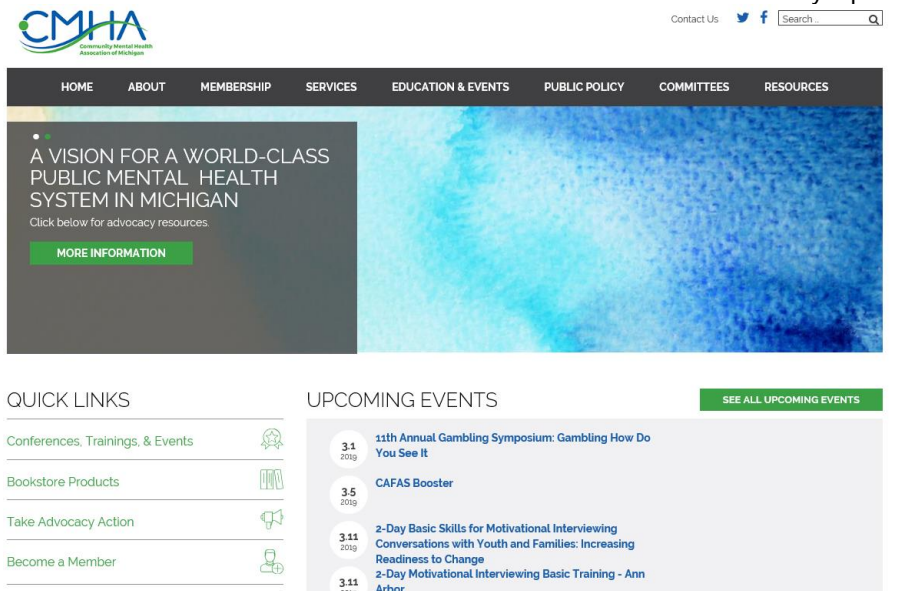
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CMH Association and Member Activities:

CMH Association of Michigan Launches New Website

The Community Mental Health Association of Michigan recently launched its new website. The website (the cover page of which is pictured below), is greatly modernized with a fuller range of features – from information and registration for hundreds of professional development and education offerings to access to white papers from the Association’s Center for Healthcare Integration and Innovation (CHI2), from contact information on the Association’s members and staff to access to the Association’s Weekly Update.



The new website can be found at: <https://cmham.org/>

Visit our website at <https://www.cmham.org/committees>

News from Our Corporate Partners:

myStrength: Reducing the Need for Opiates with Scalable Digital Behavioral Health Tools

Exceptional outcomes are associated with medication-assisted treatment (MAT), yet few consumers know about it or understand how to get access. Among opioid recovery treatment options with demonstrated efficacy, MAT rises to the top

Preliminary results from myStrength's Pain Management Randomized Controlled Trial (RCT) demonstrate that over the course of the study, individuals utilizing myStrength's digital behavioral health platform (which complements MAT) experienced:

- Improved life functioning
- Less need for medication and/or problematic opioid use



[Download the White Paper](#)

myStrength's evidence-based, digital self-care tools inform individuals about opioid use disorders and the recovery process, and offer robust, alternative strategies to opioids and other substances, including education about gold-standard MAT. myStrength also provides psycho-educational materials about chronic versus acute pain, working with care teams, and using behavioral health strategies like mindfulness and cognitive behavioral therapy (CBT) to work toward living life fully. These resources are an integrated part of myStrength's platform, which also addresses depression, anxiety, insomnia, substance use, stress, borderline personality disorder, and more – many of which present as comorbid conditions.

For more, view the expert Q&A: The Role of Technology in Solving the Opioid Crisis:

<https://mystrength.com/news/blog/2019/01/24/technology-and-the-opioid-epidemic-your-questions-answered>

Relias announces maternal opioid use webinar

Are You Preparing to Participate in the Maternal Opioid Misuse (MOM) Model and Funding?

You should be. The MOM model is the next step in the Center for Medicare and Medicaid Innovation's multi-pronged strategy to combat the nation's opioid crisis. The model addresses fragmentation in the care of pregnant and postpartum Medicaid beneficiaries with opioid use disorder (OUD) through state-driven transformation of the delivery system surrounding this vulnerable population. By supporting the coordination of clinical care and the integration of other services critical for health, wellbeing, and recovery, the MOM model has the potential to improve quality of care and reduce costs for mothers and infants.

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Join our expert presenters, Dr. Joe Parks and Dr. Carol Clayton, for an informative webinar: Combating Maternal Opioid Misuse (MOM) Model: The Role of Innovation and Technology

This webinar will cover:

Information about the MOM model and funding

Statement of the problem relative to maternal and child health immediate and long-term risks

Challenges associated with linkages across the needed continuum of care

Evidence-based solutions for strengthening the linkages with actual case study outcomes

How Relias can help state agencies and provider systems get better at addressing this concern

Register today: http://go.reliaslearning.com/WBN2019-03-12CombatingMaternalOpioidMisuseMOMModel_Registration.html?utm_source=marketo&utm_medium=email&utm_campaign=wnb_2019-03-12_combating-maternal-opioid-misuse-model_opioids&mkt_tok=eyJpIjoiTmptZM1ptVmpaakJpWVRsbSlzInQiOiJ4NWlZYZk1aFwwY3cyTWhsaUdxSkRSbzIUSFI6eDhPelZIRzFxa1ZxMllmSHZIZUtFc3dKKzJwM1pZcERHZE5jTjV3Nm5aSm8wc3BkNkRVaVd4dEpRZTBicWhuM3l0WnpmWVVEenRuOXczVlduQjVQejd0U3NnbjQ5Vk96VG9xdituVjZqVmU1V052NGM4T2JldTNTbzF3NkxaUFwvUHdjVnR1Q05BdXFXUFdzYz0ifQ%3D%3D

If you can't attend the live event, we will send you the recording and slides!

State and National Developments and Resources:

Michigan officials to re-evaluate new \$115M psychiatric hospital in Caro

Below are excerpts from recent Detroit Free Press article on the re-evaluation, by MDHHS, of the building of a new state psychiatric hospital in Caro, Michigan.

An announcement from Michigan health officials that the state would re-evaluate whether Caro was the best place for a \$115 million replacement psychiatric hospital sent shock waves through the small Tuscola County town on Wednesday.

Robert Gordon, director of the state's Department of Health and Human Services, said the re-examination was needed because the facility, which is Tuscola County's second-largest employer with 350 workers, was experiencing staffing shortages, challenges in recruiting new staff, was a far drive for families of patients and finding a sustainable water source has becoming difficult and costly.

"Based on these issues, we have decided to seek outside consultation to review the proposed Caro Center project to determine what is in the best interest of Michiganders who need critical state hospital services," Gordon said. "Bed capacity, access to trained staff and proximity to family and community services will be a pa <https://www.freep.com/story/news/politics/2019/03/13/michigan-caro-psychiatric-hospital/3155753002/rt> of the re-examination."

The full article can be found at: <https://www.freep.com/story/news/politics/2019/03/13/michigan-caro-psychiatric-hospital/3155753002/>

Michigan's opioid overdose battle to receive \$10 million boost from Bloomberg Philanthropies

Below is a recent Crain's Business Detroit article on the receipt, by Michigan, of significant grant from the Bloomberg Foundation, to help the state combat the opioid crisis.

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The New York City-based charity selected Michigan as part of its \$50 million initiative to combat drug overdose in up to 10 states over three years, according to a Thursday news release from the nonprofit and Gov. Gretchen Whitmer's office.

Whitmer is scheduled to join former New York Mayor Michael Bloomberg, the founder of the nonprofit, to announce the funding Thursday afternoon at the Eastpointe Fire Department. The funding is designed to speed up access to treatment and improve prevention. It will support "high-impact, state-based interventions" and help bridge gaps in current treatment and prevention programs, the release said. That could entail expanding addiction treatment in prisons and jails, enhancing data systems to improve emergency response times, and widening distribution of naloxone, which is used to treat overdoses.

The nonprofit plans to deliver the programs in partnership with Vital Strategies, the Pew Charitable Trusts, Johns Hopkins University and the Centers for Disease Control and Prevention through the CDC Foundation.

The article can be found at: <https://www.craigslist.com/node/742366/printable/print>

ACMH announces Children's Mental Health Awareness Day



Save the Date: Tuesday, May 7, 2019
Children's Mental Health
Awareness Day
Boji Tower Senate Hearing Room
124 W. Allegan
Lansing, MI 48933

Join ACMH for Lunch, Learning & Celebration! RSVP before April 26th by email at: acmhterri@sbcglobal.net or phone at 1-517-372-4016

National Council for Behavioral Health Board of Directors Appoints Chuck Ingoglia Next President and Chief Executive Officer

Below is a recent press release announcing Chuck Ingoglia (a Michigan native) to the position of President and CEO of the National Council for Behavioral Health. The CMH Association is a longtime member of the National Council. Congratulations to Chuck, who will be a key note speaker at the CMH Association of Michigan's Spring Conference, June 10 -11, 2019

The National Council for Behavioral Health, today announced that its board of directors unanimously selected Chuck Ingoglia as the next president and CEO for the organization. He will succeed Linda Rosenberg, the current president and CEO on June 1, 2019.

"On behalf of the National Council Board of Directors, I am pleased to announce that after a comprehensive national selection process, the board is delighted to appoint Chuck Ingoglia to the role of president and CEO," said Jeff Richardson, chair of the board of directors. "With more than 20 years of experience in behavioral health, working as a provider, advocate and educator for government and public sector organizations, we are fortunate to have a leader with Chuck's skill and deep knowledge. He is the clear choice to lead the National Council into the future."

Since joining the organization in 2005, Ingoglia has served as the National Council's senior vice president of policy and practice improvement. He has directed federal and state policy efforts and overseen practice improvement programs offered to behavioral health professionals across the U.S. His

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efforts have centered on key issues such as parity, health care reform and improving access to behavioral health treatment in communities.

Prior to joining the National Council, Ingoglia provided policy and program design guidance to the Substance Abuse and Mental Health Services Administration. He also directed state government relations and service system improvement projects for the National Mental Health Association (now Mental Health America), served as a policy analyst for the National Association of Social Workers and designed educational programs for mental health and addictions professionals at the Association for Ambulatory Behavioral Healthcare.

"We are very grateful to Linda for 15 years of outstanding leadership and fortunate that Chuck has accepted the position. Chuck is a proven leader and the best choice from a deep pool of interested and highly qualified candidates from across the country," said Richardson. "His vision and strategy are exactly what the National Council needs as we enter our next chapter."

"I am honored and humbled to have been selected as the next president and CEO," stated Ingoglia. "With the support of the phenomenal board and staff, I look forward to furthering the mission of the National Council. Together, we will continue to protect and expand access to community behavioral health to ensure that all Americans have access to quality mental health and addiction services. And together we will continue the growth of Mental Health First Aid, our nation's premier public education program focusing on mental health and addiction."

Information-Sharing Considerations for Health Plan Members with Opioid Use Disorder: A Q&A with Legal Experts

The Center for Health Care Strategies (CHCS) recently issued the following announcement on a set of resources on efforts to address opioid use disorder.

People eligible for both Medicare and Medicaid experience co-occurring substance use disorders and chronic pain at rates as much as six times higher than Medicare-only beneficiaries or Medicaid-only adults with disabilities, which puts them at higher risk for opioid misuse or addiction. Health plans serving dually eligible individuals play a key role in treatment and recovery by providing care management for their members, who may be receiving services from multiple sources. However, the legal restrictions under 42 CFR Part 2 and its underlying statute — which protect patient confidentiality by regulating the ability of substance use disorder treatment providers to share patient information — make it challenging for plans to provide good care management.

Recently, the health plans participating in Promoting Integrated Care for Dual Eligibles (PRIDE) — a national initiative led by the Center for Health Care Strategies and supported by The Commonwealth Fund — asked two national experts, Robert Belfort and Alexander Dworkowitz of Manatt, Phelps & Phillips, LLP, about how health plans can work within the law to get the information needed to help members with opioid use disorder while maintaining confidentiality. This blog post includes responses from these experts to questions posed by PRIDE plans about information-sharing challenges they have faced.

The full report can be found at:

https://www.chcs.org/information-sharing-considerations-for-health-plan-members-with-opioid-use-disorder-a-qa-with-legal-experts/?utm_source=CHCS+Email+Updates&utm_campaign=fe493ed243-PRIDE+Info+Sharing+Q%26A+03%2F07%2F2019&utm_medium=email&utm_term=0_bbc451bf-fe493ed243-152144421

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When it Comes to the Mental Health Workforce Crisis, the Struggles — and Opportunities — Are Real

Below are excerpts from a recent blog/interview, issued by Kaiser Permanente, on the mental health workforce shortage:

"The challenges facing the mental health workforce are nothing new, but the urgency to address these challenges is growing. Demand for services is increasing, but the supply of behavioral health professionals isn't keeping pace. It's time for a paradigm shift in how mental health services are provided, and who provides care, if we are to address access and quality. In a recent interview, Samantha DuPont of the Kaiser Permanente Institute for Health Policy spoke with workforce experts Ron Manderscheid, Executive Director of National Association of County Behavioral Health & Developmental Disability Directors, and Brad Karlin, Vice President, Chief of Mental Health and Aging Education Development at the Education Development to examine the causes of the crisis and lift up some of the most promising actions we can take in 2019.

The full blog/interview can be found at: <https://www.kpihp.org/blog/when-it-comes-to-the-mental-health-workforce-crisis-the-struggles-and-opportunities-are-real/>

ACLU says schools need more mental health professionals, not police

Below are excerpts of recent CNN article on a report, issued by the American Civil Liberties Union (ACLU) regarding approaches to improving school safety and security.

Public schools need more mental health professionals and fewer police, according to a recently released report by the American Civil Liberties Union.

The report found that nearly one-third of public school students, more than 14 million, are enrolled in schools with police but without a counselor, nurse, psychologist or social worker. The shift in resources comes as schools reassess their security measures in the wake of repeated school shootings and as local, state and federal governments make more money available to fund officers on campuses.

But the "severe shortage of the staff most critical to school safety and positive climate" makes schools vulnerable, the ACLU said in the report titled "Cops and No Counselors: How the Lack of School Mental Health Staff is Harming Students."

The report uses 2015-2016 data from the Department of Education's Office of Civil Rights to compare access to school-based mental health services to access to law enforcement officers and security guards in 96,000 public schools.

"A key finding of this report is that millions of students are being underserved and lack access to critical supports," the nonprofit said in the report. "These glaring deficits in mental health staff for students are inexcusable, especially in comparison to the number of reported law enforcement in schools."

The full story can be found at: <https://www.cnn.com/2019/03/12/us/aclu-school-suspension-report/index.html>

NACBHDD and NACo hold Capitol Hill Briefing: Reimagining Health Care in County Jails

Below are excerpts from the description of a recent Capitol Hill briefing on healthcare in county jails. This briefing was sponsored by the National Association of Community Behavioral Health and Developmental Disability Directors (NACBHDD; of which the CMH Association of Michigan is a longtime member) and the

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National Association of Counties (NACo; on the Board of which staff of the CMH Association of Michigan serve, as the NACBDD representative).

Across the country, more than 11.4 million individuals are admitted into 2,785 county-operated jails every year. Counties are responsible for the health care of individuals when they are in jail awaiting trial, and often shoulder a substantial financial burden for providing care, even if an individual is eligible for Medicaid, veterans' health benefits or other federal health coverage. During the 2019 NACo Legislative Conference, county leaders hosted a Capitol Hill briefing on the role of counties in providing health services in jails.

<https://www.naco.org/resources/video/capitol-hill-briefing-reimagining-health-care-county-jails>

A Top Scorer Changes the Definition of the Complete Player

Below are excerpts from a recent New York Times article on the openness of a high profile NCAA basketball player on his receipt of mental health counseling – the receipt of which should be so extraordinary, except that, in the stigma-based environment in which he lives, it is.

“A lot of people in my position wouldn’t want to say anything,” Marquette guard Markus Howard, the Big East player of the year, said of going public about seeking mental health counseling.

The image of Markus Howard on the wall of the Marquette basketball meeting room seems perfect. It shows Howard, the Golden Eagles’ leading scorer and one of the most dynamic players in the Big East Conference, in the middle of a team huddle. All eyes are on him, his stature and his leadership unquestioned.

Marquette (24-8) pulled out of its four-game losing streak with an 86-54 rout of St. John’s (21-12) n Thursday night in the quarterfinals of the Big East tournament at Madison Square Garden behind 30 points from Howard. For his team to continue to advance, Howard, who on Wednesday was named the Big East’s player of the year, will need to keep making his assortment of fallback jumpers, 3-pointers and twisting drives to the basket. That is the basketball burden Howard, a 5-foot-11 junior guard, carries onto the court. But it is not why the image on the wall makes him uncomfortable.

“A lot of what I want to be remembered for here at Marquette is not for what I’ve done on the court, but what I’ve done off,” Howard said. “I think my impact is made bigger when I do something for somebody else.”

Like talking about why he sees a therapist.

The full article can be found at: <https://www.nytimes.com/2019/03/14/sports/marquette-markus-howard-ncaa-tournament.html>

State Legislative Update:

Upcoming Budget Hearings

On Thursday, March 21 the Senate DHHS Budget Subcommittee will hold its behavioral health committee meeting including public testimony, see below for details:

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Committee Appropriations: Community Health and Human Services

Clerk Phone Number Fiscal Analyst - Senate Fiscal Agency 517-373-2768

Location Senate Hearing Room, Ground Floor, Boji Tower, 124 W. Allegan Street, Lansing, MI 48933

Date Thursday, 3/21/2019

Time 8:00 a.m

Agenda Behavioral Health Services
Public Testimony

Chair Peter MacGregor

Federal Update:

President Trump Releases FY 2020 Budget Proposal

On Monday, President Trump unveiled his Fiscal Year (FY) 2020 budget request — calling for \$4.7 trillion decrease in federal spending and detailing his Administration’s priorities for next year. The document revives efforts to block grant Medicaid and restrict eligibility, maintains spending to combat opioid addiction, and outlines other major health care priorities. As with most presidential budgets, this proposal stands little chance of being enacted into law as written. Instead, the President’s budget proposal will act more as a messaging tool to Congress, which is currently working to develop and pass a budget for FY 2020 over the next few months.

It is important to note that it is the role of Congress, not the President, to design and pass the federal budget. As with the President’s previous two budgets, this year’s ambitious spending cuts are unlikely to gain traction in Congress. Regardless, they present a starting point for the budget and appropriations processes and outline President Trump’s priorities as he navigates a divided Congress. It remains to be seen if any of the President’s recommendations (detailed below) will be taken up by Congressional appropriators as they move through the budget process.

Among the highlights of the President’s budget request for the Health and Human Services Department (HHS) for FY 2020:

Medicaid – Particularly notable among Medicaid proposals in the President’s budget are a requirement for all states to institute work requirements as a condition of enrollment and to eliminate the Medicaid expansion contained in the ACA. Earlier Kaiser Family Foundation estimates have found that a nationwide rollout of Medicaid work requirements could cost between 1.4 and 4 million individuals their health care coverage. Furthermore, the budget calls for Medicaid spending to be redirected into block grants or for per-capita caps to be imposed. The National Council strongly opposes any attempt to cut or cap Medicaid as these provisions would seriously harm individuals with mental illness and addiction who rely upon Medicaid coverage for life-saving care.

Although Congressional Republicans and the Administration have previously proposed to convert the Medicaid program to block grants through Graham-Cassidy and similar legislation, the Administration has recently given indications that it could attempt to implement block grants for some states through 1115 waiver authority. The budget also calls once again for passing legislation similar to the Graham-Cassidy bill, however, the chances for legislation that would make major changes to Medicaid and/or the Affordable Care Act passing the Democratic-controlled House are nonexistent.

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Opioid Crisis — The budget would keep funding for a response to the opioid epidemic relatively flat. The Administration calls the continuation of the \$1.5 billion in State Opioid Response (SOR) grants, the same amount as FY 2019. The budget also asks for \$1 billion for the NIH's opioid and pain research programs, to set minimum standards for drug utilization review (DUR) programs, and \$221 million to support and grow the behavioral health workforce. Of the funding to support the behavioral health workforce, \$4 million would be set aside to train providers to prescribe medication-assisted treatment (MAT) for opioid use disorders. Additionally, the Administration proposes to continue funding Substance Abuse Prevention and Treatment block grants at \$1.85 billion.

ONDCP – Trump's fiscal 2020 budget blueprint for the third year in a row proposes slashing the White House's Office of National Drug Control Policy's (ONDCP) budget by more than 95 percent by moving the office's two major grant programs into other federal agencies. The \$100 million Drug Free Communities program would be folded into the Substance Abuse and Mental Health Services Administration (SAMHSA) while the \$254 million High Intensity Drug Trafficking Areas grant would be transferred to the Department of Justice. Advocates in the field, including the National Council, have long opposed dismantling ONDCP, which plays a unique role in coordinating the federal addiction crisis response strategy across agencies.

Mental Health — The President's budget calls for \$723 million (a \$13 million increase) for the Community Mental Health Services Block Grant and \$150 million for Children's Mental Health Services, all level funding from FY 2019. Importantly, the President once again endorsed Certified Community Behavioral Health Clinics (CCBHC) model to care for people with serious mental illness and addiction, calling for level funding for CCBHC expansion grants at \$125 million. In response to the Parkland school shooting, the budget also includes \$133 million for school violence prevention efforts, which include school safety programs as well as trainings within schools for school personnel to better recognize the signs and symptoms of mental illness in students, such as [Mental Health First Aid](#).

In total, SAMHSA sees its budget reduced by \$62 million to \$5.5 billion total. Some of that savings comes from regional substance abuse prevention and treatment programs and programs that provide advocacy for individuals with mental illnesses. Notably, the proposal eliminates the Primary and Behavioral Health Care Integration grants, a program that supports providers in implementing integrated care. The National Council will advocate for continued funding of this important program that improves care for individuals with co-occurring behavioral and physical health conditions.

NIH Funding — The budget rolls out the President's initiative to end the HIV epidemic, a hallmark of his 2019 State of the Union address. HHS would receive \$291 million for the initiative, including \$140 million to the CDC for diagnosis and testing. The NIH would see an overall budget cut of approximately \$5.5 billion.

Additional details on the President's HHS budget request are outlined in the Department's [budget-in-brief](#) document.

Education Opportunities:

Pain Management Training for Social Work Professionals – Required for Licensure Renewal

Community Mental Health Association of Michigan Presents: **2-HOUR TRAINING: PAIN MANAGEMENT AND MINDFULNESS.** *This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.*

2 Date Options:

March 19, 2019 - 2:00pm – 4:00pm (registration at 1:30pm)

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April 25, 2019 - 9:00am – 11:00am (registration at 8:30am)

Location:

Community Mental Health Association of Michigan at 426 S. Walnut, Lansing, Michigan 48933

Training Fee: (includes training materials)

\$39 CMHAM Members

\$47 Non-Members

To Register:

[Click Here to Register for the March 19 from 2-4 Training!](#)

[Click Here to Register for the April 25 from 9-11 Training!](#)

Technical Assistance in the Area of Best Practices to Promote Recruitment and retention of Direct Support Professionals

The State of Michigan has secured Technical Assistance from the Department of Labor's Office of Disability Employment Policy (ODEP), in the area of best practices to promote recruitment and retention of direct support professionals. One element of this TA will be two separate one-day training sessions - one in the Metro Detroit area on March 21 and one in Lansing on March 22. The Subject Matter Expert and presenter for these sessions will be Kelly Nye-Lengerman, Research Associate at the University of Minnesota. Additional information about the training is available through the link below. Here is an excerpt from the outline of this element of the Technical Assistance: *A cross-systems statewide awareness-raising and knowledge acquisition initiative which targets providers in Michigan which serve both individuals with mental illness and intellectual and developmental disabilities, and people with dual diagnosis. This initiative proposes two regional trainings, which will each be one day in length and will present a comprehensive overview of research-informed best and evidence-based organizational practices to maximize retention and recruitment of direct service professionals (DSPs).*

For additional information, and to register:

<http://campaign.r20.constantcontact.com/render?m=1102591619935&ca=58703865-e507-496e-81d9-9c05ec232a78>

Dialectical Behavior Therapy (DBT) Trainings for 2018/2019

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

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Dates/Locations:

May 20-24, 2019 | Detroit Marriott Livonia | [REGISTER HERE](#)

June 3-7, 2019 | Best Western, Okemos | [REGISTER HERE](#)

August 12-16, 2019 | Great Wolf Lodge, Traverse City | [REGISTER HERE](#)

Implementation of Integrated Dual Disorder Treatment (IDDT) and Co-Occurring Evidence-Based Practices Annual Trainings for 2018/2019

Course Description:

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this substantive increased risk, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments and call on providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including evidence-based practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders.

This training fulfills the annual requirement for persons who are part of an IDDT team, as well as for persons providing COD services in Adult Mental Health outpatient services.

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Dates/Locations:

April 26, 2019 | Hotel Indigo, Traverse City | [REGISTER HERE](#)

June 19, 2019 | Okemos Conference Center | [REGISTER HERE](#)

Motivational Interviewing College Trainings for 2018/2019

4 Levels of M.I. Training offered together at 4 convenient locations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

New This Year! We are excited to add a new 2-Day TNT: Teaching Motivational Interviewing training to the lineup.

Dates/Locations:

April – Shoreline Inn Muskegon

Basic: Monday & Tuesday, April 8-9, 2019

Advanced: Monday & Tuesday, April 8-9, 2019

Supervisory: Tuesday, April 9, 2019

Teaching MI: Wednesday & Thursday, April 10-11, 2019

June – Holiday Inn Marquette

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Basic: Monday & Tuesday, June 10-11, 2019

Advanced: Monday & Tuesday, June 10-11, 2019

Supervisory: Monday, June 10, 2019

Teaching MI: Wednesday & Thursday, June 12-13, 2019

Training Fees: (The fees include training materials, continental breakfast and lunch each day.)
\$125 per person for all 2-day trainings (Basic, Advanced)
\$69 per person for the 1-day Supervisory training.

[CLICK HERE](#) for full training details, CE information, overnight accommodations and registration links.

Individualized Service Plans Using the ASAM Criteria and Motivational Interviewing Trainings

- April 30-May 1, 2019 – Drury Inn & Suites, Grand Rapids
- June 18-19, 2019 – Holiday Inn, Marquette
- July 16-17, 2019 – Best Western/Okemos Conference Center, Okemos
- August 13-14, 2019 – Hilton Garden Inn, Detroit
- August 27-28, 2019 – Radisson Plaza Hotel, Kalamazoo
- September 24-25, 2019 – Great Wolf Lodge, Traverse City

Visit www.cmham.org for more information.

SAVE THE DATE: 20th Annual Substance Use and Co-Occurring Disorders Conference

- September 15, 2019 - Pre-Conference Workshops – Cobo Hall, Detroit
- September 16-17, 2019 – Cobo Hall, Detroit

Ethics for Social Work & Substance Use Disorder Professionals Trainings for 2018/2019

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Trainings offered on the following date.

- April 24 – Troy [Click Here to Register for April 24](#)

Training Fees: (fee includes training material, coffee, lunch and refreshments.)

\$115 CMHAM Members

\$138 Non-Members

CALL FOR PRESENTATION: CMHAM Annual Spring Conference

We're looking for the Best of the Best! Submit your workshop ideas by April 4, 2019.

The CMHAM Annual Spring Conference will be held on:

June 10, 2019: Pre-Conference Institutes

June 11 & 12, 2019: Full Conference

Suburban Collection Showplace, Novi, Michigan

[Click Here to Download Presentation Submission Form!](#)

CMHA WEEKLY UPDATE

Note: Hotel reservation and Conference registration are not available at this time.

Workshop: Finding Possibility in a Sea of Challenges: Building a Quality Direct Support Workforce

Finding possibility in a sea of challenges: building a quality direct support workforce

Presenter: Kelly Nye-Lengerman, PhD University of Minnesota

The goal of the session will be to equip provider organizations with knowledge and awareness of the organizational models, strategies and tools correlated with higher rates of DSP retention and more successful DSP recruitment.

Who Should Attend: Targeted participants include all providers serving persons with mental illness and intellectual/developmental disabilities.

Some priority will be given to employment service providers that have received prior federal (ODEP) or state technical assistance in provider transformation through the Employment First Initiative.

A quality Direct Support workforce is a key ingredient to supporting people with disabilities to live their best, most inclusive lives in the community. Now more than ever, almost every industry in health and human services is affected by the Direct Support workforce crisis. The crisis represents more than just a shortage of workers, but it also reflects the many challenges Direct Support Professionals (DSPs) and organizations face: wages, benefits, education, certification, professional standards, and budgets. While there is no quick fix to these longstanding issues, there are proven solutions that can assist organizations and state agencies in addressing the crisis. Investment in, and commitment to, building and sustaining a strong Direct Support workforce will pay dividends for the individuals supported.

This session will:

- Explore the context for the Direct Support workforce crisis;
- Discuss strategies for developing knowledge, skills, and abilities in Direct Support workers and frontline supervisors;
- Examine various strategies and interventions for workforce stabilization and growth;
- Identify key tools and resources for workforce development
- Identify key tools and resources for workforce development
- Present a comprehensive overview of research-informed best practices and evidence-based organizational practices to maximize retention and recruitment of direct service professionals (DSPs).
- The DSP workforce is critical to realizing the goals of Employment First and community living, including job developers and job coaches who are an essential link between people with disabilities seeking employment and the employers/business community that can hire them. To achieve the desired outcomes of increased employment for people with disabilities, and ensure high quality employment services, organizations engaged in provider transformation must adopt transformation plans that address DSP workforce stabilization and empowerment.

As noted above, all service providers employing Direct Support Professionals are welcome to register for one of the seminar options below - but seating is limited!

Registration Fee is \$30 per person.

Session Offerings:

Thursday March 21, 2019 at OCHN 5505 Corporate Dr, Troy, MI 48098

Click here to register: <https://maro.org/events/dsp-training-ochn/>

CMHA WEEKLY UPDATE

Friday March 22, 2019 at Lansing Community College West 5708 Cornerstone Dr, Lansing, MI 48917 Click here to register: <https://maro.org/events/dsp-training-lansing/>

35th Annual Developmental Disabilities Conference

The Annual Developmental Disabilities Conference will focus on issues related to healthcare, social, community, and educational services which are of critical importance to the future of persons with DD. The program will provide an overview of issues related to the spectrum of services currently available as well as strategies for enhancing these services. This educational program is designed for physicians, nurses, psychologists, social workers, therapists, dietitians, educators, home care providers, and other professionals interested in the delivery of care and services to persons with developmental disabilities.

For more information, please contact Courtney Puffer. Courtney.Puffer@med.wmich.edu // (269) 337-4305

Date & Location

Tuesday, April 16, 2019, 7:30 AM - Wednesday, April 17, 2019, 4:30 PM, Kellogg Hotel & Conference Center, East Lansing, MI

Objectives

- Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.
- Identify advances in clinical assessment and management of selected health care issues related to persons with developmental disabilities.
- Discuss the ethical issues related to persons with developmental disabilities.
- Identify and emphasize attitudes that enhance the opportunities for persons with developmental disabilities to achieve their optimal potential.
- Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

Registration: Register at: wmed.cloud-cme.com/2019DDConference

REGISTRATION FEES

When registering please use your personal log-in to access your CloudCME account. If you do not have an account, you must create one using your email. If you have trouble navigating this process, please do not hesitate to contact the Conference Coordinator.

Early Bird Discounts, postmarked before March 1

\$185, Tuesday Only

\$185, Wednesday Only

\$245, Two Days, entire conference

Regular Registration, postmarked March 1-31

\$205, Tuesday Only

\$205, Wednesday Only

\$260, Two Days, entire conference

Late Registration, postmarked after April 1 or onsite

\$230, Tuesday Only

\$230, Wednesday Only

\$280, Two Days, entire conference

By registering, you agree to the terms of our photo release policy listed under Conference Info.

By registering, you also agree to the current cancellation policy listed below. Your confirmation email will be sent via email. Attendees must log-in to register - if you have issues logging-in, please contact ce@med.wmich.edu for assistance

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All cancellations must be received in writing email, and are subject to a 10% cancellation fee. If you cancel with 1-6 business days notice, between April 8th and April 15th, you will receive a 50% refund. No refunds will be issued after the conference begins. Send cancellation notices to ce@med.wmich.edu.

2019 Annual Michigan Rural Health Conference Announced



The Michigan Center for Rural Health (MCRH) is pleased to invite you to the 2019 Michigan Rural Health Conference on April 25th-26th, 2019 in Mt Pleasant, MI! The theme of this year's conference is, "Roadmap to Improving Rural Health." Participants will gain knowledge of timely and effective methods to enhance their organization. Whether it's concentrating on improving clinical quality, leadership, or focusing on patient satisfaction, participants will have the opportunity to learn from subject matter experts and rural health peers. The conference sessions will feature a variety of informative topics such as Innovations in Rural, Federal Update on Rural Health Issues, National RHC Update, Strategies for Better Recognizing & Engaging Employees, Health Law Update, Multiple Pathways and Recovery Coaches, as well as several other valuable presentations.

WHO'S INVITED? The conference is designed to be of interest to a wide range of rural health advocates including community leaders, clinicians, administrators, board members, public health officials, rural health clinics, federally qualified health centers, local health departments and others interested in the development of healthcare in their community.

WHEN

Thursday, April 25, 2019 at 7:00 AM EDT
-to-
Friday, April 26, 2019 at 11:45 AM EDT)

WHERE

Soaring Eagle Casino & Resort
6800 Soaring Eagle Boulevard
Mt Pleasant, MI 48858

REGISTER NOW

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eg2d27i600bec3f4&oseq=&c=&ch=>

Agenda:

<https://files.constantcontact.com/ad8db403301/aa9d962c-7390-4b36-9098-196e3f478b89.pdf>
<https://files.constantcontact.com/ad8db403301/aa9d962c-7390-4b36-9098-196e3f478b89.pdf>

HOTEL RESERVATIONS

Soaring Eagle Casino & Resort
877-232-4532
Use the Group Code MC042419

CMHA WEEKLY UPDATE

CONTINUING EDUCATION AVAILABLE:

Nursing

Social Work

More info on MCRH Website: http://mcrh.msu.edu/events/Participants_Rural_Health_Conference.html

CONTACT US!

Michigan Center for Rural Health

mcrhaa@hc.msu.edu

517.355.7979

2019 Michigan ACE Initiative Conference

WHEN: May 23, 2019 from 10:00 a.m. to 3:00 p.m.

WHERE: Eagle Eye Banquet Center, 15500 Chandler Road, Bath, MI

WHAT: The Michigan ACE Initiative was created just over two years ago and has successfully devoted its energy to provide awareness of the impact of Adverse Childhood Experiences in Michigan. While we will continue create awareness, it is now time to shift the focus of our conversation to the next step—resilience.

Our 2019 conference has been designed with resilience in mind, in a way that is coordinated, based on science and best practices, and one in which local and state synergies are created. Join us to continue to reduce the impact of Adverse Childhood Experience in Michigan.

WHO: Our featured speakers include:

- Christina Bethell, PhD, MBA, MPH, Professor, Bloomberg School of Public Health, Johns Hopkins University and Director, Child and Adolescent Health Measurement Initiative, Baltimore, MD
- Lynn Waymer, Vice President of Community Engagement, KPRJ Films, Atlanta, GA
- And the premiere of the Michigan ACE Initiative Video: Resilience

HOW: To register and for lodging information and the conference agenda, go to:

www.regonline.com/2019ace

Kevin's Song announces "Save the Date" for spring 2019 conference



Michigan fetal alcohol conference announced

CMHA WEEKLY UPDATE



MICHIGAN FASD CONFERENCE:
**Living and Learning
with an FASD**
MAY 17, 2019

VENUE
The MTG Space Conference Center
4039 Legacy Pkwy #200, Lansing, MI 48911

KEYNOTE SPEAKERS

Christina Chambers, Ph.D.
FASDs: A Common but Unrecognized
Developmental Disability

Julie Kable, Ph.D.
Improving the Lives of Individuals
Impacted by Prenatal Alcohol Exposure
and Those Who Care for Them

Heather Carmichael Olson, Ph.D.
Bringing the Innovative Families Moving
Forward Program to Michigan

TIME
9:00 a.m. - 4:30 p.m.
Registration and Breakfast
starting at 8:00 a.m.

3-HOUR SPECIAL SESSIONS

Adrienne Bashista
FASD and the Brain-based Approach

Nate Sheets
Cognitive Supports for People with FASDs

**6.0 Social Work and
Education CEUs Pending**

BREAKOUT SESSION TOPICS
Education, FASD self-advocates, supports and
services for children and adults, sensory
strategies, criminal justice, family experiences

REGISTRATION NOW OPEN
More info at www.mcfares.org



Miscellaneous News and Information:

Job Opportunity: CEO of Rose Hill Center

Kittleman & Associates is pleased and honored to announce the search for the next President & CEO of Rose Hill Center in Holly, Michigan, and I wanted to make sure that you saw the attached Position Guide.

As one of the nation's leading long-term mental health facilities, Rose Hill Center in Holly, Michigan offers comprehensive psychiatric treatment and residential rehabilitation programs for adults, 18 and over, on 400 serene acres close to major amenities offered by Ann Arbor and the greater Detroit region. With an emphasis on Recovery, the programs offered by Rose Hill provide individuals with the insights, life skills, attitudes, opportunities and medication management needed to manage their illness and live fulfilling lives. Rose Hill provides five levels of mental health treatment that are supported largely through private pay with financial assistance provided through the Rose Hill Foundation as well as through Community Mental Health (Medicaid) and commercial insurance. <https://www.rosehillcenter.org/>

Job Opportunity: Executive Director of Network 180

Network180 is seeking its next Executive Director to direct the management and delivery of a complete array of mental health, intellectual /developmental disability, and substance abuse services to the citizens of Kent County, Michigan. With an annual budget of over \$140 million, Network180 annually serves over 18,000 individuals in Kent County through a network of over 30 non-profit providers. Interested candidates can apply through our website at: <http://www.network180.org/en/employment/employment-opportunities>.

CMHA WEEKLY UPDATE

CMH Association's Officers and Staff Contact Information:

CMHAM Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Lois Shulman; Loisshulman@comcast.net; (248) 361-0219
Second Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHAM Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Nakia Payton, Data-Entry Clerk/Receptionist, npayton@cmham.org
Dana Ferguson, Accounting Clerk, dferguson@cmham.org
Michelle Dee, Accounting Assistant, acctassistant@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@cmham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Johnson, Training and Meeting Planner, jjohnson@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org